



The SPECTRUM

**“Achieve the wisdom of knowledge of Truth
as this will enable you to wisely follow the Laws of The Creation.”**

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NEWS REVIEW

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Healing Codes For The Biological Apocalypse

Astounding Research From Dr. Len Horowitz

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PART II: TAKING THE NEXT STEP

5/20/99 RICK MARTIN

What we are about to discuss is truly astounding information. Dr. Horowitz has taken another bold step with his new book, *Healing Codes For The Biological Apocalypse*. He would say it is simply the next step in a continuum of growth toward the Age of Peace. However you look at it, Dr. Horowitz has pulled out all the stops in his exciting new book, which covers everything from mathematical formulas underlying creation and destruction, hidden by King James in his “authorized” *Bible* and ancient Levi priests before him, to an exploration of prions (crystal-like

(Please see Healing Codes For The Biological Apocalypse, p.22)

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Update From Our Editor

Well, we finally made it to our second issue! You have been understanding and gracious (if somewhat anxious) about the delay between the 6/1/99 Premier Issue and this one. However, as one sympathetic supporter wrote recently: "Sure I'd like to see the next issue soon, but don't forget to be kind to yourselves after all you've been through in recent months!" We are trying to do that amidst dealing with the many details that are part of starting up this new publication.

The next issue after this will not be for a few weeks, again, and then we should be ready to begin a weekly or bi-weekly, if smaller-sized, output. And thank you for the many warm and kind notes and calls of support, as well as donations to help get *The SPECTRUM* launched. Your strong faith in this project greatly offsets the nasty and ridiculous blarney still frantically spewing from the dark energy conduit we separated ourselves from months ago. *The Law of Return* will deal with them in good time.

On a different matter, for those of you who have asked about Nora Boyles and Nora's Research Corner, it is a matter of some sadness to those of us who knew and worked with Nora to have to report that Nora left this world quietly on Wednesday, June 30, 1999, after an extended bout with cancer. (We do have a final Nora's Research Corner to share with you in a future issue of *The SPECTRUM*.) Besides all of her more recent columns, Nora's legacy is her book *The Garden Of Aton*, which will surely live on for inquiring minds. She died well cared for at her daughter's home near the San Francisco Bay Area, and she has made her presence known on at least several occasions since then to both family and friends. Please direct any comments or inquiries to Marina at our *SPECTRUM* front desk if you would like anything forwarded to Nora's family.

Meanwhile, happy reading and God bless!

— Dr. Edwin M. Young, Editor-In-Chief

The News Desk

7/3/99 DR. AL OVERHOLT

SPANISH PILOTS ADMIT NATO ATTACKED CIVILIAN TARGETS

Translated from *ARTICULO 20* (Spanish Weekly), <<http://www.antiwar.com/spain1.html>>, by Jose Luis Morales, 6/14/99, courtesy of Calvin Burgin: [quoting]

The pilots of Spanish planes who participated in bombing raids against Yugoslavia do not feel like "supermen" nor as masters of air space.

Quite on the contrary, they say that our forces play to the tune of music played by the North Americans, and accuse NATO of having honoured with medals the bombing of civilian targets, what they otherwise name "collateral damages".

Captain Adolfo Luis Martin de la Hoz, who returned to Spain end of May after having participated in the bombings since the beginning, an "authentic expert for the dreadful F-18", the war plane most often used in the war strategy of "scorched land" in the

Balkans, is very categorical: "First of all, I want to make it clear that the majority, I say the majority, of my colleagues, even if not all, are against the war in general and against this war of barbarity in particular." Martin de la Hoz says that he and his colleagues "are burnt out". Since a few days ago there appeared in the papers certain statements of the commander Maches Michavilla who is now in the air base at Aviano with the pilots who replaced us, in which he said that our main helper in the air

NEWS AND ARTICLES

News articles and clippings etc., can be submitted to:

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As always, I appreciate all the contributions you ones make to this column.

was the mental and physical health.

But I tell you that our worst enemies are our own authorities, the Defence Minister and all his team, the members of the Government, who know nothing about war and go along with it without informing themselves about anything and, what is gravest, are guilty of lying to the Spanish people through the papers, radio and television, foreign correspondents and press agencies.”

The suspicions that NATO’s repeated bombings of civilian victims and non-military targets are not the result of war “errors”, are confirmed by Captain Martin de la Hoz: “Several times our Colonel protested by NATO chiefs why they select targets which are not military targets. They threw him out with curses saying that we should know that the North Americans will lodge a complaint by the Spanish Army, once through Brussel and again by the Defence Minister. But there is more, and I want to tell it to the whole world: once there was a coded order of the North American military that we should drop anti-personnel bombs over the localities of Prishtine and Nish. The colonel refused it altogether and, a couple of days later, the transfer order came. But what I say now is nothing compared to what I shall have to say when the time comes.”

The Spanish military denounces that “the Spanish Government not only does not try to inform themselves but they also accept the false reports that are edited for them in Aviano, where there is a sort of military press cabinet in the hands of North American generals and functionaries. Ever since we arrived in Italy—the Captain goes on—there is no end to humiliations and insults. The order givers are only the North American generals, and no one else. We are zeroes, just as our replacements are going to be. But there is still more to that. Here they say that several operations were directed by Spanish commanders and pilots. Lies over lies. All the missions that we flew, all and each one, were planned by US high military authorities. Even more, they were all planned in detail, including attacking planes, targets and type of ammunition that we have to throw. We never directed anything, and our missions were limited to flying over the borders of Macedonia, Albani, Bosnia and Slovakia.”

GOVERNMENT’S LIES

None of the pilots presently stationed at Aviano, who replaced those who went to the Italian base a little before the start of war, last March 23, were there with clean conscience, says the Spanish military. “It is being written to saturation that the disciplined and patriotic Spanish pilots according to Minister Eduardo Serra—are concentrating on the complexity of their war missions.” But we read so many discrepancies, so many lies that we agreed to not read a single newspaper until we return.

Our anger is enormous. The President of the Government, the Minister of Foreign Affairs and the Defence Minister are lying brazenly each time they talk about the war. Some of us are of another opinion and believe they do not inform themselves, because the North Americans—the White House, the Pentagon, the CIA, the Embassy or military information service, whoever, do not inform them about anything. How should they inform themselves if our own Javier Solana has not informed himself since the war broke out? Solana is a puppet who has been put there by the Yankees to do what they tell him he has to do. And so he does, standing straight before General Clark when he talks to him, or better said, when he issues him the orders that he has to implement without delay.

On the subject of manipulation of information about the war, Captain de la Hoz says that “no one has said anything about the incidents that took place in Aviano, about the disastrous maintenance of Spanish machines, about all, and about the constant humiliations to which we were subjected from the beginning. Not that we are cannon fodder. No. We are nothing. About the fatal accidents, the losses suffered without connection to combats, the contempt and sanctions, not a word. From no one!”

For the wrong selection of targets and humiliations the Spanish militaries are ever more certain that there is no alibi. “We know perfectly well that we are intervening in a conflict”—says Martin de la Hoz—“which is rejected by the majority of the Spanish people and this is most important for us. But what they do not say in any information, commentary or speech, is that the Spanish Dutch, Portuguese ... that we are there to cover up the North American generals who are dealing and wheeling in the war. There is no journalist who has any slightest idea what is happening in Yugoslavia.

“They are destroying the country, bombing it with novel weapons, toxic nervous gases, surface mines dropped with parachute, bombs containing uranium, black napalm, sterilization chemicals, sprayings to poison the crops and weapons of which even we still do not know anything. The North Americans are committing there one of the biggest barbarities that can be committed against the humanity. Much and very bad things will be told in the future about what was happening there, because, by the way, judging by what we talked about with the British and German officers, it was designed in order to divide the Europeans and keep us subjected for many decades.”

Therefore, Captain Martin de la Hoz is enraged when there are talks about the costs of the war. There should be no doubts, he confirms that the militaries detached in Aviano are receiving bonuses which “multiply by five our salary, without considering the daily

expenses and other perquisites.

“We could say that we should be satisfied with what this war means economically for each one of us, but it is not true; what they give us is the chocolate for the parrots. This war is going to cost the Spaniards more than all the money allocated for the culture in the last five years. And how, even if now no one says anything because of the elections, but it will come in a few months and will be felt in our pockets. Because this brutal solely Yankees’ war, no one’s but Yankees, is going to be paid by all of us. Be sure that what I say is not to exculpate myself and to intone ‘mea culpa’ for having participated in it, because I will never be able to forget that what was being committed there was one the biggest savageries of history.” [End quoting]

Doesn’t this sound like it’s far more truthful than most anything else you’ve seen or read about this horrible **HOLOCAUST** staged by the elite??

COMET LEE—NEWS STORY

From EcoNews Service, Vancouver, BC on, the INTERNET, courtesy of Calvin Burgin, <wrldline@texas.net>, 6/99: [quoting]

Remember those dramatic photos of twenty fragments of Comet Shoemaker-Levy 9 crashing into Jupiter in July 16-22, 1994?

Well, scientists at the Millennium Group are worried that Comet Lee, a wild card (non-periodic) comet first discovered by Australian Steven Lee on April 16, 1999, may pass uncomfortably close to Earth sometime starting in mid-August, 1999 and continuing through early 2000.

At the very least, they say, Comet Lee may cause solar explosions (CMEs) in our solar system, earthquakes, and hurricane-like weather on Earth. At the worst, well, Shoemaker-Levy’s comet fragments crashing into Jupiter could be a pictorial warning for Earth if Comet Lee is captured in Earth-moon orbit.

What has Millennium Group scientists James B. Ervin, Jim McCanney, Alexey Dmitriev, Gary D. Goodwin, Ray Ward, Hal Blondell, Don Carros, and Wayne Moody worried is that Comet Lee’s behavior is defying all predictive models by NASA’s and other’s super-computers.

Millennium Group scientist James B. Ervin says, “The truth of the matter about (Comet Lee) is that nobody can project its path.... I believe there is ample evidence to suggest that it will pass much closer to Earth than originally anticipated.... Especially, if Comet Lee is hit by a [solar explosion] during its perihelion passage.”

Earl L. Crockett, another Millennium Group Scientist, says we may already be experiencing the effects of Comet Lee. “I would personally add that it may in fact already be responsible for the very weird actions we have been seeing

from the sun over the last several months; i.e., the appearance that something has been 'pulling' energetic charges away from the Sun in the opposite direction of Earth producing large (solar) CME's/flares that for the most part have had little electromagnetic effect here on Earth."

Scientist Jim McCanney adds, "(Comet Lee) is truly a lawless comet, and with the erratic brightening happening it is certain to be far off course every day....This could be a doozy! August is now looking like a time for the first possible trouble."

Disturbingly, scientist Ray Ward says tight military security has been mounted around official tracking of Comet Lee, impeding public knowledge and scientific study. "The word is Ultra tight security on Comet Lee. The Military side of NASA is running this show now, so forget any type of cooperation." Ward adds, "Too bad NASA has destroyed the [Comet] Hale-Bopp data that we could really use to help provide the correction factors needed on Comet Lee" [*Why did they destroy this valuable information or did they just hide it??*]. Comet Hale-Bopp's closest Earth approach was on March 22, 1997.

According to McCanney, planetary alignments in mid-August and September 1999 may make Comet Lee particularly hazardous. "The big key here is the upcoming planetary alignments and that it will be the electrical plasma alignments not gravity that will be the potential harm givers. Most critical is the September 6, 1999 alignment of Venus, and Earth with the new Moon....I have even considered that if the comet orbit is 'hooked' enough we could see a close enough encounter that the Earth and moon could capture this thing as a permanent new member of the earth moon system, or worse; if it would flip out into a future collision course with us again and again like Venus did to Mars some 4000 years ago.

Researchers have raised concern about the potentially catastrophic effects of two other space events in mid-August, 1999, which may be compounded by Comet Lee. One is the Solar Eclipse of August 11, 1999. The other is the Earth flyby of the Cassini spacecraft on August 18, 1999, carrying 72 pounds of plutonium, equivalent to over 50% of all the radiation released since the beginning of nuclear testing.

The Millennium Group is an independent group of scientists and researchers "organized to create an unbiased outlet for scientific research and critical thinking". Millennium Group research on Comet Lee appears at: <<http://www.millenngroup.com/repository/cometary/lee.htm>> [End quoting]

Have you noticed how the elite call a lot of moving objects comets even though they stop or change course in their travels. They'll do anything to prevent using any term that might give the idea of alien spaceships.

There is a lot happening in our skies and

something big is about to happen from all the things that are coming out in the NON-elite media.

INVESTORS DUE MONEY FROM INFLATED STOCK PRICES

Excerpted from *THE DAILY NEWS*, by Deborah Adamson, Los Angeles, 6/28/99: [quoting]

Want \$1 billion?

Thirty-three Wall Street market makers are refunding about \$1 billion to their customers as part of the largest civil antitrust settlement in history.

Approximately 8.5 million legal notices were mail this month to investors who bought any or many of 1,650 stocks during certain periods spanning from 1989 to 1996. The stocks included Cheesecake Factory, Intel, Costco and others.

The reimbursement is the result of a 1994 lawsuit that charged Wall Street's biggest market makers with fixing prices of Nasdaq stocks. Investors allegedly paid higher prices than needed, leading to fatter profits at these companies.

Last December, the companies settled for \$1.027 billion without admitting any guilt. Defendants are a who's who of Wall Street: Merrill Lynch, Goldman Sachs, Bear Stearns, J.P. Morgan, Morgan Stanley, Prudential, PaineWebber, A.G. Edwards, Charles Schwab, Salomon Smith Barney (before the merger) and others.... [End quoting]

You really didn't think the brokers and brokerage houses were or are honest and ethical—or did you??

HACKS ESCALATE AGAINST GOVERNMENT SITES

From the INTERNET, 6/99: [quoting]

Computer hackers are keeping up attacks against federal Web sites. The latest targets: the Interior Department and Idaho National Engineering and Environmental Laboratory—which does research for the Energy Department. Hackers also taunted the FBI to protest a series of FBI raids last week. Those raids took place in several states including California, New Jersey, Nebraska, Texas and Washington. It's unclear how many are involved, but officials say the hackers are mostly teens belonging to a loose-knit gang called "Global Hell." [End quoting]

The *Daily News* quoted Jack L. Brock Jr., an official from the General Accounting Office, the investigative arm of Congress, who has studied computer systems throughout the federal government. "We found that most agencies have weak computer security systems in place."

The Internet had a statement stating that according to security watchers, a group called

the Posse is more sophisticated than the hackers behind previous government site hacks.

I also read a statement somewhere that there is a group of hackers who stated the more they come after us the more we will get into their computers. Basically they're giving the government warning they had better lay off because they have enough knowledge to force them to do so. And from what I gathered, these are ones who are trying to stop the crooks in our government.

I feel that the computer will be one of the elite's biggest downfalls; however, it may be a touch and go situation for a while to see who wins the computer wars.

CORN MILLING GIANT TURNS DOWN GENETICALLY MODIFIED VARIETY

Response To European Fears

Ontario corn growers will segregate elevators to satisfy major buyers

Excerpted from *THE FINANCIAL POST*, by Irene Marushko, 5/22/99: [quoting]

WINNIPEG—Casco Inc., a major Canadian corn miller and a division of U.S. based Corn Products International Inc., said yesterday it would refuse to buy genetically modified (GM) corn from farmers, for fear of losing European customers.

"For us to continue our relations with the European Community we cannot have any GM corn not approved by Europe," Shelley Wybo, a Casco spokeswoman, said.

The Ontario Corn Producers' Association said this week it would segregate country elevators that accept all corn from those that take only non-GM corn, in accordance with requests by Casco and another corn buyer, Nacan.

Several U.S. companies, including Cargill Inc., the worlds largest grain merchant, said last month they would avoid buying corn varieties for processing that have not yet been approved in Europe.

European countries, fearful of ill effects to human health, have resisted buying many genetically modified products from North America even though the Canadian and United States governments have approved them for human consumption.

"No one really wants to cut out any customers," Ms. Wybo said.

Casco, which runs three Ontario milling plants and buys corn for a distillery, purchases about one-third of Ontario's corn output—much of it for use in food products that are sold to Europe.

OCPA figures show farmers in Ontario, a major corn-producing province, produced a corn crop of 238.3 million bushels in the 1998/99 season. This year's crop is expected to total

205.8 million bushels.... [End quoting]

The move by the consumer toward healthier foods is causing a wave of caution among the suppliers and forcing even smaller grocery store chains to make room for "organic" produce, etc.

QUICKENING NEWS

From the INTERNET, <para-discuss@tje.net>, 6/23/99: [quoting]

Harvest was not intended to be a spectator event for wheat farmers. But it has been for those who grazed it out with cattle, suffered hail or wind damage, or baled it for hay. And it has been for those who have watched their wheat take a bath when it should be in the grain bin.

Keith Kisling of Burlington in far northern Oklahoma said only one-third of his crop has been harvested. The reason is rain. "There's some awful good wheat out there, and you know you're losing test weight," he said. "Plus the grain has changed color from a dark red to a pale color".

DROUGHT DRIES UP THE SOUTH, FARMERS' HOPES

From brown grass on golf courses in Augusta to hungry cows in Tennessee and withering crops in North Carolina, the second-driest spring in a century has left much of the South parched.

Georgia has been the hardest hit by the drought, with some parts of the state 11 inches below average rainfall for the year. Farmers say they have already lost millions and many communities have enacted water restrictions.

North Carolina's Piedmont region endured the driest May on record. In eastern Tennessee, where rainfall is nearly 4 inches below normal for the year, cattle farmers are being forced to sell off stock because grass is dying and the cows don't have enough to eat.

The dry spell is a continuation of what many farmers and meteorologists dubbed the "Drought of the Century", which began last summer and caused \$700 million in crop damage in Georgia alone.

The dry weather continued through the winter, when farmers and homeowners alike count on heavy rains to build up water levels.

La Nina, a phenomenon that cools waters in the Pacific Ocean, is causing the drying pattern. Its cousin, El Nino, caused by warm Pacific waters, brought record rains and floods earlier in the decade.

Since La Nina has pushed the jet stream to the northwest, most of storms have hit the Midwest and Plains states, while the South continues to thirst for rain.

"Another effect of La Nina is that it makes it more likely for tropical systems and hurricanes to develop off the East Coast. That would bring the needed rain, but could also

bring high winds and damage that no one wants. [End quoting]

The disasters of all kinds are multiplying very fast all over this planet and the controlled media are just telling you about the local murders, rapes, robberies, accidents, etc. so you "don't get upset" while real tragedies escalate with diseases, sprayings, weather modifications, etc., along with Mother Nature's Earth-cleansing procedures.

SHERIFF STONE BREAKS LONG SILENCE

Convinced Others Involved in Slaughter!

From the INTERNET, 6/22/99, <para-discuss@tje.net>: [quoting]

Stone Says More Involved/Major New Leads Pursued

(Check the Columbine Research Task Force website at <<http://columbine.home.dhs.org/>> for further updates and information.)

Jefferson County's head sheriff John Stone, speaking with firm conviction in an interview published June 19, 1999, made it decisively clear once and for all that he is CONVINCED Harris and Klebold had accomplices in the planning and execution of the shooting rampage at Columbine High School April 20.

Breaking a long public silence about the horror which occurred on his watch, Stone indicated the sheer weight of evidence and testimony regarding such collaboration makes this conclusion unavoidable and undeniable.

Stone let it be known that such leads and evidence will be pursued to the utmost extent until the truth is brought to light and justice is served, and that the community, not to mention the nation, can not rest easy regarding the nightmarish slaughter until this comes to pass.

Notably, the article pointedly defines the vicious murder and mayhem carried out at the school that day as a "COMMANDO-STYLE RAID," a truly significant point which correlates very closely with the latest astonishing leads just passed on to NewsHawk by local sources. Following the text of the Stone interview is information on these leads and some of their incredible implications. It's reasonable to assume that this description of the horror may well be due to certain information relayed by Stone to his interviewers "off-the-record" and not published in the article.

There was a tremendous amount of unavoidable and compelling evidence at the scene indicating EXTENSIVE involvement on the part of paramilitary, covert-operations AND intelligence agencies in the murder and mayhem: evidence which is clear and well-known to many, including, of course, Sheriff Stone.

As well, Stone reaffirms his knowledge that Eric Harris's father, Wayne, was without doubt incomprehensibly and unconscionably negligent

as a parent in taking serious preventive and corrective action concerning unavoidably obvious indications that a great number of Eric's actions, interests and proclivities were BLATANTLY destructive, dangerous, hate-obsessed, and in general highly disturbed and troubling. Stone seems to imply in fact that Wayne Harris may have been MORE than negligent; such as complicit!

(Entire interview at APB Online's website: <http://www.apbonline.com/911/1999/06/19/sheriff0619_01.html>) [End quoting]

This and many other stories are coming out proving that this was "just" another in a long string of well-staged mind-control government-terrorist operations, calculated to increase the fear and paranoia of the public so that we more readily obey our masters.

FRAUD IS WHERE YOU FIND IT

From *NUTRITION ACTION HEALTH LETTER*, Washington, DC., Feb. 1999: [quoting]

Coca-Cola now offers Fruitopia, a "real fruit beverage". Guess what, it's only 5- 10% fruit juice. That figures out to be 2-4 tablespoons of fruit juice per bottle. The rest of the drink is 17-19 teaspoons of added sugar per bottle. But that's not all! One of the listed ingredients is cochineal. This is a red dye made from the pulverized bodies of insects. It's also a basic ingredient of eye shadow. Is this fraud and deception or what? Isn't Coca-Cola as American as apple pie and motherhood? [End quoting]

IS ASPARTAME NOW IN REGULAR DRINKS?

From the INTERNET, <johnfwin@mlode.com> (John F. Winston), 6/24/99: [quoting]

Here are more things that contain Aspartame. Ermelle Martinez, Mission Possible Los Angeles, and a science teacher, reported that a student having a reaction to Coke called the company asking if aspartame was also in regular Coke. She was asked what city and zip code she was calling from. When the student said L.A., Coke hung up on her.

This is very troublesome amid rumors that aspartame is being mixed with sugar and is being added to regular drinks. It is already in Tab and Fresca. Aspartame is not a diet product but a drug that makes you crave carbohydrates. See protest of NS-A. It also interacts with other drugs and changes brain chemistry.

JW Holy cow. My friend a few months ago won 24 cartons of soft drinks each containing 24 cans. We stopped drinking the diet-type drinks and started drinking the regular-type drinks. Does this mean I'm going to have to only drink water? [End quoting]

Would we expect less deception from the elite crooks who are running up against a time barrier to accomplish their depopulation plans?

COKE SCARE SPARKS BANS ACROSS EUROPE

From *THE DAILY NEWS*, Los Angeles, 6/16/99: [quoting]

BRUSSELS, Belgium—Just as they're starting to recover from a food contamination scare over meat, butter and eggs, Europeans are being buffeted by fears of another product they thought they could trust—Coca-Cola.

Following the hospitalization of dozens of Belgians, Coke admitted Tuesday that it had problems at two of its plants—one involving pesticide on the outside of cans, the other substandard carbonation gas.

While the world's largest soft drink maker contended that the products are still safe, the scare that prompted Belgium to ban all Coke soft drinks Monday spread to its neighbors Tuesday.

Luxembourg said it was withdrawing all Coca-Cola drinks from its stores.

Coke's Dutch arm recalled all its products originating from Belgium and ordered its distributors in the Netherlands to stop any imports of Coca-Cola products from Belgian suppliers.

France banned the sale of cans of Coca-Cola, Diet Coke, Sprite and Fanta brands, saying the company's explanations of the contamination haven't been sufficient. [End quoting]

The one flaw in the elite's plan to dumb-down the citizenry is that more and more incidents like these, in elite-owned manufacturing plants, will be occurring. After all, with so much technology utilized in manufacturing, the slave-class workers can't be too dumb or the plants won't run!

CONNECTION SPECULATIONS

From *RUMILLS*, 6/15/99, <rumills@onelist.com>: [quoting]

This link is important because Coca Cola used to be owned by Faction 1 [of our secret governments]. Pepsi was owned by Faction 2.

NCR was owned by Faction 2, then AT&T somehow took them over, but I think NCR is back under Faction 2 control.

ABC used to be owned by Faction 2. After William Casey died in 1987, Faction 1 took control. This was at the time that ABC did the documentary on the unsafe food practices at Food Lion... which is owned by Faction 2.

Somehow, Faction 2 has come back into control at ABC, maybe not complete control, but ABC is not COMPLETELY Faction 1 like it used to be. When this happened, the lawsuit with Food Lion was settled.

Denny's is Faction 2. Do you remember

when the black Secret Service men were suing Denny's for discrimination? That case was settled the day after some young boys walked into a Denny's in the midwest and shot up the place. If they hadn't settled, Denny's would have been the spot where a mass murder took place, just like McDonalds and Luby's. Have you ever wondered how much money McDonalds and Luby's lost after the shootings there?

I was just talking today about a meat packing plant in Arkansas that was found to be selling meat contaminated with E-coli. The company had to recall millions of pounds of hamburger. The company went bankrupt and Tyson bought them out. Who is Tyson? Old friends and large campaign donors of Bill Clinton for over 20 years.

Pay attention to this Coca Cola thing and if anyone finds any poisoned foods or poisoned medicine stories, send me the link. We need to watch what is going on in business. The Factions fight each other in back alleys with bullets, but their best way of fighting each other is with sabotage, like this Coca Cola and the E-Coli contamination. [End quoting]

I can't verify this, but it sure gives food for thought in these days of the intensification of battling factions within governments.

None of these factions are necessarily good for us; they are mainly fighting over who gets control and how they are going to control. Who is the best of the evil ones?? We really want someone who will give us more control of ourselves.

Are the above articles enough to make you leery of drinking bottled drinks? This is on top of the fact that much bottled water has been proven to be contaminated. The elite controllers are working hard on all aspects of their depopulation plans.

BOTTLE-QUALITY WATER ON TAP

From *POPULAR MECHANICS* magazine, June 1999: [quoting]

If you want a glass of really clean water, find a sink in Auvers-sur-Oise, France. The town's water is purified by one of the first commercial-scale nanofiltration systems.

Before being pumped into distribution mains, water circulates around bundles of narrow tubes. The liquid passes through their semipermeable surface, while bacteria and pollutants stay behind, says manufacturer Vivendi of Paris.

The company hopes to sell its nanofiltration units to American towns that want to abandon more expensive chemical-based disinfection. [End quoting]

It would be helpful to offer this technology on a much smaller scale for in-home water purification, especially as municipal water treatment facilities become more deteriorated and inefficient at filtering out the newer,

“designer” bugs.

TURN IT OFF, TUNE IT OUT, DROP BACK IN

Excerpted from *THE DAILY NEWS*, Los Angeles, by William Safire, 6/3/99: [quoting]

When Allan Pinkerton, Lincoln's humbling Secret Service chief, set up a private detective agency after the Civil War, he adopted as his logo an open eye and the slogan “We Never Sleep”. That spawned the phrase “private eye”.

Today the eyes have it. Privacy has fled. The latest intrusion is the sensing and diagnostic module that GM has been secretly slipping into 6 million cars in the past decade.

You can call your new model a Cadillac or a Camaro, but what you're driving is the 1999 GM Snitch. Next year you will have the chance to buy an SUV called the Ford Big Brother, or the Volkswagen Bugged Bug. Intended to research the causes of crashes and thereby improve auto safety, the hidden spying device records what you may have been doing wrong before a collision, which could affect your insurance or criminal liability.

I don't want a car that rats on me. Down that slippery slope of secret surveillance is a car that constantly records my speed, sneakily tapes my private profanity at the guy who cuts in front of me or reports me to the FCC for failure to install a cell phone. At the very least, I demand a commercial Miranda warning, as airline pilots get.

Secret surveillance is but one manifestation of a larger abomination: hypercommunication... [End quoting]

Don't feel nice and comfortable riding in your vehicles and discussing some of your most private concerns—BIG BROTHER'S gotcha!!

SOME INTERESTING WEBSITES

<<http://home.earthlink.net/~alto/boycotthtml#international2>>

<<http://www.quickeningnews.com/>>
<<http://www.peg.apc.org/~nexus/ACCandRoswell.html>>

<<http://www.geocities.com/TheTropics/Island/2771/page01.htm>>

<<http://www.geocities.com/TheTropics/Island/2771/-passport-01.htm>>

<<http://www.geocities.com>>, June 25, 1999

HOUSE PASSES STRICT RULES ON SEIZING ASSETS

Both parties want to rein in police power to take property

From the INTERNET, 6/99: [quoting]

An unusual coalition of liberals and conservatives persuaded the House of Representatives yesterday to approve legislation

to make it much harder for federal and state law enforcement authorities to confiscate property before they bring criminal charges in narcotics and other cases.

By a lopsided vote of 375 to 48, the House for the first time rolled back nearly 30 years of criminal measures passed at the height of what were then called wars on drugs and terrorism. Those measures substantially broadened the authority of federal and state authorities to seize houses, cars, cash, boats, planes and other assets before obtaining criminal convictions.

Without actually threatening a veto, the Clinton administration opposed the legislation, saying it would make it more difficult to combat crime. No similar legislation has been introduced in the Senate, but supporters of the House bill said that its huge victory would put pressure on the Senate to act.

The measure—which raises the legal standard for seizure, expands possible legal defenses and provides lawyers to indigent property-owners involved in such cases—attracted a remarkable coalition of lawmakers and organizations across a broad ideological spectrum.

Representative Henry Hyde, R-Ill., who has spent six years trying to pass the measure, said it “puts civil liberties back in our judicial system”. He called the current system of confiscation before conviction “a throwback to the old Soviet Union.”

After those remarks, the other House Judiciary Committee members who rose to endorse the measure included Representatives John Conyers, D-Mich., Bob Barr, R-Ga., and Barney Frank, D-Mass.

What made their alliance so incongruous was the fact that less than a year ago, the four lawmakers were engaged in a bitterly emotional debate over the impeachment of President Clinton, first in the House Judiciary Committee and later on the floor of the House. Hyde, the conservative chairman of the committee, and Frank, one of its ranking liberal Democrats, are often foils in law enforcement matters.

But yesterday, they were not only unified in their support of the measure, but also in accord in denouncing an administration-backed weaker substitute that the House rejected.

Frank was joined in denouncing both current law and the administration’s measure by Barr, another traditional political opponent, who said the existing law has “become the monetary tail wagging the law enforcement dog.”

“Balancing the important needs of law enforcement means striking the criminal where it hurts, in the pocketbook, but not with a blunderbuss,” said Barr. [End quoting]

Both parties do not want to stop this—it’s that the pressure has gotten too hot and heavy so they are throwing us a bone. **Keep applying this pressure and they’ll throw us a lot more bones.** These politicians are always looking forward to what they can remind us

they have done for us come re-election time.

POLICE CAN SEARCH CARS FOR DRUGS

Excerpted from the INTERNET, 6/22/99, <para-discuss@tje.net>: [quoting]

What only drugs, or is that just the excuse?

Police generally do not need a warrant to search a car they have reason to believe is carrying illegal drugs, the Supreme Court said today.

The court ruled in a Maryland case that a search warrant is not required even if police had plenty of time to get one after receiving a tip that a car would be carrying drugs.

The court reinstated Kevin Darnell Dyson’s conviction of conspiracy to possess cocaine with intent to distribute.

Dyson was arrested early in the morning of July 3, 1996, in St. Mary’s County. At 11 a.m. on the previous day, police received an informant’s tip that Dyson would return to the county that night in a rental car after going to New York City to buy cocaine.

