



The SPECTRUM

**“Achieve the wisdom of knowledge of Truth
as this will enable you to wisely follow the Laws of The Creation.”**

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NEWS REVIEW

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Bitten By The Flu Bug? Dr. Len Horowitz's *Healing Celebration* Remedy

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12/28/99 RICK MARTIN

In this Holiday Season of the usual colds and flus, compounded with reports of overflowing and chaotic hospital emergency rooms, it seemed entirely appropriate to give Dr. Len Horowitz a call, once again, to enter into a discussion about possibilities concerning the upper respiratory problems that are plaguing so many people throughout the United States, as well as exploring some new possibilities for healing—especially of those ones locked into an apparent persistent or recurring syndrome of illness, fatigue, etc.

As could also be expected, we were not disappointed by what Dr. Horowitz had to say. Far from it! Dr. Horowitz is always on the leading edge of new healing modalities, as well as being aware of “the truth behind the shadows” concerning the designer bugs we are enduring right now. And he is not afraid to speak out on these issues,

(Please see Dr. Len Horowitz's Healing Celebration Remedy, p.20)

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Update From Our Editor

If you're reading this, we must have made it through the initial hoopla of Y2K without any serious bumps in the road. That doesn't necessarily mean YOU had a smooth ride, just that WE managed to get this paper out to you without a breakdown in the bucket brigade.

As I write this, not long after midnight and into the first day of the new year, there have been reports of minor problems ranging from power outages over small areas of the Midwest and Ontario, to ailing slot machines in a Delaware casino. However, nothing major SEEMS to have yet happened to upset the start of a new millennium.

The most interesting pattern I have noticed this evening is the inverse relationship between the media source and the Y2K bugs being reported. In other words, the larger or major the media source, the less we are told about anything going wrong; the smaller or minor the source, the more reports about Y2K-related glitches.

On another, very pleasant subject, we here at The SPECTRUM have received quite a few Christmas cards—wonderful, warm, and sometimes downright astonishing cards! The mostly hand-written messages which accompany these cards are filled with love and hope and optimism and thanks about our mission as a source of unique and valued information.

Sometimes we here are too close to things to see the effect of our work as you see it, as it impacts you. But we are sincerely thankful for the many notes of appreciation AND your kind gestures of financial help.

It is somewhat of a marvelous mystery,


each month, how the paper comes together. We are VERY much aware of an Unseen Hand at work to Guide certain materials to us—so that we may, in turn, share them with you. And again, your confirming notes of appreciation make the whole process worthwhile—and exciting.

And speaking of which, there's a feeling of excitement in the air as this new year and new millennium get underway. Of course the doomsayers preach that it's going to be a doozy of a year; but usually these judgements are a matter of perspective. In other words, remember the old adage: "Luck favors those who help themselves."

What comes to mind, for example, are the pictures of devastation all around some single home which remains standing and untouched. Why is that? Why indeed! Answering that question is where things start to get interesting. And I think we're going to see a lot of those kinds of interesting teaching examples as this year unfolds.

In any event, whether we're prone to see the glass as half full or half empty, it would be wise to recognize when we've been the recipient of a Miracle which causes some disaster to pass by us and, instead, clobber the doomsayers.

So, as this new year and new millennium begin, we here at The SPECTRUM sincerely wish for you the same kind of Miracles which keep us going. We may not understand them any better than you do—but all of us can at least learn to recognize them and appreciate when we've been blessed with their Presence!

—Dr. Edwin M. Young, Editor-In-Chief 

The News Desk

1/1/00 DR. AL OVERHOLT

HOPE AND HELL IN
NORTH KOREA

From the Internet, 12/26/99: [quoting]
"...current ominous trends in North Korea include: the internment of thousands of political and religious dissidents in concentration camps; the raiding of over \$8 billion from Japanese credit unions; the mass counterfeiting of American \$100 bills; the frantic development of biological, chemical, and even nuclear weapons, as well as the long-range ballistic missile technology to deliver them; the bogus exchange of "weapons

facility" inspection rights for massive Western food aid, which in turn is stockpiled, along with oil and technology, as part of North Korea's ongoing war preparation efforts against the south."

As with China and Russia, North Korea is milking the U.S. for all it can get while undertaking massive preparations for war. Meanwhile we are being told to "be happy, don't worry". While we can (and must) pray that God's will be done to avoid this, the fact is that every indication very strongly suggests that these three nations are, in fact, preparing for a war that will happen! At this point the only thing that may prevent it is if Clinton capitulates to their blackmail and permits them

to take Taiwan, S. Korea, the Spratly Islands, and Russia's former territories. According to the agreements reached by Jiang and Yeltsin earlier this month, these are the only conditions by which these three nations would not take definitive action to destroy U.S. hegemony in the world.

If Clinton capitulates (and he is likely to, since it would advance the globalists' plans), China and Russia would permit the new world government to be formed around regional economic/military blocs. These regional blocs are to be patterned after the EU. Ten economic/military blocs is what the Club of Rome planned years ago. If there are ten, the Ten Nation Confederacy prophesied in *Daniel* 7:7, 23-24, *Revelation* 13:1 and *Revelation* 17:3, 7, 12-13 would be fulfilled, and the last days of the *Bible* would soon be upon us. In any event, time may be very, very short.

[End quoting]

It looks like we haven't got much time left before things are going to be really different upon this planet.

EGYPT CANCELS MILLENNIUM
PYRAMID CAPSTONE CEREMONY
FLIGHT 990 RAMIFICATIONS
LIKELY REASON

From the INTERNET, *NewsHawk* Inc. <hawkeye@saber.net>, 12/17/99: [quoting]
1 of 2

The New World Order's beer blast and shindig scheduled to usher in some "Luciferian" Age beginning in 2000—highlighted by putting a "gold" capstone upon the Great Pyramid while Masonic symbols are projected upon the sides of the massive structure—have been cancelled—by Egypt.

It seems Egypt is still highly upset about the crash of EgyptAir Flight 990 and subsequent defamatory and unfounded insinuations by the U.S. government that copilot Gameel el-Batoutty crashed the plane and killed all 217 passengers in some lunatic suicide action. (From the website

<http://Hqp.tbo.com/!p/breaking/MGIQKUFNA2C.html>)

EGYPT CANCELS PLANS
TO CAP A PYRAMID IN GOLD
FOR MILLENNIUM

2 of 2

12/27/1999 10:40 AM

CAIRO, Egypt (AP)—In an apparent nod to public opinion, the government on Thursday canceled its plan to cap the Great Pyramid in gold for the millennium celebrations.

Egypt had planned to usher in the New Year by affixing a gold-encased capstone on the Great Pyramid, built as a tomb for King Cheops about 4,500 years ago.

The 30-foot high cap was to be lowered by

helicopter at the stroke of midnight Dec. 31, making the broken pyramid whole again, if only for a night.

Culture Minister Farouk Hosni gave no reason for backing off the plan, but said the decision was made despite technical advice that it would not have damaged the monument, Egypt's Middle East News Agency reported.

Egypt's millennium celebrations feature a 12-hour concert at the foot of the Giza pyramids with 1,000 performers.

Egypt, whose recorded history goes back 6,000 years, is promoting the celebration as the start of its seventh millennium. [End quoting]

The story is far from over on this matter since the major news media were quick to say that some sort of a celebration and ceremony was still "on" for the new millennium. One suspects a tug-of-war was going on behind the scenes between the group which was determined to proceed with the gold-capstone occult ceremony and the group which was attempting to put a stop to the event. Keep a close eye on this one, though the truth of the matter may not come out for some time, especially if the occult ceremony went underground—maybe literally!

Those of you who heard Gordon-Michael Scallion on Art Bell's late-night talk-radio program for New Year's Eve were treated to a great discussion of the mysteries of the pyramids, including the BURIED pyramids (several hundred feet down) yet to be revealed to the public.

"UNPRECEDENTED" HURRICANE
RAGES ACROSS EUROPE—
NEARLY 60 DEAD

From the Internet, SIGHTINGS, <<http://www.sightings.com>>, 12/26/99: [quoting]

PARIS (AFP)—At least 57 people were killed across northern Europe Sunday as record-breaking winds of up to 213 kilometres per hour (132 miles per hour) raged through the region.

The north of France was the worst-affected area, with at least 27 people dead. Gales there were the strongest ever recorded, according to the official French forecasting agency, Météo-France.

"In the meteorological records, there is no trace of a phenomenon as violent as this" said Hubert Brunet, chief forecaster in the agency's Toulouse station.

At least 12 people died in storms in Germany, most in accidents caused by falling trees.

"This is the worst hurricane Germany has ever had" said Petra Fechner, an official at the national meteorological office's branch in the western city of Offenbach.

At least 11 people died in Switzerland, two after a cablecar fell to the ground in the central Swiss Alps.

Seven people, including a six-year-old child, were killed by falling trees in different parts of Switzerland. One of the victims was a swimmer in a pool at Dielsdorf, near Zurich, felled by falling debris.

In Britain, at least five died, among them two sailors swept into icy seas.

In France, more than two million households experienced power cuts. Several airports and railway stations throughout the country were temporarily shut down.

Attractions in Paris were badly hit. Six people were seriously injured by falling trees in the Disneyland Paris theme park. The mayor of Paris, Jean Tiberi, called for the storm to be declared a natural disaster.

Emergency plans were launched in many towns in the region.

The 27 victims included a couple who died when the roof on their fourth-floor apartment in the Paris suburb of Argenteuil fell in. Their new-born baby survived.

A woman died when winds tore her house apart in northern France. A farmer was killed when a hay stack toppled onto him.

Ten people died in road accidents linked to the high winds.