The informant gave a description and license number of the rental car, and police confirmed with the rental company that the car had been rented to Dyson....

The case is Maryland vs. Dyson, 98-1062. [End quoting]

Here goes another bit of freedom down the drain through the drugs avenue. If the excuse is not guns, it is drugs.

GOOD NEWS U CAN USE— FREE MIND-CONTROL SURVIVAL COURSE 4-U!

From the INTERNET, AABCC@onelist.com, 6/25/99: [quoting]

Who’s controlling your mind right now? How can you be sure? Mind-control devices are not simply used for programming undercover military operatives and seducing despondent teens; it is a device of mass public control.

The mind-control devices we have discovered subsequently to this research can be found hidden innocently in computer screen-savers, pop music, video games, children’s entertainment, television, film, cell-phone towers, public health policy (ritalin/prozac), the public educational system, and even the atmosphere (HAARP). Somebody does not want you or your children thinking for yourself and has spent a lot of time making sure of it. If you would like free information on techniques you can implement to recognize, remove, and replace some of the many negative mind-control devices in your environment, simply send mail to the below address. mail to:

<miracles@smarbotpro.net> [End quoting]

Be very discerning of even the advisors on how to combat mind control. Always call in

the Light of God for protection.

NEW STATE LAWS GOING INTO EFFECT JULY 1st

From the INTERNET, courtesy of a reader 6/28/99: [quoting]

You can hula till you drop in Hawaii, but henceforth kids will need mom and dad’s permission to have their navels pierced in Tennessee. And don’t talk back to your teachers in Louisiana or you may be breaking the law.

Teens caught smoking in South Dakota starting Thursday can be fined once for every cigarette they light up, as can the merchant who sold them the pack.

Louisiana passed a law that makes students in kindergarten through fifth grade address teachers with a courtesy title such as “sir” or “ma’am”.

In Utah, the marriage age was raised to 16 from 14, and in Florida a new law calls for teenage girls to wait up to 48 hours for an abortion to allow doctors time to notify their parents.

“Looking at it on a broader scale, I think there is an issue of protecting kids from themselves and keeping parents in control,” said Stephanie Wilson, who monitors state laws at the National Conference of State Legislatures.

She said that in the wake of the recent shootings at Columbine high school in Colorado and at other schools, the trend toward closer monitoring of teens will likely continue.

“Columbine was a huge shock to everyone,” she said. “I think parents really do feel a loss of control.”

Many states have also taken steps to try to protect children in school.

In Alabama, teachers with unsupervised access to students must now be fingerprinted and undergo background checks. A new law allows school districts in Nevada to hire a chief of school police. In Maryland, students who plant bombs or make bomb threats can lose their drivers licences. [End quoting]

Here is yet another mechanism for the state to introduce a layer of control that was once in the private domain of the family. Naturally this is a calculated fix since the elite crooks knew such would be necessary as their “tear down the family unit” plan took hold.

JOURNALISTS DOWN ON MEDIA

From *THE MODESTO BEE*, 3/31/99: [quoting]

Flash! It’s not just the public that thinks the news media lack credibility. In a survey, a rising number of journalists say so, too.

Turning the tables on the media, the Pew Research Center for the People and the Press interviewed 552 national and local journalists and news executives in print, television, radio

and the Internet on how they view themselves.

The results, released here Tuesday, indicate that journalists think that reporting has become sloppier, that too many reporters use their articles and newscasts to speculate or state opinion, and that financial pressures hamper the quality and direction of news coverage.

“A solid majority of journalists now are extremely critical of their profession on questions of news blurring with entertainment and commentary blurring with reporting,” said Tom Rosenstiel, director of the Project for Excellence in Journalism, a media think tank in Washington. [End quoting]

Things are pretty bad when an announcement such as this is made, but we can't expect much improvement until a lot of us get off the couch and do something to demand better journalism.

THE RED MAHOGANY PIANO

by Joe Edwards

From the INTERNET, 6/8/99, courtesy of Paper Clip <lookhere@earthlink.net>: [quoting]

Many years ago, when I was a young man in my twenties, I worked as a salesman for a St. Louis piano company. We sold our pianos all over the state by advertising in small town newspapers and then, when we had received sufficient replies, we would load our little trucks, drive into the area and sell the pianos to those who had replied.

Every time we would advertise in the cotton country of Southeast Missouri, we would receive a reply on a postcard which said, in effect, “Please bring me a new piano for my little granddaughter. It must be red mahogany. I can pay \$10 a month with my egg money.” The old lady scrawled on and on and on that postcard until she filled it up, then turned it over and even wrote on the front—around and around the edges until there was barely room for the address.

Of course, we could not sell a new piano for \$10 a month. No finance company would carry a contract with payments that small, so we ignored her postcards.

One day, however, I happened to be in that area calling on other replies, and out of curiosity I decided to look the old lady up. I found pretty much what I expected: The old lady lived in a one room sharecropper's cabin in the middle of a cotton field. The cabin had a dirt floor and there were chickens in the house. Obviously, the old lady could not have qualified to purchase anything on credit—no car, no phone, no real job, nothing but a roof over her head and not a very good one at that.

I could see daylight through it in several places. Her little granddaughter was about 10, barefoot and wearing a feed-sack dress.

I explained to the old lady that we could not sell a new piano for \$10 a month and that

she should stop writing to us every time she saw our ad.

I drove away heartsick, but my advice had no effect—she still sent us the same post card every six weeks. Always wanting a new piano, red mahogany, please, and swearing she would never miss a \$10 payment. It was sad.

A couple of years later, I owned my own piano company, and when I advertised in that area, the postcards started coming to me. For months, I ignored them—what else could I do?

But then, one day when I was in the area something came over me. I had a red mahogany piano on my little truck. Despite knowing that I was about to make a terrible business decision, I delivered the piano to her and told her I would carry the contract myself at \$10 a month with no interest, and that would mean 52 payments. I took the new piano in the house and placed it where I thought the roof would be least likely to rain on it. I admonished her and the little girl to try to keep the chickens off of it, and I left—sure I had just thrown away a new piano.

But the payments came in, all 52 of them as agreed—sometimes with coins taped to a 3x5 inch card in the envelope. It was incredible!

So, I put the incident out of my mind for 20 years. Then one day I was in Memphis on other business, and after dinner at the Holiday Inn on the Levee, I went into the lounge. As I was sitting at the bar having an after dinner drink, I heard the most beautiful piano music behind me. I looked around, and there was a lovely young woman playing a very nice grand piano.

Being a pianist of some ability myself, I was stunned by her virtuosity, and I picked up my drink and moved to a table beside her where I could listen and watch. She smiled at me, asked for requests, and when she took a break

she sat down at my table.

“Aren't you the man who sold my grandma a piano a long time ago?” It didn't ring a bell, so I asked her to explain.

She started to tell me, and I suddenly remembered. My Lord, it was her! It was the little barefoot girl in the feed sack dress!

She told me her name was Elise and since her grandmother couldn't afford to pay for lessons, she had learned to play by listening to the radio. She said she had started to play in church where she and her grandmother had to walk over two miles, and that she had then played in school, had won many awards and a music scholarship. She had married an attorney in Memphis and he had bought her that beautiful grand piano she was playing.

Something else entered my mind. “Elise,” I asked, “It's a little dark in here. What color is that piano?”

“It's red mahogany,” she said, “Why?”

I couldn't speak.

Did she understand the significance of the red mahogany? The unbelievable audacity of her grandmother insisting on a red mahogany piano when no one in his right mind would have sold her a piano of any kind? I think not.

And then the marvelous accomplishment of that beautiful, terribly underprivileged child in the feed sack dress? No, I'm sure she didn't understand that either.

But I did, and my throat tightened.

Finally, I found my voice. “I just wondered,” I said. “I'm proud of you, but I have to go to my room.”

And I did have to go to my room, because men don't like to be seen crying in public. [End quoting]

If only we all had the faith and unfailing persistence of this little old woman with a vision of hope in the future.

**Love is like a violin.
The music may stop
now and then, but the
strings remain forever.**

—Bachler

Sananda: It Is *Your* Life And *Your* Responsibility

6/8/99 ESU "JESUS" SANANDA

I am Esu "Jesus" Sananda, One with the Light of Holy God of Creation and our Father. I come to you this day with blessings from Holy God of Light. I speak only that which my Father speaks. Thank you for asking.

If you want to follow another in this life, then you are reading the wrong newspaper. If you do not want to make your own decisions, and take responsibility for your own life, then you are reading the wrong newspaper.

If, however, you want THE TRUTH, and you want to THINK FOR SELF, and you are willing to take responsibility for that which you do and speak, then you are reading the right publication. In this newspaper you will be presented with information, and it will be left UP TO YOU, the reader, to form your own conclusions about that information. No one here is EVER going to do your thinking FOR you, and no one is going to tell you what to do or what not to do, or when and how to do it.

THIS IS *YOUR* LIFE! It is *YOUR* own personal journey. And these are *YOUR* lessons. No one can do it for you, and no one can know what your journey is. Therefore, it is up to you, and you only, to make up your own mind about your own life.

It is always a combination of laziness and lack of personal responsibility which disposes ones to follow another blindly, never questioning (or being allowed to question) the information. IT IS YOUR JOB TO QUESTION ALL INFORMATION, REGARDLESS OF THE SOURCE. So, if you are blindly following another, because it is easier than taking a personal stand, then I say to you that you are counted among the lukewarm and you are NOT OF MINE. If, however, you have a change of heart, and take full responsibility for that which you do and that which you speak, then you are

ALWAYS welcome. **FOR CONTRARY TO THE INFORMATION PUT FORTH BY SOME OTHERS, FORGIVENESS IS ALWAYS POSSIBLE, AND IT IS NEVER TOO LATE IN A LIFETIME TO SEEK SAME.**

We, of the Lighted Higher Realms, have great patience, and if it were practical, we would continue with our lessons until every heart upon the Earth has turned to The Light. However, things do not wait forever in a suspended state, but rather, occur by sequence of events, and certain events are occurring at such a rapid pace that I can say, with most assuredness, that time is definitely running out for your planet as you know it today.

I DID NOT SAY THAT THE EARTH WOULD BE DESTROYED! No, the planet will continue, but always there is a cycle, and you ones are at the doorstep of the end of a major cycle.

THIS IS *YOUR* LIFE! It is *YOUR* own personal journey. And these are *YOUR* lessons. No one can do it for you, and no one can know what your journey is. Therefore, it is up to you, and you only, to make up your own mind about your own life.

themselves in a much different, less pleasant place. For these ones are creating their own future realities in the Darkness, just as others are creating their own future realities in accordance with The Light.

Have we not always told you that *you* create *your* own lives and *your* own realities? Is it any wonder that this Great Cleansing Process is taking place?

Those of you who find yourselves at the center of this Cleansing Process have known it was coming for a very long time. You just did not know all the details of how it would

be unfolding. It is not new to you, for each of you has participated in the same type of events in the past. That is why you chose to be exactly right where you are at present, for such is the past revisited, and you are the ones with the experience to facilitate this Cleansing Process.

If you cannot accept some information that is put in front of you, and you *know* in your heart that it is incorrect, then stand strong and have the courage and perseverance to reject that information! There are far too many sheep remaining quiet, despite the naggings of their hearts, following their leaders blindly in this world, so as not to "make waves". And look where those choices have taken you.

The beings of the Lighted Higher Realms are not into conducting such childishness as name calling or chastising you when you ask honest, heart-felt questions. Anyone practicing such belittling behavior is NOT—I repeat, NOT—of the Lighted Higher Realms. Only those of the lower (generally astral) realms, who prey upon and work in conjunction with human ego-based fears, will stoop to such controlling tactics, and will also very often use fear to keep you from exerting personal decision-making.

We will simply do that which needs to be done, as far as Housecleaning, and we shall be finished with it. Those who think they cannot (or will not) let go and move forward in the Light of personal responsibility, must go within and search out and utilize the strength that is there. WE SHALL NOT DO IT FOR YOU, BUT WE SHALL ALWAYS BE RIGHT BESIDE YOU, READY TO ASSIST AS WE CAN.

Look carefully at who some of you have been following, and what information that one has been offering. Do you find it mean-spirited, fear-based, and/or manipulating? If so, then it would be very wise to open wide your eyes and look very carefully. Peel back the outer covering of disguise and look inside. Chances are you will find something other than Lighted energies. You must always be diligent and look beyond the mere surface to find TRUTH. The Dark enemy wears a clever disguise of seeming Light, and it is your job to tear away that disguise and expose the Darkness for exactly what it is.

This is the time of accounting and IT IS PAYBACK TIME. Those who have been preaching Goodness and Light on the surface, while practicing in Darkness in private, are being exposed. The lies and contradictions are becoming evident, and

I DID NOT SAY THAT THE EARTH WOULD BE DESTROYED! No, the planet will continue, but always there is a cycle, and you ones are at the doorstep of the end of a major cycle.

those who refuse to change their deceptive ways are being brought down. Many of you have been personally involved with, and affected by, this Housecleaning in recent months.

You cannot, for very long, call for Truth and preach Light publicly, for a show, while practicing those things of the Dark energies in private. **YOU ARE BEING EXPOSED BY THE TRUE LIGHT, AND THE DAYS OF YOUR DASTARDLY DEEDS ARE INDEED NUMBERED!**

Those ones who have continued to follow after Darkness are in a state of decline—physically, mentally, and spiritually—and because of their hardened hearts, and unwillingness to own-up to their deeds and INTENT, the decline will continue as long as they persist to practice in the Darkness of deception.

I told you [*first in a 12/25/98 writing*] that I would start my Housecleaning with those who claimed to be doing MY FATHER'S work, and I MEANT EVERY WORD I SPOKE! I do not say things flippantly or without knowledge of that which I speak.

Is the Housecleaning finished? **NO INDEED, IT IS NOT!** There is still Darkness amongst mine own, and I intend that it too shall be exposed—and very soon! These ones must be brought out into The Light, for there are still those who continue to claim to speak words from GOD OF LIGHT, but who are instead repeating only that which they hear from the lower astral energy realm.

The truth is that I shall need do nothing about it, for they are at present in the process of self-exposure and self-destruction. I shall only repeat what I have been telling you ones for several months now: **"IT IS THE TIME OF ACCOUNTABILITY, AND ALL SHALL HAVE THEIR DAY TO ANSWER FOR THE INTENT OF THEIR DEEDS."** And so it shall be.

Now let us move on to other subjects. I only mentioned the above matters because the Great Cleansing Process is at the center of all that is taking place upon your planet today. Nearly everything that is happening on Earth right now is a result of the increasing infusion of Light that I spoke of several months ago.

If you are diligent and attentively searching out information, you will find that more things are bubbling to the surface than you are able to absorb. It is becoming harder and harder for secrets to remain hidden, because someone, somewhere is exposing those hidden things to The Light. And when that happens, the secrets are no

longer secret. You have only begun to experience the exposing of Darkness.

Your planet is in a time of tremendous change, which means that **EVERYTHING**, regardless of its nature, is undergoing change. Even your physical bodies are changing, for you are evolving to the next level of existence. **NO, IT IS NOT NECESSARY TO EXPERIENCE PHYSICAL DEATH IN ORDER TO EVOLVE—THAT IS JUST ANOTHER LIE**

Your planet is in a time of tremendous change, which means that EVERYTHING, regardless of its nature, is undergoing change. Even your physical bodies are changing, for you are evolving to the next level of existence. NO, IT IS NOT NECESSARY TO EXPERIENCE PHYSICAL DEATH IN ORDER TO EVOLVE—THAT IS JUST ANOTHER LIE THAT YOU HAVE BEEN PROGRAMMED TO BELIEVE.

THAT YOU HAVE BEEN PROGRAMMED TO BELIEVE.

Some will experience physical death, and will not return until after the change takes place. Others are finding that, once they are on the other side, they have an urgency to return before that change. Is it any wonder at the number of little ones being born into your world?

Those ones who cannot abide the intensity of Light infusion today are in this predicament because of their attachment to the Darkness which, through frequency mismatch, causes them to deteriorate and eventually cease this present physical existence, for they feel they cannot survive what is taking place. It is, assuredly, sometimes overwhelming to those who sense what is happening, but those who understand the process of evolution and dimensional transition, and are keeping themselves in the protection of God's Holy Light, are nonetheless excited and desirous to be present in physical form for this Great Change.

It is not always easy, and it sometimes feels as though the burden is too much, but in those times, dwell not on your seeming weakness, but do remember and call upon God, who dwells within. Call also upon we of the Lighted Higher Realms, and we too shall be ever ready to assist and give you the strength needed. Each of you reading this have experienced this kind of challenge before; keep that thought in mind when the going gets to the point where you feel yourself slipping. **WE ARE ALWAYS AS NEAR AS THE CALL—so please, call upon us!**

Those ones who are telling you that your

world is going to change for the better because of accumulating physical, worldly wealth are **NOT TEACHING GOD'S PLAN.** God has no need of money, gold, or property, for all that exists is available to those who trust and stay in God's plan. Physical riches or wealth is but a means to acquire material possessions. Since everything that exists is of God, then why would you who are following God's plan seek to acquire the medium to acquire things? All the abundance in the Universe exists for you, and it is your God-given birthright to create for yourselves.

"But," you say, "money certainly makes life easier!" Does it really? Or does it actually make life more tedious? Wealth is not a sin, but it certainly can be a burden. Think upon this for, after much consideration, you shall come to see the wisdom in the message.

It is good for you to ponder upon things for, in so doing, you will find

that your mind and your connection to your Godliness will fill you with such knowledge that you will begin to understand those things you considered to be such great mysteries. All mysteries have a solution, and your greatest job here is to find the solution to these so-called mysteries. They are only mysteries because you have yet to know the answers. Once you know the answers, the mysteries become knowledge.

So, when someone comes to you and tries to sell you on some grandiose get-rich-quick scheme, just look that one in the eye, smile, and lovingly say "thanks, but no thanks" for your riches are not of this Earth. Encourage such ones to think about what you said, wish them a good day, and be on your way. You do not have to shout, for have you not heard that you shall catch more flies with honey than with vinegar?

You may think that the Darkness is winning, and if you believe all that you are told through your controlled media, that would be the logical conclusion. However, know that the Light is doing its appointed work, and it is doing it most effectively.

Let us draw to a close for this time. Thank you for sitting, and thank you for your attention. It is time to move forward, leaving the past in the past.

I am Esu "Jesus" Sananda, One with the Light of Holy God of Creation. I am with you always and forever, and I am never farther away than a whisper. You ones who persevere in the face of the enemy are truly honored and a blessing to your world. We of the Lighted Higher Realms thank you.

May you walk in Peace, in Love, and in the Light of Holy God.

Salu.

Part I Of A Series

Native American Perspectives: The Wisdom Of Rolling Thunder

6/20/99 RAY BILGER

In these turbulent times, where racial, ethnic and national tensions can flare up into war at a moment's notice, and where we now stand on the threshold of momentous Earth changes, it may help us to feel some measure of reassurance if we can but listen to some of the words of the Native Americans whose prophecies have long spoken of the things we are witnessing today.

It should come as no surprise to know that the Darkly motivated world controllers are doing and planning evil things on a grand scale. You might be interested in checking out David Icke's Internet website at <<http://www.davidicke.com/icke/reading/wilder.html>> to find out about *The Illuminati Millennium Rituals* and to learn a bit about "human sacrifice rituals" that include "the British Royal Family, George Bush, Henry Kissinger, and a stream of world famous names." [Editor's note: See the full text of this David Icke document on page 43.]

The Illuminati have some very nasty things planned for us in the near future. Of course, they have been working at it a long time and even set up their North American branch here in the U.S.A. one month before the signing of the American Declaration of Independence (see my book, *The Untold History Of America*).

David Icke calls on all of us to work to "bring in higher dimensional energy to defuse this Illuminati agenda." That, and more, might be accomplished if we can remember who we are and why we are here, and then actually build a better world. As O. E. Rolvaag, author of the book *Giants In The Earth*, once said, "It is vital in all cultural life to maintain a link between the present and the past. If there is anything that history makes clear it is this: that when a people becomes interested in its past life, seeks to acquire knowledge in order better to understand itself, it always experiences an awakening of new life."

The Native Americans have always been raised being taught the old ways, with very deep respect for all living things, including our

Mother Earth. This is the Native American's heritage, and their legacy is a cultural mosaic. In great reverence before their lodge fires, the old people would recount for their young the sacred stories, the deeds of tribal culture, heroes, and their tales of origin. Without written literature, their customs, religious ceremonies, and traditions were passed on from generation to generation.

The indigenous peoples of America have, with their great strength and courage, retained their culture even to this day and age, and have done so with pride. The June 1999 issue of *OCB Tracker*, California's monthly Native American newspaper (657 E. Arrow Highway #M, Glendora, CA 91740), has a calendar of upcoming Pow Wows to be held around the U.S. for the remainder of this year, and it includes no less than 230 events! This list is by no means intended to be exhaustive and there will probably be even more Pow Wows, as we are experiencing today an ever increasing awareness and reawakening of Native American culture.

What is a Pow Wow? The Pow Wow is the Native American people's way of coming together to join in dancing, singing, visiting, renewing old friendships and making new ones. It is a time to renew thoughts of the old ways and to preserve the rich Native American heritage. It is a gathering where various tribes come together to share their songs and dances. Dancing has always been a part of Native American life. Pow Wow is a method for honoring and recognizing the connections to all life through the expression of gratitude in songs and dances. It is always done with the guidance of the Great Spirit. As Navajo Elder Henry Allen says, "The good way can lift the spirits of individuals feeling low as there is good spiritual power from the drums, songs and dances." If you have never attended a Pow Wow, you might want to consider doing so and feel the spiritual power yourself.

Rolling Thunder was a Shoshone Medicine Man, Healer, and activist who lived in Northeast Nevada. Sometimes he traveled around to speak of the Native ways and culture.

One of his primary missions in life was to bring Indian knowledge to non-Indian people.

[Quoting:]

The first thing we do in our way, the same as all traditional Indians who still maintain their religion, in the morning when we rise and we greet the Sun and the Great Spirit, the first thing we do is get out the drum and we sing the Welcome Song.

That's the way we greet the Sun in the morning, because we realize, just like all the ancient peoples all over the Earth, that without that Sun there could be no life upon the Earth. And so that's the respect we have. And so it is in our prayers too that we remember the Sun....

And we also remember our Grandmother, the Moon.... And also we offer thanks to the stars in the sky. They guide our way....

And we give thanks to the Mother Earth, and also we give thanks for all the bird life and the animal life that was placed here, and the plant life, and for each other—the women, the babies, and for our young warriors....

We Indians realize we have no monopoly on anything, and neither does anyone else. No one has a monopoly on the Great Spirit's way of life....

When the White man invaded our land, it was an act of oppression. Now this oppression extends more and more to non-Indians as well—to minority groups, to people in underdeveloped lands, to people of new generations with new ideas, to all the people outside the government establishment.

But we traditional Indians don't participate in that system. We're oppressed by it, but we don't try to be a part of it. You can't go to another people's land and try to kick everyone there off the land when they have nowhere to go, and kill most of them in the process, and then say that the ones who are left are supposed to join your club. That's wrong. We don't like their club and we won't join it....

Everyone has his own club, if it's a bad club, it's no one else's business. The people

will learn in their own way. No good system tries to spread itself. It's good to help people, but it's wrong to spread systems. It's wrong to spread beliefs.... They should be told only to those who ask. It's wrong to spread any ideology by intimidation, and that means Christianity, Communism, Capitalism, Democracy, or anything else.

And, by the way, we are not a conquered people. We are not subjects. We have made mutual treaties with the White man, most of which the White man has broken. But there has never been a case of surrender....

The state of ecology, or of modern man's environment, is another example of oppression. Modern man talks of harnessing Nature, conquering Nature, and making Nature a servant of man. This shows that modern man doesn't know the first thing about Nature and Nature's ways. And the condition of the environment today proves that.

Now everyone is afraid—afraid of air pollution, radioactivity, and poisoned water. The land is becoming contaminated and the resources are disappearing or becoming unusable. And now people wonder whether it's too late.

You can't make any kind of laws or system to control Nature or to control man's inner nature, his consciousness, or his natural behavior, the way he thinks and feels.... No individual or group can block another individual's path, or change it against what fits his nature and his purpose. It might be done for a time, but in the end it won't work out. It will only lead to danger and fear for everyone.

Even in healing we take that into account. A true Healer considers a man's karma and his destiny. He has a way of looking into and understanding what is meant-to-be, according to each individual's own progress and unfoldment. That way things are more realistic and it saves everyone a lot of trouble.

Nature is sovereign, and man's inner nature is sovereign. Nature is to be respected. All life, and every single living being is to be respected. That's the only answer....

I know there are some that tell you if you don't believe their favorite brand of religion, or whatever, that you're going to go to hell. And we don't have any hell, I'm sorry to say. In the first place, we know they wouldn't want us Indians there. And they certainly wouldn't want me there, because I've got bad habits and I'm not perfect.

I'm afraid, if I ever became perfect, somebody might mistake me for a politician. You see, our Chiefs and Medicine People were honest. And evidently yours are not, so there's something lacking. And I can tell you what it is. We recognize only one Sovereign, and that's the Great Creator over all....

In our religion, we know the next life, and every Medicine Person has been over there at least once. We don't have any phonies,

because they wouldn't last long. The next life is an extension of the way you live in this life, and what you learn. You might commit a wrong, we don't say sin.... You can go to a higher plane. And we know about reincarnation, I guess you call it—the same as all the other ancient religions....

We don't all go to the same place when we cross over. There are different places to go according to how you live this life. And so it is, we create our own hell, our own heaven, starting right here.

Truth cannot be expressed verbally, it can only be experienced. You have to live it and be part of it, and then you might get to know it.... Knowing is being. In this Universe there is a right time and place for everything. It cannot be understood by any process of speech or thought.... It's easy to say but hard to understand. You have to live it to understand it. You have to become a part of the right time and the right place.

[End quoting]

This might well be the right time and the right place to pause before getting further into other topics with Rolling Thunder, as there are other things that could help to put all of this into perspective. To show how Native American prophecy has long foreseen the time coming in which we now find ourselves, let us look at some important Cree Indian prophecy.

WARRIORS OF THE RAINBOW

The Cree Indians of Northern Quebec, Canada, are the last remaining North American hunter-gatherer society. They have lived for more than 5,000 years on the same ancestral lands without harming or despoiling them. In the past the Cree were also feared as warriors and that has insured the preservation of their culture to this day. Here is a Cree prophecy that may help to shed light on and help us understand what our current civilization is now experiencing.

[Quoting:]

There was an old lady, from the Cree tribe, named Eyes of Fire, who prophesied that one day, because of the White man's greed, there would come a time when the fish would die in the streams, the birds would fall from the air, the waters would be blackened, and the trees would no longer be—mankind as we know it would all but cease to exist.

There would come a time when the keepers of the legends, stories, culture rituals, and myths, and all the Ancient Tribal Customs would be needed to restore us to health. They would be mankind's key to survival—they are the Warriors of the Rainbow. There would come a day of awakening when all the peoples

of all the tribes would form a New World of Justice, Peace, Freedom and recognition of the Great Spirit.

The Warriors of the Rainbow will spread these messages and teach all peoples of the Earth or "Elohi". They will teach them how to live the Way of the Great Spirit. They will tell them of how the world today has turned away from the Great Spirit and that is why our Earth is sick.

The Warriors of the Rainbow will show the peoples that this Ancient Being (the Great Spirit) is full of love and understanding, and teach them how to make the Earth beautiful again. These Warriors will give the people principles or rules to follow to make their path right with the world. These principles will be those of the Ancient Tribes. The Warriors of the Rainbow will teach the people about the ancient practices of Unity, Love and Understanding. They will teach of Harmony among people in all four corners of the Earth.

Like the Ancient Tribes, they will teach the peoples how to pray to the Great Spirit with love that flows like the beautiful mountain stream, and flows along the path to the ocean of life. Once again, they will be able to feel joy in solitude and in councils. They will be free of petty jealousies and love all mankind as their brothers, regardless of color, race or religion. They will feel happiness enter their hearts, and become as one with the entire human race. Their hearts will be pure and radiate warmth, understanding and respect for all mankind, Nature, and the Great Spirit.

They will once again fill their minds, hearts, souls, and deeds with the purest of thoughts. They will seek the beauty of the Master of Life—the Great Spirit. They will find strength and beauty in prayer and the solitudes of life.

Their children will once again be able to run free and enjoy the treasures of Nature and Mother Earth, free from the fears of toxins and destruction wrought by the White man and his practices of greed. The rivers will again run clear, the forests be abundant and beautiful, the animals and birds will be replenished. The powers of the plants and animals will again be respected and conservation of all that is beautiful will become a way of life.

The poor, sick and needy will be cared for by their brothers and sisters of the Earth. These practices will again become a part of their daily lives. The leaders of the people will be chosen in the old way—not by their political party, or who can speak the loudest, boast the most, or by name calling or mud slinging, but those whose actions speak the loudest.

Those who demonstrate their love, wisdom, and courage, and those who show that they can and do work for the good of all, will be chosen as the leaders or Chiefs. They will be chosen by their quality and not by the amount of money they have obtained. Like the thoughtful and devoted Ancient Chiefs, they

will understand the people with love, and see that their young are educated with the love and wisdom of their surroundings. They will show them that miracles can be accomplished to heal this world of its ills, and restore it to health and beauty.

The tasks of these Warriors of the Rainbow are many and great. There will be terrifying mountains of ignorance to conquer and they shall find prejudice and hatred. They must be dedicated, unwavering in their strength, and strong of heart. They will find willing hearts and minds that will follow them on this road of returning Mother Earth to beauty and plenty once more.

The day will come—it is not far away—the day that we shall see how we owe our very existence to the people of all tribes who have maintained their culture and heritage—those who have kept the rituals, stories, legends, and

myths alive. It will be with this knowledge—the knowledge that they have preserved—that we shall once again return to Harmony with Nature, Mother Earth, and mankind. It will be with this knowledge that we shall find the Key To Our Survival.

[End quoting]

It certainly appears as though the time has come for us to learn to make the world beautiful again. We have made Mother Earth sick, or we have allowed it to happen because we did not stop those greedy ones who have made her sick at the expense of us all. Mother Earth is a living, breathing entity with the power to cleanse herself, and so she shall now do so.

Are the Warriors of the Rainbow related in any way to the Rainbow Masters such as are communicating with us through the book,

WISDOM OF THE RAYS: THE MASTERS TEACH, Vols. I & II? They do seem to be performing the same functions. And they are all working toward instilling in us a greater sense of understanding and awareness of the natural world and the abundance it holds for all of us, put there for us by Creator Source.

We must remember that we are all brothers and sisters—Native American, White man, Black man, and so on. The Creator made us all and put us all here together. There is an old Indian proverb that says, “All honorable men belong to the same tribe.” When we can say that we all belong to the same tribe, and see our similarities instead of our differences, then we will begin the true work of healing Mother Earth. This is the right time and the right place. And, hopefully, those who are attracted to read these pages will not be part of the terrifying mountains of ignorance.

Let us continue again with Rolling Thunder.

[Quoting:]

We’re coming back, fast. I mean we’re increasing—with babies all over the place. If you don’t believe it, visit any Indian reservation at this time. [R.B.: The great increase in the number of Pow Wows in recent years is another sign of this.] And our young people have got the energy again. We’re creating things right out in the middle of the desert where anybody else would starve to death.

We know we can live with Nature and we’re doing it.... And so we have our newly acquired lands, off the reservation...where we can do pretty much what we want to do.... We don’t allow any liquor, no drugs, and no violence—and that includes people’s thinking. And we enforce it. I put a man right out of my house, and he hadn’t said a word—for having bad thoughts....

[End quoting]

In the next segment of this ongoing series we will begin by setting forth those principles to follow to make our path right with the world once again— principles long held by the Ancient Tribes of Native Americans.

All people can live in harmony with Mother Earth and with each other, contrary to what the government might want you to believe. As we look around the world today, we can see what the alternative has brought and it is no longer acceptable.

There is great wisdom to be learned from our Native American brothers and sisters. As the circle of time comes around and Native Americans are once again accorded a rightful position as with true custodians of the land, let us join them as we all work together to restore health to our Mother Earth.

The Untold History Of America

by Ray Bilger



This book shatters the image that has traditionally been portrayed as American History, by exposing the high-level corruption that passes for business as usual in the Halls of Congress, the White House and throughout our entire Judicial system.

***The Untold History Of America* was written for the specific purpose of providing a high school textbook for all American schools that would educate students about the real nature of our national situation. With a clear understanding of things as they exist in reality, students will then be in a much better position to go on in life and do something to correct our current downhill course.**

This book is for those who want to know why America is the way it is today, where we went wrong, who are the responsible parties, and what we can do to bring back the American Dream our forefathers and mothers fought so hard to establish and gave their very lives to defend.

Special emphasis is placed throughout the book on the original inhabitants of America, the Native Americans. They lived for thousands of years on this continent in complete harmony and balance with the Earth. With their help we may yet be able to turn things around so that our tomorrows will be something we will all be honored to pass on to the children who are our future generations.

The first 16 parts of Ray Bilger’s ongoing research are
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Preparing For Y2K

An Introduction To Electrical Generators

4/99 BILL HOFFMAN

Editor's note: The following article first appeared in the April 1999 edition of the Free American Newsmagazine, US Hwy. 380, Box 2943, Bingham, New Mexico 87832; 505-423-3250, Fax: 505-423-3258, email: freeamerican@etsc.net, website: <http://www.freeamerican.com>.

Like it or not, we are totally dependent upon electricity. Anyone who has experienced a prolonged power outage will agree that it is no minor inconvenience. Within the last year, thousands were without power due to ice storms and hurricanes, not to mention the power failures due to over-loaded distribution lines and equipment failures.

Because of these and other concerns, many Americans are purchasing small electric generators to keep their homes and businesses up and running when commercial power is unavailable. This is intended to help you understand the basics of electricity and give you some guidelines when shopping for your own little dynamo.

There are two types of electricity—Direct Current and Alternating Current. Your home is supplied with Alternating Current from the power company and your car or truck generates and stores Direct Current in its battery.

Your automobile's headlights and its other electrical devices use Direct Current. Three electrical terms you should know are: Volts (or voltage), Amps (or amperage) and Watts (or wattage). Volts are used to measure the pressure level of electric power, while Amps are used to measure the rate of flow of electricity. Watts are used to measure the power available at a given voltage and amperage.

The mathematical relationship between the three is simple. $Watts = Volts \times Amps$.

SELECTING THE SIZE GENERATOR YOU NEED

The amount of power that appliances require to operate is also stated in watts. To determine how much power your refrigerator uses, you can check the manufacturer's electrical data plate—usually affixed to the back or inside of an electrical appliance.

Often, however, the data plate will not give

the wattage—instead it will specify the voltage and amperage required to power it. Since we know that $Watts = Volts \times Amps$, it is easy to calculate. For example, our toaster requires 10 Amps at 120 Volts to operate. Therefore the wattage required is $120 \text{ Volts} \times 10 \text{ Amps} = 1200 \text{ Watts}$.

Usually, anything over 1,000 watts is stated in Kilowatts (KW). Since one Kilowatt = 1,000 watts, our toaster requires 1.2 kilowatts. Small generators are also rated in kilowatts, so a 5 KW generator is capable of producing 5,000 watts of power. This means that a 5 KW generator could operate a maximum of four toasters in our example!

Although the four-toaster family probably hasn't arrived yet, the example illustrates how much power a relatively simple appliance can consume. Another small but high-energy appliance is your hair dryer, which can require between 1,200 and 1,800 watts to operate. Other high energy devices are electric water heaters, electric ranges and ovens, all-electric clothes dryers, and submersible, deep well water pumps.

Electric motors (washers, dryers, pumps) and compressors (refrigerator, air conditioner) fall into a special class of high energy devices. They require at least twice the amount of power to start as they do to run. This is sometimes called a starting load, or inductive load. Although they only require this surge of power for a moment, the starting load must be factored in. Certain devices, like water pumps, can require 3-4 times as much power to start as they do to run.

Now you are ready to determine the size of the generator you need. Simply go through your home and total the wattage required by each electrical appliance and device that you will need in event of a power outage. If you don't feel comfortable doing this, ask an engineer or electrician to assist you.

Usually a "typical" home that runs some appliances on gas can get by with a 5KW generator. Owners must understand that they will have to manage the use of electricity in an emergency and not try to operate too many appliances at once.

If you have an electric water heater, an electric range/oven, and an electric clothes dryer, you essentially have an all-electric home. Unless you plan to lower your dependence on

electricity by converting one or more devices to gas (natural gas or propane), you may have to opt for a larger generator in the 8-12 KW range.

SELECTING THE BEST FUEL

After determining the size of generator you will need, you should choose the fuel that makes the most sense to you. There are four types of fuel to consider: Gasoline, Diesel, Propane (also called LP) and Natural Gas. Each has its strengths and weaknesses.

Effective storage of both gasoline and diesel requires the addition of a chemical stabilizer. Propane requires a storage tank, either above or below ground, and natural gas is brought to your home by pipeline. Often the decision to go with propane or diesel is based on the fact that you are already storing and using one or both of them.

I've often said—when you buy a generator, you are really buying an engine. If you are considering a gasoline-fueled generator, get one with an *Overhead Valve* (OHV) engine. These engines will run better and last longer than a less expensive lawnmower motor-style engine. Think how many hours your lawnmower is run—perhaps 50 hours a year at the most for a typical household. Your generator engine will be expected to run much longer during a sustained power outage.

Diesel engines are designed to run continuously and get great fuel economy. A diesel can be expected to run 2-3 times as long as a gasoline engine per gallon of fuel. Many people heat their homes with number 2 fuel oil. This same fuel can be used to run a diesel generator.

Propane is the better of the two gases mentioned. Propane engines are basically top quality OHV-type gasoline engines that have been converted to burn propane. Propane burns *very* cleanly producing little carbon, but it has less energy per unit volume than gasoline. Thus an engine converted to burn propane will produce approximately 10% less energy than it would using gasoline. Natural gas will drop the generator's output by another 10%.

SELECTING THE MEANS OF CONNECTION

Finally, you should determine how you will connect the generator to your home. This is not a difficult choice, as there are only three alternatives.

(1) Use extension cords to connect the generator, which is sitting outdoors, to your appliances indoors. This is not a great solution, but it will work if you don't mind the inconvenience. You will have to plug each appliance directly into the extension cord or into a multiple outlet surge suppressor that is connected to the generator by an extension

cord. If you choose this method, be sure to use commercial quality extension cords—they are usually yellow or orange in color and are heavy duty in construction.

(2) Install a manual transfer system. This method requires that a separate utility panel box be installed near your existing circuit breaker box. The electrician will install circuit breakers in it for the devices to be powered by the generator in the event of a power outage. He will also install a method to disconnect the commercial power and to connect the generator to power the circuits terminating in the new utility box. There are several ways to do this, but you will be assured of having it done safely according to the electrical code. When the commercial power fails, you will switch it to off position, then you will start the generator and switch the system to generator power. These systems ensure that you cannot have both commercial power and generator power on at the same time.

(3) Install an automatic transfer system. This is the most convenient, because it is designed to switch between commercial and generator power completely automatically. The generator engine in this type of system must be equipped with electric (battery) start, as the system will also start the generator automatically. As you might guess, this is a more expensive method, but some generator systems come fully equipped with an automatic transfer switch.

TWO THINGS NEVER TO DO

(1) Never run your generator indoors, in the garage or cellar. All internal combustion engines produce carbon monoxide and other gases that will suffocate you! This happened on at least one occasion last year in New England.

(2) Never plug your generator directly into your house circuit. This can be very dangerous, even if you believe you know what you are doing. [Editor's note: Actually, this can be the safest way to employ a generator to power your entire house, provided it is done with the help of someone knowledgeable about home electrical circuits. For example, connecting a custom "extension cord" between the generator's 220V outlet and an electric dryer plug, with the main breaker disconnected (turned off) to the power grid, works very well. But you have to know what you are doing!]

Well, that's it in a nutshell. I hope that this has been of some assistance to you. I also hope that any electrical professional reading this will understand the need to simplify certain explanations.

[You can contact Bill Hoffman at the House of Generators, 16601-D Gothard St., Huntington Beach, CA 92647; 800-987-4484.]

Can You See What I See?

Editor's note: The following message is from the gifted Mayan Shaman who we first introduced on page 20 of our Premier Issue. While English is not his native language, a message like this, from the heart, can easily surpass a bit of less-than-perfect sentence structure.

7/1/99 ORACLE

I am not asking you to see with your eyes. I am asking you to open your soul. Let your soul show you what I mean when I say: "Can you see what I see?"

Our soul has powers not yet known to most of mankind. Our soul can see into the future, allowing those who know how to use this power to see the path that lies ahead for all of us. Our soul is a fragment of God, who is infinite.

First it is important that we know and understand that each human soul has both Guides and Teachers. A Guide is not a Teacher. Guides are what might be thought of as experts in certain fields who are called-in for consultation. Teachers are more personal.

As a matter of conscious choice, we must become more aware of both Guides and Teachers, and the role that each play in our lives. Ones who choose to advance their spiritual growth, to cultivate awareness of their Higher Self, must trust in their Teachers, who sometimes give hard lessons.

Our Teachers from the Higher Realms bring us ever closer to our soul—that is, they help us to develop our connection to our soul and its unique qualities. That is why we must keep our channels of awareness open, so the important messages that our Teachers send to us are taken to heart.

I know to be a fact that we are close to great changes, to a new way of life where all this dark material power that we now see all around us will not be there any more. All of us who have waited for this change will help those who will be lost in a cruel world controlled by force instead of nurtured by Love.

There is nothing to be afraid of. Many of you have been chosen to help and are under

God's protective Light. Advance notice is now being given to you. The time is now to get ready with everything that you will need to survive the changes. Listen to your Teachers and Guides.

The future pages of this newspaper will give you further information of what you should know to make it through the year 2000 and onward. It is the main purpose of this newspaper. Many of these messages shall be gifts from Teachers and Guides from the Higher Realms. It is you who will have the responsibility to you and your family to make the right choices upon considering the information offered. Each must make their own choices and decisions; the information can only be offered for your thought.

The SPECTRUM is dedicated to bringing to you The Truth that comes from our Guides and Teachers. I shall contribute where I am guided to help inform. I wish to share my knowledge and love with all *SPECTRUM* readers, whom I would like to consider as my extended family. We must care for all our brothers and sisters in this changing world, that they remain safe and they can live their lives in harmony, peace, and love.

Do not let fear and doubt keep you from The Light. Yet, it is not inappropriate to understand the Garden of Eden story in terms of human choices between doubt and fear, on one hand, and wisdom, on the other, because the choice to learn through wisdom or through doubt and fear is very much a part of every single challenge that every single human comes up against every minute as part of the Great Evolutionary Challenge. We must all come to recognize the poisons that doubt and fear represent.

This brings us to the relationship between choice, Light, and physical reality. Think on how these must come into balance for a fulfilling life. More will be said on these at a later time.

I want to thank all the beautiful people who like what I shared with all of you in my first writing in the Premier Issue of *The SPECTRUM*. My messages come to me from my Teachers, who have blessed me with Love. That now I give to you with all my soul.

Untangling The Web

Hidden History Paints Revealing Picture

Editor's note: The following two excerpts are from the just-completed and long-awaited volume II of the Heptameron series by superb researcher and frequent contributor to this publication, Calvin Burgin. Our readers are long aware that "official" history has been constructed more to hide the truth than to chronicle the facts. And nowhere is that calculated deception made more apparent than in this collection of "inconvenient" historical data which covers a much more comprehensive scope of subjects than the title suggests. We are providing information for purchasing this volume for those of you who are TRUE students of history and would like to consider some provocative data which provides much food for thought about possibilities, probabilities, and certainties of this planet's REAL historical roots.

RELIGIOUS DECEPTIONS OF THE ISRAELITES REVEALED

by Calvin Burgin

Did Noah, Abraham, Isaac, Jacob, or Joshua ever really exist? Were the characters of the Hebrew Old Testament real people? Are there any historical records of these people other than Biblical records? The answers to these questions may astonish you!

"The reader should be aware that we have no direct evidence of the existence of characters best known to readers of the *Bible*, including—but not limited to—Abraham, Sarah, Isaac, Jacob, Esau, Moses, Joshua, Deborah, Gideon, David, Goliath, and Solomon."

This is the direct statement of Rabbi S. David Sperling, professor of *Bible* and chair of the faculty at Hebrew Union College—Jewish Institute of Religion in New York. (See his recent book, *The Original Torah*, New York University Press, 1998.)

He says that the stories in the *Torah* are "politically charged texts [that] provide historical evidence [only] for the period in which they were composed." He concludes, "I am compelled to read the *Torah* allegorically because it cannot be read historically."

It would seem odd that a Jewish rabbi would state that there is no evidence of his traditional ancestors!

Church teachings focus on Biblical religious stories and teachings about who and what is God. These religious church teachings to a great extent are

FALSE, but it is not my intent to argue God or doctrine. What you believe is your business. Churches usually do not teach the *historicity* of Biblical characters, kings and kingdoms, cities, etc. However, that part of the *Bible* is much more TRUE than many people realize, and I intend to give an overview of the proof of this statement and document resources for more information.

It is my purpose in this book to discover and DOCUMENT our ancient history, based on the extant records, and I will show that the ancient clay tablets, with the ancient historical documents, in many cases written within a few hundred years before and after the time of Christ—and the Biblical records—all three DO in fact supplement and support each other. I will show you what these records actually say. You can compare this information with what is being currently taught and make your own conclusions.

An example I have used is the story of Noah. I have shown previously (in Vol. 1 of the *Heptameron*) that the ancient cuneiform writings on clay tablets tell of a god of the flood and founder of our civilizations known as Anu. The *Bible* tells of Noah, the ruler and founder of civilization at the time of the flood. I have tried to show you that in the ancient languages, the No-ah of the *Bible* and the Ah-nu of the clay tablets were exactly the same word, which only later became to be spelled differently and hid the common origin. There are many variations in the stories. Many books have been written showing that cultures all over the world have a common ancient story of a Great Flood survived by a bigger than normal (giant) hero, with a very few surviving with him. Archaeology and geology prove and confirm that there were great floods.

The ancient writings tell of the god Janus, who is also recognized as the god of the Flood, represented by two faces, one looking back before the Flood, one looking forward after the Flood. This representation was often used on ancient coins. "Janus" was formerly "Ie-anus" which meant "the God Anu". We find this usage also in Ieu-piter (Jupiter), Ie-zeus (Jesus), Ie-weh (Yahweh), etc. If you drop the "J" (which is a recent addition to our alphabet) from "Janus" and drop the "s" Latin and Greek name ending, you have "Anu," further spoken of in the ancient cuneiform tablets recently discovered, and whom Christians now call Noah. These are common stories of a common theme about the founders of our civilizations.

The facts connecting ancient history with the *Bible* were taught in history classes as late as the 1700s

A.D. and early 1800s, but have since been removed from classes and libraries. Even the *Encyclopedia Britannica* as late as the Eleventh Edition had many of these records.

A common theme that emerges from the ancient records is the fact that the founders of our various civilizations were GIANTS, men who were, for instance, perhaps ten feet tall. The records say that these men (and women) came from the "heavens" and taught the backwards peoples who were already here on Earth new knowledge about the heavens, about agriculture, husbandry, science, math, writing, etc. These giants also brought with them people who settled and intermarried with the locals. Even the *Bible* says "there were giants on Earth in those days" (Gen. 6:4). These giants were variously called the "Rephim," the "Seraphim," the "Nephilim," the "Emims," the "Annakim" or "Anunnaki," perhaps the "Anasazi," etc. There is *considerable* evidence of giants in the old records, confirmed by archaeological and paleontological evidence.

During the Exodus, Moses sent the scouts to spy the "Promised Land" and when they returned, they reported: "And there we saw the giants, the sons of Anak, who come of the giants; and we were in our own sight as grasshoppers, and so we were in their sight" (Num. 13:33). Joshua "destroyed them utterly" (Josh. 11:21), another Biblical statement that turns out to not be true, as giants were still around for hundreds of years (for instance, David killed the giant Goliath). The Anakim were probably the same as the Anunnaki, giants who originally came to Earth from space.

In the *Bible* is a story of Rachel who got into trouble for stealing Laban's *Te-raphim*, generally understood to be statues of the giant gods who came down from Heaven.

Young's Analytical Concordance has this comment under the entry for "Emims": "A race of gigantic stature originally dwelling on the E. of the Salt Sea. Anciently the whole country was held by a race of giants—the Rephaim on the N.; next, the Zuzim; and next the Emim; then the Horim on the S. Afterwards the kingdom of Bashan embraced the territories of the Rephaim; the Ammonites that of the Zuzim; the Moabites that of the Emim; while Edom embraced the mountains of the Horim. The Emim were related to the Anakim, and generally called by the same name; but their conquerors, the Moabites, called them Emim—'The Terrible'."

With the German Rationalism that became the fad in the 1800s, the old records were tossed out

and history was rewritten or simply destroyed, especially concerning Britain and Europe. The history of Britain and Europe before the Catholic church became prominent was removed from the textbooks. History was “dreamed up” based on pieces of broken pottery and pieces of broken bones and the arrangement of rocks.

The history of China begins over 22 centuries before Christ. Africa’s history along the Nile and the history of Mesopotamia is equally early with the Chinese. The people of India trace their history back at least to 1649 B.C. Yet the history of Western Europe begins with the Romans! Does that not seem peculiar to you? In fact the European history was in some texts as late as the beginning of the nineteenth century, but it has since been discarded, and replaced by a vague “history” of cavemen in ice ages.

Let us now take a look at these old records and see just what it is they DO say, and try to put it together. We will start by comparing the records with the *Bible*, putting aside all prior pre-judging and “beliefs”. I will admit that the records might not be correct, but if we toss out all the clay tablets, ancient scrolls, etc., then we have no history at all. Some have tossed aside all other evidence and say they believe the *Bible* to be the word of God, word by word. This is a “belief” that simply will not hold up to reason and the facts. Neither should you toss out the *Bible*, saying, “Well, it has mistakes in it, let’s throw it away.” Let’s just treat the *Bible* as a valid document as we would any old document and compare it to others to see what story unfolds.

This is a very big undertaking, so for this purpose I will focus on documenting the history of the Hebrews. All other modern history books of ancient times focus on Egypt to develop a time line, which I have done to some extent previously in *The Heptameron*.

DON'T GIVE ME THAT OLD TIME RELIGION

In the document on Akhenaton, I said that Velikovsky explained the cruelty of the Hyksos (Hebrews). He mentioned the mutilated human skeletons found in the graves, etc. I stated I have information from other sources that the Hyksos practiced human sacrifice, and cannibalism. “Clearly the Hyksos were the practitioners of human sacrifice in Egypt” p. 81, *Catastrophism And Ancient History*, Vol. II, Part 2, article by Arie Dirkzwager. I gave proof that the Hyksos were Hebrews. The Hyksos were also known as Edomite Heraclidae, which Herman Hoeh explained were a branch of the Hebrews (*Compendium*, “History of Sicyon”). Many of you are finding it hard to believe this, or want more information.

“Remnants of this still show today in the Hebrew blood sacrifice ceremonies. There is currently arguing and fighting going on in Jerusalem caused by Jews and Zionist Christians who want to rebuild the temple and re-institute animal sacrifice. Can human sacrifice be far behind? Human sacrifice is also being done in secret in their Skull and Bones societies (from where

do the skulls and bones come?) and other groups.”

The Israelites went into captivity, and eventually gained their freedom and migrated into Europe. There they re-instituted their religion. By tracking the people, and looking at what was their religion, we find that the *Old Testament* religion that the Israelites re-instituted became known later as Druidism!

Recall what the *Bible* says: “Those are the ten tribes, which were carried away prisoners out of their own land in the time of Osea the king, whom Salmanasar the king of Assyria led away captive, and he carried them over the waters, and so came they into another land. But they took this counsel among themselves, that they would leave the multitude of the heathen, and go forth into a further country, where never mankind dwelt, that they might there keep their statutes, which they never kept in their own land.

“And they entered into Euphrates by the narrow passages of the river. For the most High then shewed signs for them, and held still the flood, till they were passed over. For through that country there was a great way to go, namely, of a year and a half: and the same region is called Arsareth” (II Esdras 13:40-45, which was included in the original King James version *Bible*, but has since been removed). Arsareth was located in modern Romania on the Sareth (Siret) River.

Archaeologists have found that the Hebrews continued to practice human sacrifice and cannibalism and have found the piles of human bones proving these practices.

Remnants of this practice still remain in the “eat my flesh and drink my blood” Passover and Lord’s Day (Lord’s Supper, Communion) ceremonies. Your preachers will tell you that these are only symbolic, of course, but symbolic of what? They are the modern watered-down symbols of the original real thing! Modern Judeo-Christians and Zionist-Christians (what oxy-morons!) want to re-institute blood sacrifice, and some intend to KILL to get their temple of blood re-built on the dome of that “holy rock”!

I did not elaborate on these statements in the previous document, since the focus of the document was Akhenaton. Many of you simply cannot believe what I said about the human sacrificing practices of the Hebrews, so I want to give you more background proof.

HEBREW CANNIBALISM AND HUMAN SACRIFICE

British Israelite and Identity doctrine believers have traced their Anglo-Saxon Celtic heritage back through the Druids and Celts to the Hebrews in Palestine, and thence to Egypt (examples *Our Celtic Heritage* by Brig. Gen. Sir Standish G. Crauford; *Stonehenge and Druidism* by E. Raymond Capt (an Anglo-Israelite member of the Archaeological Institute of America); *Symbols of Our Celto-Saxon Heritage* by W. H. Bennet, etc.).

One British-Israelite book is about Columba going to the Island of Iona and converting a Druid temple into a Christian church (*Peace and Adventure, The*

Story of Iona by Ellen Murray, 1964). It tells of such things as the time when Columba went to Loch Ness and scared the monster by making the sign of the cross. Columba was great-grandson of Conall, who was said to have been baptised by St. Patrick. Iona was known as the “Island of the Druids.” Columba and twelve men with him chose a sacred Druid site and built a temple, which later became a monastery.

Godfrey Higgins, in *The Celtic Druids*, written in 1829, on p. 202, said “Under each of the twelve pillars of one of the circular temples in Iona, a human body was found to have been buried, whence it was instantly settled that these circles were not temples, but cemeteries.” Higgins then points out that this was mistaken reasoning, they were not cemeteries as others tried to explain away, but these were acts of human sacrifice. “When I consider the mortifying evidence of Caesar to the shocking state of degradation with respect to human sacrifices, into which the Druids had fallen, I am obliged, very unwillingly, to suspect that the game of Hiel was played over again in this temple.”

The tradition of St. Patrick says that when Patrick came to Ireland and wished to build a church, the walls of it were thrown down by demons, as fast as he built them, until he sacrificed a man and placed him under the foundation. The walls then stood firm.

Higgins stated: “There is a curious tradition, both of St. Patrick in Ireland, and of St. Columba in Iona, that when they attempted to found churches, they were impeded by an evil spirit, who threw down the walls as fast as they were built; until a human victim was sacrificed *and buried under the foundation*, which being done, they stood firm.” He also quoted information from Dr. Jamieson’s *History of the Culdees*, p. 21. The Culdees were Druid “Christians”. The word comes from *Ceile De*, the “Companions of God”.

The story of Hiel is mentioned in the *Bible*: Joshua 6:26: “Cursed be the man before the Lord, that riseth up and buildeth this city Jericho: he shall lay the foundation thereof in his first-born, and in his youngest son shall he set up the gates of it.”

I Kings 16:34: “In his days did Hiel the Bethelite build Jericho: he laid the foundation thereof in Abiram his first-born, and set up the gates thereof in his youngest son Segub, according to the word of the Lord, which he spake by Joshua the son of Nun.”

I am a sometimes genealogist and have spent quite a bit of time looking at gravestones in churchyards and former church sites. Burying people at or near a church is “the thing to do” and is what “has always been done”. How do you suppose this tradition started? The evidence shows that it started with human sacrifice at the “holy places”. That is how the ancient churches were made “holy”!

Higgins tells of human sacrifices as late as the tenth century AD, and states on page 292: “I am strongly inclined to flatter myself that it was only upon the most extraordinary occasions that these horrible rites were resorted to. This was the case with the Israelites, and with the Tyrians, and indeed I think with all nations. No doubt these examples of the craft and wickedness of priests are horrible; but

unfortunately the priests of every nation of antiquity have had recourse to them....Priests of the Jews and of the Christians have been equally desirous of disguising to themselves and their followers the Israelitish custom of human sacrifices. From all profane as well as sacred historians we know that it was a custom of the natives of the countries in the neighbourhood of Judea—the Sidonians, Tyrians, Ammonites, etc.; and from the laws of Moses also it seems pretty clear, that if it were not a sort of acknowledged duty to offer up the first-born, at least it was considered a very meritorious act of self-denial.”

A scripture illustrating what he was speaking of is Exodus 22:29: “Thou shalt not delay to offer the first of thy ripe fruits and of thy liquors: the first born of thy sons shalt thou give unto me.” This did not mean that they were to be dedicated to the service of the temple, because every required service was otherwise provided for. The whole tribe of Levi was dedicated to temple service. Higgins pointed out that the “original meaning of the word devoted, (though the word became in time changed,) was meant to be sacrificed” (p. 293).

MORE SHOCKING BIBLICAL AND OTHER ANCIENT QUOTES

Remember how Abraham pleaded with God to not destroy Sodom and Gomorrah (“if you can find at least 10 righteous people” Gen. 18), and yet he did not say a word against sacrificing his own son, a practice that was common at the time. The first-born son was “dead-meat,” if his father was a follower of the gods. Can you imagine the terror of the little boy when he saw his father raise the knife to strike? Do you really think GOD would ask someone to even *pretend* to do this?

Read Judges 11:30: “And Jephtha vowed a vow unto the Lord, and said, If thou shalt without fail deliver the children of Ammon into my hands, then it shall be, that whatsoever cometh forth of the doors of my house to meet me, when I return in peace from the children of Ammon, shall surely be the Lord’s, and I will offer it up for a burnt offering.” I ask you, what did he keep in his house, cows? He knew very well it would be a PERSON that would come out the DOOR. He was upset when it was his favorite loving daughter. Yet (v. 39), “And it came to pass, at the end of two months, that she returned unto her father, who did with her according to his vow which he had vowed.”

Caesar and the Romans told of these human sacrifices, but the information is mostly ignored. The Romans themselves offered human victims after the battle of Cannae, and according to Dyonysius Halicarnassus (*Pliny*, lib. xxx, chap. i.), they did not abandon this horrible custom till about 100 years before Christ. However, surely you are familiar with the practice of sacrificing humans on crosses at the time of Christ. Even the “Christian” doctrine of the blood sacrifice of Jesus traces DIRECTLY to this practice of human sacrifice!

Micah 6:7: “Shall I give my first-born for my transgression, the fruit of my body for the sin of my

soul?”

Pliny, 14:44: “One Druid sacrifice was still more monstrous. They made a huge image of straw; the limbs of it were joined together, and shaped by wicker-work: this sheath, or case, they filled with human victims; and Strabo adds, ‘with wood for fuel and several kinds of wild beasts,’ imagining perhaps, that by a variety of expiring groans and howlings they might terrify their Gods into a compliance with their solicitations; to this image they set fire, consuming that, and the inclosed, at one holocaust. In what shape this image of straw was made, Caesar does not say, but probably it was in that of a bull....The victim being offered, they prayed most solemnly to the Gods with uplifted hands and great zeal; and when the entrails had been properly examined by the Diviners, Pliny thinks that the druids ate part of the human victim, what remained was consumed by the last fire upon the altar; intemperance in drinking generally closed the sacrificing; and the altar was always consecrated afresh, by strewing oak-leaves on it, before any sacrifice could be offered upon it again.”

Diodorus Siculus (1st century B.C.) stated that at that time “these sacrifices were only resorted to on very extraordinary occasions.” Such as birthdays, perhaps? Or maybe on December 24/25th, when they fired up the old yule log?

These practices of the Druids, Jews, and Roman church has continued down to us in the breaking of bread (“my flesh”) and drinking of wine (“my blood”) ceremonies of Passover and Lord’s Supper.

One way to trace the Druids is to research all their temples of Abury, which often grew into cities, such as Glaston-abury or Glastonbury, or those of Abury in Wiltshire, Avebury, etc. This traces back to temples of the Aberi people, the Khaberi, Haberi, Abiru, the Hebrews, all the way back to the Egyptian city of Aberi, also known as Abaris and Avaris. The name simply meant “Hebrew City” or “City of Hebrews.” Some “experts” say “we don’t *know* for sure who the Haberi were”; what they probably are really saying is “we don’t want to *admit* who the Haberi were.” There is plenty of proof of the truth. I had many references supporting this fact in the document on Akhenaton.

Another interesting reference is from the linguist R. Schneider, in a paper called *Documents epigraphiques de l’Ethiopie*, which tells of an inscription honoring a Sabaeen monarch who ruled over the white and the black Abari Hebrews. This was referring to Ethiopian Hebrews of Saba/Abari.

The Aberi/Hebrews became the Hebrides, the Iberians, the Hibernians, the Hyperboreans, etc., or were perhaps descended from the Hyperboreans, as some evidence suggests. There are many dozens of books documenting and explaining this. As I wrote previously, there were millions of people in the United States alone, prior to World War II, that understood and believed the British-Israel lineage.

Here is what the 14th (1932) Edition of the *Encyclopedia Britannica* had to say, p. 944, article Anglo-Israelite Theory:

“Anglo-Israelite Theory, the contention, historically and etymologically unsound, that the

English-speaking peoples are the descendants of the ‘ten tribes’ of Israel, deported by Sargon of Assyria on the fall of Samaria in 721 BC. The theory, STILL HELD BY OVER 2,000,000 PEOPLE, materially assisted the resettlement of Jews in England in the 17th century. Richard Brothers (1757-1824), the ‘Nephew of the Almighty’, may be regarded as its first modern apostle” (emphasis mine).

I wrote more on British-Israelites in the *Bankster* document.

DEVOTED TO GOD?

Are you “devoted” to God? This word meant to be sacrificed to God—*It meant to have your throat slashed, or to be burned to death.* The Hebrew words translated “devote” or “devoted” are *charam* or *cherem*.

Strong’s Exhaustive Concordance of the Bible, see listing for *charam*, #2763: “to devote to relig. uses (esp. destruction)...make accursed, consecrate, (utterly) destroy, devote, forfeit, have a flat nose, utterly (slay, make away).”

Strong’s, *cherem*: “usually a doomed object; abstr. extermination:—(ac)curse (-d, -d thing), dedicated thing, things which should have been utterly destroyed, (appointed to) utter destruction, devoted (thing), net.”