An 80-year-old man froze to death after icy rain flooded into his damaged house in northern France. Another woman drowned in the Rhine river.

Two pedestrians and a hunter were crushed by trees in different parts of France.

In Germany, seven people in the southwestern state of Baden-Wuerttemberg were killed in accidents caused by falling trees. Two more people died in road accidents in the southern state of Bavaria.

Another man died in the state of Rhineland-Palatinate, police said.

In Britain, the Coast Guard Sunday abandoned efforts to find a 42-year-old sailor who disappeared off the northwest coast of Scotland.

Earlier, the Coast Guard in the south of England said they had halted efforts to find a Ukrainian sailor who fell from a ship in the English Channel on Saturday.

A man from Devon in southwest Britain drowned when a river burst its banks and flooded his house. Another man in the northern city of Liverpool died of a heart attack after he was blown into a cold river on Friday.

Underground railway services in London were paralyzed after power supplies to the network were cut off by debris blown into the Thames river.

A sailor died Friday on a boat off the southwest Scilly Isles, after an accident caused by heavy winds.

In Norway, seven people were rescued early Sunday after a freight ship ran aground outside Haugesund off Norway's western coast, the news agency NTB reported.

In Belgium, two people died in a road

accident caused by a violent hailstorm. Heavy rain flooded roads near the southern cities of Liege and Namur. Rail services between France and Belgium were heavily disrupted.

And in freezing temperatures in Russia, five people died of hypothermia in Moscow.

Forecasters said the storm was expected to play itself out over Germany and Central Europe on Monday. [End quoting]

The intensity of these storms suggests artificial methods being employed to generate them. The *REAL* question is what political motives are behind this likely natural disaster warfare.

22 KILLED AS ANOTHER STORM LASHES FRANCE

From *THE DAILY NEWS*, Los Angeles, 12/29/99: [quoting]

PARIS—Still struggling to pick itself up after being pounded by a fierce storm on Sunday, France was hit with another, equally fierce storm overnight that killed 22 people, raising the death toll since Christmas to at least 66, officials said Tuesday.

Storms have left more than 100 people dead in Western Europe in the last four days, but France has been hit the hardest. This latest storm sent gale-force winds tearing through the southern half of the country

Monday night and Tuesday morning, in southwestern coastal areas like La Rochelle, luxury yachts, once tied up in the harbors, were flung up on shore.

The new storm—again with winds reaching at times up to 125 mph—heaped new trouble on emergency repair crews already working around the clock to restore services knocked out by Sunday's storm. It toppled electric-line pylons, turned over trucks, flattened trees like matchsticks, and collapsed thousands of roofs.

A FIRST-HAND WEATHER REPORT FROM ANCHORAGE, ALASKA

From the INTERNET, <para-discuss@tje.net>, 12/27/99: [quoting]

Let's see—it's after midnight. The date just turned to Dec. 27th.

The temperature (according to the time/temp lady on the phone) is 39 degrees Fahrenheit. I'm in Anchorage, Alaska. The snow is melting and water has been running down the streets all day. This isn't the first warm "spell" we've had this unusually warm winter, either. Last week it got up into the 50s. [End quoting]

And much of the southwestern United States is breaking records for warm and dry weather, with several large wildfires raging in remote (and not so remote) areas of Southern California.

The weather is breaking records all around the world and the cause seems to be more than man playing with the weather.

There is a severe melting of the polar ice caps and I just heard on the *Art Bell* late-night talk-radio show that some of the islands around the Tonga area—in the South Pacific—are sinking and being evacuated.

From all that I've been reading it appears that the main cause of this—and it is predicted to get much worse over the next few years—is the approach of what Zachariah Sitchen calls the 12th planet. There are other names for it, several of which are Nibiru and Herculobus.

This planet is the one that approaches our Sun approximately every 3600 years from an orbit that takes it out around another sun and then around ours and back. It always causes severe damage to the Earth on its rounds. Noah and the flood was one of the results.

Read the book of *Revelation* in the *Bible* for a description of what to expect within the next few years as this planet gains speed and comes nearer in its orbit. About 7 years later there is predicted to be a milder disturbance as it passes beyond our Sun on its journey back to the other sun which it orbits.

The time element that I have read for this to be at its maximum damage distance is late spring/early summer 2003.

Naturally, the governments aren't telling us this, but the elite of the world are certainly scurrying in preparing to save their own necks.

MURDER IN THE GOLD MARKET: BILLIONAIRE'S MYSTERIOUS DEATH

Update by Sherman H. Skolnick <skolnick@ameritech.net> 12/8/99: [quoting]

Since my original story about the strange death of Edmond J. Safra, it was announced as if the matter is closed by the alleged confession of Safra's male nurse, stating that the nurse supposedly set the fire himself.

Please note: the Monaco police are puzzled by the following:

(1) The male nurse was hired 5 months previously. (That puts it about the time the Bank of England together with Safra's bank empire were implicated reportedly in a plot to force down the price of gold.)

(2) The Monaco police are puzzled after a psychiatric study of the male nurse. He was hired at the huge sum of 600 dollars PER DAY. Yet, the male nurse was apparently known to be deranged and unstable. He was formerly part of secret operations, as with the U.S. Green Berets, possibly as part of a reported "hit" team.

(3) Under these circumstances, the police and others are pondering whether some criminal gang, such as the Russian mafia, who had grievances against banker Safra, arranged to plant the "male nurse" in Safra's dwelling to arrange whatever caused his death. This also opens the matter to some discussion that this "male nurse" was prepared to take the rap, or be the patsy, if his story unraveled.

Can they prosecute him if he is a "mental case"? In the U.S., such a criminal suspect or defendant is sent away for "treatment" rather than put on trial. And more: was the "male nurse" planted by some intelligence agency having a motive, as in my earlier story, to snuff out banker Safra?

(4) the monopoly press, having downplayed or left out entirely these details, gives the false impression it is a simple matter and the case is closed. NOT SO.

The founder and major owner of an international financial empire, active in clandestine gold trading, was murdered. This occurred at a key point in the gold market.

Highly secretive, Edmond J. Safra died in a pre-dawn incident when two alleged masked intruders reportedly got into the heavily-secured building in Monaco, and started a fire in or near his two-story penthouse apartment. His copper-domed dwelling is atop a six-story pink stucco building containing the branch of the bank he founded and of which he was the major owner, the Republic National Bank of New York and its subsidiaries, such as Safra Republic Holdings of Luxembourg. He lived a short distance from the Grimaldi family royal palace and the Monte Carlo casino.

Safra was officially a resident of the tax-haven principality notorious for its gold smuggling and its shoreline docks and warehouses used to transfer contraband worldwide. [SEE FOOTNOTE ONE.] Ships, some reportedly without names or identification, load and unload there.

Monaco police are puzzled as to the apparent absence of his bodyguard. Was it an inside job? Safra died, suffocated from the blaze. Was the latest arson ingredient used, namely, rocket propellant, which burns furiously and rapidly, leaving little trace? Formed in 1966, Safra's banking and precious metals empire was founded and built primarily after the creation of the State of Israel, by Safra acting as the savvy money laundry expert for wealthy Sephardic Jews desiring to extract their fortunes as they were fleeing Arab countries where they resided. Safra was reportedly an expert on gold smuggling and the use of the precious metal in secret financing of covert operations, such as political assassinations, by intelligence agencies, such as the American CIA. [SEE FOOTNOTE TWO.]

During 1999, gold bullion had declined to about \$252/ounce, a record low in recent years, more than \$30/ounce below the COST OF PRODUCTION of the most efficient gold mines, those in Canada. South African mines, going so deep in the Earth and costly producers, complained they were being ruined. One such mine went into bankruptcy.

Gold bullion prices had a momentous upswing after September, 1999, when most of the European central banks made a surprise

announcement that they are deferring, for five years, the dumping of gold which previously they had done, supposedly because they did not like to have gold in their reserves anymore.

Just prior to that, the Bank of England held a gold auction, supposedly of some of its reserves. Actually, the Bank of England was offering gold owned only on paper, not actual gold in their possession. Upon the downfall of the Soviets, corrupt former Commissars stole thousands of tons of the Soviet gold treasury and made a crooked deal with the Dutch, beholden to the Vatican.

A Dutch bank octopus, Algemene Bank Nederland, ABN, has reportedly been using that stolen gold to buy numerous banks in 15 U.S. cities. ABN's American flagship is La Salle National Bank of Chicago, a long notorious haven for secret accounts to bribe state and federal judges through offshore funds parking.

The Dutch parked this former Soviet gold at or near an airport in Switzerland, for swift, clandestine shipments anywhere on the globe.

Basically, the Bank of England was thus offering by auction Soviet gold they did not own. When currency and gold pirate, George Soros, found out, he began an attack on the Bank of England, whereby gold shot up to almost \$330/ounce. This was caused, in part, by Soros pressing for actual DELIVERY of the gold offered by the Bank of England, on paper, sold to Soros and others.

The possibility of demand for DELIVERY is a key part of commodity trading, although actual delivery is seldom demanded. Caught in the middle of the squeezing of the Bank of England and other "short sellers", among those selling borrowed or stolen gold not yet in their possession was reportedly Republic National Bank and Safra's gang of gold smugglers and worldwide criminals.

One well-informed commentator on the rigging of the gold market, calling his essay "I Accuse", said the Republic National Bank was part of an anti-trust monopoly fraudulently forcing down the price of gold, damaging gold mine shareholders, and various smaller nations. [SEE FOOTNOTE THREE.]