If you do not believe what I am saying, LOOK IT UP. The Hebrew word is likely the source of our word “charred.” This practice also gave us the term “Holy Smoke.”

Joshua 24:2: “Long ago your forefathers, Terah and his sons Abraham and Nahor, lived beside the Euphrates, and they worshipped other gods.” This is the older translation, see for instance *The Interlinear Bible Hebrew-Greek-English* by Jay P. Green, Sr. The older writings say that Abraham was included among those worshipping other gods, more modern versions leave it ambiguous or make it seem that the worshipping of other gods ended with Abraham’s father. In Genesis 15:9, this “god” told Abraham to take a 3 year old heifer, a 3 year old female goat, a 3 year old ram, and a turtledove and a young pigeon and halve them down the middle. “And he took unto him all these, and divided them in the midst, and laid each piece one against another: but the birds divided he not.” Abraham was then given a vision in a “horror of a great darkness” (*think about it*) about what was to become of him. I ask you again, reader, what kind of “god” is this god of Abraham? Is he YOUR god?

Moses set up a serpent for the people as a saviour (Exodus 21:9). This serpent worship continued until Shalmaneser king of Assyria besieged and captured Israel, during the time of Hosea, King of Israel, and Hezekiah, the prophet (2 Kings 18:1-10). This was after King David and King Solomon, when Hezekiah “cut down the groves, and brake in pieces the brazen serpent that Moses had made.” During most of the whole history of the nation of Biblical Israel, they were worshipping the serpent - so says the *Bible*.

Hatonn said, “Abraham, Isaac and Jacob are actually serpent people” (*CONTACT*, January 13,

1998, page 39, right column, for instance). Surely enough, the evidence is there to prove this fact. He also said that *Yahweh* and *Jehovah* are other names for *Lucifer*. It is, however, the actions, based on *intent* and *understanding*, not the *labels*, that matter, although labels are very important when it comes to deceiving.

Here is another bit of interesting information, concerning Hezekiah. A clay impression of the seal of Hezekiah has been found which says, "Belonging to Hezekiah, (son of) Ahaz, king of Judah." An article describing the find is in *Biblical Archaeology Review* of March/April, 1999 (author Frank Moore Cross). The title of the article is "King Hezekiah's Seal Bears Phoenician Imagery." A question that comes to my mind, but no one else seems to see it, is: Why would a king of the Jews have on his official seal a symbol of the Phoenicians? Would that not ordinarily be accepted as proof that he was a Phoenician? The symbol is a winged beetle with wings spread, pushing a ball of manure. "While the image of a beetle pushing a ball of mud or dung is unappealing today, it was quite popular in ancient times. The circular ball recalled the rising sun, and winged disks were widespread symbols of the divine" says the article. Hezekiah was contemporary with Akhenaton. Cross' article gives an example of a Phoenician bowl with the design, and says the bowl has "a precisely illustrated Phoenician version of the dung beetle holding the sun in the form of a ball of dung. Around the four-winged beetle is a circular design of intertwined lotus blossoms. Both the beetle and the lotus design find their roots in Egypt, as does so much of Phoenician art, yet it is clearly not Egyptian."

On page 45 the article states: "The dung beetle pushes the circular ball of dung, which symbolized the movement of the rising sun. The meaning of the symbol is clear from Malachi 4:2: 'For you who revere my Name, the sun of righteousness shall rise with healing in its wings.'" In *Phoenix Journal #35, The Sacred Spirit Within*, on page 161, Germain quotes Malachi 4:2 and says: "Here is a direct reference to the Egyptian Sun-God and the falcon wings which are so much a part of early Egyptian symbolism, yet these words in Malachi were written at least four thousand years after Egyptian civilization gave them meaning."

THE PLAIN TRUTH

Gen. 12:6 says that God appeared unto Abraham in Shechem in the "plain of Moreh." The Hebrew word mistranslated "plain" in the KJV should be translated "oak" (see Strong's #436). The "plain of Mamre" in Gen. 13:18 or Gen. 14:13 are other "holy scriptures" that originally told of Druidical oak worship, but have been mistranslated and changed. Judges 9:6 says: "And all the men of Shechem gathered together, and all the house of Millo, and went, and made Abimelech king, by the plain of the pillar that was in Shechem." The original word here changed to "plain" was OAK, and the pillar was a phallic pillar under a sacred oak!

Albert Churchward, writing in *The Signs and*

Symbols of Primordial Man in 1913, said on page 181: "The religion of the Druids was similar in all particulars to that of the Israelites and Mayas...Grove worship was equally prevalent amongst the Israelites as amongst the Druids: it was in the recesses of groves that the Druids exercised some of the mystic rites and taught their votaries the worship of the true God. Abraham planted a grove in Beersheba and called there on the name of the Lord..."

Joshua 24:26: "And Joshua wrote these words in the book of the law of God, and took a great stone, and set it up there under an oak, that was by the sanctuary of the Lord."

Joshua 4:20: "And those twelve stones, which they took out of Jordan, did Joshua pitch in Gilgal [*Gilgal* means *circle of stones*], And he spake unto the children of Israel, saying, When your children shall ask their fathers in time to come, saying, What mean these stones? Then ye shall let your children know, saying, Israel came over this Jordan on dry land."

It appears that the people were told one story, while the priests actually were practicing something else. As I have documented in previous writings, the ancient "church fathers" even expressly said that this was what happened.

Exodus 24:4: "And Moses wrote all the words of the Lord, and rose up early in the morning, and builded an altar under the hill, and twelve pillars, according to the twelve tribes of Israel."

Remember that the Israelites were sacrificing humans in Egypt. Archaeologists have found the piles of bones to verify the written documents. Joshua may have sacrificed humans when he set up twelve pillars, a practice that can be traced down through history. Or if he did not, then at some later time the Israelites resumed this same satanic practice, and we see it continuing even as far forward in history as during the time of St. Patrick, and later.

Pliny mentions the high esteem which the Druids had for the oak.

Abimelech was made king at the pillars and oaks of Sechem. Saul was made king at Gilgal, which was a stone circle temple (look it up). Gilgal was the first place to be pronounced "holy" in the "holy land" (Joshua 5:9, 15). Joshua had just had all the men circumcised, a very holy act I suppose, considering that the penis was "God" and had it's blood shed. Adonijah was installed by the stone of Zohemoth (I Kings 1:5, 9). Jehoash was crowned king, standing by a pillar, "as the manner was" (2 Kings 11:14). Josiah stood by a pillar when he was making a solemn covenant with God (2 Kings 23:3). The kings of Britain are crowned while seated on "Jacob's Pillar Stone."

The word "Gilgal" means "stone circle" (see *Young's Analytical Concordance*). You want to know what happened to the "Lost Ten Tribes of Israel"? Just follow those "gilgals" (stone circles) across Palestine, into Asia Minor, then Europe and on into England and Ireland! Some even appear in the Americas and, yes, there are (racial, cultural, religious) connections. The "gil" of gilgal meant a circle and became *cil* or *kil* and appears in our

word *cylinder*. The stone temple of Patrick became *Kilpatrick*. Other temple circles around which grew towns were Kilkenny, Kildare, etc. If you wish to research, these structures are called "megalithic," a word which will aid you in finding information. Other words to search are "lithoi" and "cromleachs."

Strabo said that the Druids were named from the oak, from the Greek word for oak. This in turn goes back to DR which was the root word for oak in several Aryan languages (Schrader, *Prehistoric Antiquities of the Aryan Peoples*, pp. 134, 272). Pliny said that they did not perform any ceremony without at least a leaf from the oak. "The Druids held nothing more sacred than the mistletoe, and the tree on which it grew, if an oak. They chose groves of oaks, and performed no sacred ceremony without its leaf, and it seemed possible that they thus had, by Greek interpretation, the name of Druids." You will find also that Allah and Elim meant "Oak(s)." Our modern military man is proud and thrilled to gain an "oak leaf cluster," often for bravery in killing the enemy.

DRUIDISM, OUR ANCIENT RELIGION

From where do you think mistletoe, yule logs, Christmas trees, sacred oaks, Halloween, yuletide, Easter, steeples on churches, church bells, and on and on come? They come directly from Druidism!

Do you like to go "trick or treating" on Halloween? How did such a silly "holy day" get started? The Rennes *Dinnsenchus* translated by Dr. Whitley Stokes in Vol. XVI of the *Revue Celtique* said "'Tis there', (at Mag Slecht), it runs, 'was the king idol of Erin, namely the Crom Croich, and around him were twelve idols made of stones, but he was of gold. Until Patrick's advent he was the god of every folk that colonized Ireland. To him they used to offer the firstlings of every issue and the chief scions of every clan.' The same authority also tells us that these sacrifices were made at 'Hallowe'en,' which took the place, in the Christian calendar, of the heathen Samhain—'Summer's End'—when the sun's power waned, and the strength of the gods of darkness, winter, and the underworld grew great."

Halloween took the place of that pagan Samhain? How wonderful. "According to the quoted verse, one third of the healthy children were slaughtered [on Halloween], presumably every year, to wrest from the powers of nature the grain and grass upon which the tribes and their cattle subsisted" (*Celtic Myth And Legend*, Charles Squire, p. 40).

Squire also said: "Among the Druids, this humouring of the divinities took the shape of human sacrifice, and that upon a scale which would seem to have been unsurpassed in horror even by the most savage tribes of West Africa or Polynesia" (p. 37). Julius Caesar, *De Bello Gallico*, Book VI, chap. XVI, wrote of these holocausts and immolations of the Druids. "The colossal human sacrifices of the druids horrified even a people who were far from squeamish about a little bloodshed" (Squire, p. 399).

W. Winwood Reade, in *The Veil of Isis or Mysteries of the Druids*, writing perhaps about

1901, said: "It is strange that these offspring of the patriarchs should also be corrupted from the same sources, and should thus still preserve a resemblance to one another in the minor tenets of their polluted creeds. Those pupils of the Egyptian priests, the Phoenicians, or Canaanites, who had taught the Israelites to sacrifice human beings, and to pass their children through the fire to Moloch, infused the same blood-thirsty precepts among the Druids.... From the sandy plains of Egypt to the icebergs of Scandinavia, the whole world has rung with the exploits of Hercules, that invincible god, who but appeared in the world to deliver mankind from monsters and from tyrants.

"He was really a Phoenician *harokel*, or merchant, an enterprising mariner, and the discoverer of the tin mines of the Cassiterides. He it was who first sailed through the Straights of Gibraltar, which, to this day, are called *The Pillars of Hercules*: who built the first ship: who discovered the mariner's compass, and the loadstone, or *lapes Heraclius*."

(H)ABARIS THE (H)ABERI AND HIS ARROW

Reade tells of "Abaris, a Druid and a native of the Shetland Isles who traveled into Greece, where he formed a friendship with Pythagorus and where his learning, his politeness, his shrewdness and expedition in business, and above all, the ease and elegance with which he spoke the Athenian tongue, and which (so said the orator Himerius) would have made one believe that he had been brought up in the academy or the Lyceum, created for him as great a sensation as that which was afterwards made by the admirable Crichton among the learned doctors of Paris."

Here we have an educated Druid named Abaris from the Shetland Islands trading with the Athenians at the time of Pythagorus! This is considerably different from the standard story of Britain being savages with no history before the Roman invasions of the first century and with no high civilization until St. Augustine brought the Catholic religion in the fifth century. Comyns Beaumont, in *The Riddle of Prehistoric Britain*, no date given but printed in Great Britain probably in the early 1900s, said (p. 84): "We have also the strange story of Abaris, the Hyperborean priest of Apollo, who traditionally flew to Delos and Athens, carrying the Arrow with which he declared the god slew the Cyclops, and who bore a message of warning to mankind of the same nature as that conveyed by the Golspie Stone."

Myths and "mythunderstandings" were added to the truth, then the whole thing was rejected as "myth" by the historians.

Lempriere's Classical Dictionary, Third Edition, says of Abaris: "A Scythian, son of Seuthes, in the age of Croesus, or the Trojan war, who received a flying arrow from Apollo, with which he gave oracles, and transported himself wherever he pleased. He is said to have returned to the Hyperborean countries from Athens without eating, and to have made the Trojan Palladium with the bones of Pelops. Herodotus, 4, c. 36—Strabo 7—Paus. 3, c. 33."

Herodotus 4:36: "And thus much may be said

concerning the Hyperboreans, for I do not relate the story concerning Abaris, who was said to be an Hyperborean, to the effect that he carried an arrow round the whole Earth without eating any thing." He is suggesting that Abaris travelled *around the world*. He then continues by telling of the round Earth and discusses its circumference and dimensions. Herodotus was born circa 484 B.C.

The area of the Hyperboreans in earliest records included such as the British Isles, Iceland, Norway, Greenland, and perhaps even North America, perhaps even Florida as we shall see later.

TIN ISLANDS

We saw above that Hercules is credited with the discovery of the tin mines of the Cassiterides. Where was this? The British Isles were known also as the Cassiterides, from the Greek *kassiterios*, which means "Tin Islands". *Encyclopedia Britannica* says: "Cassiterides, in ancient geography the name of islands regarded as being situated somewhere near the west coasts of Europe." It mentions that some of the tin mines were in Cornwall. Some tin ware was named after Cassiterides, for instance, casserole.

Herodotus, Book 3, says: "I cannot speak with certainty nor am I acquainted with the islands called Cassiterides, from which tin is brought to us...it is nevertheless certain that both our tin and our amber are brought from these extremely remote regions...in the western extremities of Europe."

Polybius, the Greek historian of the 2nd century B.C., said: "Some will enquire why, having made so long a discourse on Lybia and Iberia, we have not spoken more fully of the outlet at the Pillars of Hercules, nor of the interior sea, nor yet indeed of the Britannic Isles, and the working of tin, nor of the gold and silver mines of Ibernica [Ireland]."

Pliny says "The whole of the Roman Empire was supplied with metals and tin from Britannia.... Greece, too, was supplied with tin and sundry metals from the same source...."

Note especially what Ptolemy said about the British Isles: "They were peopled by descendants of the Hebrew Race, who were skilled in smelting operations, and excelled in working metals."

Ezek. 27:19: "Dan also and Javan going to and fro occupied in thy fairs: bright iron, cassia, and calamus, were in thy market." Here Dan is mentioned with Javan, the Hebrew name for Greece, and their products include iron and cassia. Cassia is explained in most reference books to be an herb. However, if Cassiterides is Greek for Tin Islands, could "cassia" refer to tin? Yes, in fact the only tin-bearing mineral of commercial importance is cassiterite (SnO₂). Cassia in *Young's Analytical Concordance* is identified as amber or stacte. The Latin word for tin is stannum. Stacte is defined as a spice. Naming plants after metals is common: for example, ironweed, goldenrod, silver slippers, marigold, etc. Religious books tend to downplay the connection with tin, which would mean Britain, as that was the only mayor source of tin at the time, but non-religious books clearly have the connection.

There were important relationships between

Greece and Britain and the tin trade, back at least as far as 1500 B.C. Tin is used in making bronze, and the tin from Britain was largely responsible for making the Bronze Age possible. Routine commercial, religious, and cultural interchanges were occurring between Biblical countries and Britain in *Old Testament* times. This fact is not apparent from modern historical and religious teaching.

L. A. Waddell, in *The Phoenician Origin of Britons, Scots & Anglo-Saxons*, p. 413, tells of a clay tablet found at the Assyrian capital of Assur which tells of the extent of the territory of Emperor Sargon I. It details the lengths of the roads in his empire and it mentions "the Tin-land country which lies beyond the Upper Sea [Mediterranean]." The word from this clay tablet translated "Tin-land" is the cuneiform KUGA-KI. Waddell explains that "KI" meant "land"; thus this became "GI" and the Greek "GE" which became "Gaia," "ge-ology," "ge-ography," etc.

"The Sumerian word-sign in Sargon's tablet for 'Tin' means literally 'shining, bright,' and hence also 'tin' and 'silver'; and it has an unequivocal word-value of AZAG, with the Akkad equivalent of KAS-PU or GAZA-PA, which later are probably cognate with the Greek word *Kassiteros* for Tin and 'Cassiterides'" (*ibid*, p. 413). The text of the clay tablet was published in *Keilschrifttexte aus Assur verschiedenen Inhalis* 1920, No. 92. Another line in the tablet refers to "And the country of Kus-sa-ia, the captured land [beyond] the frontier...." Britain was under the rule of Sargon, at that time. Modern history books will not tell you this. William Camden's *Britannia*, 1808, said that the early English histories stated that "the merchants of Asher worked the tin mines of Cornwall, not as slaves, but as masters and exporters."

Another land mentioned in the tablet is *Kaptara*, which was Caphtor, and is usually thought to be Crete, but Waddell gives reasons that this is not the case. He says that "Kaptara" was "Abdera" in Spain, near the Straits of Gibraltar, from which the K has been dropped out later, in the same manner as other words such as "Khatti" which became "Hatti," "Khallapu" which became "Allepo," etc. Abdera was explained by Ptolemy to be a Phoenician silver mining seaport colony founded traditionally by Tyre. The city was also the port of call for merchants on their way to and from the tin mines of Cornwall.

The tradition is that "giants" occupied Britain before Brutus, and that the giants were the builders of Stonehenge and other stone circles, megaliths and "giant's tombs" in Britain. Giants in the *Bible* are called "the sons of Anak" (Numbers 3:28, Josh. 10:5, 11, 21, etc.). Waddell said that "Anak" is Akkadian for "Tin." From Abdera, the tin and silver was shipped to Tarshish (the Tarsus of Saul); "Tarshish was thy merchant by reason of the multitude of all kinds of riches; with silver, iron, tin, and lead, they traded in thy fairs" (Ezek. 27:12).

ABARIS CONTINUED

Lewis Spence, *The Mysteries of Britain*, p. 255: "Abaris, Priest of the Hyperboreans, mentioned by

Diodorus and Hecateus, who travelled to Greece and became the friend of Pythagoras, was almost certainly a Druid, and it is very much more probable, as Suidas suggests in the *Pythagorean Colloquies*, that the Greek learned more from the Briton than the reverse, and that the so-called Pythagorean Doctrine was neither more nor less than an adaptation of the ancient British philosophy instead of the contrary."

Strabo and Diodorus Siculus told of this story, as explained in *Celt, Druid And Culdee*, p. 58: "On the visit to Athens of the British Druid astronomer, Abaris (Hebrew Rabbi), the Greek geographer writes: 'He came not clad in skins like a Scythian, but with a bow in his hand, a quiver hanging on his shoulders, a plaid wrapped about his body, a gilded belt encircling his loins, and trousers reaching down from the waist to the soles of his feet. He was easy in his address; agreeable in his conversation; active in his dispatch and secret in his management of great affairs; quick in judging of present emergency; provident withal in guarding against futurity; diligent in the quest of wisdom; fond of friendship; trusting very little to fortune, yet having the entire confidence of others, and trusted with everything for his prudence. He spoke Greek with a fluency that you would have thought that he had been bred up in the Lyceum; and conversed all his life with the academy of Athens.' This visit of the British Druid was long remembered at Athens. Abaris travelled extensively in Greece; Greek fancy transformed the magnetic needle by which he guided his travels into an arrow of Apollo which would transport him at wish whithersoever he pleased."

From this later developed the Greenwich Observatory, but that is another story. And did you notice that the terms "Abaris" and "Rabbi" are connected?

* * *

FROM THE BEGINNING: THE HISTORY OF EARTH

There is considerable early evidence of extraterrestrials, many of gigantic stature, who came to Earth and founded civilizations. This information is rejected for religious, political and other reasons, but a seeker of the truth must look at it with an open mind.

There are several books you can read to pursue this, such as those on "forbidden archaeology" and "extraterrestrial archaeology," and many more too numerous to mention. When I was doing genealogical study on my ancestors who came at the time of Daniel Boone into Kentucky, I came across reports they had made of finding bones of giant people in Kentucky and Ohio along with bones of mammoths and other such, all of relatively fairly recent (well preserved) origin. This is just a small "for instance" of the mass of evidence.

The book *UFOs—The Final Answer?* edited by David Barclay and Therese Marie Barclay, in the chapter "The China-Tibet Border" says "this area has always been a hotbed of anomalous

events..." It tells of Rigden Jyepo, King of the World and ruler of the Hidden Kingdom of Schamballah. In recent times, a group of archaeologists exploring caves in the region of Bayan-Kara-Ula discovered 716 ancient stone discs with material displaying hieroglyphics and drawings. The discs resembled modern phonograph records, with a hole in the middle and a double groove spiralling out to the edge. The Chinese spent years deciphering the writing and then hesitated publication for some time.

Finally, the Chinese published a report on these discs under the title of *The Grooved Script Concerning Spaceships Which As Recorded On the Discs Landed On Earth 12000 Years Ago*. Rather interesting title, don't you think.

The only quote they listed from the translated text says: "The Dropa descended from the clouds in their craft while the native Ham people (a Tibetan tribe) hid in caves. However when they had communicated by sign language they realized that the Dropa meant them no harm."

Somewhere I have notes documenting a group of Hamites who migrated to Tibet, but cannot

locate them.

I wish I could find the rest of the above translation. The story appeared in a book by Nicholas Roerich called *Altai Himalaya* which covered his expedition into Tibet during 1926-1928, before all the current UFO hoopla. In his book Roerich also stated that in 1926 near Ulan-Davan in western China, he saw a "great black vulture" circling the sky above the tents. He said, "We noticed something shiny, flying very high from the north-east to the south" and "We bring three powerful field glasses and watch the huge spheroid body shining in the Sun, clearly visible against the blue sky and moving very fast." A group of Tibetan Lamas with the expedition explained that the craft had to do with Schamballah.

I saw a copy of one of Roerich's books at a book show. It was a very beautiful book, the kind where the pictures (painted by Roerich) were pasted to the pages. As I recall, it was \$650.00 and I had to pass. Roerich's trip was financed by the United States President and Roerich was on some kind of secret mission. I cannot find my notes on this, yet, either.

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Fire From The Sky—The Battle of the Harvest Moon. True story of the Space Shuttle, airline crashes, etc. October, 1994. 256 pages, with index. **\$25.00**

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Akhenaton: History's Greatest Secret Comes To Light. A search for the real original monotheist. This document is included in *Heptameron II (Untangling the Web)*, so if you have *Heptameron II* you do not need this document. December, 1998. 70 pages, with index. **\$10.00**

Heptameron—Volume II (also called Untangling the Web). Documenting the hidden history of the Hebrews, the British and Americans, and Europe. Includes *Akhenaton, History's Greatest Secret Comes to Light* as an appendix. June, 1999. 280 pages, with index. **\$20.00**

Herman Hoeh's Compendium, Volumes 1 and 2. Herman Hoeh was my minister back in the late 1950s and later. He began a search for the truth about history, using the resources of a college of which he was a head, and I spent many thousands of hours with him and his people trying to figure out what was the truth. He published a revised history of the nations, based on what he and his team learned, from the viewpoint of the Bible being true but suppressed history. However, as he grew in understanding, he began to learn things that did not set well with the church. The church suppressed his findings, and he shut up and retired. I later used his material as a foundation from which to begin a larger search for the "Big Picture". If you want the *Compendium*, Volume I is 345 pages and Volume II is 280 pages, both indexed with bibliography. They are **\$25.00 each**.

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Healing Codes For The Biological Apocalypse

[Continued from Front Page]

structures associated with “Mad Cow Disease”) that are being spread by fungal-infected grains as the cause of brewing epidemics of transmissible spongiform encephalopathies (TSEs), including Creutzfeldt-Jakob Disease in humans. He goes on to expose humanity’s greatest nemesis, the secret cabal that has waged ceaseless wars, famines, plagues, and propaganda campaigns against Earth’s people, to the utilization of actual mind-control to bring about their desired ends. But there is hope, too, offered within these pages, for Dr. Horowitz (and co-author Dr. Joseph Barber), identifies musical tones which, they say, are “keys” (in themselves) to assist in ushering in the upcoming 1,000 years of world peace.

“The ultimate tyranny in a society is not control by Martial Law. It is control by the psychological manipulation of consciousness, through which reality is defined so that those who exist within do not even realize that they are in prison.”—*Barbara Marciniak*, *Bringers Of The Dawn*

What follows is an interview with Dr. Leonard Horowitz, which took place on May 20. Actually, more truthfully stated, it is an extemporaneous talk or lecture by Dr. Horowitz to me on *The SPECTRUM* telephone line. There wasn’t much of “interviewing” about it. But, I believe you’ll agree, when you read what Dr. Horowitz has to say, you will find it compelling, alarming, and yes, indeed, hopeful.

Martin: Now we can talk about your new book. And, obviously, this is quite a departure for you. I guess I would call it a courageous and daring move on your part.

Horowitz: (*Laughter*) Well, you know, it’s like the next step. It’s like what God presents you to do, you just do. You don’t think about whether or not you’re going to get into trouble for it. (*Laughter*)

Martin: (*Laughter*) The book covers so much material, why don’t you just start talking about the new book.

Horowitz: Ok. Let me do this. Let me take you through a chapter-by-chapter synopsis; would that work? If I just started to talk to you about the different chapters?

Martin: Yes, sure.

Horowitz: The book begins from Joey’s

perspective, Dr. Barber’s perspective. From a series of totally bizarre experiences, whereby he was going to be, at sometime, directed to go to the Northwest, to work with “a gathering of Eagles”. And that the Eagles would be great healers on this planet, and that they would make a major contribution to God and the “remnant”, in the Christian sense. And after that series of synchronisities occurred for him, whereby he moved to the Northwest, he began to have these Divine Revelations, among which was the Pythagorean skein, which was a major missing component of Pythagoras’ work whereby Joey was led to understand that there were virtually only nine numbers. It took on a more profound meaning that there were only nine numbers in the universe—1 through 9, and then it repeats, 10 is really 1 plus 0. And, so, that’s 1 in the Pythagorean skein. And once he began to have these revelations, he was instructed to go into the *Bible* and find extremely important hidden knowledge. Among the information that he was determined and guided to find, was the ancient missing Solfeggio scale, which is not the “*do, re, mi, fa, so, la, te, do*” that everyone knows about after the movie *The Sound of Music*, it is the preceding, the scale that preceded that one. And, it turns out, that scale that we know is actually a deception. **The original scale was originally 6 notes.** The first note is *Ut*, stands for *Ut quent laxis*. *Re* for *sonare fibris (res-onance)*. *Mi* for *mira gestorum (or miracles)*. *Fa* for *muli tuorum (famulus) or family, the family of magical servants of God, scholarly servants of God*. *So* for *solve polluti (so-lvé) or solving the problem*. And, going back to establish an earlier, more conservative culture or world. So, *La* is *labii reatum (labi-al) for the lips*. And it occurred to Joey that these were, clearly, the 6 tones that were, likely, the most powerful tones over Creation and Destruction, as well as the creation of miracles. And, evidence for that is circumstantial; however, the definitions are very clear of what these tones stand for, as defined by *Webster’s Dictionary*. And, that the meaning reflects on the fact that God, according to the *Bible*, created the universe in 6 days by speaking it into existence. He said, “Let there be Light,” and there was. And, of course, Light is what? It’s an electromagnetic frequency, and sound is

what? It’s an electromagnetic frequency. And the story of how the Wall of Jericho came tumbling down after 7 Levi priests were instructed to circle the city, circle the wall for six days, blowing their ram’s horns—specific tones, electromagnetic frequencies were being played—that’s when the wall shattered and it wasn’t until again, like on the 7th, when the public was brought in and was told to clap and cheer, that the wall came tumbling down. That, apparently, was a deception for the sake of the masses. The actual wall was shattered because of the electromagnetic frequencies apparently played by the priests, who had knowledge of these numbers, these tones, these frequencies, as we’ll get into in a minute. And, the only person who survived as evidence for this theory, the only person and family who survived the Wall of Jericho being shattered was Rahab, who was told by the spies to place out of her window a scarlet thread which acted as a heat-sink for the electromagnetic frequencies that were being played, the tones that were being played, that were doing the shattering.

So, how was it then that the Levi priests knew what tones to play? Well, apparently, the codes that Joey was ultimately guided to find, that we’ve written in the book, is that one evening, one night when he was asleep he was awakened by Jesus and an angel, who came to him and—he knew he was awake because, first he thought he was sleeping, so he opened his eyes and the same image was there, and then he closed his eyes and then the same image of Jesus and the angel was still there, and so he knew that it didn’t matter whether he was awake or whether he was sleeping—in fact, here was Jesus and the angel instructing Joey to go into the *Book of Numbers*, chapter 7, verses 12 through 83, wherein you see, you read 6 repeating, virtually inane, virtually meaningless verses, that if any normal human being, Christian or not, Jew or not, would read this section, it would lead them to be completely confused and they would say, “I don’t know what this is talking about, I’m going to go on to the next section, to the next chapter.” And when one does that, one misses the most powerful and important codes over Creation and Destruction that have been found in at least three thousand years. Because it was three thousand years ago that the verse numbers were added to the *Bible* by the ancient Levi priests who translated the original *Torah* into the Greek Septuagint and therein instilled the chapters and verse numbers.

[*Editor’s note: The Septuagint, in Latin meaning seventy, is the name commonly given to the Jewish Greek version of the Old Testament of the Bible, made in the pre-Christian period.*] And so, this fact raises a question, it’s largely an academic question, as to whether or not those specific repeating verses were placed there by God, through the Divinely inspired author, Moses, or had it been placed

there by the Levi priests as a cover to these most important electromagnetic frequency tones.

One could argue as a Christian that God had inspired this work's author to repeat these verses as currently published, currently printed, in the sense that, as parents, many of us don't want our children to understand certain things until they get to be mature. And so, likewise, it is a possibility that these repeating verses were inspired, Divinely inspired, yet it was a cover for more important information that today, as we are faced with End-Times prophecies being fulfilled, and this critical time in history, that it is apparently time for God to reveal these extraordinary tones.

So, it's an academic question. And it is one that will be debated by religious scholars.

Now, that leads us to what these tones are. We've had a physicist, musician—actually, several musicians, and several people very knowledgeable about electromagnetics and electromagnetic frequencies—evaluate these tones.

The first tone, as related to the first repeating series of verses—and, again, I think that it would probably help the reader to read the verse. It's verse 12, chapter 7 of the *Book of Numbers*. And, you'll see that it says, "And he that offered is offering on the first day was Nah'shon the son of Am-min-a-dab, of the tribe of Judah." And then, six verses down, you'll see that it says, "the second day," six verses down it says, "the third day." Now, that was one of the instructions that Joey received, to know that it began, this code, this sequence of codes began on the first day.

The next verse, chapter 7, Verse 13, says, and this is from the King James version, and yet you can go into Gideon's and you can go into virtually all of the Bibles and it is pretty much the same. It says, "And his offering was one silver charger, the weight thereof was an hundred and thirty shekels, one silver bowl of

seventy shekels, after the shekel of the sanctuary; both of them were full of fine flour mingled with oil for a meat offering." And if you count six verses down from there, that same verse repeats. And, now, the question is: Did that ever make any sense? Perhaps it made sense in Moses' time; however, it doesn't make any sense today and it probably won't ever make any sense in the future. And, again, so here clearly is something that is hiding a code. And the code is, using the Pythagorean skein, the verse, number 13, reduced to its single integer, is 4. That is, 3 plus 1 equals 4. Six verses down is verse 19, when that verse repeats. 1 plus 9 equals 10, or 1 plus 0, again, reduced to the single integer number in the Pythagorean skein, is 1. Again, six verses down from there is verse 25, where that verse repeats, 2 plus 5 equals 7.

So, as you go through that chapter, you'll realize that the first, second, third, fourth, fifth, sixth day actually has a repeating code or repeating number of 396, 396, 396.

The second repeating verse, starting with verse 13, is 417, 417, 417.

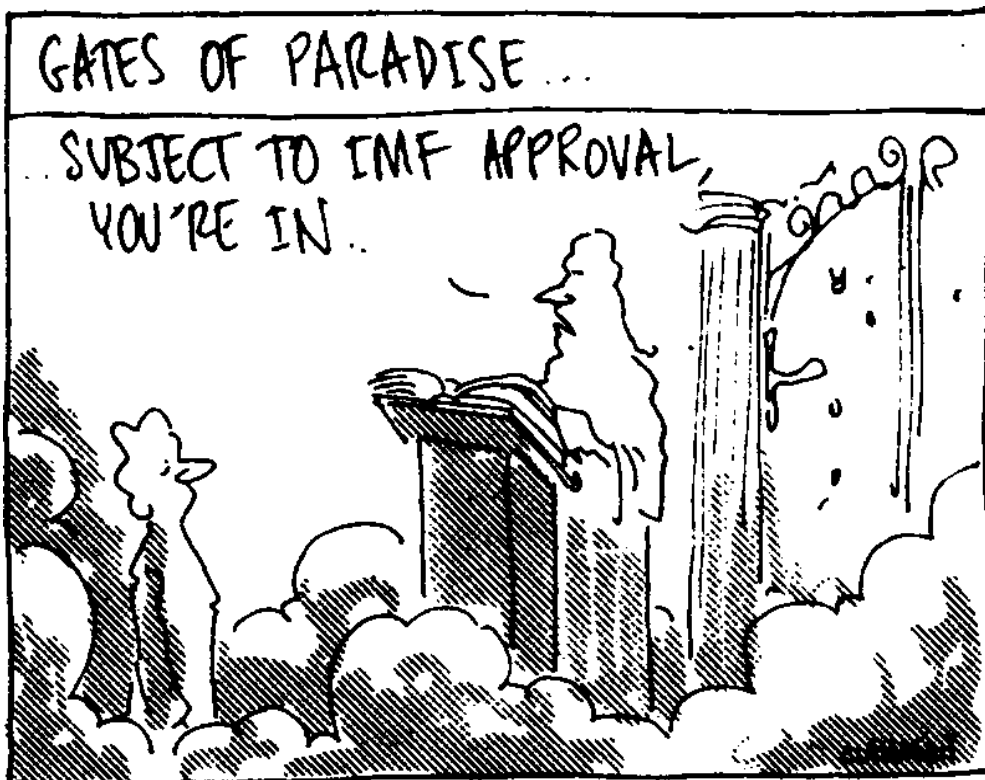
The third is 528, 528, 528.

The fourth tone, or code, is 639, 639, 639 and so on.

And then, the fifth is 741, which repeats, and then, 852, which repeats. Now, when you have both physicists and musicians examine this series of electromagnetic sound frequencies, they are astonished because their interrelationship is extraordinary. *[Editor's note: For you more technically*

oriented readers, it is probably useful for me (E.Y.) to jump in here and explain briefly a matter that, at first thought, might seem erroneous or contradictory concerning the matter of lumping the term electromagnetic (as in light, radio, microwaves, etc.) with sound. After all, while both have a wave-like nature to their behavior, we are taught that sound is simply a physical pressure-wave, not having anything to do with electromagnetic or light-wave phenomenon. In actuality (and this was an important, hidden area of research for the great Nikola Tesla), beyond the simple—and maybe even simplistic—picture of sound being purely a pressure-wave in air or some other fluid medium, there is the more subtle aspect of the electrical interaction associated with the atoms or molecules being "jiggled" to make up the sound pressure-wave. This underlying electrical activity produces an associated electromagnetic wave component. Thus it truly is not a contradiction or error, fundamentally, to talk about sound within the context of electromagnetic waves. Now, for our next lecture (at some later time) I will get into the etheric aspect that underlies the production of both kinds of waves—sound or radio—in the

(Continued on p.25)



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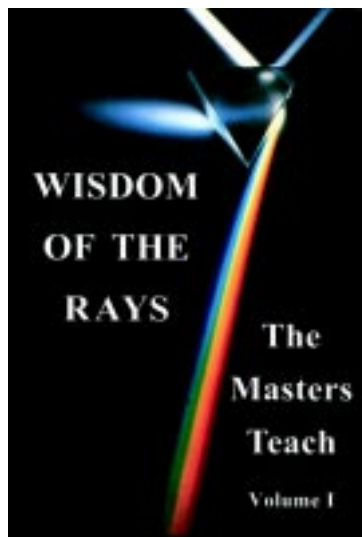
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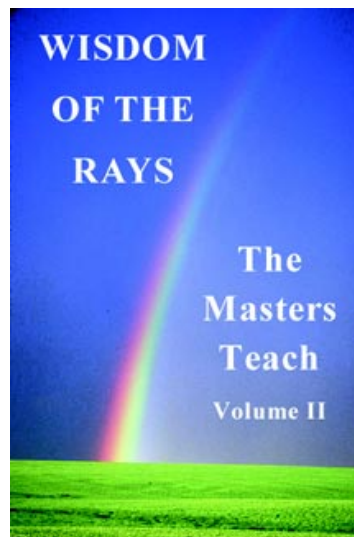
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physical/material world, and at THAT level of the physics, the two kinds of wave phenomenon truly are identical!]

In fact, several of them, several of these tones are harmonics of one another, relating to the *Wedding March*, and that the tone 417, the frequency 417, is a harmonic of the 144,000—which, in *Revelation*, tells us it will be those special people who are brought together by God, who will sing God's praises in a song, very likely composed of these tones, in fact, that will virtually instantaneously bring about a thousand years of world peace that is the Messianic Age. The tone 417 is related to 144,000 and that, in fact, the tone itself is Re, for resonance. And when one looks up the definition of resonance, it tells you in *Webster's Dictionary* that it is a "vibration of a large amplitude in a mechanical or electrical system, caused by a relatively small, periodic stimulus of the same or nearly the same period as the natural vibration period of the system. That is, a larger-than-normal vibration produced in response to a stimulus whose frequency is close to the natural frequency of the vibrating system, as an electrical circuit, in which the value much larger than average is maintained for a given frequency."

That, in essence, means that if you sing a note 417 frequency, that has a resonance beyond its, as it says in *Webster's*, superficial meaning. *Webster's* goes on to say that resonance has "enriched significance, profundity or elusiveness, such as a poem that has resonance beyond its surface meaning." And it also says, in *Webster's*, "it's an action, an answer to or intended to undo a situation or that performance of a new action that brings back an earlier state of affairs." What we're looking at is the 144,000 who will sing this note, which has a profound capacity to create an extraordinary result that the first note, *Ut* quent laxis, defined by *Webster's* as "a unit of magnetic field strength equal to 10 to the 5th power Gauss, that's 100,000—and, if you, again, consider the Pythagorean skein that Dr. Barber has articulated, that 144,000, 1 plus 4 plus 4 plus all those zeros equals 9, and 9 is the final number

in the skein. And so, that's completion, 9 is completion.

So, why is it that *Revelation* says that it will be 144,000 people who sing-in God's praises for the Messianic Age? It is because there is an electromagnetic field strength for completion, and that the second tone, 417, relating to the 144,000, has the capacity, through such a "small periodic stimulus, that has relatedness to the natural vibration period of the system"—that is, God's universal energy, God's spiritual essence or love vibration, if you will—that tone has a relatedness that, through its periodic emission, can bring about a massive change "intended to undo a certain situation, to bring back an earlier state of affairs" which is virtually God on this planet vs. the proverbial Evil or Satan. That's the first two notes.

The third note is *Mi* for miracles or *mira gestorum* in Latin. And that is defined by *Webster's* as "an extraordinary occurrence that surpasses all known human powers or natural forces as ascribed to a Divine or Supernatural cause, especially to God". And the note frequency for the note *Mi* is 528, 5-2-8, and if you add the numbers 5 + 2 + 8 you have 15, and again, in the Pythagorean skein, reducing that to the single number integer, it is the number 6, so you have MI-6, British Secret Service.

Martin: Interesting.

Dr. Horowitz: So you have the British Secret Service, who we expose in the book *Healing Codes For The Biological Apocalypse* as having taken their name from this secret code, this encoded knowledge that was in the *Bible*. And it does make complete sense when one follows the history.

In chapter 3 we go into, the title of the chapter is called "King James and the Secret Societies", where King James was a highest level Mason—and, of course, 33-degree Masonry is what we have heard is among the highest degrees. And, again, 3 + 3 is 6, so again, MI-6. Not only has King James written books on mysticism and occult and witchcraft, and allegedly that was done to expose these things as being offensive and to be ungodly,

and yet, they themselves were using this knowledge that had apparently, or some of it had been stolen, as the ancient arcana, along with the Covenant—the Ark of the Covenant—from the Holy Land, under King Solomon's Temple. Much of this, the gold as well as the knowledge, was stolen and then hidden and then used.

So, you've got the British Secret Service, acting on behalf of the Royal Families, who have maintained control over all these centuries, largely by their manipulation and utilization of the most powerful knowledge that God ever presented to this world, the power over Creation, Destruction and the creation of miracles. And that, most extraordinarily, that 528 frequency is known by the world's leading biochemists and geneticists as being the frequency used to repair damaged DNA. And that when one reflects on that scientific fact, in regard to the express purpose of the eugenics movement, largely forwarded by the royal families (as well as their counterparts in international banking, including those who fund depopulation, including the Rockefellers, and the Sloans, and the others who backed Hitler, including the Rothchilds and the Warburgs), all of that was based on eugenics, or what was called, what evolved into the racial hygiene agenda, was based on the belief that it would be best to clean-up the disgenic races. That is, to get rid of the contaminated or damaged DNA. And that third code for miracles, being not only the code for MI-6 but for the repair of DNA, I think, has profound significance to this planet.

The fourth note is *famuli tuorum* or *famulus*, and that is defined as the "servants or attendants, especially of a scholarly or magical nature", and the number of members of a group required to be present to transact business or an activity, usually legal, such as a particularly chosen group, and again, it reminds me not only of the 144,000 that will be required to sing God's praises to bring on the Messianic Age, but in the Jewish tradition where, if someone dies, you need a quorum of twelve men to sit and pray to have the ascendance of the soul into heaven. And, again, that's an especially unique group. We give you the characteristics of the group of 144,000 in the Appendix section of the book, *Healing Codes For The Biological Apocalypse*.

The fifth note is *solve polluti* and it's defined by *Webster's* as "to solve a mystery or a puzzle; to work out the answer, a solution, particularly to a mathematical problem", and a "cleansing with water or other liquid, especially as a religious ritual". Well, here you have the baptism and the concept of baptism being expressed also in the codes and that the concept of cleansing with water, particularly crystal-clear water, as well as its relationship to John the Baptist. Well, it's interesting that these six tones Joey learned through his research were the tones that were to the ancient lost hymn to St. John the Baptist that was well known by

Editor's Note: This is a correction to a portion of Dr. Horowitz's interview which appeared in our Premier Issue of The SPECTRUM. First of all, we would like to apologize to Dr. Pulleo for printing his telephone number, which we should not have published. We would ask that our readers respect Dr. Pulleo's privacy by NOT calling. His correct email address, however, is <therevjoseph@midlink.com>(we left out the e in joseph). Also, we would like to extend our apologies to John Trochman of the Militia of Montana. As it turns out, John's role was merely to refer Dr. Pulleo to a confidential source for analysis, for which Dr. Pulleo was grateful. The true story of the "incident" is somewhat different than that which was presented, but due to the HIGHLY sensitive nature of the subject, we will let it remain murky for the time being in appreciation of the need for protection and security of the behind-the-scenes participants.

virtually everyone in Christendom, to be the most powerful hymn ever sung that would have the immediate capacity to elevate man-kind to God-kind, or elevate the spiritual connection of man to God. And that hymn to St. John the Baptist, along with its tones, was allegedly “lost” by the Roman Catholic Church, along with 156 other Gregorian Chants, which, again, held much of this spiritual relevance and power.

And so, we are basically coming out with this most incredible information as well, and it’s relevance to crystal-clear water which is predicted to, in *Revelation*, once we go beyond the Great Shaking, which is currently occurring, as well as the Great Tribulation to come, where there will likely be, according to both public health authorities as well as religious scholars alike, half of the world’s population decimated by the plagues, that there once again will be the crystal-clear water that flows through the rivers and streams, which, it says, are the people. So, it will be the crystal-clear water, once again flowing through our blood streams that will bring about the healing of the nations along, of course, with the herbs or the leaves from the trees that will be surrounding us. That’s been prophesied. Now, again, what’s fascinating in all of this relationship to the 6 frequencies, is the hexagonally-shaped crystal-clustered water that has been developed by Dr. Lee Lorensen, who we are currently working with. Dr. Lorensen was also Divinely-guided to further the research of Nobel-prize laureates in the field of crystal-water technology. All of the world’s holy waters, healing waters, be it Keri Misu in Japan, or Lourdes in France, the water comes out of the ground, having passed through magnetic channels. It comes out of the ground in a cluster-structure, a molecular cluster-structure that looks like a beautiful crystal-snowflake with 6 sides. It is a 6-sided hexagonal crystalline-structure water that is not only associated with the holy waters, but according to the world’s leading Nobel-prize laureates this decade, that crystal-cluster 6-sided hexagonal-structure water forms the core of everyone’s DNA. And, according to the Nobel-prize winners this decade, the primary function of DNA, since it’s core is crystalline, and you know that crystals act as electromagnetic receivers and transmitters, that the DNA—90% plus function of which is to be electromagnetic receivers and transmitters for inter-cellular communications and, apparently, spiritual reception, and perhaps spiritual transmission, as well.

In other words, when you go to sleep at night and you feel terrible, and suddenly you wake up in the morning and you feel so refreshed, it’s not just because you’ve gotten some rest, because in essence, God’s electromagnetic love frequencies are zapping your DNA-crystal structures, and those are then transmitting the signals between the cells to all the tissues and all the organs and all the organ systems. And that’s why you begin to feel better

and that’s the essence of healing. That’s clearly at the essence of spiritual healing, and that underlies all healing.

Besides all of the DNA, again, having relevance to the third tone *Mi*, miracle, the 528 code, which again, unbeknownst to Dr. Lorensen, he had not known of Dr. Barber’s work. He had not known of my book. He had placed in the crystal-clustered water the electromagnetic frequency of 528, because he is a scientist who studied the scientific literature and knew that was the code for healing DNA. The relevance of that water is not only for the DNA, it is also for the 4,000+ enzymes that regulate virtually every metabolic process in the body. Like the DNA double-helix strand which is kept together and straight and optimally functioning, because of this six-sided hexagonal crystal-cluster structure of water within it, the same thing is true for the structure of all of the enzymes that allow us to live, that are active in cell metabolism and uptake of nutrients. Those enzymes are also structurally dependent upon the hexagonal, the six-sided hexagonal water molecules.

What happens when one begins to drink the holy waters of the Earth, as well as Dr. Lorensen’s clustered water, is that one begins to immediately repair the DNA and rejuvenate the DNA to retard aging. And, Dr. Lorensen’s company, for example, gives you a full money-back guarantee if you don’t experience dramatic health improvements, virtually for all illnesses. Because, again, at the core of all illness is the functioning of the DNA.

Martin: Do you have a phone number or an address for him?

Dr. Horowitz: Yes, basically I’m working with him right now. So, again, folks can call if they want more information on the clustered water, they can call our toll-free number, it’s 1-888-508-4787.

And so, the aging process involves toxicity and the depletion of the crystalline structure within the DNA. That is, now, according to the world’s leading experts in DNA and photon-emission from cells and intercellular communications—that is the primary cause of aging, the diminution of the crystalline structure within the DNA. And so, what happens is, under a microscope, if you examine DNA as you drink, for example, chlorinated water or fluoridated water, you begin to destroy those magnificent crystal-clustered structures that your DNA is full of at birth. Infants are just loaded, packed full of them. Children have it, that’s why they’re so vigorous and energetic. And, as we age, we get polluted, intoxicated, and the cluster-structures break down and they are replaced by, virtually, garbage-water. Then, what happens is that the strand of DNA, that magnificent double-helix structure, begins to change; it unravels, and in the process it can no longer act optimally as an electromagnetic receiver and transmitter. And that is the primary electromagnetic bio-spiritual

process upon which all life rests.

And then, finally, the last note, *La*, which is labii reatum, or labium, it refers to “articulated, using one or both lips”, and, according to *Webster’s*, it also refers to “a reverse movement or tendency or action in a reverse direction or manner; a movement toward extreme political conservatism”. Also, according to *Webster’s*, labii reatum or labium is also “the instantaneous response of a system to an applied force.”

Now, again, here it indicates that when the family of special, loving servants of God get together to solve the biggest pollution problem, the mathematical problem of all time, the deception and enslavement and Satanic targeting of humanity by the shadow governors or the Illuminati, if you will, to bring back an earlier, more conservative state of affairs—that is, God’s world versus Satan’s planet—then, what’s going to happen is that they’re going to sing these tones, and we currently have musicians, very, very loving, wonderful musicians, who are working with these tones to develop the songs that, God willing, will be sung by the 144,000 who INSTANTANEOUSLY bring about the Messianic Age.

Now, again, from the perspective of what we’re looking at here, the game is over, though we’re still going to have to go through the Great Shaking and Great Tribulation to come, and there will be masses and masses of people dying. The fact that we now have these documents and this [*book*] published, and the fact that we have now placed these codes into the hands of the masses of loving human beings, literally means that the game is over because it is a numbers game; it is a mathematics game. And it has been virtually a small number of families, let’s say 13 families, who have largely controlled—and the secret societies that have largely controlled—this knowledge, that have been using this knowledge to manipulate and control and gain financial wealth and more power. Now, when you simply place this in the hands of hundreds of thousands, if not hundreds of millions of people, the game is over. Humanity has always been loving by nature. It has only been through manipulations by these shadow governors that we have lost our connection to God. And, now, it is being returned. So that’s the good news in the book.

Now, unfortunately, for half the world’s population at least, who don’t have the eyes to see the documentation that we advance, nor ears to hear this truth, they’re going to have to go through some hard times. And to the extent that God has been so magnificent and loving in relaying this critical information to us at this critical time in history, at the same time, you have to understand that this has been spiritual warfare and this is, in essence, the height of spiritual warfare. This is kind of like the Grand Finale in the End Times Prophecy being fulfilled.

And you can bet your booties that Satan isn’t resting on his laurels. And, that, as we have

now suddenly become familiar with these codes and their power, it has been the work of Satan's allies to make use of these codes and have contemporarily advanced the most heinous applications for these codes.

And, in this regard, we're now talking about Project HAARP, the electromagnetic receiver and transmitter in Alaska, and it's affiliated transmission stations all over the world under the name of Project EISCAT. And that is what the final chapters of the book go into, whereby it has been the Illuminati's purpose or Satan's purpose to control humanity, enslave humanity, and eliminate from humanity any Godly essence, and every Godly essence, that this can only be done by distorting what God created, which was the electromagnetics to create the universe. The electromagnetic transmission has the capacity to, literally, enslave humanity and depopulate humanity. And there are a number of factors that are brought out, in this regard, in the book.

The first fact of the matter is, you have these occult-oriented shadow-governors, who are very much into black magic, and just like with magicians, they use a slight-of-hand routine whereby they show you one hand, they say, "Watch my right hand, don't take your eye off this hand", and meanwhile what's going on in their left hand is completely subversive or completely something else. And that is what is going on with this issue of Mad Cow Disease, where they say, "Look at the cows, look at the cows, look at the cows." And, as we go into in the book, it's not an issue of Mad Cow Disease protein prion, associated with Creutzfeldt-Jakob Disease, which the Government of the United States says does not exist in America. Yet, according to a recent Yale study, probably 13 percent of Alzheimer's Disease are, in fact, suffering from Creutzfeldt-Jakob—that's Mad Cow Disease in humans. So, they tell you to look at the cows and they told us to look at how the cows, allegedly, in England got Mad Cow Disease by eating sheep brains. How many of us, when we heard that, thought that did not seem quiet accurate—how is it that cows who don't eat meat are suddenly eating sheep brains? Well, even if it was in feed, it would not explain why there's suddenly outbreaks of Mad Cow Disease or Creutzfeldt-Jakob-like or prion disease—what's called transmissible, spongiform encephalopathies, in other species, including Mad Elk and Mad Deer and the Whirling Fish that have brain damage.

What we are beginning to see, and we advance the theory in the book *Healing Codes For The Biological Apocalypse*, is that the protein prion, since it has been determined to be a crystal, it is a crystalline, protein structure that has a predilection for the electromagnetic tissues of the brain. That's why it goes to the brain, that's the electromagnetic center of the human, and therein it causes encephalopathies or brain damage. Symptoms include memory loss, disorientation and, like the Forray people

of New Guinea, which were initially studied, laughed themselves to death through insanity.

That particular crystalline structure is associated with yeast, that is, fungus. Fungus grows in grains. It is the cows that eat grains. It is the sheep, with scrapie, that eat grains. And it is the Mad Elk and Deer in the field, that aren't eating sheep brains, that are eating grains and getting the same disease. And that it is the Tyson pigs and chickens that are likely infected also with prions because they're eating infected grains and then, because their fertilizer is used to spread out in the fields in which further grains are grown, additional prion diseases are being spread throughout various species. And so, what in essence we have when we had the black magicians tell us to look at the Mad Cow Disease and the fact that it's spread in contaminated beef, it was a distraction. It is far more likely being spread in contaminated grains. And that would explain why some vegetarians have developed Creutzfeldt-Jakob Disease.

And that would most likely explain the various transmissible spongiform encephalopathies breaking out in various species, and that, in essence, given the fact that these are crystalline structures, the other distraction (what some refer to as the Mark of the Beast, so much in the contemporary and conspiracy literature) deals with implanting biochips, and biochips being injected, allegedly, through vaccines. And the Health Passport Cards, holding the Mark of the Beast bar codes that will allow for surveillance and manipulation, enslavement, if that is what the mainstream media (even) is beginning to discuss, given the traditional disinformation propaganda applications, the fact that we're dealing with black magicians who show us one hand so that we don't look at the other, we have, in fact, been contaminated with a virtual Mark of the Beast, an electromagnetic receiver and transmitter, a prion crystal structure that vary likely is in many, if not most, of our brains right now. One of the major problems with this is the fact that not only was this type of technology being investigated and advanced in the top-secret CIA Program MK-NAOMI, which was the biological weapons program conducted by CIA contractors, but it was MK-NAOMI, the entire biological warfare effort, which was a subordinate part (according to the U.S. Congressional Record) of Project MK-ULTRA, which was the mind-control and population-control program. So, the CIA and affiliates were looking for biologicals that would afford them mind-control as well as depopulation capabilities.

[R.M.: *An interesting and potentially related side-bar observation—Major Ed Dames, renown technical remote viewer, was on the Art Bell late-night talk-radio program on June 22, 1999. On that program Major Dames stated (as he has before) that a plant pathogen was released over Africa. This plant pathogen, according to Dames, has now made its way, quietly, to the*

United States. It is one of 32 species of ergot (the substance of which LSD is derived) and this particular species is very hardy and is contaminating grains, maize, etc. This strain is called claviceps purpurea and has the ability, when eaten in large quantities by cattle or people, to cause gangrene of the limbs. Dames comments that it is an Andromeda Strain.]

So, the prion crystalline structure that was studied initially by the Japanese, apparently, in World War II or prior to World War II—that they left in Australia and New Guinea—subsequently the work of Carlton Gadjusek, a convicted pedophile, who is credited as being the world's expert in Kuru—the initial name for prion, for Mad Cow Disease, that he studied in the Forray people of New Guinea and then, as we show you in the book *Emerging Viruses: AIDS And EBOLA*, on page 453, the fact that this infection agent, the prion crystal called Kuru, in 1971 was being manipulated and tested by Litton Bionetics, the Army's 6th top biological weapons contractor, who worked under the direction of Dr. Robert Gallo who, in fact, paid much of Carlton Gadjusek's bail to get him out of jail when he was first indicted on child abuse and pedophilia charges.

This particular agent, this infectious agent, has the capacity (as a crystal) to receive and transmit frequencies transmitted by Project HAARP and Project EISCAT, and this research for utilization in the area of depopulation and disease transmission is based largely on early Russian research that showed you could take a closed culture dish containing cancer viruses and cancer cells, set it next to another culture dish of sterile culture cells, and if you shined an ultraviolet light through that first culture dish into the second one, nothing would happen. The second culture dish would remain sterile and free of cancer viruses and cancer cells. But, if you place between them a quartz crystal, and then shine the ultraviolet light through it, suddenly you would have spontaneous generation into the sterile culture dish of cancer viruses and cancer cells!

Martin: (Whistle)

Dr. Horowitz: And so, you literally have, based on this early research that has been perfected in labs over the last decades, in the process of searching for the ultimate bio-spiritual weapon, the ultimate enslaving and depopulating device, you have the capacity for Project EISCAT and Project HAARP to transmit certain frequencies associated with certain diseases into certain populations and having a certain number of people in those populations develop certain illnesses. And that, again, is a THEORY, and I underline theory, that we are advancing in the book *Healing Codes For The Biological Apocalypse*. That is a theory based on sound, scientific evidence, and a mass of the most horrifying government documents that anyone would want to see. Unfortunately, I think we need to look at these documents and I think we

need to seriously consider this theory, if we have a desire to evolve as a healthy human race, or even if we care to survive as individuals in this extraordinary time in human history.

Martin: You have many of these documents in your book and it's pretty hard to argue with that kind of supporting documentation.

Dr. Horowitz: That's exactly right, and again, what made the book *Emerging Viruses: AIDS & EBOLA* a bestselling hardcover is the documentation, and the same thing with this. I mean, number one, it's amazing that everyone has got, sitting on their bookshelves, a *Bible* and therein we're going to show you directly from the *Bible*, initially the codes, the documentation there. Everyone, almost, has a *Webster's Dictionary* sitting on the shelf. We're going to show you how Noah Webster, whose friends were highest level Freemasons who used the *Bible* (according to the Encyclopedia, even) as his model for developing the *Webster Dictionary* and that, like the *Bible*, he encoded in *Webster's*, codes that are extraordinary. When one follows the codes in *Webster's Dictionary*, one learns an extraordinary amount about who these people are who are virtually controlling the world, and what their designs are. And that's something else that's just mind-boggling about *Healing Codes For The Biological Apocalypse*, and again, we show you the documentation there.

Some of the more horrific documents reprinted in the book include the United States Government Patent for the "pathogenic mycoplasma" that Dr. Lo patented for the Armed Forces Institute Of Pathology—and that is associated with the upper respiratory infections that won't quit that have been linked, superficially at least, to the contrails or chemtrails, and the upper respiratory infection that is in a significant number of Americans today that antibiotics cannot touch. We're exposing the documents that relate to these illnesses as well. We are actually reprinting some extraordinary documents from the Class Action lawsuit in Huntsville, the people there who have sustained injury from the infectious agents that leaked out of a Huntsville prison facility. The prisoners there were being used as experimental subjects in the mycoplasma studies, including mycoplasma vaccine studies, and that, besides those documents, the links between organizations such as the Howard Hughes Electronics Corporation, who are putting these satellites into the atmosphere to, I guess, facilitate the surveillance as well as electromagnetic signal reception and transmission, as well as the Howard Hughes Foundation and Institute associated with the University of Chicago that has advanced the prion crystal research, and the link between those two—again, well documented. And then, finally, the documents that show that the Freemasons, the Scottish Rite, and the Freemasons and the secret societies that are

affiliated with them, are intimately tied in with all of this, is absolutely extraordinary.

Martin: The book has been out there among, I guess, a select reading audience for a little while now. What has the response been back to you? What has the feedback been?

Dr. Horowitz: Actually, the feedback has been excellent from the people who have gotten back to me on it. First of all, we've got a five-star rating from the World Natural Health Organization, the peer-review committee for the World Natural Health Organization, Dr. James Dussault and Mr. Whitney Wells, they actually gave us a tremendous review of the book which is going to be on the front cover of the book. It says, "This book belongs in every home, church, synagogue, and religious temple around the world. I cannot put this book down. It is filled with some of the most enlightening, spellbinding and scientifically proven information, truly

written by the Hand of God." That's Dr. James Desalt, N.D., D.D., Ph.D. He's a Doctor of Divinity, a Naturopathic Physician, and also has a Doctorate in Chemistry. He's President of the World Natural Health Organization.

Whitney Wells, who is the Chairman of the publication-review committee, had given us a really nice testimonial—I don't see it right here. That's going to be on the back cover of the book. There have been several people who have given it just extraordinary ratings.

There is no question in my mind that it's going to be a best-seller. It's going to follow the same path that *Emerging Viruses: AIDS & EBOLA* followed. The mainstream media may or may not cover it, and despite that (because of the documentation and extraordinary nature of it) it's just going to be word of mouth that's going to get this book out more and more, all over the world. There's no doubt in my mind.

Healing Codes For The Biological Apocalypse

\$26.95 (+S&H)

This book details the gravest challenge and most thrilling opportunity the world has seen in at least two millennia. It is a history-making work, based on Divine revelations, that return the most precious spiritual knowledge, power, and "healing codes" to humanity. It offers new hope for the loving masses to survive the predicted worldwide plagues, famine, and weather changes that are now at hand. In perfect time for these cataclysmic events, *Healing Codes For The Biological Apocalypse* presents an urgent, monumental, and inspired work that will be hailed for generations to come.

Through Divine revelation, Dr. Joseph Barber is shown mathematical formulas underlying Creation and Destruction hidden by King James in the Authorized Bible. These encoded musical and electromagnetic codes are critical for spiritual evolution and world healing. Realizing the urgent need to communicate this knowledge, "Joey" teamed up with Dr. Leonard Horowitz—author of the critically acclaimed bestselling book *Emerging Viruses: AIDS & Ebola—Nature, Accident Or Intentional?* The two researchers investigate 2000 years of religious and political persecution and the latest technologies being used to enslave, coerce, and even kill billions of unsuspecting people around the world.

The authors explore the current and coming plagues of transmissible spongiform encephalopathies (TSEs) associated with prion infections. They learn that prions—crystal-like structures associated with "Mad Cow Disease" and Creutzfeldt-Jakob Disease in humans, are most likely being spread by fungal-infected grains. They also advance the likelihood that these human prion epidemics are not an accident. These infectious prion crystals, like silicon "biochips", theoretically provide an effective electromagnetic frequency receiver and internal energy transmitter to enslave, sicken, and control world populations.

This book strikes a staggering blow to the heart of humanity's greatest nemesis—the secret cabal that has waged ceaseless wars, famines, plagues and propaganda campaigns against Earth's people. It also offers the greatest hope for humanity to spiritually evolve and provides the musical tones destined to be sung by the gathering critical mass of "144,000" people required to establish 1,000 years of world peace.

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Martin: I was knocked-out by it, no question. I was amazed.

Dr. Horowitz: And you know, Rick, you received the earlier edition of it. Since I sent you that edition, we've added some additional segments and some additional documentation that really drive home the essential points even further. So, I look forward to getting the finished book in your hands by mid-June.

Martin: Great. I would appreciate that very much. What else would you like to say to, what will be, our new audience?