Thus, using his inside knowledge, George Soros launched his attack, thereby fingering and blackmailing the criminal operations of the Bank of England and an accomplice, Goldman Sachs brokerage. Realizing gold is the "killer metal", and his opponents were relying on stolen gold not in their possession, Soros apparently was using the two-faced Safra and Safra's reported precious metals assassins.

Entering into this picture was Alan Greenspan and his highly conspiratorial PRIVATE BANK called the Federal Reserve, used in efforts to rescue those caught in the short-selling trap worked by Soros. Soros was demanding huge DELIVERY from Goldman Sachs, a major gold contract peddler.

To force down the price of gold by criminal means, Goldman Sachs and others had sold short, subject to DELIVERY, the equivalent of TEN YEARS OF GOLD MINE PRODUCTION worldwide! And Safra and gang were in the middle.

A default of a short-selling contract results in the "long" buyer owning everything of the short seller. Soros was about to own Goldman Sachs and have an armlock on the Bank of England.

So Goldman Sachs reportedly was considering the invoking of a seldom-used contract provision called "force majeure" that an Act of God, horrendous storm, or such, made fulfilling the gold contract impossible. Of course, under the facts, this would be a ridiculous assertion by Goldman Sachs as aided by Greenspan. (Critics call him REDSPAN, since he acts like a rotten Soviet Commissar.)

To again fraudulently force down the price of gold, in December 1999, the Bank of England conducted another "phantom" gold auction, purporting to sell what they did not possess—that is, the gold stolen by the Moscow criminals and handled by the Dutch with the aid of the Vatican and the Swiss. Just as gold started to collapse again, Edmond J. Safra was murdered.

This is not the first time such an assassination happened. At a key point in gold treachery in the 1970s, a major gold promoter who tangled with the paper-money crowd like the Rockefellers, was thrown to his death from the window of a building in Indianapolis, Indiana.

A flood of stories has developed—such as Safra was murdered by the Russian mafia because he double-crossed them on Russian ruble gambling, and that Safra's gang were going to finger the Russians with specifics of how the Moscow bandits embezzled billions of dollars from U.S. foreign aid and the International Monetary Fund, and others, and reportedly washed the sums through Safra's money ships.

Then there are the stories that the accused dope-money laundry, Bancomer, a Mexican bank empire now spread out across the world, was reportedly criminally implicated with Safra and gang—and this jointly with the money laundry experts disguising dope money as "soybeans" and "foreign currency" and "gold" dealing on the Chicago Board of Trade, the Chicago Mercantile Exchange, the Chicago Stock Exchange, and the Chicago Board Options Exchange.

The more likely explanation? That the French CIA, operating in their neighbor Monaco, snuffed out Safra. Remember, the French are great fanciers of gold. When real problems develop in Monaco, the authorities there call upon their neighbor, the French police. Yet in Monaco they have some 300 police officers for about 25,000 residents—a

higher proportion than in nearby Nice, France. Once in a position with the secret political police to understand such things, Safra doesn't laugh anymore. Ha! Ha!

FOOTNOTE ONE: Princess Grace, once a movie star called Grace Kelly, then becoming wife of Grimaldi, the Monaco royal family, was murdered in a sabotaged car crash on a hill between Monaco and France. Some claim she was silenced. She apparently spoke too much about the traditional Italian and Sicilian mafia and their use of the warehouses on the Monaco shoreline and gold smuggling. Also, "founding father" Joseph P. Kennedy, of the Kennedy clan, lived in Monaco late in his life to be able to work secretive gold deals for his family in the U.S. where, up to 1975, gold ownership by U.S. citizens was against federal law.

FOOTNOTE TWO: In 1995 we taped a one-hour TV show, part on-location, regarding a former member of the London Gold Pool, John Tarullo, and his links to the highly corrupt First National Bank of Cicero. Tarullo was tightly wound into that bank, the dominant figure of which has been Bishop Paul Marcinkus—up to 1991, head of the Vatican Bank. Now in the U.S., Marcinkus is wanted in Italy on charges of gold smuggling and dirty money washing through the Vatican Bank, jointly with the American CIA and the traditional mafia.

Marcinkus protects himself with his Vatican passport. He was originally from the long notorious Chicago mafia-enclave suburb of Cicero—Al Capone land. For many years, Tarullo, as he admitted to us, lived near that Bank, was active there, and arranged worldwide clandestine gold deals for the American CIA and others in the secret political police. (Sort of like Edmond J. Safra.) Tarullo was found murdered on the day in August, 1995, when our public access cable TV show was aired.

FOOTNOTE THREE: As to the "I Accuse" accusations against Goldman Sachs, Republic National Bank, Rockefeller's Chase Manhattan Bank, and others, criminally manipulating gold, see Ted Butler's "I Accuse" posted at the website <www.gold-eagle.com/golddigest99/butler112299.html>, posted by Gold Anti-Trust Action Committee Inc. <www.gata.org>.

* * *

Since 1958, Mr. Skolnick has been a court reformer. Since 1963, founder/chairman, Citizen's Committee to Clean Up the Courts, disclosing certain instances of judicial and other bribery and political murders. Since 1991, regular panelist, since 1995 moderator/producer, *Broadsides* public-access cable TV show, cablecast in Chicago each Monday, 9 p.m., channel 21 cable.

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Website: <www.skolnicksreport.com> (Note "s" after name in URL). E-mail: <skolnick@ameritech.net>. YOU ARE URGED TO RE-POST THIS STORY FAR AND WIDE, PROVIDING YOU DON'T TAKE STORY OUT OF CONTEXT OR BUTCHER IT UP. [End quoting]

ROBERT COHEN RIPS MONSANTO OVER RBGH ON C-SPAN

From the Internet, Sightings <http://www.sightings.com>, 12/4/99: [quoting]

From Betty Martini <Mission-Possible-USA@altavista.net>.

Subject: Robert Cohen's FDA Testimony on RBGH! Stand up and cheer!

Robert Cohen appeared on an FDA panel in Washington on Tuesday, November 30, 1999. Some of you may have seen his speech on C-Span. Mr. Cohen spoke last, and each of the other panel members read prepared statements. Members of the panel also included Mildred Cody, who represented the American Dietetic Association; Mario Teisl, a professor of economics at the University of Maine; John Gray, president of the International Food Service Distributors Association; Kendal Keith, president of the National Grain & Feed Association; and Richard Caplan, an environmental advocate with the US Public Interest Research Group.

TESTIMONY 11-30-99

Hi everybody, I've got to apologize first—I don't have a prepared statement like the other panel members. All I'm going to give here is some facts.

I have a copy of the Federal Register. It says here, advertising this meeting: "FDA is not aware of information that will distinguish genetically engineered food as a class from other foods."

[ROBERT COHEN TURNS AND ADDRESSES FDA PANEL MEMBERS.]

I'm going to give you some information today, guys.

The greatest controversy in FDA history was the approval process for Monsanto's genetically engineered bovine growth hormone. We shouldn't be here today! We should not be in this room and I shouldn't be here because, in 1994, Congress HAD A BILL that was going to require mandatory labeling of all foods that were influenced by genetic engineering.

I got my Congresswoman to co-sponsor that Bill-181, congresspeople co-sponsored that bill,

and you know what? I learned how Congress works that year, because in 6 months they stalled the bill; 12 members of the Dairy Livestock & Poultry Committee—they stalled the bill until the 1994 session of Congress expired and the bill died.

I was so upset, I investigated these 12 men and found that collectively they took \$711,000 in PAC money from companies with dairy interests; and four of the members of the committee took money directly from Monsanto.

Now we've got a lot of political intrigue and some real science here. We've got science fiction, we've got a combination of John Grisham and we've got a combination of Stephen King.

Nikita Khrushchev said that what the scientists have in their briefcase is terrifying.

[ROBERT COHEN THEN OPENED HIS BRIEFCASE AND PULLED OUT A STACK OF PAPERS]

And I've got some interesting things in my briefcase to share with you today.

When Monsanto made their genetically engineered bovine growth hormone, they noticed a couple of problems right towards the end—right before approval. They noticed that laboratory animals were getting cancer, and they noticed that cows were getting mastitis, ulcers in their udders. They were putting more pus and bacteria into the milk.

We've heard from Dr. Maryanski this morning, and Dr. Maryanski talked about the Pure Food, Drug, and Cosmetic Act, but what he didn't tell you was that, in 1958, Robert Delaney, a congressman from New York, added the Delaney Amendment which was named after him.

The Delaney Amendment stated that if a food additive caused cancer, it was not to be approved—a pretty good law, right? Monsanto got their attorney, Michael Taylor, from the firm of King & Spalding. By the way, when they started in 1979, they groomed their attorney who is now in the Supreme Court, Clarence Thomas, from the same law firm.

Anyway, Monsanto's attorney, Michael Taylor, wrote and minimized the Delaney Amendment. He wrote a scientific paper that was published in the *Journal Of Toxicology*. Lawyers—they write in law review journals; but this lawyer wrote in the *Journal Of Toxicology*. "A De-Minimus interpretation of the Delaney Amendment" became the new protocol, the new standard operating procedure at FDA. They minimized cancer.

Michael Taylor was hired by the Food & Drug Administration, and became the second most powerful man there—Monsanto's attorney. He wrote the standard operating procedure. In other words, if you see cancer, ignore it. Margaret Miller and Suzanne Sechen, Monsanto's scientists, were hired by the FDA to review Monsanto's own research.

Margaret Miller knew cows were getting

mastitis. The first week at the FDA, December 3, 1989, she was given broad power, and here's an effect of genetic engineering nobody has considered. She knew cows were getting sick from the genetically engineered hormone. She changed the amount of antibiotics that farmers could have in their milk. **She changed it from 1 part per 100 million, to 1 part per million. This is a fact! She increased it by 100 times!**

There is a hero of mine in the audience, Michael Hansen from Consumers Union—Consumers Union tested milk in the New York metropolitan area and found the presence of 52 different antibiotics in milk samples.