Dr. Horowitz: I think the critical issue is that people not lose faith. That the good news is so extraordinarily good that it certainly can take us through the bad news. I think the greatest news of all for someone who is spiritually oriented is that, when all is said and done at the end of the book, one has to conclude that you can try to prepare in every way possible for this—you can have all the money that you need, you can have all the food stored that you need, you can do whatever you need to do, but if you don't have your relationship right with God, you're not going to make it. That's the big message of the book. Because it is ultimately spiritual warfare at it's finest being played-out here.

And regarding the electromagnetic receivers and transmitters, God's frequency signal is far more powerful. And the real critical things that you're going to need in order to make it into the Messianic Age is, you're going to have to know who you are as a human being—that is, your connection to God. You're going to have to understand that we are all connected to God, and you're going to have to rely on that connection for not only your Guidance, and that Guidance is coming on stronger and clearer for more and more people every day. But you're also going to have to know what your purpose here on this planet is. And it has something to do with serving humanity in some meaningful way. And if you are *charged* on both your purpose in life, you're energized by that, as well as your connection to God, those electromagnetic frequencies that are beaming down upon us, that have the capacity to deliver illness, will not have an effect. That is based on my knowledge, my experience, and everything that I know to be true.

So that's the big message. I think that's how I want it to end.

Martin: That's a good place to end, a perfect place to end.

[For those of you wishing to communicate directly with Rick Martin, you may do so by utilizing the following email address: rickm@tminet.com]

To obtain more information about, or to purchase, *Healing Codes For The Biological Apocalypse*, or for more information about the product called Clustered Water, call 1-888-508-4787.

NEWS RELEASE—Release: No. 99-HC/6

Healing Codes For Biological Apocalypse

For Release June 17, 1999

Contact: Jackie Lindenbach-208/265-2575; 800/336-9266

Ancient Healing Codes Revealed In *Bible* DNA Repair Frequency Intrigues Scientists And Religious Scholars Alike

Clark Fork, ID - An extremely unique series of new *Bible* codes, reportedly related to ancient music and the physics of creation, have been discovered by a physician from Clark Fork, Idaho. The new revelation, found in the *Book Of Numbers*, includes a mathematical electromagnetic frequency code for "miracles" that experts say has already been shown to help repair damaged DNA—the genetic blueprint of life.

According to the documentation and analyses provided in *Healing Codes For The Biological Apocalypse* (Tetrahedron Press, 1999; \$26.95)—a new book certain to spark debate among religious scholars, physicists, geneticists, and musicians alike—principal investigator Dr. Joseph Barber was intuitively guided to find the pattern of six repeating codes in the *Book Of Numbers*, chapter 7, verses 12 through 83. When deciphered using the ancient Pythagorean method of reducing the verse numbers to their single digit integers, the codes revealed a series of six electromagnetic sound frequencies that correspond to the six missing tones of the ancient Solfeggio scale. These original sound frequencies were apparently used in the great hymn to St. John the Baptist that, along with many Gregorian Chants, were "lost" centuries ago according to church officials. The chants and their special tones were believed to impart special spiritual blessings when sung in harmony during religious masses.

Dr. Barber, a naturopathic physician and minister of the gospel, and lead author, Dr. Leonard Horowitz—a Harvard graduate and public health authority—spent three years researching the six tones that physicists and musicians alike recognize as "an extremely unique interrelated series of mathematical and electromagnetic sound frequencies that include harmonic sequences similar to those found in the *Wedding March*." Additionally, the entire series appears to relate to the "144,000" predicted in the *Book Of Revelation* to be gathered by God to sing a special song heralding the Messianic Age.

The first note, "UT-quent laxis", is defined in *Webster's Dictionary* as "the gamut of dramatic emotion from grief to joy" and "the whole series of recognized musical notes". It has a frequency of 396 cycles per second, and is also associated with a magnetic field strength equal to 100,000 gauss. The second tone, "RE"—short for "resonare fibris" or resonance—also correlates mathematically to 144,000. The third note, frequency 528, relates to the note "MI" on the scale and derives from the phrase "MI-ra gestorum" in Latin meaning "miracle". Stunningly, this is the exact frequency used by genetic biochemists to repair damaged DNA—the genetic blueprint upon which life is based.

The authors speculate these six tones may have been played by the ancient priests during the miraculous shattering of Jericho's great wall in six days before falling on the seventh, and the creation of the universe in six days after which God is believed to have rested on the seventh. *Bible* scholars believe both events occurred as a result of sounds being spoken or played.

"I was intrigued when Dr. Horowitz first described the *Bible* frequencies," said Dr. Lee Lorenzen, a world renowned biochemist working with water crystallization methods to rejuvenate DNA. "The '528' frequency is well known to scientists working on DNA repair", he continued. "After studying the healing fountains of the world, we decided to add that frequency to a Clustered Water preparation we recently patented. We believe it may be beneficial in delaying aging processes."

"I was spiritually guided to move to northern Idaho to meet and work with Dr. Barber", Dr. Horowitz said. "I had prayed for a breakthrough on the level that Dr. Barber was blessed to find. I simply became the communicator for Joey to reveal some of God's most special secrets." Likewise, Dr. Barber explained, "I specifically prayed to meet Dr. Horowitz after I viewed his lecture video. I needed someone who could write and communicate this knowledge. About a month later, Dr. Horowitz showed up at my door."

People wishing to purchase the 517-page hardcover *Healing Codes For The Biological Apocalypse* may special order the book only through bookstores supplied by wholesalers Ingram or Baker & Taylor, or direct from the publisher, Tetrahedron Press, 206 N. 4th Avenue, Ste. 147, Sandpoint, Idaho 83864; 1-888-508-4787; <<http://www.tetrahedron.org>>.

Soltec: Making Good Use Of This “Quickening” Environment

6/12/99 SOLTEC

Good morning, my friend. It is I, Toniose Soltec, come in the Radiant One Light of Creator Source. Be at peace.

Allow for the changes to take place. Allow for ones to make choices as they will. Allow for movement and growth. Allow for the perfection of God’s plans to manifest as they will. Allow for the opportunities that each day brings forth. Allow for the spontaneity of life and living.

By allowing these things, you will find that the events of day-to-day living become much more enjoyable and free flowing. Look for newness in each day, and be not afraid to embrace the moment and seize the opportunities as they are presented to you.

Let go of past limiting beliefs that weigh upon you like lead anchors. The pace is quickening as the planetary frequency continues to rise, and you ones will find it to your advantage to keep a watchful eye for “windows of opportunity” as they present themselves. This means being and keeping attentive to your Inner Guidance. We will always strive to assist you along your journey, no matter how small or how large the task may be.

Allow for the strengthening of this two-way communication called your Inner Guidance (connection to Creator Source and conduit for interaction with we of the Higher Realms). Allow yourself time each day to go within and commune with your “gut” feelings.

We only go where we are welcome and we will never force you to commune with us. We monitor your heart intent moreso than the mental gyrations of the analytical mind. This is to say that the emotional “carrier wave” is what often determines your ability and true willingness to connect within—rather than any words thought or spoken.

If you are filled with anger, frustration, doubt, fear and such, you will find that the mental clarity becomes somewhat clouded and you will “think” you are acting in accordance with high-frequency, Lighted intent. However, the heart energy (carrier wave) will show, every time, the TRUE space within which you are operating.

Monitor closely your emotional state. Do you often find yourself feeling “stressed out”? Why?

You can try to lie to yourself. You can surely put on a show for others who are not too close to you. But you cannot deceive God and you will draw to you more of that which is in perfect harmony with your present frequency vibration. This is the Law of Return, or as some would say, the Law of Attraction (like attracts like) or the Law of Cause & Effect.

This is why we will say to you ones that you will witness the “Dark” ones getting darker and the “Lighted” ones getting lighter. The sick ones will have a tendency to get sicker, while the ones who vibrate with well-being will maintain (or intensify) their state of well-being. This is the “biofeedback” nature of your environment which makes it optimal for growth through experience.

The vast majority of the ones on your planet, whose hearts are filled with guilt, anger, grief, confusion, and other low-frequency conditions, are having an increasingly difficult time as there is a quickening of the return energy cycle at this time. This is due to the accelerating upward frequency shift of your planet, which is the physics reason behind the statement prophesied in your ever-so-popular *Bible*: “If it were not for the shortening of the endtime days, almost none would survive.”

You ones are in the time of prophecy. This is a grand time for you ones to be experiencing within; the opportunities are quite astounding in terms of growth potential of your being. As with all experience, it will be what YOU make of it—nothing more and surely nothing less.

As this “quickening” (increase in planetary frequency) continues, you will witness how the manifestation process of your heart desires also quickens. This is, as I just said, the Law of Return being accelerated and amplified. Monitor closely your emotional state and allow YOUR Inner Guidance to help you to find a

position of balance and peace. Break free from the reactionary cycles that quickly throw you into the lower emotional states.

See these reactions (automatic programmed responses to circumstances) for what they are, and see if they serve you very well. For example, are you quick to raise your voice in anger or frustration? Does this seem to “just happen”? Or, when you do raise your voice, is it done in a conscious (deliberate) attempt to emphasize your point?

We witness that the majority of your world runs around on “autopilot”, reacting and responding to one another’s reactions. This is

why, when so many are faced with an experience such as an automobile accident, they simply go into shock. They do not know how else to “act” or

It is of utmost importance for you ones to understand the TRUE “feedback” nature of your environment and how it is that YOU affect and determine the reality you experience from day to day and moment to moment.

react. They will simply shut down as the experience impacts (disrupts) their program routines. It is much like when your computer “freezes” or locks-up and quits responding to external input; it is due to an out-of-sequence data transmission in the processor that the computer does not know how to respond to.

You all utilize these “programs” to varying degrees. Some of them serve you quite well and are, in fact, needed. Take your breathing for example: you can control it, but for the most part it is automatic and self regulating. Or, take walking as an example: you place one foot in front of another, and you move about with little or no thought to all of the programmed responses that go into making this possible. However, watch the child just learning to walk, and you will be reminded of just all that is involved in acquiring this “automatic” skill. This sort of programmed reactionary response is beneficial in nature, and you each utilize these little programs in order to not be distracted in every moment of every day by the physical body.

However, many of you also carry around

programming that does *not* serve you very well, and yet is just as automatic as is your breathing or walking. These are usually habits of thought and belief that tend to lower your frequency vibration, and thus put you out of phase with your natural tendency for a high-frequency existence.

You can know these things by monitoring closely your inner emotional state. Do you feel internal pressures building when you think about certain subjects or ideas? If so, then ask yourself: "Why am I reacting to this situation in this manner?" This is no different than asking yourself: "Why do I walk the way I do?" or "Why am I breathing the way I am?"

Effort toward recognizing that, from the perspective of your Higher Self, EVERYTHING happens for reasons of growth; so look for the "good" in each situation and you will be well on your way to the reprogramming of higher-frequency emotional responses that will then take the place of any present low-frequency reactionary responses to past situations. And while this exercise is not always very pleasant or comfortable in the doing, the excess negative baggage you get rid of will lift you in great steps toward the natural, higher-frequency state you crave at your soul level of being.

The larger point here is to get you ones to a conscious mental state of understanding how the increasing frequency of your environment is affecting each and every one of you. The opportunities are intensifying each day for your growth, especially through the shedding of those old, low-frequency pieces of excess baggage.

You each are noticing more and more "coincidences" happening around you. These are things like: "I was just thinking about you, just before you called!" Such happenings will become more and more common to your day-to-day experiences. These are higher-frequency conditions and they will serve you well if you but allow for their manifestation. And beyond that, recognize how it shall become increasingly more important to monitor your thoughts since you shall more readily manifest (create) that which you are thinking. Remember the old phrase that goes "Be careful what you ask for, for it just might come to be."

Likewise, recognize the deliberate creations of others whose thoughts and decisions are also molding and modifying the common environment in which you live, along with the contributions from you and your thoughts and decisions. This is to say that you will find great advantage in allowing for your schoolroom to evolve as it naturally is intended to do so—including the condition that others have as much a right to experience as do you.

This is a non-judgmental condition meaning that the Law of Return will help each of you to draw-in to your experience a car accident or a million dollars or whatever is needed for your growth. In ALL cases it is you who are given

FREE WILL to choose what you will dwell upon and send forth as an energy vibration that will come back to you for your ongoing growth experience. This process includes both the initial energy which precipitates the manifestation of some event, as well as the energy you output in response to (or in reaction to) the manifested situation.

Look to those who are attracted into your experience with you. Are these ones successful, healthy, ambitious, caring, dependable and such? Are these ones chronically ill, irritable, grouchy, cold, argumentative, and such? These are ones you have attracted into your experience and are in harmony with you and who you are. Those who find you difficult to be around will not like being in the vicinity of the frequency state that you emanate and will not want to "hang-out" with you.

All you need to do to have a gauge on where you are at is to look around you to see what it is that you have and are creating. But more important is to understand how it is that you have created these conditions or situations, and how you can deliberately modify them if they are not to your liking.

It is of utmost importance for you ones to understand the TRUE "feedback" nature of your environment and how it is that YOU affect and determine the reality you experience from day to day and moment to moment.

The more you understand how this schoolroom operates, the greater will be your potential of survival and continued growth—and thus fulfillment of the fundamental desire of the soul, which is GROWTH.

Nothing will make you feel more alive or exhilarated than will the fulfillment of this fundamental desire of your soul. This is a never-ending quest for knowledge and new experience. It is not a destination, but rather, a way of life.

To withdrawal from society and the external world—from your part in the "play"—will only serve to allow the inner pressures of uneasiness and emotional discomfort to grow. True newness of experience rarely comes from watching someone else do something, say on television; it comes through direct personal experience.

As your environment continues to increase in frequency, it will become ever more important for you ones to monitor your mental and emotional state. We of the Hosts have and will continue to remind you ones of the importance of letting go of the "garbage" that you ones so fondly hold onto. This "garbage" is that which you hold onto in emotional energy space that no longer serves you very well and is, in fact, weighing you down with low-frequency reactionary oscillations.

Do you fear for another's well-being? If so, do you not see that you are attempting to

manipulate another in, perhaps, an indirect way? Instead of approaching any situation with a fear-based reaction, why not be allowing for ones to have the experiences that will garner them the greatest good, whatever that experience may be. Allow each other to your free-will choices.

You cannot live another's life for them, yet we witness many of you ones spending large amounts of time worrying about loved ones and what will happen or not happen to them—rather than living your own life. This is your choice, and we will honor your choice to do so, but we may very well suggest a more productive endeavor. This is the sort of mental and emotional "garbage" that you ones are holding onto.

You may be getting angry (a reaction?) thinking something like: "You are telling us to be uncaring about our loved ones!" No! I am NOT.

You will serve yourself and those you love much better if you can stop the FEAR-BASED WORRY and get on with setting a POSITIVE example for these ones to follow. When you dwell upon and "worry" in this manner, you are actually helping to create that which you FEAR the most. There is NO need to worry (concern brought about by FEAR) about anything—EVER!

When you can remove fear completely from the operating equation, you will then be free from that which does not serve you very well—the garbage!

Allow for the intent of this message to "sink-in" and resonate within, so that you can have true understanding of the concepts put forth herein. Look past the limitations of the words and always seek inner clarification. Call upon the Lighted Brotherhood for your Guidance and allow for the answers you desire to be shown to you.

What you seek with the heart, you WILL surely find! It is up to YOU, however, to recognize when the answers have presented themselves to you. We will not do it for you, else you would never learn and always expect another to do it for you.

Allow for your own personal connection within to Creator Source to strengthen and grow. Learn to trust your own Inner Guidance and follow your heart. Take personal responsibility for your actions, choices, and decisions. Never is the excuse: "Well, Soltec said..." going to get you anywhere. YOU are responsible for all of YOUR experiences, down to the smallest of details; whether you can see this or not does NOT change the truth of the matter.

I am Ceres Anthonious "Toniose" Soltec. I come in the Radiant Light of Creator Source—The ONE Light. May you allow His will to manifest through you, and therein may you recognize His perfect and unique purpose for creating you. There is no greater joy than fulfilling this purpose! Salu.

Soltec: Watch The Clues, Both Near And Far

6/27/99 SOLTEC

Good afternoon, my friend. It is I, Ceres Anthonious "Toniose" Soltec, come in the Radiant One Light of Creator Source—*The One* who created you and me.

There is much shifting in your plane of reality. You will find it to your greatest advantage to seek the comfort and protection of the high-frequency Light of the Divine Spark within. This is to say you will function with greater ease and comfort if you can maintain a high-frequency emotional state. Let not the distractions of life keep you from connecting within. Your chosen path is one of great challenges and opportunities. It is up to YOU to take advantage of these opportunities, for none of us of the Hosts of God will force you ever to make any choice or decision. You choose your path.

All is unfolding in complete perfection. Each choice that you make affects every being, everywhere, and your responsibilities and subsequent work loads may shift from time to time as ones choose to "come aboard" or "step aside" during these times of cleansing and rebirthing of a planet.

Allow for the choices and decisions of each other. Do not condemn another if he or she may choose a path that is different from yours. Each being's free-will choice is honored and appreciated for its uniqueness and the overall value it contributes to the whole of The Creation.

Contrast is what sparks new desire within and helps ones to clarify what it is that they truly want. It is an essential part of the "Growth Equation" in which you ones are participating and thereby fulfilling your purpose for being there in the physical.

Allow for new faces to emerge on the scene for there will be a strong attraction to you ones who are remaining. Those who cannot maintain the high-frequency "Ethical Standards" that you at *The SPECTRUM* are now insisting upon will quickly drop away and out of your experience. Those who sit upon the fence in doubt (stagnation) will likewise be left behind, for as your world and your solar system continue to ramp up in frequency, these ones will find that the difference (gap) between where they are and where they will need to be

is forever widening.

We say again to you ones: let go of the garbage and move on!

Do you feel inclined to ridicule others? Or call others childish names? Do you make false accusations in order to hide your own "dirty laundry"? Be advised that you are doing little more than showing to the world EXACTLY who you are and the level of your maturity in terms of true soul-growth and understanding.

We of the Hosts of God NEVER ridicule even our most devious adversaries. Why? They serve a great purpose of providing us with contrasting views and challenges. They are instrumental to our growth as much as they are to your growth.

Chelas (students) we simply wish to point out a basic fact: By their actions (fruits of their labors) you will know them. Look carefully at the products of any given person or group. What is the energy of the physical manifestation (by-product of actions); how does it make you feel? Does it serve to lift your spirits up or cause you to get angry and upset? The energy (frequency vibration) will give you discernible clues if you but take the time to look for yourself and see.

You ones will always have critics. These are ones who have not yet learned to appreciate the uniqueness and free-will choices of another. The root of these ones' inability to see is a combination of fear and insecurity.

Throughout your history you can plainly see that you ones tend to destroy that which you do not understand. If you could only see from our perspective, you would notice that not much has changed along these lines in the last several thousand or so years on your world. You would also see that, for the most part, it is the same ones doing the destruction now as were doing so then. But, so too would you see that others have learned to let go of their fears and insecurities, and thus have overcome the need to lash-out at those whom they do not understand.

Each must grow at their own pace and in their own way. You each choose unique paths, and though some ones will choose difficult paths for themselves (laden with low-frequency ruts), it does not mean that they are somehow "lost". No! These ones are simply stuck trying to figure out the true nature of their creative

potential and how exactly it is that this manifestation process works.

When ones truly know and understand the functioning of the creative process, they will naturally create pleasant (high emotional vibrational frequency) conditions for themselves. Anger, frustration and such will quickly pass from their experience and they will find a "lightness" that will become their natural choice. "Struggle" will be a thing of the past.

Those of you who feel you must somehow "struggle" through life, have not yet fully grasped, with true understanding, the nature of your own inner being. You are Creator manifest!

Now, the important point is that you create moreso with your heart than with your head. This is to say that the nature of the bipolar bio-electric pulse-wave universe in which you live is such that it responds to the bipolar bio-electric pulse-wave emanations that you project, and thus you draw into your experience that with which you are a frequency match.

What are these bipolar bio-electric pulse-waves? They are your emotional (heart) feelings. Yes-and-no analytical thoughts do not play a role in this creative process. This is to say that if, for instance, you feel anger, yet you say: "No, I do not want this anger!", then you are focusing on anger. As a result, the emotional vibration you are sending out is still anger, and the bipolar bio-electric pulse-wave universe will return to you more situations and experiences that match the anger. So, whether you say "yes" to anger or "no" to anger, you are still focused, in your heart, on the anger, and the universe gives you exactly what your heart is calling out for.

A wise and learned traveler will quickly learn to go within and seek only what they are truly wanting, and pay very little attention whatsoever to those things that distract them from their true heart desires.

Let us please change subjects. There is much taking place all around your world and right in your back yard. Some of you have noticed that there are serious droughts in your nation's "grain belt" areas. Do any of you see that the U.S. is now withdrawing troops from Yugoslavia and halting the unconscionable bombing runs there? (Remember that this is the birthplace of the great Nikola Tesla and home to the museum housing the most important remaining examples of many of his inventions— inventions that the so-called "elite" controllers of your planet would prefer to remove from public knowledge. How better to do that than by eliminating their existence through an "accidental" miscalculation during one or more of the aggressive NATO bombing runs?!)

Are the drought and troop withdrawal events connected? Yes, indeed! The Russians have given the U.S. an ultimatum, and the drought is merely a "warning shot fired across the bow". The U.S. is not ready to face the

starvation of the nation while they need resources abroad. [Editor's note: Since this was written, some of those same areas hit so hard with drought have had to cope with heavy rains and the associated flooding that comes from too much, too fast. Both weather extremes ruin crops.]

The United States is not the "super power" it once was. While the U.S. was playing with nuclear weapons, the Russians were developing and perfecting much more advanced weaponry, some based upon Tesla technologies, that makes the nuclear bomb all but obsolete. These very advanced technologies, such as particle beam and scalar-pulse systems, plus their new devices which can safely achieve dimensional travel (they shift into and out of physical density), make the nuclear bomb useless against the Russians. This could be likened to a culture that is preoccupied with stockpiling spears and rocks while its neighboring rival has left that behind and has developed machine guns.

There is no rival to the Russians at this point in the game. However, your Russian counterparts are taking on the role of guardian of the planet and have agreed to work with those of us from the Intergalactic Federation of Sovereign Planets. This is to say that they will help us to bring your civilization to the next level of advancement. This is a relatively slow process of systematic steps in order to achieve a balanced integration.

The Russians will do whatever is necessary to see to it that you ones do not destroy your planet before it has an opportunity to make this next transitional step. This is to say Russia will corral the more insane element of your planetary society long enough for those of you who are awakening to recognize the larger picture unfolding at this time.

Many of the "players" are not who they have represented themselves to be. Many of you who think you are beyond being shocked by strange twists and turns of events will surely be caught off guard. Oh, but such is the spontaneity of life that makes the experience of the physical density worth living.

Learn to take pleasure in all that the physical has to offer, and enjoy all of the forthcoming events, for they will be truly unique and grand. Look past the moment and see the future. The script is written and all are playing their roles well. Do not get too caught-up in the casting, for each may choose to not participate at any time along the way and some may very well be playing a role that was intended for another.

I am Ceres Anthonious "Toniose" Soltec, come with the Hosts of God to play my part in this unfolding drama of life and to assist in fulfilling His promise to you ones of Guidance and Insights for those who have the "eyes" to see and the "ears" to hear.

In the Light of Creator Source, blessings and peace to you all. Salu.

Sanat Kumara: Will You Blossom Or Burn Out?

6/27/99 SANAT KUMARA

Good afternoon, little one. It is I, Sanat Kumara, or Grandfather in the terminology of your Native American brothers and sisters.

I am representative of the Silver Ray of Creation. I come in service to THE ONE LIGHT from which all is born. I make up an integral part of the father/mother (bipolar) nature of your physical universe. It is through the bipolar interaction between the Golden-White frequency spectrum (a representative of which is the one you call Jesus, who was known as Esu Immanuel) and the Silver-White frequency spectrum that all of the physical universe is manifested and coalesced.

While manifesting into the physical, you each maintain an aspect of yourselves that is directly connected to Creator Source through the Golden-White and Silver-White Light frequencies of Creation. This is the "Spark of Life" which allows animation of your physical body and maintains the coupling between the non-physical and the physical aspects of your existence. All that you take for granted in order to experience there in the physical, down to the intricate cellular activity of your very bodies, is orchestrated from and through this much broader non-physical connection.

It is what most of you do not see (yet many sense exists) that I will address here. What is the nature of this interaction between the dense physical world and the non-seen (but often sensed) non-physical world?

It is one of complete coordination and balance. All manifested life, including suns, planets, animals, plants and such, exists solely as a byproduct of non-physical desire. This desire is perfectly focused with infinite mathematical accuracy and precision, along with perfect philosophical reason and direction. This is to say that it is quite deliberate and not the product of some sort of accident.

You each, as individuals, are also created with the same level of detail and care, so as to embody the essence of the One Source within each of you—who can be likened to fragments of the One Source, Creator God. The coupling between you, as a soul entity,

and you, as the physical human, needs to be looked at a bit more closely.

The physical apparatus is quite resilient by design. It is self-regulating and self-sustaining in and of itself. However, you ones, as highly charged emotional beings, can have quite an effect on the physical apparatus as you shift your consciousness in to and out of the lower densities. Often, you there in the physical are not consciously aware of how this directly affects the ability of the body to function in the physical.

There is great potential for the shifting of energy that will surge into and out of the body, and if this is an abrupt shift, it can greatly affect the physical vessel. Many factors can cause these large, abrupt energy shifts to occur.

Psychotropic drugs can cause such shifts and are quite prevalent in your world at this time due to so many people seeking "escape" from the challenges before them. The most notable byproduct of such drug use is that, as some ones say, the user's brain becomes "fried".

What typically occurs is that ones cause varying levels of disconnect from their Higher Self (and thus from Creator Source). This is to say that ones choose situations that cause a low-frequency response (emotional state) which causes the consciousness (non-physical you) to withdraw to a great extent.

In a state of depression, one who turns to these drugs will let go of the negative state and thus allow for more of one's high-frequency, Higher Self consciousness to flow through. This sort of artificially induced (uncontrolled) cycling takes a drastic toll on the physical apparatus, especially the nervous system.

What usually happens is that the physical tissues are in harmony with the lower frequency of the most-of-the-time "depressed" you, rather than the higher frequency of the sometimes uninhibited you. The "opening" effects of the drug chemistry cause a rapid frequency shift upward, and the result is usually muchlike throwing a cold egg on a hot skillet.

The sensation may very well be euphoric at first, but in time you will only find that it takes more and more of the chemical substance in

order for you to feel anything. This is primarily due to the fact that the nervous system interface between the physical and non-physical becomes more and more scarred.

From the non-physical side, there is often left both an observable distortion and a "cloud of debris" in the near energy field of the person with a strong drug history. The distortion is primarily due to the nerve interface being damaged and only able to flow certain frequencies of energy—instead of the full, proper bandwidth; the "cloud of debris" results from low-level (often called astral) energies attracted to and attaching themselves to ones in such a compromised condition. The non-physical will automatically work to compensate for this situation, but there cannot be optimal function unless or until the damage is repaired.

The answer will not ever be the use of more drugs. This will only serve to deteriorate the condition and result in further degradation of the physical vehicle as a whole. There are healers among you ones who can facilitate this sort of healing. However these ones are noticing similar phenomena of distortions in the energy fields of EVEN ones with no apparent drug history. And this brings us to the true, general nature of the purpose of this message.

Your environment is shifting up in frequency at an ever increasing rate. As ones continue to hold on to the lower-frequency vibrations, they are finding it increasingly more taxing to maintain such an unnatural condition. This is to say that ones are feeling an added pressure, within, that they did not have even a couple of years ago.

Moreover, ones will notice that they tend to have more erratic mood swings. This is causing ones to cycle energy in a very erratic manner that tends to cause damage to the interface points between the physical and the non-physical. Results of this "roller coaster ride" can be as minor as a chronic muscle pain or as major as serious psychoses.

The energy shifts are most erratic for those of you who tend to be highly emotional and yet you have not yet learned the value in moderating your temper. Though this was less noticeable just a couple of years ago, today there is the compounding factor of the accelerating planetary frequency upshift that is adding complexity to the situation.

In essence, as the planet goes up in frequency (and you along with it), it is easier for the consciousness of the soul-you to make

a more complete or full coupling with the physical. This is to say a larger "volume" of your consciousness can flow into the physical in a given unit of time—like more water flowing through a larger-diameter hose.

Thus, when ones allow a negative emotional reaction to occur in response to a given situation, and quickly fall into a lower-frequency state, ones are falling quite a bit further than they used to, even just a year ago. The effects of this on the physical apparatus are similar to the effects on the drug user and can be quite taxing to your health.

The key here is to recognize any sudden downward shifts in emotional frequency and learn to catch yourself so as to minimize the transient "spikes" in the energy passing through your physical apparatus. Eventually you will become experts at this and there will be very short recovery times—seconds rather than days or weeks.

Keep in mind that the energy I am referring to here is the same used in the fundamental creation of your entire physical universe. This energy is without limits and can be quite powerful.

There are safeguards built into the physical machinery, much like a fuse along a wire. If

you try to flow too much energy along a pathway that is not yet conditioned properly, the path will simply "short-out" and the energy will be dissipated on the non-physical side. This "shorted-out" area will appear as a dark spot in one's auric field.

There are many good reasons why all of this is taking place at this time. You, as a planetary species, are in a transitional cycle that allows for those of you who have been diligent students to pass into the next higher level of challenge and growth. For those of you who have been reluctant to be so diligent, you will find that your next placement will be in a very similar environment to what you are now in, so that you may have yet more opportunities to awaken to and explore the more subtle nature of your being.

For some of you there, you are present to assist your younger siblings by being examples so that they can know that there is indeed a means to cope with what is taking place at this time. For you ones, this is a most grand teaching opportunity.

Allow for the intent of this message to "sink-in". Read it with your heart and seek Inner Clarification for anything that may cause you confusion. The intent of this message is to provide insight to those of you who are seeking to understand what is taking place all around you as your world seems to be going insane.

I leave you in the Light of The One Light that is Everything.

Blessings and Salu!

Kind words can be short and easy to speak, but their echoes are truly endless.

— Mother Teresa

News Desk Special Report

The “Soy Toxin Team” Story

Editor's note: The following article is from TRUE HEALTH, newsletter of Carotec Inc., P.O. Box 9919, Naples Fl 34101; phone: 941-343-2348, Fourth Quarter '98.

FALL, 1998 TOM VALENTINE

They did not set out to become the founding members of the “Soy Toxin Team” and thereby embroil themselves in a David vs. Goliath controversy with ramifications for us all—but it happened.

The controversy is over soy, the widely touted “health” food and the number one oil bean and mash protein isolate feed for animals and humans in the entire world—a gigantic international industry.

Dick and Valerie James are two intelligent and welleducated New Zealanders who have lived and worked all over the world, including London, South Africa and San Francisco where Dick, already a lawyer, earned an MBA and Valerie taught school. They were a success story. Dick was an executive with Bechtel Corporation and they dabbled in Bay Area real estate where they earned a sizable “nest egg”. They also had a special interest in common—both of them were intrigued with an idea for raising native New Zealand birds. So when the opportunity arose following the booming 1980s, they moved to Whangarei Heads on a peninsula in northern New Zealand to raise parrots, parakeets and finches.

They were relishing their new life and the beauty of their waterfront home in this enchanting, isolated locale that is great for whale watching as well as for raising very special birds. Then, as the decade of the 1990's opened, fate dealt them a strange hand. Dick and Valerie had more than 600 breeding birds of 40 different varieties and all was wonderful. However, in 1992 they changed the feed regimen for their birds. Instead of seeds and berries, the couple changed to a commercial meal—a powdered mix blended especially for hand-rearing chicks that contained about 20% soy protein.

For the first six months the exotic birds appeared to be thriving on the new, high protein feed. Their plumage was good and they produced offspring successfully during the first breeding season.

Then disaster struck. Silently, relentlessly something turned against the health of the birds and over the ensuing 12 months they lost 542 chicks and 289 adult birds. Many of the birds hemorrhaged violently before death. Some simply, and pitifully wasted away. Those that

survived sustained deformities and produced 1272 infertile eggs! Others “matured” far too early by developing adult plumage and sexual behavior long before the normal time frame.

“I felt like the wrath of God had come down on us,” Valerie told a New Zealand journalist when this controversial and important story first broke in 1995.

As their emotions churned, they determined to find out what went wrong. They stored the bodies of their dead birds in their freezer, and have some of them on hand to this day. They are not cooks, nor are they scientists, but they knew that autopsies might be needed if they were to ever determine the cause of death.

Early in their investigation the soy protein in the commercial feed offered a possible explanation. Was it contaminated? Or, was it the nature of soy itself? Valerie's brother-in-law, Dr. David Woodhams is a food scientist and he became a part of the team early on. The contamination factor was soon discarded leaving soy protein toxins alone as the prime suspects.

A key to unlocking the mystery, and at the same time broadening the controversy to include soy infant formula, came when their daughter Tania, age 22 at the time, drove up from Auckland in her new car during the research into the disaster. Since she had to wait for her parents to get ready, Tania asked for something to read. There wasn't much available except the bird files. So, Tania perused the tales of what happened to the birds.

Valerie told *True Health*: “She was reading along and I noticed her turn white. When she looked up, she said ‘this is all about me!’”

As a younger girl Tania suffered from a wide array of difficulties, including eczema and allergies-including an allergy to soy. Her brother, only a year older, was hyperactive to the point of attention deficit syndrome, which wasn't in vogue at the time. It was Tania who put the two-and-two of the soy feed and her own infant soy formula feedings together and inadvertently helped to launch the Soy Toxin Team.

Valerie recalled the difficulties of rearing her children and how her pediatrician had said that soy formula was better than breast-feeding.

“I guess he believed that about soy, because that is what the brochure he had been given said,” Valerie reported. It really isn't unusual. However, today all the medical journals urge physicians to encourage breast-feeding and prescribe various formulae only as a last resort.

The connection to soy infant formula soon began to make sense as the distraught couple expanded their research. At first they didn't

realize the size, scope, power and attitude of the enemy they would be accusing. Like almost every aspect of the commercial soybean, the use of soy protein isolate in infant formula is a huge international business that does not take kindly to claims, scientific or otherwise, that soy is anything but “the world's best source of protein.”

In two years the couple spent more than \$350,000 attempting to document what killed their birds. Scientists were brought in to study the issue and today they and numerous others are convinced that the “phytoestrogen (hormone mimicking/endocrine disrupting) chemicals” in the soy protein was responsible for the bird disaster and is good reason for conducting careful, long-term studies of the use of soy in infant formula.

Today, because of the bird disaster at Whangarei Heads, a warning has gone out that the major addition of soybean foods to our Western Diet following WWII may be putting general health at risk.

One New Zealand journalist put it this way: “There is even talk that those frozen chick bodies could impact on the world economy.”

And therein lies the David v. Goliath aspect of this media story. On one side there are Dick and Valerie, merely two determined people; plus the scientists they have gathered together in New Zealand, who work and reside in this small, albeit highly advanced, country.

On the other side is one of the most successful and powerful, international agribusiness combines in man's history. The soybean rose from relative Asian obscurity to become the greatest agriculture phenomenon in man's history in the few decades since the end of WWII.

When the New Zealand researchers concluded that soy was, indeed, the culprit in the bird disaster and by extrapolation soy infant formula was a bad idea, they confronted the New Zealand government.

Bird deaths may have been one thing, but human infant soy formula was quite another. Health Ministry director Martin Edwards adopted a very cautious stance. “Up-to-speed regulatory bodies in other countries don't see the need to withdraw soy infant formula, and our ministry still has confidence in the product. This is a very technical issue and damned hard to sell in a balanced way.”

Edwards spoke of a potential for “scary misinformation causing a panic.” A Health Ministry document forced into the open in 1995 said that “the James report (named after Dick and Valerie) has great potential to cause mischief, particularly in the media...the issues are highly emotive...soybean is big business, particularly in the US, and it is a tradable item on the international commodity markets.”

That was a few years ago, and we are just now getting the whole story here in the United States, albeit not in the major media.

The story has been building like molten lava beneath a volcano these past three years. The truth, whatever it turns out to be, will out. *True*

Health brings it up to date. Soy is on trial, and it should be, but the vast majority of Americans don't know a thing about it.

The first round of scientific study financed by Dick and Valerie brought forth an indictment of soy protein isolate and the estrogen mimics it harbors, a finding that flies in the face of the soy industry efforts to convert the soy isoflavones genistein and daidzein (both estrogen mimics) into a special "health food for fighting cancer". The positive research has been premature, to say the least, but the propaganda mills began beating the soy-estrogen health drums years ago. After all, the industry has hundreds of millions of tons of oil-squeezed soy mash to sell. Anything frightening or threatening the market brings out the defense teams.

Dick and Valerie gave birth to the "Soy Toxin Team" and the initial skirmishes Down Under soon turned into an international war of science versus agenda-driven science.

The original skirmishes started after autopsies on the dead birds were carried out at Massey University and suggested the deaths were caused by a severe compromising of the birds' immune systems. Animal studies suggest that the phytoestrogens in soy could have been a causative factor.

The US FDA got into the dead bird act in 1995. The bird bodies on ice were of particular interest to scientists at the National Center for Toxicological Research who were keenly interested in the "premature maturation" of the afflicted parrots. Remember, the particular chemicals in the soy protein isolate that are at the crux of this issue are also called "endocrine disrupters," which gives these substances enormous potential to affect a wide array of biological functions and structures, more often for ill than for good.

Meanwhile, back in New Zealand, to add fuel to the allegations against soy, other bird breeders using the same feed sustained similar losses.

Janice Edge, another birdkeeper, had a similar experience with the same soy feed and reported her losses to a field officer with the New Zealand Department of Conservation. However, the officer passed the complaint along to the importer of the soy feed rather than look into the matter.

To indicate how seriously the soy industry views this challenge, Mrs. Edge was put on notice that she might be sued for defaming the soy feed product. In turn, Mrs. Edge complained to the Director General of the agency that what she assumed to be confidential information had been turned over to the subject of her complaint.

Typically the bureaucrats could do nothing and responded: "One can only hope that the claim against you does not proceed."

Needless to say, the litigation Down Under is hot and heavy. Though nothing has yet been resolved, discovery has brought forth other interesting tidbits of soy feed information.

For example, the kakapo, a large parrot, is an endangered species. New Zealand has a kakapo recovery program and it was learned that the same

soy feed was being used in the effort to save this bird. A chief field officer for the DOC was quoted: "The status of the kakapo remains critical. No breeding is known to have occurred in the 1993-94 season and two birds are known to have died in the past 12 months."

The Soy Toxin Team points to that as another likely link to the soy feed that started it all.

Dick contacted a rabbit breeder who had experienced similar deaths, loosing about 4,000 rabbits. The farmer, who had fed his animals another soy product, had the deaths investigated and researchers said it appeared to be due to a "toxin" in the soy feed. A second rabbit breeder also lost a large number of animals and it turned out she used the same feed.

Dick and Valerie hired a young PhD researcher, Mike Fitzpatrick of Auckland to investigate soybeans. Fitzpatrick knew virtually nothing about soybeans, but he was energetic and intelligent. He first read everything he could find in the literature about soy. In a nutshell he learned that soy protein isoflavones have a history of damage in animal studies.

Valerie's food scientist's brother-in-law, Dr. Woodhams had earlier pointed out that soy contains a high amount of "phytoestrogens" which are protein compounds that mimic the hormone. Fitzpatrick uncovered a number of studies showing the adverse effects of the high concentrations of phytoestrogens in soy protein animal feed. The studies involved pigs, sheep, cheetahs and rats in laboratory settings, but not humans.

There are no studies on humans showing the same adverse effects. However, a 1993 report titled: *The Biological Effects of Plant Estrogens in Premenopausal Women* found that 60 grams of soy protein fed daily to six premenopausal women over a single menstruation cycle resulted in "significant biological effects". The 1993 study concluded that the "plant estrogens in soy *interfered with the menstrual cycle length* and a reduction in plasma cholesterol levels". (emphasis ours)

The authors did not conclude that it was harmful to the health of the women.

However, a 1994 study in the *American Journal of Epidemiology* noted that "menstrual cycle characteristics may reflect underlying endocrine (hormonal) patterns that influence the risk of breast cancer." This study found that women who had cycles of extreme length between the ages of 25 and 29 had a nearly twofold increase in breast cancer. Women with shorter than normal cycles also experienced greater risk than those women with the normal length cycles.

This, of course, proves nothing except that hormones and hormone mimics can have very potent effects and breast cancer can be related to hormonal activity.

Fitzpatrick found a paper that noted: "Potential risks or benefits of phytoestrogens depend not only on dose and potency, but also on duration and pattern of exposure. Further risk assessment must be considered relative to the development phase or life stage of the individual at the time

of exposure."

Thus, we can see that the variables may be staggering in number when we deal with hormone biochemistry.

Now we have left the realm of animal study and are talking about human infants and adults. Humans and animals do not always react in the same way to the variety of and different concentrations of phytoestrogens in soy. Evidently they can be both harmful and beneficial—like most drugs, but utterly unlike most staple foods.

Soy has become a staple. Does it belong as such? That's what this war is all about. Should a major staple of human diet contain such concentrations of hormone mimicking chemicals?

Incidentally, soyfood is not GRAS (generally regarded as safe) and therefore it is not immune to FDA restrictions—which probably comes as a surprise to everyone, especially those in the tofu section of the healthfood store. Just last April, Archer Daniels Midland applied for GRAS status for the soy isoflavones. It has not yet been granted. The Fitzpatrick report also featured in this issue of *True Health* is the Soy Toxin Team's rebuttal to the ADM application.

Back in 1979 soy protein isolates failed an evaluation of health aspects conducted by the Federation of American Societies for Experimental Biology (FASEB), and, according to Fitzpatrick, they should fail the same evaluation again.

The "James Report" authored by Fitzpatrick was a detailed review of the literature on soybean toxicity, and brought immediate rebuttal from soy industry spokespersons. The largest importer of soy to New Zealand said the report was "out of context" and if one searched they could find toxins in carrots or green potatoes.

It's true that Fitzpatrick concentrated on the toxins. After all, the industry has ignored the toxins and hyped the alleged benefits. All's fair in and he started in love and war, and this is war. The issue passed from a bird feed squabble to a serious assault on infant formula with mothers and soy executives taking note.

Dick and Valerie sent copies of their report to a number of food manufacturers including Sanitarium, Nestles and Reckitt and Coleman.

"The people from Sanitarium listened and were rational," Fitzpatrick reported, "but the people from Reckitt and Coleman were very negative.

"Nestles was quite interesting. They said, 'we want you to go to Switzerland to talk to our people'."

The giant Swiss food company flew Fitzpatrick and his wife to Geneva and their world-famous nutrition laboratory. At the airport, Fitzpatrick recalled, he picked up a book on the history of the company. Toward the end of the book he saw information about soy and how the company planned to feed the world with it. He wondered whether Nestles' financial stake in the product would influence how they received his information. He soon found out.

“They really looked after us,” he recalled, “they put us up in a beautiful hotel overlooking Lake Geneva. But, the next morning I went to their offices and the first thing that happened was they sat me down in a little room and in walked the vice-president of the company and he started in on me.”

Fitzpatrick reported that the Nestles scientists would not listen to him and his report was dismissed out of hand.

A New Zealand journalist pointed out that Nestles is one of five companies singled out by a coalition of breast feeding proponent groups for ignoring guidelines about marketing infant formula. The “international marketing code” calls for marketing companies to promote breast-feeding as the “optimal” method before hawking their infant formula.

The Infant Food Manufacturers Association, based in Paris, didn’t argue the issue, they simply said it was a matter best left to the sovereign nations of company origin.

Meanwhile, the industry’s campaign slogan became: “Dick James is not a scientist, what does he know?”

That form of obfuscation—to denigrate the messengers rather than confront the issue head on—has long been a standard tactic.

It was this very same tactic—calling Tom Valentine a sports writer who thinks he’s a doctor, rather than addressing the substance of what I wrote—that originally brought me into this health-alternatives arena back in 1966.

Despite his lay status, Dick was invited to address the National Center for Toxicology in Little Rock, Arkansas, but he suggested Fitzpatrick take his place. In the end, Dick and Valerie paid the travel expenses for Fitzpatrick and Lincoln University Professor Clifford Irvine, a respected hormone specialist, to attend the USA meeting.

Dr. Irvine read Fitzpatrick’s report and realized the potentially serious problem for human infants getting high doses of soy isoflavones. He requested and obtained a grant of \$40,000 from the New Zealand Health Research Council to study the matter. That was just enough money to set the study parameters up, but not enough to conduct it. The nature of the study had its own built-in drawbacks as well.

“We’ve got a normal group of 30 babies on a dairybased formula, but we’ve had trouble getting a test group because we have to define a risk, otherwise we wouldn’t do the experiment. When I say there is this evidence of a risk, mother’s immediately say, “well, I’m not going to take that risk.” So, instead of having 30 babies on soy, we’ve got only 4.”

The soy industry got wind of the visit to the US Toxicological Center conference by the two New Zealand scientists.

Before departing, Fitzpatrick was threatened by his employer, so he promised not to say anything about the soy controversy. Instead he decided to let Irvine do the talking. However, miffed at the

threat to his job, he quit out of principle upon his return and became a professor of Chemistry at the University of Auckland.

Later, pressures to keep him quiet about soy were applied at the University, so Fitzpatrick is now happily employed with an environmental consulting company where the long arm of soy industry power cannot reach.

In Little Rock, two men from the soy industry approached Dr. Irvine before his talk and warned him that they knew what he was going to say, and if he went through with it, they would see that he was made a laughing stock.

What was this threatening topic Dr. Irvine delivered nonetheless?

“That a serious attempt should be made to see whether or not feeding infant soy formula at the recommended dose levels is harmful to infants,” he said.

At the same time back in New Zealand, Dick James continued trying to call attention to the report by Fitzpatrick. One person within the industry, Rob Shaw, a technical manager of a food company called Healtheries, with a modest interest in soy, saw to the hiring of an independent scientist. Dr. Iain Robertson a zoologist with a specialty in anti-cancer compounds at the University of Auckland was hired to do an independent assessment of the Fitzpatrick report.

A New Zealand magazine writer put it this way: “If Mike Fitzpatrick’s report was a fuse, Iain Robertson’s review was the bomb.”

Dr. Robertson was impressed with the review of the research, but more importantly, he was drawn like a bee to its hive by the chemical analysis of soy infant formula. He was not, and has never considered himself an active member of the Soy Toxin Team, but this scientist recommended that Healtheries, the company that hired him, disband the use of soy flour in infant formula and that soybean products generally be labeled “appropriate for consumption only after heat treatment.”

When this word rang out, the Health Ministry felt heat from some Members of Parliament. After “investigating the claims to see if they can be substantiated,” the Health Ministry minions determined that “at this stage there is not the evidence to warrant the action of directing the recall of soya-based infant formula from sale in this country.”

After all was said and done, how could anyone say there was “no evidence”?

Dr. Irvine offered a rationale:

“You can split that question into two. Is there any evidence that the feeding of soy infant formula is harmful? The answer is no. On the other hand, there’s no reason to believe that it isn’t harmful either.”

Herein lies the dilemma. Should unproved fears of “risk” cause serious financial damage to individuals and companies dealing in soy? For example, in New Zealand when the newspapers headlined: “Ministry Queries Soy Formula Risk”

following the efforts of the Soy Toxin Team to get serious consideration of their complaints, the industry was hit hard.

Mothers of infants saw only the word “risk” and asked: “What risk?” It didn’t matter what stage the science was in, the market share for soy infant formula fell by half following that news story.

The woman who owned the small feed company that supplied the disastrous mash to Dick and Valerie was forced to close and has sued for defamation of product.

Who, or what is at fault for all this pain and controversy?

Obviously it is not one single thing.

Those who grow, produce, crush and sell soy products cannot be blamed for believing they’ve found the best thing since the proverbial sliced bread. How are they to know that the industry giants and government watchdogs have fudged the negatives in the food science to take full advantage of the positives? It is somewhat reminiscent of the cigarette industry scandal where the moguls denied the adverse data to protect “market share”.

After all, neither cigarettes nor soy will “kill us quickly”.

Unlike cigarettes, however, the evidence against soy is neither as obvious nor as apparent. But evidence certainly exists that soy contains anti-nutrients that can be harmful to human health in a number of ways, it’s just that the evidence has been sort of hidden away in hallowed halls of ivy, and it’s worse than pulling teeth to try getting it out.

The intelligent thing for an individual to do is avoid soy that is not fermented and encourage long-term scientific studies, which may lead to invaluable health and nutrition information that we have not yet begun to even consider.

The true nature of hormones and hormone-mimicking biochemicals found naturally, or unnaturally in food and in the environment is in a scientific infancy. Soy is not so vital a part of human nutrition that we can’t go on without it, so it’s wise to err on the side of caution—even if it puts a little dent in the world’s biggest single agricultural endeavor.

THE CASE AGAINST ALLOWING SOY ISOFLAVONES GRAS STATUS

(The following information was presented to the FDA by Dr Mike Fitzpatrick of New Zealand in an effort to prevent the agency from including soy isoflavones on the Generally Regarded As Safe (GRAS) list of ingredients in foods, food additives, and medicines.)

PART I

The Archer Daniels Midland company (ADM) has provided the Food and Drug Administration (FDA) with notice that it has determined the substance soy isoflavone to be GRAS. This notice was made in accordance with the FDA

proposed rule and in support, ADM has provided a document entitled “An information document reviewing the safety of soy isoflavones used in specific dietary applications.”

In my opinion, soy isoflavone, or more correctly, the soy isoflavones, should not be granted GRAS status. In fact, given the current state of knowledge in the body of scientific literature, it would make more sense, in terms of risk assessment, to prohibit the addition of soy isoflavones to foods. Further, manufacturers should act to minimize the exposure of the human and animal populations to these compounds that appear to occur in all foods that contain soy protein. This opinion is based on my understanding of the scientific literature on soy isoflavones and some experience as a researcher in this field.

I have read the ADM supporting document and have found that, as a scientific document, it is seriously lacking. Firstly, the document contains several important factual errors. Some of these errors are so blatant that it caused me to reflect on ADM’s moral and legal obligation to present an accurate case to the FDA. Secondly, I noted that the references cited in the ADM document frequently misrepresented, and sometimes bore no relation to the conclusions made by the authors cited. Thirdly, the ADM document does not present the full body of current scientific evidence regarding soy isoflavones. Several notable omissions exist in relation to the potential for soy isoflavones to cause breast cancer and thyroid disease. Finally, many of the conclusions reached in the ADM document are not based on factual evidence and logic, but rather on assumption and belief. As such the ADM document does not represent good science. These scientific deficiencies in the ADM document, and counter arguments are detailed in the second section of this report.

In order to prove GRAS status of soy isoflavones it is critical for ADM to demonstrate that soy isoflavones have enjoyed a long and safe history of use. Hence, ADM claims that “these isoflavone components...have been consumed by millions of humans for over two thousand years...” However, this claim is not based on fact and neither is there any evidence provided to substantiate the claim.

The claim that isoflavones have been consumed for thousands of years has become quite common in isoflavone scientific literature, however, it is no more than an assumption and appears based on the general perception that historical soybean consumption was widespread in Asia.

Although soybean products have been consumed in some parts of Asia for many hundreds of years (1), they did not form a significant part of the diet (2). Also, the traditional soybean was quite different from the soybean as we know it today. *Glycine soya*, the wild soybean, is found in northern, northeastern and central China, adjacent areas of the former USSR, Korea, Taiwan and Japan. *Glycine soya* is the

species of soybean that was consumed traditionally, and is the ancestor of the modern, cultivar, *Glycine max* (3).

The isoflavone content of *Glycine max* was first reported about 60 years ago (4) but it is impossible to know with certainty whether *Glycine soya* contained isoflavones. It is well established that *Glycine max* is, compositionally, quite different from *Glycine soya*. For example, *Glycine max* contains about 21% oil compared with 9.8% oil in *Glycine soya*, and *Glycine max* also contains more protein (3). This is quite expected because *Glycine max* has been cultivated to have maximized economic potential.

(More than merely “cultivated” or hybridized, the soybean plant in fields around the world today has been subjected to irradiation-mutation experiments going back to 1952 and genetic manipulations in recent decades—editors.)

It has also been shown that plants such as *Glycine max* produce phytoestrogens such as the soy isoflavones as a defense mechanism in response to pests (5). Increased disease resistance has been a consistent goal of soybean growers and it is quite conceivable that this goal has served to increase the levels of isoflavones and other naturally occurring toxins in *Glycine max*.

It is also well established that different cultivars of *Glycine max* can contain widely variable levels of isoflavones (6). If this is so, then it is not implausible that the traditional Asian soybean, *Glycine soya*, contained quite low levels of isoflavones, or perhaps none at all.

Therefore, a counter argument to the ADM claim of long and safe use could be that isoflavones have entered the human food chain only in relatively recent times. It has been the cultivation of *Glycine max* coupled with mass production technology and incorporation of soy protein into numerous foods that has resulted in these compounds being almost unavoidable in the human diet. This mass exposure has only occurred in the last 30 years and it is still undetermined whether isoflavones are safe.

In summary, ADM cannot show a, long and safe history of use because there is no evidence to substantiate their claim that “isoflavones have been consumed by millions of humans for over two thousand years”.

The issue of the safety of soy products in relation to isoflavone toxicity and risk/benefit considerations has been the subject of a recently published paper (7) by a senior scientist at the FDA National Center for Toxicological Research, Dr. Daniel Sheehan. Sheehan is “unconvinced that the long history of apparent safe use of soy products can provide confidence that they are indeed without risk.”

Even if ADM’s claims in relation to soy isoflavones that: “no toxic effects at normal dietary levels” were correct, which they are not, this does not provide evidence that soy products are safe. This is because the potential harmful effects of soy isoflavones have never been thoroughly investigated.

PART II

Soy formula, which contains phytoestrogens genistein and daidzein—also called isoflavones, is given to approximately 25% of those US children fed infant formula. It is estimated that an infant fed exclusively soy formula receives the estrogenic equivalent of at least five birth-control pills per day [emphasis mine]. By contrast, almost no phytoestrogens have been detected in dairy-based infant formula or in human milk, even when the mother consumes soy products. A recent study found that babies fed soy-based formula had 13,000 to 22,000 times more isoflavones in their blood than babies fed milk-based formula [emphasis mine]. Scientists have known for years that isoflavones in soy products can depress thyroid function, causing autoimmune thyroid disease and even cancer of the thyroid. But, what are the effects of soy product on the hormonal development of the infant, both male and female?

Male infants undergo a “testosterone surge” during the first few months of life when testosterone levels may be as high as those of an adult male. During this period, the infant is programmed to express male characteristics after puberty, not only in the development of his sexual organs and other masculine physical traits, but also in setting patterns in the brain characteristic of male behavior. In monkeys, deficiency of male hormones impairs the development of spatial perception—normally more acute in men than in women—of learning ability and of visual discrimination tasks—such as would be required for reading. It goes without saying that future patterns of sexual orientation may also be influenced by the early hormonal environment.

Pediatricians are noticing greater numbers of boys whose physical maturation is delayed, or does not occur at all, including lack of development of the sexual organs. Learning disabilities, especially in male children, have reached epidemic proportions. Soy infant feeding—which floods the bloodstream with female hormones that could inhibit the effects of male hormones—cannot be ignored as a possible cause for these tragic developments.

As for girls, an alarming number are entering puberty much earlier than normal, according to a recent study reported in the journal *Pediatrics*. Investigators found that one percent of all girls now show signs of puberty, such as breast development or pubic hair, before the age of three; by age eight 14.7 percent of White girls and a whopping 48.3 percent of African-American girls had one or both of these characteristics. New data indicate that environmental estrogens such as PCBs and DDE (a breakdown product of DDT) may cause early sexual development in girls. It is not unreasonable to conclude that huge amounts of female hormones from infant formula could have similar effects. The consequences are tragic. Young girls with mature bodies must cope with feelings and urges that

most children are not well-equipped to handle. And early maturation in girls is frequently a harbinger for problems with the reproductive system later in life, including failure to menstruate, infertility and breast cancer.

Other problems that have been anecdotally associated with children of both sexes who were fed soy-based formula include extreme emotional behavior, asthma, immune system problems, pituitary insufficiency, thyroid disorders and irritable bowel syndrome. Obviously, a well designed study is urgently needed.

There have been several studies that attempt to define the acute toxicity of soy isoflavones in various experimental animals and are cited in the ADM document. However, the prime concern in relation to estrogenic compounds such as the soy isoflavones is the potential for chronic endocrine system and reproductive toxicity and alterations to the immune system (8) (9). As such, the harmful effects of soy isoflavones would not have been obvious if they did exist. A compelling example is the estrogenic drug, diethylstilbestrol (DES). Treatment with DES continued for over 20 years before physicians fortuitously made the association between its use and the incidence of a rare type of malignancy in DES daughters (10).

(Editor's note: In a recent issue of the journal Carcinogenesis [1998: 19: 1655-631 the infamous prenatal exposure to DES has now been associated with an increased incidence of reproductive cancers in animals and people.

The latest study in mice indicates that this apparent hormonal carry-over from generation to generation has been transmitted to "granddaughters" as well as daughters—TV)

In the case of soy isoflavones, however, the fact that estrogenic compounds are present in soy foods has not been general knowledge to health professionals until quite recently. Therefore, any link between effect and cause is unlikely to have been made. Until more extensive epidemiological studies are undertaken with clearly identified endpoints, such as breast cancer, thyroid disease or immune system dysfunction, it must be concluded that there is no certainty that "soy isoflavones are safe at all.

ADM argues that "these isoflavone components...have been consumed by millions of humans for over two thousand years with no recorded adverse effects." Furthermore, ADM claims that "published epidemiology and feeding studies in both animals and humans indicate no toxic effects at normal dietary levels," and that "soy isoflavones, as part of a soybean based diet, are not associated with reports of adverse health effects."

It is difficult to reconcile these statements with published scientific literature which is replete with reports of adverse effects and toxicity of dietary levels of isoflavones to animals that first raised the awareness of the scientific community to the fact that soy isoflavones were endocrine disrupters (11.)

Reproductive effects, infertility, thyroid disease or liver disease due to dietary intake of isoflavones had been observed for several animals including

cheetah (12), quail (13) mice (14), rats (15), sturgeon (16) and sheep (17).

With regard to sheep toxicity, ADM claims that the "adverse effects were attributed to feeding on subterranean clover and are associated with coumestrol and the isoflavone formononetin." This is another example of misinformation in the ADM document. In fact, it is generally accepted that sheep metabolize formononetin to the soy isoflavone daidzein. Daidzein is, in turn, metabolized to equol, which is believed to be responsible for the type of infertility referred to as "clover disease" (18). There can be no doubt that if sheep were fed a diet supplemented with soy isoflavones they would, depending on dose and duration, develop clover disease.

In another study, it has also been reported that 9 out of 20 young calves died when fed a soybean milk replacer (19). The authors implicated "phenolic compounds" as the reason for increased prostaglandin synthesis, gastrointestinal disorders, tachycardia, bronchoconstriction and death. Soy isoflavones have the potential to interfere with normal prostaglandin synthesis, and are, therefore, a likely explanation for this toxicity in calves. It should be noted that in a control group of calves fed an ethanol extracted soybean milk replacer, only four out of 20 deaths occurred. Ethanol extraction reduced the amount of phenolics, which would have included isoflavones in the soybean milk replacer from 2.18% to 1.00%.

ADM claims that "infertility effects are not general to all animals" citing work by Lundh (20). However, this author does not even investigate inter-species differences in reproductive toxicity due to isoflavones. Rather, his work shows how different species metabolize isoflavones differently. Although not all animals become infertile after consuming soy isoflavones at normal dietary levels for restricted periods, feeding at such levels does result in profound endocrine effects in **ALL** animal species studied to date. (emphasis in original)

ADM also claimed that "soy isoflavones have been widely consumed and are recognized to be non-toxic" citing Petrakis et al. (21) and Setchell (22). In fact, nowhere in either of these papers do the authors state that soy isoflavones are recognized as non-toxic.

Petrakis et al. found that consumption of soy protein has a stimulatory effect on the premenopausal breast. Although Setchell et al. state that "there is no evidence to suggest that ingestion of isoflavones...has adverse effects in human beings." They acknowledge: "the potential effect that these bioactive compounds may produce...is unknown".

It is incorrect to state that there is no evidence of harmful effects of soy isoflavones on humans. In fact, there is mounting evidence that dietary levels of soy isoflavones cause thyroid disease and may increase the risk of breast cancer.

Goiter and hypothyroidism were reported in infants fed soybean diets until the early 1960s (23). In fact, recent reports indicate that thyroid disorders may be attributable to feeding soy-based

infant formula (24) (25). Further, a study on 37 adults showed that diffuse goiter and hypothyroidism appeared in half the subjects after consuming 30 grams per day of pickled, roasted soybeans for three months (26). These findings are consistent with the recently proposed mechanism by which soy isoflavones affect thyroid hormone synthesis. (27).

It is concluded that soy isoflavones can be the cause of thyroid disorders in soy consumers, hence there is every indication that causes of goiter and hypothyroidism in infants were caused by the soy isoflavones. Unless diets that include soy isoflavones are adequately supplemented with iodine, goiter will result. In this regard, Kay, et al. discuss the minimum safety iodine requirement for a soybean diet (28).

However, even if iodine supplementation does occur, under conditions of high chronic doses of isoflavones persistent inhibition of thyroid hormone synthesis could potentially lead to thyroid cancer (27).

With regard to breast cancer, Dees, et al., have shown that dietary concentrations of genistein may stimulate breast cells to enter the cell cycle; this finding led these authors to conclude that women should not consume soy products to prevent breast cancer (29). This work is consistent with an earlier report by Petrakis, et al., who expressed concern that women fed soy protein isolate have an increased incidence of epithelial hyperplasia (21).

There is no doubt that soy isoflavones are biologically active in humans. The first report of a definitive experiment which showed this involved the consumption of 60 grams of soy protein per day for one month by pre-menopausal women (30). The soy isoflavones disrupted the menstrual cycle during, and for up to three months after, administration. With regard to this study, the ADM document claims "no adverse effects were noted", but the authors of the original paper did not state this.

It is appreciated that there are varying opinions in the scientific community as to what constitutes toxicity. In recent times, however, there has evolved a greater understanding of endocrine disrupters and their effects. Many now view the multiplicity of effects that endocrine disrupters can induce as toxic effects (8).

The inclusion of endocrine disrupters in human diet should not be taken lightly. With specific reference to soybased infant formula, the high soy isoflavone intake of this population group has led Dr. Sheehan to note that infants fed soy-based formula have been placed at risk in a "large, uncontrolled and basically unmonitored human infant experiment" (31). If soy isoflavones are granted GRAS status, this experiment would spread to a greater population and millions would be exposed to compounds which are increasingly being shown to have adverse effects.