FDA published, on August 24, 1990, the first time ever in a peer-reviewed journal, in *Science*. *Science* was started by Thomas Edison in the 1880s. They published a review of bovine somatotropin—RBGH—the genetically engineered cow hormone. And in that review, there were seven tables of data. Five of those tables came from one study, authored by Richard, Odaglia, and Deslex. This is the famous "90-Day Study".

Guess what? This was actually a study lasting for 180 days, and when I first heard about this in 1994, I filed a Freedom of Information Act Request for that study—because I saw from the data that the average spleen of a lab animal increased 46%.

I called FDA and spoke with Dick Teske. I said: "46%? You said there were no biological effects!" He said, "That's not statistically significant." I said, "Well, let me see the raw data." He said, "It's a trade secret."

I called Monsanto; they laughed at me. They said, "It's a trade secret and you will never see it." I'm smart, I filed a Freedom of Information Act Request, but I didn't realize you can't find out the study. I went to Federal Court; I said, "Your honor—spleen increase of 46%, that's leukemia in 90 days!" I met with FDA on April 21, 1995, and found out that this was actually a 180-day study.

In Canada, they had this study. I have a letter here [ROBERT COHEN REACHES INTO HIS BRIEFCASE], an internal memorandum: "This is to advise you that the copies of reports, letters, etc. for drug submissions have been stolen from my files." This was stolen from a scientist's file in Canada. They stole the second half of the "90-Day Study". We've got real science here. I'm going to talk briefly about the real science because, when Monsanto made this hormone, they had to tell the FDA—they had to draw a chart of every amino acid—the 191 amino acids. And when FDA wrote their paper in *Science* magazine, they wrote that one amino acid changed—it was a different hormone than the naturally occurring one.

At the same time, somebody hired C. Everett Koop to come and say that genetically engineered milk and the good old wholesome

milk are indistinguishable. Well, it wasn't. Something happened to the hormone that Monsanto made. The FDA said that there was one change in the end amino acid. It became epsilon-N-acetyllysine. FDA had written, if there was a change in the middle of the protein, there could be disastrous results. They cited Jerome Moore. I got Jerome Moore's paper. It said if there is a protein change in the middle, there could be Alzheimer's or sickle cell anemia or diabetes.

Four months after the hormone was approved, one of Monsanto's scientists, Bernard Violand, published in the July 3, 1994 issue of the journal *Protein Science* evidence that Monsanto made a mistake.

Oops! Monsanto created a freak amino acid. Did you ever see that movie *The Fly* with Jeff Goldblum when the fly comes in and he becomes half-human and half-fly? Monsanto created a freak amino acid. Monsanto admitted it, but didn't tell the FDA. [ROBERT COHEN TURNS AND POINTS TO THE FDA PANEL MEMBERS].

Gentlemen, the hormone that's on the market today is different than the one you tested for seven years. Monsanto spent \$500 million, submitted 55,000 pages of information to you, and then learned, late in the process, that they created a freak amino acid. That's what was tested on laboratory animals and it didn't matter, because FDA said to Monsanto, "You know something? It's safe because, when you pasteurize milk, you destroy the hormone."

They performed this research up in Guelph, Ontario by Paul Groenewegan, and I've got his study. [ROBERT COHEN AGAIN ADDRESSES FDA PANEL MEMBERS]

To this day, FDA thinks—it's on your web page—that 90% of the bovine growth hormone is destroyed by pasteurization. But what Paul Groenewegan did, working with Ted Elasser and Brian McBride, two Monsanto scientists, was **he pasteurized milk for 30 minutes at 162°F, and when I read that—I said, wait a second, milk is pasteurized for 15 seconds at that temperature—not 30 minutes. They intentionally tried to destroy the hormone; they only destroyed 19% of it! Somebody lied.**

And at that moment, FDA said to Monsanto: "Because you destroy it by pasteurization, you don't have to do further toxicology studies. You don't have to develop a test for this hormone in milk. It's now safe to drink." They (FDA) developed a zero-day withdrawal—they determined it was safe to drink.

We have a lot of political intrigue here. We have an interesting situation

where people have said that a revolving door policy exists at FDA. I mean, where is the ex-FDA commissioner? Guess who he is working for? He is working for Monsanto.

Bob Dole ran for President. His Chief of Staff was Donald Rumsfeld—ex-president of Searle, owned by Monsanto.

I have one last comment. [AT THIS POINT, THE MODERATOR INTERRUPTS MR. COHEN AND TELLS HIM TO WRAP IT UP AND TO ADDRESS LABELING.] I know, but we have a labeling issue here. We have a right to know. I have listened to comments about a "multi-faceted educational effort that we need". That's called brainwashing! I don't want a "multi-faceted educational effort"—I want a double helical structure [AUDIENCE APPLAUDS] on a piece of food that I'm going to buy in the supermarket because I have a right to know.

Because the bottom line is—mistakes were made, and when I hear from the American Dietetic Association [ROBERT COHEN ADDRESSES A MEMBER OF THE AMERICAN DIETETIC ASSOCIATION WHO PREVIOUSLY SPOKE AGAINST LABELING], I want to remind you that Monsanto gave you \$100,000 to set up a toll-free hotline about the bovine growth hormone.

Mistakes were made! We've got political intrigue here. And the bottom line is, we have a right to know what we are eating! Thank you. [APPLAUSE]

***** End testimony 11-30-99*****

<<http://www.wellnow.com>> Well Now Health Information Service, Box 15524, Atlanta, Georgia 30333; eFax: (419) 793-3043.

1. Take the 60-day, No Aspartame Test and

send us your case history. Mission Possible International, 9270 River Club Parkway, Duluth, GA 30097 USA; 770-242-2599.

2. Tell your doctor and all of your friends!

3. Return Aspartame food to the store. (anything with Monsanto's NutraSweet/Equal/Spoonful/Benevia/NatraTaste); visit <<http://www.dorway.comh>>. Get links to over 200 sites on aspartame; visit <<http://www.holisticmed.com/aspartame/>>. FAQs & Cases, visit <<http://www.notmilk.com>>. Exposing Bovine Growth Hormone Disability and Death are not acceptable costs of business! Visit <<http://www.icanect.net/sunpress/>>. Books on aspartame by Dr. Roberts.

[End quoting]

Let's not let Monsanto get away with this any longer. They got stopped on their terminator seed and this poisoning of our milk supply can be stopped too.

And speaking of the hero that Cohen mentioned from Consumers Union, pages 36-37 of the most recent (January 2000) issue of *Consumer Reports* magazine (published by Consumers Union) also addresses this issue of hormone-laden cows, in conjunction with a discussion of a STEEP RISE in organic milk sales. This should come as no surprise as the public becomes more aware of government deceptions in favor of big-money agribusiness interests.

Another important issue to note is the way science and scientists are being used as paid prostitutes of big business. One would think that none of these scientists have children or other family members who drink milk. Or is the matter of conscience now completely overridden by money?

GM FOOD BANNED AT MONSANTO'S BRITISH HQ

From the Internet, 12/23/99: [quoting] Dear Health Freedom Fighters,

In an ironic turn of events for Monsanto, the company's own caterer has banned genetically modified foods from their London headquarters. Below is an article, from Reuters news service.

Enjoy! I guess Santa came a few days early this year. — Craig Winters, Executive Director, The Campaign to Label Genetically Engineered Foods, PO Box 55699, Seattle, WA 98155; tel: 425-771-4049; fax: 603-825-5841; e-mail: <<mailto:label@thecampaign.org>>; Website: <<http://www.thecampaign.org>>. Mission Statement: To create a national grassroots consumer campaign for the purpose of lobbying Congress and the President to pass legislation that will require the labeling of genetically engineered foods in the United States.

By Lyndsay Griffiths, LONDON, Dec.



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22 (Reuters)—U.S. biotechnology giant Monsanto Co. admitted on Wednesday that caterers at its British headquarters had banned some of the genetically modified (GM) food it is busy promoting.

The GM foods have been pulled from the firm's staff canteen in response to widespread fears in Britain about the health and safety implications of the controversial technology.

"In response to concern raised by our customers...we have taken the decision to remove, as far as it is practicable, GM soya and maize from all food products served in our restaurant," Granada Food Services, which runs the canteen at Monsanto's High Wycombe office, said in a notice to staff.

Granada said it would continue to sell pre-packaged foods, mainly confectionery, that contained GM ingredients, so long as they were appropriately labeled.

"We have taken the above steps to ensure that you, the customer, can feel confident in the food we serve," said Granada in its notice, which was posted in all the outlets it supplies.

Monsanto is at the forefront of trials of GM crops, which have stirred widespread opposition in Britain.

News of the ban, which was imposed in September, is a fresh embarrassment to the firm, which dismissed the controversy as "a Christmas story" and played down all talk of double standards.

Spokesman Tony Combes admitted the ban had been imposed, but denied it was in response to concerns voiced within Monsanto.

"One of the key points of GMs is you don't have to put so much chemicals on the crop so our staff are happy to eat food sprayed with fewer chemicals," he told Reuters.

Granada said it had pulled GM maize and soya from all its outlets and would maintain that policy at Monsanto unless requested otherwise.

"It's a blanket policy across Granada. It is not due to Monsanto customers asking us to remove GM food, but we have had requests from other customers at other operations," Lesley Potter, the group's communications manager, told Reuters.

Friends of the Earth (FoE), the environmental group that revealed the ban, said this was just the tip of the iceberg when it comes to concern about GM—albeit a deliciously ironic one.

"Of course this is embarrassing. Of course this is amusing," FoE spokesman Neil Verlander told Reuters. "But there is a serious point: the extent to which there has been an outcry against GM foods in this country." The House of Commons, the Scottish and Welsh assemblies, the European parliament, most leading British food manufacturers and top restaurant chains had all pulled GM food, he said.

Supermarkets have removed GM products

from their shelves and campaigners have wrecked GM field trials due to fears the technology could harm the natural environment.

"I would imagine that a biotechnology canteen would be one of the few places you'd find GM food—but apparently not at Monsanto's UK headquarters," Verlander said [End quoting]

Monsanto has been getting a number of "black eyes" lately.

Protest does work—if it is applied with wisdom.

INFANTS AND SERVICE PERSONNEL ARE THE MAIN GUINEA PIGS FOR NEW VACCINES

From the Internet, 11/10/99: [quoting]

It isn't often that federal bureaucrats admit to embarrassment, but the *New York Times* reported on October 23 that it was "highly embarrassing to federal health officials" to have to admit the "causal association" between the RotaShield rotavirus vaccine and the painful condition called intussusception.

The embarrassment was aggravated "in part because the vaccine was 23 years in development and much of the work was done at the National Institutes of Health." It isn't enough, however, that these health officials admit they are embarrassed. They should be apologizing and expressing deep and sorrowful regret for the terrible damage they have done to infants. Intussusception is a bowel obstruction caused by one portion of the bowel sliding inward, like a telescope, into another part of the bowel, causing a previously healthy infant to scream in terrible pain, and often requiring surgery to repair.

The government's formal position until October 22 had been that all infants in the United States should receive three doses of the vaccine, at 2, 4 and 6 months of age, although caution was expressed by the Centers for Disease Control (CDC) on July 15 and the manufacturer withdrew the vaccine from the market on October 15.

CDC immunization spokesman Dr. John Livengood said that the health officials' decision to withdraw the vaccine recommendation reflected a stepped-up review of scientific evidence, which showed that the rotavirus vaccine appeared to cause intussusception in about 1 in 5,000 recipients, and that vaccinated babies were 25 times as likely to develop intussusception three to seven days after the first dose as those who did not receive it.

What is so shocking about this admission is that the high rate of intussusception was known before Food and Drug Administration (FDA) approval in August 1998. The raw data were kept secret and the CDC went ahead with its recommendation.

Another disturbing piece of news is that,

of the federal health advisory panel's 12 members, only 4 voted, all for the recommendation to withdraw use of the vaccine. We are told that the others were absent "because of emergencies or abstained because of ties to the manufacturer or other conflicts of interest". It is unacceptable that members of the advisory panel are permitted to have conflicts of interests, and it's no answer to say they merely don't vote on the decisions where their conflict of interest is immediate. Panel members should represent the public, not be beholden to the pharmaceutical companies or the CDC.

All the raw data supporting any vaccine recommendation should be made public so they can be reviewed by disinterested parties. Many infants would have been saved from the intussusception tragedy if the raw data about the rotavirus tests had been available to the public.

We are long overdue for a Congressional investigation to educate the public about the current process of mandating vaccines, the secrecy about raw data, the failure to do risk and cost-benefit analysis, and the role of the pharmaceutical corporations in lobbying for mandates. The American people have a right to know exactly how and why the CDC disregarded the danger signals in the test data and recommended the rotavirus vaccine anyway.

The Association of American Physicians and Surgeons has urged Congress to investigate the process by which vaccines are approved and recommended.

The public is entitled to know if government approval is a political rather than a scientific decision, as well as the fact that government mandates are what make vaccines so commercially profitable.

Parents are beginning to fear that the real clinical tests may be post-mandate instead of pre-mandate. When the CDC can conceal the raw data about the pre-tests and reveal only summary statistics, it's easy to distort the results, recommend a vaccine for all infants, and make the universal use of the vaccine the

NEWS AND ARTICLES

News articles and clippings can be submitted to:

Dr. Al Overholt
P.O. Box 1567
Tehachapi, Ca 93581
email: alo@tminet.com

As always, I appreciate the many contributions you readers make to this column. God Bless!

real test.

This process amounts to experimentation on humans without telling the recipients or their parents that the vaccine is experimental. President Clinton poured gasoline on the fires of this vaccine scandal on September 30 when he issued Executive Order 13139 requiring military personnel to receive experimental vaccines that don't even have FDA approval.

It appears that EO 13139 is an attempt to finesse Pentagon responsibility for administering the controversial anthrax vaccine to all military personnel. The Defense Department has been inoculating for inhalational anthrax even though the only FDA approval, issued nearly 30 years ago, was only for cutaneous anthrax (contact through touch).

Hundreds of servicemen (including dozens of pilots) have resigned rather than submit to the anthrax vaccine because they have observed or heard about adverse reactions in many of their peers. Dozens of military personnel have been prosecuted and punished for refusing to be inoculated, and more than 1000 are now awaiting trial.

Infants and military personnel are two groups of Americans subject to medical decisions made by others. Is our government using those two groups for human experimentation with inadequately tested drugs?

[End quoting]

While the above is shocking news in its own right, it is a story that has often been repeated within the corridors of modern medicine. The real issue has to do with how many such experiences it seems to require before people wake up to the fact that the so-called "elite" controllers of this planet don't make vaccines to help us, but to help them get richer from us, and to help them in their DEPOPULATION PROGRAM. The irony is that we get to pay for our own demise.

MARS POLAR LANDER AND WHAT "HERR GOVERNMENT" ISN'T TELLING YOU

From the Internet, courtesy of Calvin Burgin, <wrldline@texas.net>, 12/25/99: [quoting]

The Mars Polar Lander is working just fine, only for NSA (National Security Agency). Check it out and post if you think appropriate.

Aloha,
ANON

By the way, I have seen what appears to be the same type "creature" on Pathfinder images.

<http://www.deja.com/getdoc.xp?AN=562001472&fmt=text>

From: dont@wanna.die (Concerned)

Subject:

Date: 17 Dec 1999 00:00:00 GMT

M e s s a g e - I D :
<385a7cc7.131475874@news.alt.net>
Newsgroups: sci.space.history

I'll probably be killed for what I'm about to reveal, but here goes:

The Mars Polar Lander has all along been working flawlessly. Immediately after landing, a special NSA subsystem override took over operation of the craft from its normal operating software. Transmit and receive frequencies were shifted and all signals encrypted. What the NSA override software keys on is unknown, but the pictures and data coming from the probe are most telling.

- The entire landing site seems to be inhabited by small turtle-like creatures. Whether or not they are reptilian is unknown. The creatures show no interest in the probe and seem to spend their time grazing on a moss-like substance.

- The site is littered with what can only be called industrial waste. Pipe, metal cylinders, what look like I-beams, and many other miscellaneous man-made (?) objects. The NSA is sure the junk isn't Russian or American, so if it isn't ours, whose is it? The site also seems to have been deserted for many, many years.

- The Lander has twice imaged an object moving at high speed. The object is right at the edge of the resolving power of the optical system—in other words, the pictures were taken at very long range. Estimates put the speed of the object at between 40-80 km/hour. It's dark in color and seems to move like a wheeled vehicle.

This is all the information I have at this time. [End quoting]

Of course there is no way to verify the accuracy of this information, but quite a few people have awakened enough to become very suspicious when yet another Mars Lander all of a sudden "died" once it got into the vicinity of its Mars destination.

HOW MUCH WILL YOU TAKE??

From the Internet, <para-discuss@tje.net>, 12/1/99: [quoting]

[Geoff Metcalf Exclusive Commentary; he is a talk-show host for KSFO in San Francisco:]

Frederick Douglass once observed: "Find out just what people will submit to, and you have found out the exact amount of injustice and wrong which will be imposed upon them; and these will continue until they are resisted with either words or blows, or both. The limits of tyrants are prescribed by the endurance of those whom they oppress."

What will the American people submit to?

- Taxes: When the income tax was first proposed it was only for 1 percent. One percent of the camel's nose into the tent—the big lie of incrementalism.

- Fractional banking and the Federal Reserve: The Ponzi schemes of the century, DESIGNED to fail.

- The 17th Amendment: Separating U.S. Senators from the people they are supposed to represent "for the greater good"??

- Gun control: People don't need military weapons to hunt. Excuse me, the *Second Amendment* was designed not to grant a privilege, but to acknowledge an inalienable/God-given right! The Framers wanted the citizenry armed, specifically so as to provide the means to overthrow a tyrannical government.

- Smoking: Hey, smoking is bad. How about designated smoking sections in restaurants? Tell ya what, let's ban smoking in restaurants and move it to just the bar area. Wait—smoke moves around—if you want to smoke, you'll have to do it outside—unless you are in California, then you'll have to smoke in Nevada.

- Privacy: Gee, what have you got to hide? If you're not doing anything wrong, it shouldn't matter if your government knows everything and anything about you from cradle to grave? You can trust your government—the same government that sells classified nuclear secrets to enemies for campaign contributions.

- National ID cards linked with some flavor of biometric identifier: First it was the corruption of the Social Security number into a national ID number; next they want a thumbprint or retinal scan. Eventually (if the incrementalism is unchecked) our grandchildren will be fitted with sub-dermal biochip implants. [Already being done!]

What WILL the American people accept? Too damn much! There was a recent story about a couple of bad guys who were caught with the benefit of whiz-bang technology. An Altoona father-and-son burglary team was arrested after investigators got some help from a monitoring device that tracked their movements by satellite.