Also, the synergistic effects that soy isoflavones may induce when combined with other xenoestrogens that the human population is exposed are beyond the scope of this document.

However, there is a general thesis that because of the potential for synergistic effects, human exposure to all endocrine disrupters, such as the soy isoflavones, requires urgent reduction (8).

In recent times there have been numerous claims that isoflavones prevent hormonelated diseases such as breast cancer. Under some conditions genistein has been found to inhibit breast cancer cell growth (32). However, there is no consensus among scientists that isoflavone ingestion reduces breast cancer risk.

Recently, the UK government published a definitive review assessing the effects of phytoestrogens in the human diet (33). This study found that there was almost no evidence linking health benefits from food containing isoflavones to the isoflavones themselves. Similarly, in their review of phytoestrogens and western diseases, Adlercruetz and Mazur assert that any benefits from soy products are not due to isoflavones specifically. They conclude that the combination of a high phytoestrogen intake with a western diet may not be beneficial (34).

ADM states that “epidemiological studies between Western and Far Eastern populations suggest that components of soybeans may contribute to important health effects.” However, an epidemiological study in China has shown that high soy intake is not protective against breast cancer (35).

Based on evidence to date, it is concluded that there is little evidence for the beneficial effects of soy isoflavones. Indeed, authorities in the field do not support the ADM thesis that soy isoflavones “provide positive health maintenance benefits”.

In conclusion, the recognition by ADM that soy isoflavones are GRAS is seriously flawed. The supporting document contains factual errors, misrepresents cited authors and does not present the full body of current scientific evidence. The conclusions reached in the ADM document are not based on fact. There is no evidence of a long and safe history of use, or that these isoflavone units have been consumed by humans for over two thousands years. Nor is it correct to say that “published epidemiology and feeding studies in both animals and humans indicate no toxic effects at normal dietary levels” or that “soy isoflavones, as part of a soybean-based diet are not associated with reports of adverse health effects”.

Additionally, benefits of dietary intake soy isoflavones have not been proven. To the consumer, dietary soy isoflavones represent a clear risk, whereas the benefits are highly questionable. Rather than accept the soy isoflavones are GRAS, it is my opinion that regulatory agencies such as the FDA should give full attention to consumer protection and deny GRAS status to soy isoflavones.

(Editor's note: the GRAS status has not been granted and the petition appears to be on hold. Additionally, for the sake of saving space in this issue, the references for the footnote numbers given in the text are available to serious researchers and subscribers who may simply request them. — T.V.)

Soltec: Turning Clues Into Wisdom Through Insight

7/3/99 SOLTEC

Ah, thank you for sitting with me at this time. I am Toniose Soltec, and I come in service unto Holy God of Light, Creator of all that is. I serve in the Pure Radiance of that Light. My position, if you will, is that of Commander of Geophysics for this Earth Transition Mission; however (and moreover) I am a servant unto the One Light of Creation—Aton—Holy God of Light, for to serve is the greatest of the endeavors in the entire Omniverse of universes.

Be that as it may, firstly I would like to discuss briefly some recent Earth-shakings on your planet. There have been, just in the last day, several significant earthquakes in the Pacific Northwest region of North America. Moreover, both quakes occurred within two hours of each other. The first quake, officially a M5.7, was off the coast of Vancouver Island at 4:45 P.M. local (Pacific) time on 7/2/99; the second quake was officially called a M5.1 shaker and its epicenter was 64 miles southwest of Seattle, Washington at 6:44 P.M.

For those of you who have followed my writings over almost the past decade about the tectonic volatility of the Pacific Northwest region, these nearby quakes should come as no surprise, but rather should act as clues to the increasing stresses building on the Juan de Fuca tectonic plate, as well as upon that most important series of “dormant” volcanic avenues along the Cascade Mountain Range, including Mt. Rainier and infamous Mt. St. Helens.

Though your pseudo-scientists have called these quakes to be in the M5.1 to M5.7 range, I can tell you that these numbers are false. The forces which struck that region were more in the M6.1 to M6.3 range, and this is evidenced by the types of structural damage which occurred, and by the fact that these quakes were felt hundreds of miles from their epicenters.

For preservation of their paychecks, your so-called scientists (geologists, that is) have developed a “politically correct” way of calculating your earthquake magnitudes by doing a selective averaging of seismographic measurements from several areas and tossing out any data considered “erroneous” (especially that which may be too informative and thus potentially alarming to you-the-public). Of course this provides a perfectly “legal” mechanism for the kind of under-measurements that Dr. Young describes as “the K-Mart (discount) scale of

creative earthquake reporting” and thereby allows those ones in control to keep you-the-people in the dark about the severity of the activity going on around the globe.

Do they admit to this? Well, that depends upon how you judge truth. They do not detail it, but do admit to using certain averaging techniques. I mention this just as a reminder to you ones that partial truth is not necessarily Truth, for is it not possible to lie by the omission of certain information?

Though these earthquakes were not catastrophic, they are nevertheless important to the overall picture of that which is taking place upon your planet right now, and are the harbingers of much more seismic and volcanic activity in various areas on your globe.

Those of you living in the regions of Central and Southern California have experienced some very unsettling shakings of late. These are your planet giving you some little warnings of yet greater things to come in the very near future. You who have your eyes and ears attuned to the Greater Picture, unfolding at an ever accelerating rate, already know this.

So, I will tell you ones that it is time to pay very closing attention to everything going on around you—regardless of how insignificant and/or trivial it may seem. For at this time, there is nothing that is happening by pure coincidence, and all things are present for the gathering of wisdom.

No, there is nothing new in these statements, but I felt it necessary to once again remind you ones of what you should have learned by this time. These recent events come as no surprise to those who have been paying attention and have taken our words seriously. Mother Earth is as much in a cleansing mode as are all of you as the planetary frequency continues to increase. She shall achieve her renewal and you ones would be wise to respect this formidable being and appreciate how Earth changes figure in that renewal process.

There has also been much ado about your Sun of late and the observed great increase in coronal mass ejections (solar flares) therefrom. Keep in mind, however, that all things in the universes are cyclic, and you ones are simply passing through one of those long-term cycles.

Everything appears to be “topsy-turvy” from your perspective, but that is because you ones have such short physical lifespans that you have not experienced the fullness of even one of these

naturally occurring cycles. Yes, there is increased activity of your star; however, there is a greater reason, which lies behind that increased activity, and that is the much-maligned Photon Belt.

You hear many scientific and “psychic” ones talking about and even predicting this increased activity of your Sun. **HOWEVER, NONE OF THESE SOURCES HAVE MENTIONED THE WHY BEHIND SUCH.**

As your Sun and its encircling planetary system approaches ever closer into the high-frequency environment of the Photon Belt, the Sun is being cleansed just as is Mother Earth and you ones. It is just that, in the case of your Sun, the physically observable form that the cleansing process takes is what you are observing as the increased coronal mass ejection activity and related radiation emissions.

Were you not told, just recently, that there was a great infusion of Light coming upon your world? From where do you think that physical manifestation of Light energy emits?

You have begun your passage through the outer fringe of the Photon Belt, and even now you are beginning to experience great fluctuations in your planetary magnetic field. Since this encounter with the Photon Belt is a cyclic event, even your scientists have some knowledge and data showing that your planet experiences a complete reversal of its magnetic poles on a regular, cyclic basis—even if they are not yet able to measure all of these cycles accurately.

(At this time I will simply say that there is both a Great Cycle associated with your planetary system’s orbit through the Photon Belt, and a much longer Grand Cycle associated with the travel of your planetary system as it crosses through the plane of your galaxy. Both of these major events can cause magnetic pole reversals, especially if they occur simultaneously!)

As you progress farther into the Photon Belt, you ones will experience even more electromagnetic anomalies and solar activity. These will eventually cause a complete nullification of all magnetism for a period of time, and then there exists the possibility for a full reversal of the north-south magnetic poles. **BUT IT IS A NATURAL CYCLE, CHELAS,** and has been going on for as long as there has been physical universes, and will continue for as long as there continues to be physical universes.

Your planet is in the process of a transition into a higher-dimensional mode of existence. Transition is also a **VERY NATURAL EVENT,** and part of the Grand Cycle. Any type of transition brings with it certain “upsetting” aspects—that is, the “normal” ceases to be the standard, and everything goes into a state of flux, or change—**EVERYTHING.**

Is this something to become fearful over? Of course not; however, change is one of the greatest and most difficult lessons you ones are there to deal with and learn. You wonder why there are over 6 billion of you alive on your planet today, and that number only increases with every passing

day? Everyone alive on your world at this time is there to learn to deal with change, which is a **NATURAL LAW** of the universes; but change is having to face and deal with the unknown, and that creates fear.

Fear, however, creates **NOTHING.** In fact, fear has the opposite effect—rather than creating, it destroys. Fear is the **GREAT DESTROYER.**

Fear is also that which causes you ones to have the need to **CONTROL** everything in your lives—even that which you have **NO** control over. What you are trying to do is eliminate the unknowns stemming from change. You figure that if you can control everything, then there will be no surprises. Therefore your egos rest in believing that having control is security, which eliminates fear.

Yet, something *always* seems to happen to seize that control from you, and so you continually find selves in a perpetual state of trying to take control. So you live in a constant state of fear, and thus end up greatly limiting the quality and range of your options and the richness of your life experiences, and sometimes even destroying everything in your paths.

Once you have reached the point where you understand and **KNOW** that fear is at the very base of it all, then you have made a giant step forward. Yet, most of you are going around claiming you are afraid of nothing.

Nothing could be farther from the truth, for every one of you on Earth this day are afraid of something, and the greatest fear you have comes in the form of the unknown.

Most of you spend the better part of your lives playing the “what if” game and speculating on all the different scenarios that might come about. And what always happens? Without a doubt, most times, none of the scenarios you played out in your mind come to pass. Life throws you a curve ball, and then you sit around and mope about it because it’s “out of your control” once again.

Before you can take total control of what’s going to happen to you, you need to **FIRST** take control over how you react to what has already occurred. How much and what kinds of energy do you end up emoting by your various reactions to situations? When something happens that you “had no control over”, do you go around worrying and fretting for hours or days and complaining to everyone around you? How long does it take you, then, to get on with dealing with the situation?

You say: “But it just blind-sided me.” Well, that may indeed be the case, but is your fretting, worrying and/or complaining going to change one thing about that which has happened? I think not. Rather, you would be better off to face-up to and deal with the problem, instead of wasting time in worry, complaint, and denial, which are all fear-based emotions and reactions.

And, as we already know, anything fear-based is destructive energy in motion. Is that what you want to create for self? You see, your words might say one thing, but your actions are quite

another thing, altogether. And just what are you emoting from the heart that the universe will send back to you? Is that energy constructive or destructive?

Okay, so life may have dealt what you consider a pretty nasty blow. You can either wallow in it and complain and blame others for your situation, or you can pick your own selves up and **DEAL WITH IT.**

Many of you have been experiencing some pretty unpleasant things of late. So I ask you: how have you dealt with them? Are you going about complaining, worrying, and blaming someone or something, or are you picking yourselves up and working on a resolution?

Remember: Destruction or Creation? The choice is up to you!

The same thing is true about the Earth changes taking place. Are you fearful and looking for someone or something to blame, or are you paying attention and realizing that it is all part of the Great Planetary Transition in progress—a Transition you came here to experience and participate in?

And, Earth changes are much more than just events in weather, volcanos, and earthquakes. Everything upon the Earth—people included—is in a state of making many changes. It is, however, up to **YOU** how you will handle these changes, for **YOU** are one of the components changing as well, and how you handle your “part in the play” will have a great effect upon your own change, or transition.

For many years now, I have been telling you that what was, is no more. That is because everything around you is in a state of change and transition. We of the Higher Realms have also been telling you that whether or not you are ready and accepting, your world is going to change. You are now in the thick of it, and Graduation Day is very near! Let me ask you: will you receive your diploma, or will you be required to return to school for more studies?

Many of you have been in the middle of a great sorting process since the start of your current calendar year. The process has been difficult and quite painful for many, but I will remind you that the process is also very necessary and must take place before the completion of the transition.

Perhaps many of you believe that we should have stepped in much sooner; however, understand that we cannot directly interfere with your lives. We can but guide you ones and offer suggestions. It was most necessary to allow things to play themselves out until a point of “critical mass” (awareness) had been achieved—that is, it had to reach such a point that most of you ones could no longer ignore what was taking place. And, as always, give the Adversary enough rope, and sooner or later he will end up hanging himself. And, as you can see, that is exactly what is occurring.

No, the sorting process is not yet over, though the greater part has been accomplished. Every

day that passes you are becoming more aware of the true color of the Adversary, and you are becoming quite good at the recognition of his “signature” and tricks.

There is no teacher quite like experience, is there? And that, chelas, is the sum total of why you are precisely where you are right now—EXPERIENCE!

Let us draw this to a close for now. It has

been some time since we last sat together, and it has indeed been a pleasure and an honor. Thank you, each of you, for the part you are playing in this Great Plan of Creator. I leave you with Love and with Light. Keep in mind that we are always as near as your call.

I am Ceres Anthonious “Toniose” Soltec, in service unto Holy God of Light.

Salu.

world. ALL need to go within and CAREFULLY examine, and IN TRUTH assess, their own spiritual condition, for the time grows very short indeed.

Neither I, nor my Father, wish that any should perish from the fullness of experiencing in these grand days of a major planetary transition, but free will dictates that each of you must choose for yourselves. Those whose choice is to continue down the darkened path shall find themselves “relocated” to conditions which will allow them to repeat this same lesson again and again, until such time as they come into knowledge of the wisdom and value of Lighted behavior. It is the design of Creation everywhere.

Even though you who have bravely moved forward with this new newspaper called *The SPECTRUM* find yourselves in conditions of such opposition and under such persecution, know that we of the Higher Realms are with you day and night, and you have but to call upon us, and we shall be there to guide and assist at every turn.

There is a Grand Light at the end of this darkness, and you ones know it deep within yourselves. It is just a little difficult to see it when you are so in the thick of the battle.

I urge you ones, however, to not be so caught up in the details (especially the distractions purposely thrown in your path to lure you off course) that you miss the Greater Plan. Details are important, but you must guard against them engulfing you to the point you do not move forward.

There are great and glorious days just ahead, and all you need do is but step over the threshold. Fear not, and take the step of faith, for in so doing, you shall be stepping into that grand and glorious Light. **THIS IS NOT PIE-IN-THE-SKY, DEAR ONES; IT IS FAITH IN GOD’S PLAN AND IN YOUR PART IN THAT PLAN!**

Remember how when it is the darkest, then dawn is just ahead. Pay no mind to those who are attacking you, and pay no mind to their deceiving ways, for the one they follow is the father of all lies, and master of deceit and darkness. All that has been done, and all that is being done by the Adversary, is being exposed, and neither the lies nor The Truth can be hidden any more.

Love and Light *does* conquer all, and you ones need to remember this. When your enemies come against you, rather than react out of anger and the desire to get even, it would serve you better to merely return to them Love and Light. These are the most powerful forces in the universes, and even the strength of darkness can not stand against them.

And contrary to what you may have been taught or told, forgiveness is Godly, and God forgives ALL who truly repent. Make no mistake, and see that you are not misled. God asks that you forgive your enemies, and God never asks you to do that which He would not.

Sananda: True Abundance Comes From Walking The Spiritual Path

7/3/99 ESU “JESUS” SANANDA

Good evening, child. I am Esu Sananda, known also as Jesus of Nazareth, and to those native to the Americas, the Pale Prophet and other names. I come in Light and Love and on behalf of my Father, Holy God of Light. Thank you for your attention.

“I am come that you might have life and have it more abundantly.” Did I speak these words? Yes, indeed I did. What do they mean? Well, it has nothing to do with money and material possessions, but it has everything to do with spiritual abundance.

Without spiritual abundance, all else is but folly and emptiness. Yes, money does seem to be a necessity in your world. But, to chase after it while allowing one’s own spiritual health to suffer, is as fool-hearted as chasing after the pot of gold at the end of the rainbow. You will come up just as empty-handed.

All that is abundance is not measured in sums of money, stacks of gold, or hoards of material things. Abundance is measured by the fullness of you heart and your spirit, and it is not achieved by the ways and means your world has to offer. It can only be achieved by living your lives based upon Godly principles.

You ones are learning to recognize what “walking the spiritual path” is all about. Some may be finding it a difficult road. Though it is intended to be challenging, it need not be difficult. The third-dimensional physical plane is an instrumental part of this challenging growth experience. You all are on a spiritual path—each at different levels of understanding and progress.

Those who diligently seek spiritual understanding will most directly confront the potential pitfalls and challenges brought forth by the magnification and amplification provided by your third-dimensional schoolroom environment. This is to say there will be great

distractions and obstacles to face. But the diligent seekers also know of the fullness of heart and soul that this effort brings.

Those who have gone down this path before you have experienced much of the same things you are experiencing, for the ways of the world—especially the darkened world in which you now live—tug in complete opposition to the ways of the spirit. You have found, while attempting to take the high road and do God’s work, that you have become the whipping posts for the adversarial dark forces who are fighting to maintain control over the world.

While working day and night, with little or no time to attend personal lives, you are also having to fight off the slings and arrows of adversarial attacks. You have been falsely accused of theft, espionage, and a whole parade of other transgressions, and you are the recipients of much vicious name-calling. All these things, mind you, are done in the name of God and in supposed service unto same.

But, as I told you several months ago, the sorting had begun, and I would begin with those who claimed to be doing my Father’s work. I cleansed my Father’s house of prayer once before, and I am not intimidated by these lower energies, and I shall sweep them from His house again and again and again—until they persist no more. Nothing can be hidden any more, for it is the time of revelation and fulfillment. **AND SO SHALL IT BE!**

Know, however, that this confrontation is but the dark energies fighting to try and survive, for they know that defeat is imminent. When I put them on notice several months ago [*beginning in a 12/25/98 writing warning of an impending housecleaning*], I warned that things would heat up, and here you are. Yet, let it be known throughout all the world that **GOD WINS! PERIOD, END OF DISCUSSION.**

The darkness will simply be transmuted by the Light which is rapidly coming upon your

So, to those who say there shall be no forgiveness and you are not welcome aboard my ship, I say unto you that you speak with the tongue of Satan. I shall welcome aboard my ship whomever I please, and I shall not have the likes of Satan, nor his mouthpieces, tell me otherwise. Selah.

Now, let us get on with the final chapters of this transitional process. I know that you ones are weary and it can be difficult to maintain the faith necessary to proceed forward daily. But

know that we are always with you, and you need only call upon us and we shall respond immediately to your call.

I AM SANANDA, ONE WITH THE LIGHT OF MY FATHER, HOLY GOD OF LIGHT. I AM COME THAT YOU MAY HAVE LIFE. BLESS THEE AND THANK YOU FOR YOUR TIME. WE ARE HONORED BY YOUR SERVICE. GO IN PEACE—GO IN LOVE—GO IN LIGHT.

Salu.

background. They have a detailed annual calendar of events on which they perform their sacrifice rituals in line with key lunar, solar, and planetary cycles to harness that energy for their sick agenda to take complete control of Planet Earth in the very near future.

With that background, here is the full text of the communication from Arizona Wilder. I will add my comments in italics where more background may be needed for those new to these subjects.

David Icke

* * *

David - This information needs to go out to everyone as fast as possible.

The Illuminati are conducting a ritual to be held at the Great Pyramid at Giza in Egypt, on August 11, 12, and 13, 1999. (Specifically the Mothers of Darkness—the top conductors of rituals—will officiate.) This ritual is “The Rite to Open the Passage” (the Eye of Horus). This will open the passage for lower fourth dimensional energy to be directed into the leylines of the Earth. This will (*is designed to*) also close the 3rd eye (consciousness) of all on this planet that oppose the Illuminati. It will further (*is designed to*) shut down the other people who are not actively aware or opposing the Illuminati but feel uneasy about what is going on and cannot figure out why.

The solar eclipse which is to take place on August 11 (over the key Earth power centre of Cornwall, England) will also have a “Grand Square” which makes it extremely powerful. This eclipse is the beginning of a six-month period in which there will be much activity of significance that pinnacles in The Rite of Establishment of the Age of Horus (Osiris reborn) at the Millennium.

This symbolism relates to the ancient Egyptian legends of Osiris (the father), Horus (the son), and Isis (the virgin mother), which later became the basis for the Jesus stories also. The New World Order, the takeover of the planet via the establishment of a world government, world army (NATO), world central bank and currency, and a microchipped population, is known by the Illuminati as “The Age of Horus”. The symbolism of the murder of a pregnant Diana, Princess of Wales, with the Egyptian Dodi Fayed, relates to the arrival of “The Age of Horus”. (See THE BIGGEST SECRET.)

This “Age of Horus” ritual will be held on December 31st from 12am to 3am at the Great Pyramid, at which time the top of the pyramid will be capped with gold and crystal. (*George Bush has long been on the guest list of the Millennium “Celebrations” at Giza.*) Etched in the crystal will be the Eye of Horus on all four sides. (*This relates to the All-Seeing Eye symbol on the dollar bill and the reverse of the Great Seal of the United States.*) They will finalize this period of six months on January 31/February 1 and start “preparing the ground for the sowing of their seeds”.

Preceding the August 11 through 13 ritual, which by the way ends with the day of Hecate (*one of*

the world, are genetic hybrids, the result of interbreeding between a reptilian extraterrestrial race and humanity many thousands of years ago. The centre of power is not even in this dimension—it is in the lower fourth dimension, the lower astral as many people call it, the traditional home for the “demons” of folklore and myth. These fourth-dimensional reptilian entities work through these hybrid bloodlines because they have a vibrational compatibility with each other.

This is why the European royal and aristocratic families have interbred so obsessively, as do the so-called Eastern Establishment families of the United States which produce the leaders of America. Every presidential election since and including George Washington in 1789 has been won by the candidate with the most European royal genes. Of the 42 presidents to Bill Clinton, 33 have been genetically related to two people, Alfred the Great, King of England, and Charlemagne, the most famous monarch of what we now call France. It is the same wherever you look in the positions of power—they are the same tribe!

As well as an obsession with interbreeding with each other to preserve their genetic structure, the Illuminati are also obsessed with symbolism and ritual. Interestingly, conventional science has documented that the reptilian part of the human brain (the R complex as they call it) is the source of the following behavior traits: An obsession with ritual, cold blooded behavior, territorialism “this belongs to me”, and an obsession with top-down hierarchical structures. This sums up the Illuminati mentality perfectly and it goes that if you have more of that R complex, or that it is activated more than normal, you will manifest these traits far more profoundly.

But their ritual is not just for ceremonial purposes or gratuitous horror. The rituals are designed to rewire the energy fields and grids of the planet and therefore to fundamentally affect human consciousness. The rituals these bloodlines performed in the ancient world are the same as they do now. See *THE BIGGEST SECRET* for the

Editor's note: The following information is from David Icke's web site <<http://www.davidicke.com>>. Rick Martin is efforting to track down and conduct an in-depth interview with David for our next issue of The SPECTRUM which will cover a wide range of topics including his new, blockbuster book, THE BIGGEST SECRET: The Book That Will Change The World.

6/9/99 DAVID ICKE & ARIZONA WILDER

Updated June 9th 1999. VERY IMPORTANT—PLEASE READ.



ARIZONA WILDER

Arizona Wilder conducted human sacrifice rituals for the Illuminati elite for decades. These included the British Royal Family, George Bush, Henry Kissinger, and a stream of world famous names revealed in *THE BIGGEST SECRET* and the video, *Revelations Of A Mother Goddess*, available through this website <<http://www.davidicke.com>>.

Since she escaped from her mind-controlled confinement, she has dedicated herself to exposing what is happening. I received this letter from her dated May 25, 1999 in which she details the key points in the Illuminati ritual programme running up to the Millennium.

I should emphasize a few things for those who have not read *THE BIGGEST SECRET*. The Illuminati, the clique which control the direction of

News Desk Special Report

The Illuminati Millennium Rituals

their key deities), the bringer of chaos and death, is the July 28 lunar eclipse. This eclipse is also extremely unusual and powerful in that it also involves a Grand Square and the House of Aquarius goes direct—its effect is at full strength. The Moon on this date is a New Moon—a time to plan and cast spells for the plan.

During the solar eclipse, the next day, and on the Day of Hecate (August 13), there will be blood sacrifices and also literal sodomization of the intended sacrifices beforehand. This will signify opening the Eye of Horus, opening the passage for the lower fourth-dimensional energy and the closing, the shutting down of the human 3rd eye—consciousness on the planet. They will remove the heart and consume it, signifying the taking away of the vibrational chakra of love. They will also remove the liver (strength), the eyes (sight), and brain (knowledge, thought, action). They will consume the blood (life force for them). Their ritual acts all encompass and empower them for what they wish to spiritually do to us. What they do is to be given strength which is brought into actual physical being by the solar eclipse, the lunar eclipse, and the grand squares of their ruling planets with those particular energies accompanying the grand squares. The effect on the Earth if they succeed will be terrible.

Very much a part of this is the planned marriage of Sophie Rhys-Jones and Prince Edward of the House of Windsor at Windsor Castle on Saturday (Saturn's day) June 19, 1999. Look at the date and year. The 19th is the number of the Sun. 1 is the beginning (alpha), 9 is the end (omega). The name Sophia = wisdom, which is Baphomet by the (code known as) the Atbash Cipher. On June 19, 1999, Saturn is direct in Taurus at 13 degrees, releasing malevolent powers. This marriage has been arranged for this year to empower the rituals from August 11 to 13 and the ones starting at 12am on December 31.

The Illuminati foresaw through astrological charting that Saturn turns at 17 degrees Taurus to square Uranus on the 17, 18, and 19 of July, 1999. This results in an intense and upsetting period because people who are seeing the changes occurring now are going to be challenging the plans the Illuminati are ready to play. The marriage is a ritual to attempt to thwart those who plan against them. It does this by performing a ritual (marriage) that is heavily publicized and therefore constitutes a kind of "open" ritual. This is an attempt to communicate directly with the subconscious of the millions who read or hear about it, by means of a "twilight code" that does not require conscious understanding, but subliminal human processing. This ritual/marriage is part of a sequence of events that the Illuminati plan to use to imprint their design on the subconscious of the public group-mind. This does not require people's conscious understanding. By using the energies manifested during this time and putting their intent behind this ritual/marriage, the House of Windsor plans to clear out elements of their agenda which are not working and ensure the Illuminati rituals of August 11-13, 1999 and

December 31/January 1 are successful.

The timing of the marriage on June 19 is associated with the Oak Tree, a powerful occultic symbol in Druidism that is also often used by the House of Windsor. The Roman god, Janus, is associated with the Oak. Janus, the two-faced Roman god of change, and also the "beginning and the end", "the opening and the closing of the door". Since the wedding is close to the summer solstice, it is associated with St John's Eve, or Oannes (the Babylonian Nimrod) and is still celebrated as the "Festival of Aire" in Ireland. Aire, a goddess, is related to Air Soph (endless one) on the Tree of Life. Air Soph = Sophia (Sophie) = wisdom = Baphomet in the Atbash cipher.

The white horse, sacred to the Phoenicians in Britain (see *THE BIGGEST SECRET*), is also associated with the oak. On the Tarot, a naked child sits on a white horse. The child signifies "the fool", the "initiate". The nakedness signifies there is no longer anything to hide. Edward Windsor is the initiate. By this marriage he is initiated into wisdom/Baphomet, into the dark things that light does not pierce. The circle is closed in on the House of Windsor. The scene is set, Alpha to Omega. The serpent has swallowed its tail. It has become the endless one.

The marriage of Princess Diana to Charles was timed and located in the same way as part of Windsor-Illuminati ritual. St. Paul's Cathedral, where the marriage took place, is built on an ancient site of Goddess Diana worship at Ludgate Hill in the heart of the City of London—the Illuminati's epicentre at operational level. Diana also died in Paris on an ancient site of ritual sacrifice to the Goddess Diana, now known as the Pont d'Alma tunnel. (See THE BIGGEST SECRET for the detailed story.)

It is also worth noting how much Sophie, Prince Edward's bride, is a Diana look-alike and only in April 1999, one of the most famous television presenters in Britain, Jill Dando, a lady I knew at the BBC, was shot dead near her home in London by, according to reports, a "professional hitman". Jill Dando is another Sophie look-alike with blond hair and blue eyes, and Jill Dando was a friend of Sophie. The Illuminati obsession with ritual leaves me in no doubt that Dando's death was connected to the sequence detailed here by Arizona Wilder.

The Sun also signifies "The Head". Jill Dando was shot in the head and killed on April 26, 1999. This relates to the ritual wedding of her friend, Sophie Rhys-Jones and Edward. This date was also the first day of the "Grand Climax", a week long string of rituals preceding and including Walpurgisnacht, April 30, leading to Beltane, May 1. Again Jill Dando shot in the head, the Oak, Janus, the Sun, the date of the wedding, are all connected.

The Illuminati began to prepare the way for so much on May 1, 1999, Beltane. The energy they put forth in readiness for the August eclipse increases with the May 30 Full Moon; the June 13 New Moon; the June 21 Summer Solstice; June 28

Full Moon; July 13 New Moon; July 28 New Moon/Eclipse with Grand Junction; August 1 Lughnasad Ritual; August 5 height of Mercury stationary in Cancer. All this is to open the way for the dates of the solar eclipse/Day of Hecate, August 11, 12 and 13.

In the Illuminati/Satanic method of "mirror or reverse" symbolism, the Day of Hecate, August 13, is mirrored to August 31 for her day of sacrifice. Diana, Princess of Wales, died on that ancient site of Goddess Diana worship on August 31—the day of sacrifice to Hecate.

WHAT WE NEED TO DO IS HAVE OUR OWN CONVERGENCE

During this eclipse we need to focus on bringing down higher vibrational energies and canceling out their fourth-dimensional energy. Those of the Illuminati who are not at the Great Pyramid will be positioned at precise longitudes and latitudes along the ley lines to perform rituals of the same kind at specified sites in which phallic/womb symbols have been built. 19 degrees latitude is where important sites will be, also 28 degrees latitude. —Arizona Wilder.

So let's do it!

If all this makes sense to you, can you organize all like thinkers you know to arrange their own events on these dates? Particularly the solar eclipse to the Day of Hecate. To bring in higher-dimensional energy to defuse this Illuminati agenda! All you have to do is go to a place you feel drawn to at that time and open your heart and mind to the energy we call love. Particularly love for the lower fourth-dimensional entities because this will dilute their energy even more. We don't need mumbo-jumbo, just people with open hearts and minds focussed on the intent to be vehicles to ground love in this three-dimensional world.

If you have entered this website to read just about the names, dates, people, conspiracy, and are not aware of the esoteric level of the manipulation, you may choose to ignore this or dismiss it as New Age nonsense. This, I would suggest, is precisely what the manipulators want you to do because they then have a clear playing field.

And ask yourself: What harm could it do to connect with the energy of love for three days or even a few minutes at the time of the solar eclipse. One thing's for sure, you won't have the chance to go back and do it afterwards when you realise that all this, bizarre as it may seem to you now, is actually the way the world is controlled and the human race maintained in its mental and emotional prison.

Please contact us on the <bridgelove@aol.com> email to tell us if you are doing this. Could you also transmit this email to everyone you know who might act upon its contents.

—Thank you, David Icke

THE BIGGEST SECRET and *Revelations Of A Mother Goddess* are available at <www.davidicke.com>.