"Authorities obtained a search warrant to place the Global Positioning System (GPS) monitoring device in the suspect's car, and then matched his travels around Iowa with reported burglaries." There is a TV commercial bragging about a GPS system that can and will call you if or when you have a breakdown. Cool! Someone, somewhere knows exactly where you are all the time. That can be very reassuring and comforting—unless the folks tracking you don't have any respect for your best interest or privacy.

Technology exists, and is in use—which permits someone you may not want to—to have the power to shut off your car, find your exact location, and more. A recent caller to my radio talk-show reported of an incident in which he drove a rental car from Nevada into Arizona for some sightseeing. Moments after crossing

the state line into Arizona, a NEVADA police car pulled up to inquire if he was all right, and what was he doing in Arizona? The police had been notified a Nevada rental car had crossed a state border.

On-board diagnostic systems in newer cars allow “someone” to render the car inoperable. If you don’t make a child-support payment, are late on taxes, fail to respond to a summons, etc., your car can be rendered inoperable.

Some will say “Good! Serves the deadbeat so-and-so right!” However, what if the report is a clerical error? What if the bureaucrat making the decision to stop your car is not using the tool as a champion of justice, but (as Joe Farah and the Western Journalism Center discovered about their IRS audit) the action was prompted by “political motivation”? Consider the potential for harassment.

What if every Western Journalism Center writer, every Congressional opponent, every administration critic suddenly was rendered car-less. THAT might get some attention even the mainstream co-conspirators couldn’t ignore. However, what if not everyone was halted at the same time? What if “bureaucratic oversights”, administrative “whoops” were to happen randomly and periodically? The key goal and objective of the tyrant is to CONTROL. Whether it is gun control, smoker control, tax control, or control of the ability to freely move.

In order for any tyrant to oppress a people, it is necessary to control the crucial elements of their lives. Control of their money, fuel, food and water, and freedom of movement accomplishes that. In order to prevent them from rising up against a tyrannical government, it is necessary to disarm the people.

Now, before you sluff this off as the paranoid ramblings of another radical right-wing wacko, please take a moment to connect the dots.

Long ago the Army taught me to do a SWOT analysis in developing a situation report.

SWOT stands for Strengths, Weaknesses, Opportunities, and Threats. Here is your homework assignment: Do your own SWOT analysis of our contemporary republic.

What are our remaining strengths? What are the potential opportunities? What are the current and pending weaknesses? And lastly, list the current and potential threats to the *Constitution* and *Bill Of Rights*? If you honestly and objectively complete the above assignment, you can join the ranks of those who love their country, but distrust their government. [End quoting]

The above would be very good exercise for all of us to do, especially those who think everything is just fine and the “conspiracy nuts” are simply overreacting paranoids. We here at *The SPECTRUM* notice that most of our best correspondence comes from those whose lives

have spanned a long enough time to easily see just how much this once-great country has deteriorated.

VIRGINIA MEDICAL CENTER TO IMPLANT MICROCHIPS IN NEWBORNS!!

From *FREE AMERICAN NEWSMAGAZINE*, Nov. 1999: [quoting]

It was bad enough to learn that the U.S. military had already begun injecting microchips into soldiers for tracking and monitoring/I.D. in the Desert Storm Gulf War. [Some evidence suggests this has been going on since the Korean War; and also consider the mind-control implications for making good “fighting machines” according to a feature article elsewhere in this issue of *The SPECTRUM*] This of course allowed the generals to track every man and woman by satellite for recognizance purposes.

(Can you spell “f-i-e-l-d t-e-s-t”?)

Now, the University of Virginia Medical Center has immediate plans to inject microchips into newborn babies against parents’ protests under the threat of jail and a fine if the parents don’t submit willingly.

Here is some additional reading material for you:

#1: The University of Virginia Med. Center will begin to implant electronic chips in babies as soon as they are born. Parents who protest may become involved in lawsuits or lose their babies!! August 9, 1999 *TIME* magazine.

#2: “Typical American Family in 2008: The parents, the kids, and the dogs all have microships under their skin with ID and medical data.” September 22, 1997—*FORBES* magazine (technology), also related article in *Electronic Telegraph*, January 20, 1997: “Microchips In Every Person On Earth Save Time And Eliminate Pocketbooks, Purses And Coins.” Also *Electronic Telegraph*, October 6, 1998: “Microchip Implants To Foil VIP Kidnaps”.

Two months ago on A&E TV on *World Economics*, the last ten-minute segment featured the answer to international identification and money concerns—a computer chip on the forehead of every person on Earth! [End quoting]

Again we must ask the question of how such technologies are REALLY going to be used—rather than the rose-colored-glasses way in which they are presented as being used only for good. In the wrong hands (the likely case) these are sinister methods of people control.

EGYPTAIR FLIGHT 990

Have any of you noticed that, after the government admitted that they lied about what was on the voice recorder from the plane, there has been very little news about that flight, even

though almost all of the bodies as well as the main parts of the plane, were never found—if we go by the news that has been put forth.

Apparently the crooks in high places are hoping that their tried-and-true formula of silence (as much as they can get away with, without raising even more questions) is once again the best method for “helping” us to forget all about this incident. This in itself ought to tell us that some very high-up crooks are guilty of ordering the sabotaging of this plane. Go back and review our large compilation of astonishing information on this matter in the last issue of *The SPECTRUM*.

IS L.A. NUMBED TO OUTRAGE? POLICE CORRUPTION REPORTS ELICIT MINIMAL COMMUNITY RESPONSE

Excerpted from *THE DAILY NEWS*, Los Angeles, 12/12/99: [quoting]

One of the largest police corruption scandals in the history of Los Angeles has yielded startling revelations of officers dealing drugs, planting guns on innocent people, and now even a suggestion that one officer helped plan the murder of a rap star.

But perhaps most surprising of all is the lack of community outrage in a city that spawned virulent riots in 1992 and 1965, respectively, after a jury acquitted four officers in the beating of Rodney King and after the tragic stop-gone-wrong of Marquette Frye in Watts.

“I don’t know what it is about LA” said Ramona Ripston, executive director of the Southern California American Civil Liberties Union. “I’m shocked by the lack of response.”

No officers have been charged since the corruption was uncovered, none of the lawsuits filed has been resolved, and only two officers have been fired. Yet the only visible community response has been a rally in favor of the beleaguered police division at the center of the scandal.

The internal probe focuses on former Officer Rafael Perez, who in September began telling investigators about officers in the Rampart Street division involved in beatings, planting evidence, perjury, and wrongful shootings, one of which left a man paralyzed and in prison.

Perez’s information, given in return for a reduced sentence in a cocaine theft conviction, led to the dismissal of that and 10 other cases, as well as the suspension of a dozen officers. Dozens of other convictions are in question.

This week, police documents surfaced suggesting a link between Perez’s former partner, David Mack, and the shooting death of rap star Notorious B.I.G., whose real name was Christopher Wallace.

Detectives are looking into whether Mack, now in prison on a bank robbery conviction, conspired with Death Row Records founder

Marion “Suge” Knight to arrange the contract killing of the 24-year-old rapper as he left a party in March 1997.

Knight is a possible suspect in the killing, even though he was in jail at the time. Investigation notes show a witness placed Mack at the scene, and another picked him out of a photo lineup.

The police department calls the discovery of the corruption in the Rampart division a credit to its own internal oversight, while activists criticize officials for claiming the damage is limited to that division.

“If anybody thinks this is a thing that can get weeded out, they’re being naive” said the Rev. Gregory Boyle, who years ago began a project in East Los Angeles to give former gang members jobs. “This is not about weeding out the bad apples, it’s about changing the way business is done.”

The Rev. Richard Byrd, an activist with Los Angeles Metropolitan Churches, says the reason the community hasn’t protested is because the disclosures have revealed nothing new.

“Outrage comes when something out of the ordinary has happened” Boyle said. “In a community like ours, this has become part of the air you breathe.”

Lt. Sharyn Buck said the department investigates corruption whenever it becomes aware of it. [End quoting]

The truth of the matter is as the activist stated above—business as usual—so why would there be any cries of outrage from the citizenry? The only reason this kind of situation receives any sort of “we’re taking care of it” attention from the police department is when it cannot be internally contained and hidden from press and public.

Now sit back for a moment and contemplate a Martial Law-type of emergency condition (whether genuine or fabricated) wherein we lose even more of our freedoms to the directives of this calibre of law-enforcement personnel. Scary situation, don’t you think?

MMM...MYSTERY

U.S. MAY ALLOW MORE SOY IN LUNCHESES

From *THE DAILY NEWS*, Los Angeles, 12/24/99: [quoting] *Associated Press*

Worried about the fat in kids’ meals, federal officials want to let schools and day care centers serve tofu, veggieburgers, and other soy products as meat substitutes in federally subsidized lunches.

The Agriculture Department is proposing to drop its restrictions on how much soy can be used in meals. Under current rules, soy can only be a food additive and only in amounts of less than 30 percent.

President Reagan’s budget crunchers tried

to make tofu a meat substitute nearly two decades ago—at the same time they tried to reclassify ketchup as a vegetable—but they beat a hasty retreat when the idea became a lightning rod for opponents of his spending cuts. USDA officials deny their motive now is to save money, arguing instead that soy is a good source of protein.

“Its time has come” said Shirley Watkins, USDA’s undersecretary for food, nutrition and consumer services. “I think people are more receptive than they would have been five or 10 years ago.”

Livestock producers have expressed concern about the move, but schools like it because they are having trouble complying with government limits on the fat content of meals. And for the fastgrowing soy industry, the \$6 billion school lunch program offers a vast new market and a way to introduce families to the expanding array of new, better-tasting products that have been developed in recent years.

Although the proposal would allow schools to offer meatless entrees—tofu-stuffed ravioli is one menu possibility nutritionists say schools are more likely to use to increase the amount of soy that they blend into their standard fare: burgers, tacos and the like.

The question is whether kids will still eat them.

Market research sponsored by the United Soybean Board indicated the 26 million children who participate in the school lunch program would accept soy products. Kids, however, are notoriously finicky consumers, said Lincoln Pierce, director of nutrition programs for the Grand Junction, Colo., schools.

“If you tell kids there’s soy in it, they don’t seem to like it as well” said Pierce. “In blind tests they approve of it, but their heads haven’t caught up with their taste buds.”

Vegetarians and animal rights activists have flooded the USDA with letters and e-mail messages praising the proposal, but the change may have an impact they don’t want. Allowing a higher soy content will make it easier for schools to keep meat on their menus, said Carol Tucker Foreman, director of the Consumer Federation of America’s Food Policy institute. [End quoting]

Do you by chance think—with all of the bad publicity that large biotechnology companies such as Monsanto have received about soy (and other) products, and no doubt great hurting of their sales—that they are trying to bypass the normal consumer markets and foist these largely genetically engineered and often quite toxic products off on our children through legislation from their controlled political cronies?!!

The first clue that something is smelly about this deal is that the government claims to be worried about our children’s health. We ought to know by now that they are only attentive to

their pocketbooks and maintaining control over every facet of our lives.

They’ve been made to see the light on other issues recently—what are we going to do about this one??

Go back to the various News Desk items on this subject, especially in the last issue of *The SPECTRUM*, and definitely re-read “The ‘Soy Toxin Team’ Story” in this past July’s issue.

TAKE TWO TUNES AND CALL ME IN THE MORNING

NEW RESEARCH SHOWS MUSIC HAS THE POWER TO KEEP YOU HEALTHY

From *USA WEEKEND*, by Peggy Noonan, 12/17/99: [quoting]

Music has long been appreciated for its calming effects, but new research shows it also may have the power to restore and keep us healthy. Soothing sounds, from Tibetan chants to Beethoven symphonies, are being given scientific credit for preventing colds, easing labor pain, and even boosting anti-aging hormones. One recent study found that surgery patients who listened to comforting music recovered more quickly and felt less pain than those who did not. Sound therapy goes beyond recorded music: *The International Journal Of Arts Medicine* reports that infants in intensive care go home three days sooner, eat better, and gain more weight if the staff talks and sings to them.

“More doctors are seeing a connection between harmonious sound and health” says Mitchell L. Gaynor, director of medical oncology integrative medicine at New York Hospital’s cancer-prevention center and author of the new book *Sounds Of Healing* (Broadway Books \$25); a CD and audiocassette offer the same sounds and techniques he uses in his practice.

“If we’re around very harmonious people and harmonious vibrations and harmonious sounds, we begin to feel better” says Gaynor.

“I’ve never found anything more powerful than sound and voice and music to begin to heal and transform every aspect of people’s lives” Gaynor says. “It can really change people’s lives.”

He’s not alone. Samuel Wong, a Harvard-trained physician based in New York City, plays musical instruments to help patients with brain damage and Alzheimer’s disease reconnect to the world. M.D. is the abbreviation for both his jobs—he’s also music director of the Hong Kong Philharmonic and the Honolulu Symphony.

“When brain damage (from stroke, Alzheimer’s disease, etc.) leaves a devastated mental landscape, music ‘builds a bridge’ that allows patients to reconnect with the outside world” says Wong. “The study of medicine

has informed my performance of music, and my learning of music has deepened my role in healing” he says.

Recent research shows soothing music has an amazing range of healing effects. But keep it low. Sounds louder than 90 decibels cause stress and ear damage, says Pierce J. Howard, Ph.D., director of the Center For Applied Cognitive Studies, in Charlotte, N.C., and author of *The Owner's Manual For The Brain* (Bard Press, \$24.95). Very loud music, he says, creates an altered state of consciousness akin to an alcoholic or drug-induced stupor that can become addictive.

Patients recover from surgery faster and with less pain if they can listen to music they find soothing and comfortable, according to Case Western Reserve University's May study of 500 abdominal-surgery patients.

And a study last year at Wilkes University in Pennsylvania showed soothing music may prevent colds: Participants' blood levels of an immune-system disease fighter called Immunoglobulin A rose a whopping 14.1%.

“We know that music is capable of enhancing immune function, lowering heart rate, lowering stress-related hormones like cortisol that raise our blood pressure and depress our immune systems” Gaynor says. It also trims complications after heart attack, calms anxiety, slows breathing, and increases production of endorphins, the body's natural painkillers. Consider: 80% of stimuli that reach our brains come in through our ears.

Even before we're born, music makes a difference. Hearing is the first sense to develop, when the fetus is only 18 weeks old. “We know that the unborn child hears for literally half the pregnancy and is affected profoundly by what it hears” Gaynor says. Studies show music by Mozart and Vivaldi actually can bring down fetal heart rate, calm brain waves, and reduce the baby's kicking, Gaynor reports. Rock music, on the other hand, appeared to drive fetuses to distraction, greatly increasing kicking.

Why does sound affect us so strongly? Our bodies are 70% water, and that makes them excellent conductors for sound and vibration, Gaynor explains. “We're not just hearing with our ears. We're literally feeling sound vibration with every cell in our bodies.”

Disharmony and noise, whether its from traffic, the boss yelling at us about a deadline, or a jackhammer on the street, can make us stressed, depressed, and pessimistic—all of which depress our immune systems. “That's why disharmony can eventually lead to disease” says Gaynor.

“Our own voices are very underutilized healing tools” Gaynor says. Singing is a great way to tap music's healing power. If you're self-conscious, try chanting. Anyone can do it, and “you can't do it wrong”.

Says Gaynor: “We're just seeing the tip of

the iceberg as far as the incredible power of sound to affect every cell and every organ system in our bodies.”

At the website <usaweekend.com> you can link to Gaynor's website for soothing sound samples of “Daily Meditation”. Or link to the American Music Therapy Association to find a trained music therapist to help you get through labor, surgery, or other health challenges.

Soothing sound can:

- Lower cortisol, a stress hormone, as much as 25%;
- Boost endorphins, the body's natural opiates or feel-good drugs;
- Reduce pain after surgery;
- Ease labor without drugs;
- Lower blood pressure as much as 5 points;
- Help preemies in intensive care.

[End quoting]

This area of healing therapy is finally coming into the mainstream awareness of the public. Our Front Page story for this issue of *The SPECTRUM* goes into more astonishing details.

Music plays an important subconscious role in the health of body and mind; no wonder the negative aspects of music, as presented through the likes of “heavy metal” rock and “rap” music, are so encouraged behind the scenes as a dietary staple for our youth—while good (healthy) music programs are being shut down in many schools across the country.

CAN YOU IMAGINE WORKING AT THE FOLLOWING COMPANY?

From an unknown source, 12/99: [quoting]

It has a little over 500 employees, with the following statistics:

- 29 have been accused of spousal abuse;
- 7 have been arrested for fraud;
- 19 have been accused of writing bad checks;
- 117 have bankrupted at least two businesses;
- 3 have been arrested for assault;
- 71 cannot get a credit card due to bad credit;
- 14 have been arrested on drug-related charges;
- 8 have been arrested for shoplifting;
- 21 are current defendants in lawsuits;
- In 1998 alone, 84 were stopped for drunk driving;

Can you guess which organization this is?

Give up?

It's the 535 members of your United States Congress. This is the same group that perpetually cranks out hundreds upon hundreds of new laws designed to keep the rest of us in line. [End quoting]

After all, we do have the best Congress and President that MONEY can buy!! Or as Mark Twain put it so well a century ago now: “There is no distinctly native, American

criminal class—except Congress.”

TINY VIBRATOR REDUCES ANGIOPLASTY RISKS

From *POPULAR MECHANICS* magazine, Dec. 1999: [quoting]

Coronary angioplasty is now the most widely used method of treating blockages of the heart and blood vessels. Depending upon the exact nature of an obstruction, surgeons restore normal blood flow by using balloons, lasers, or stents. As different as these techniques may be, they all have one thing in common: the need for the surgeon to push the device to the blockage. The harder it is for the surgeon to reach the obstruction, the greater the likelihood of complications.

Michael Rees of the Bristol Royal Infirmary in western England has developed a tool that helps surgeons safely navigate to any impasse. It consists of a motorized vibrator that jiggles the guide wire from 16 to 100 times a second.

In recent tests with animals, using the vibrator to help place guidewires proved less damaging to blood vessels than jiggling the wire by hand.

The device will need FDA approval before it can be used in U.S. hospitals. [End quoting]

The good side of this news is how the device may help avoid some of the complications and other problems experienced by those who elect to go through this kind of procedure. The bad side is always the cost. Moreover, what about the alternative-medicine techniques for cleaning out arteries (or keeping them from getting so clogged in the first place) which are shunned by the big-money powers which control conventional medicine? So often it seems we focus upon improvements to the old ice box while suppressing public awareness of and access to the electric refrigerator.

SWEET CURE FOR INFECTIONS

From *POPULAR MECHANICS* magazine, Nov. 1999: [quoting]

A spoonful of honey may do more than help the medicine go down. It could be pretty good medicine by itself.

Honey kills strains of bacteria that are resistant to antibiotics, says Peter C. Molan, a biochemist at the University of Waikato in New Zealand.

In one hospital study, a simple honey dressing was shown to be just as effective against flesh-eating bacteria as what Molan termed “aggressive surgical treatment”.

Dutch biologists at the Center for Plant Breeding and Reproduction Research in Wageningen are trying a different approach. They are genetically altering plants in a way that causes honey made from their nectar to contain drugs or vaccines.

This is all experimental. So, for the

moment, take the honey with, not instead of, what the doctor orders. [End quoting]

Let's hope that the chemical pesticides which big agribusiness is so fond of employing do not completely stop the honeybee from performing its miracle for our well being.

LATEST ON AREA 51

From the Internet, Norio Hayakawa, <GroomWatch@aol.com>, 12/19/99: [quoting]

The *Las Vegas Review Journal* on Thursday, December 16, 1999 reported that the 38,400-acre rectangle surrounding Groom Lake (a.k.a. Area 51) is being relinquished by the Department of Energy and is being officially handed over to the Air Force for total control, ownership, and jurisdiction. The full article can be found at <http://www.lvrj.com/lvrj_home/1999/Dec-16-Thu-1999/news/12566049.html> [End quoting]

And for those of you who listen to Art Bell's late-night talk-radio program, broadcast from his home studio in little Pahrump, Nevada, just over the hill from Area 51 and Las Vegas, there was recently a humorously revealing event surrounding a long-distance telephone outage one night a few weeks ago which caused Art to suspend his program that evening. (Accident or trial run?)

It happened that the outage affected Pahrump, part of nearby Las Vegas, and "Area 51" according to the Sprint report which Art has posted on his website <www.artbell.com>. Two curious and humorous things about that Sprint report were: (1) that a certain breaker had been turned off (not tripped) which caused the outage; and (2) that it affected the above-mentioned locations, SPECIFICALLY MENTIONING AREA 51, a complex which the government continually denies even exists. Art was not going to make the report public—until, get this—it ended up being posted on an open-to-the-public government website!

SUPER IRON FOR SUPER BATTERIES

From *POPULAR MECHANICS* magazine, Dec. 1999: [quoting]

The personal electronics boom is accelerating the problem of toxic batteries in our landfills.

A new design replaces the manganese dioxide in alkaline batteries with ferrate, an unusual, stabilized form of iron combined with oxygen. Using this so-called "super iron" also makes batteries last 50 percent longer, says Stuart Licht, the chemistry professor who led the development project for Technion, the Israeli Institute of Technology.

Licht says super-iron batteries would be ideal for high-drain gear, like CD players.

Super-iron batteries are cheaper to make, so the idea could catch on with manufacturers. [End quoting]

The biggest hold-up of the electric automobile is the lack of availability of better battery

technology than we have had around for almost a century. The question is: is such better battery technology in existence, but suppressed, or just not there? Many people who look forward to the electric car and who depend upon batteries for alternative, off-the-grid power systems utilizing solar panels, would really welcome a step forward from the current state of affairs.

A NEW TWIST ON BATTERIES

From *POPULAR MECHANICS* magazine, Dec. 1999: [quoting]

Exide, the world's largest producer of lead-acid batteries, has a new twist on automotive batteries. Instead of flat plates, the plates on the Orbital Select 12-volt are wound in a spiral.

Each plate is nearly 4 ft. long before being rolled and packed into its own compartment. The individual elements consist of acid-permeated vitreous separators that are wound with proprietary, corrosion-resistant grids—the end result has a cross section not unlike a jelly roll's.

Since there isn't any free-flowing acid, there is no chance of leaks. And, says Exide, there's no gassing during charging. As a result, the Orbital Select can be safely shipped through all normal distribution channels.

Besides the safety and convenience aspects of the design, there are the added benefits of longer life and increased power.

The no-leak packaging also opens up new design possibilities, by allowing the battery to be mounted on its side or upside down. To underscore this additional versatility, the Orbital Select has six terminals, rather than the two normally found on car batteries. [End quoting]

I remember reading, decades ago, that shortly after WWII some Europeans would always take the battery out of their car before they sold it because the battery would last indefinitely, and so why take a chance on the one in the new car they would buy.

Also, there has long been information circulating that certain proprietary battery technologies were utilized to manufacture MILITARY batteries for the flashlights, etc., of GIs during WW-II. Those batteries were reported to last a very long time. You don't suppose that technology just "got lost" after the war was over, do you?

MERRY CHRISTMAS STORY

From the INTERNET, 12/24/99: [quoting]

This is too good not to share—rather puts things in perspective!

This is a first-person account from a mother about her family as they ate dinner on Christmas Day in a small restaurant many miles from their home.

Nancy, the mother, relates:

We were the only family with children in the restaurant. I sat Erik in a high chair and noticed everyone was quietly eating and talking.

Suddenly, Erik squealed with glee and said, "Hi there!" He pounded his fat baby hands on the high-chair tray. His eyes were wide with excitement and his mouth was bared in a toothless grin. He wriggled and giggled with merriment. I looked around and saw the source of his merriment. It was a man with a tattered rag of a coat—dirty, greasy, and worn.

His pants were baggy, with a zipper at half-mast, and his toes poked out of would-be shoes. His shirt was dirty and his hair was uncombed and unwashed.

His whiskers were too short to be called a beard and his nose was so varicose it looked like a road map. We were too far from him to smell, but I was sure he smelled. His hands waved and flapped on loose wrists. "Hi there, baby; hi there, big boy. I see ya, buster!" the man said to Erik.

My husband and I exchanged looks: "What do we do?" Erik continued to laugh and answer "Hi, hi there!"

Everyone in the restaurant noticed and looked at us, and then at the man. The old geezer was creating a nuisance with my beautiful baby.

Our meal came and the man began shouting from across the room: "Do ya know patty cake? Do you know peek-a-boo? Hey, look, he knows peek-a-boo!" Nobody thought the old man was cute. He was obviously drunk.

My husband and I were embarrassed. We ate in silence—all except for Erik, who was running through his repertoire for the admiring skid-row bum, who in turn reciprocated with his cute comments.

We finally got through the meal and headed for the door. My husband went to pay the check and told me to meet him in the parking lot.

The old man sat poised between me and the door. "Lord, just let me out of here before he speaks to me or Erik" I prayed. As I drew closer to the man, I turned my back trying to side-step him and avoid any air he might be breathing.

As I did, Erik leaned over my arm, reaching with both arms in a baby's pick-me-up position.

Before I could stop him, Erik had propelled himself from my arms to the man's. Suddenly a very old smelly man and a very young baby consummated their love relationship.

Erik, in an act of total trust, love, and submission laid his tiny head upon the man's ragged shoulder. The man's eyes closed, and I saw tears hover beneath his lashes. His aged hands, full of grime, pain, and hard labor—gently, so gently cradled my baby's bottom and stroked his back.

No two beings have ever loved so deeply for so short a time. I stood awestruck.

The old man rocked and cradled Erik in his arms for a moment, and then his eyes opened and set squarely on mine. He said in a firm, commanding voice: "You take care of this baby." Somehow I managed "I will" from a throat that contained a stone.

He pried Erik from his chest unwillingly, longingly, as though he were in pain. I

received my baby, and the man said: "God bless you, ma'am; you've given me my Christmas gift." I said nothing more than a muttered thanks.


With Erik in my arms, I ran for the car. My husband was wondering why I was crying and holding Erik so tightly, and why I was saying: "My God, my God, forgive me."

I had just witnessed Christ's love shown through the innocence of a tiny child who saw no sin, who made no judgment; a child who saw a soul, and a mother who saw a suit of clothes.

I was a Christian who was blind, holding a child who was not. I felt it was God asking: "Are you willing to share your son for a moment?" when He shared His for all eternity.

The ragged old man unwittingly had reminded me: "To enter the Kingdom of God, we must become as little children."

[End quoting]

May we all try to remember this most important lesson as we enter a new year and a new millennium. Happy New Year to all! 

— Part VII Of A Series —

Native American Perspectives: Learning To Live Together As One

12/25/99 RAY BILGER

The forces that have long worked to control this planet by keeping people divided against each other are rapidly losing their ability to deceive us—as each day more and more people are awakening to what is really happening in

the world. We have been taught (programmed) to fear one another and it sometimes comes as a surprise to realize that the fear has no basis in fact or reality.

Rolling Thunder, the Shoshone medicine man quoted earlier in this series, relates the following interesting story of his own experiences:

[Quoting]

A long time ago, when I first started to travel, I'd get on the stage in front of three or four thousand people, and most were White-eyes. I think the Indian was born afraid of the White man, so I'd look out there and forget what I was supposed to say, as well as the songs. I'd forget everything.

But we found out later that many of those White people were afraid of us, too. Now that's a terrible thing, people being afraid of each other because of wrong teachings. It's a terrible way to live because people need each other.

After a while, I began to understand that we'd been lied to. We'd become brainwashed as children [Indian and non-Indian alike] and it took me a long time to figure out that they're just people like anybody else....

We are trying to break down a part of that Buckskin Curtain, the White man's know-it-all attitude brought to this land. There was an Iron Curtain in Europe and a Bamboo Curtain in the Far East. In this country, there has always been a Buckskin Curtain between the Indians and other people, and it was created by lies in history books. [See my book *The Untold History Of America* for a more accurate portrayal of historical events.]

The White man and Indians have been at war with each other ever since the pilgrims turned on the Indians three years after their arrival in the so-called New World. Our people were scalped by the White men; scalping wasn't something we introduced.

We Indians have survived under very adverse conditions.... We do not use petitions anymore. We used to take up petitions with

The Untold History Of America

by Ray Bilger

This book shatters the image that has traditionally been portrayed as American History, by exposing the high-level corruption that passes for business as usual in the Halls of Congress, the White House and throughout our entire Judicial system.

***The Untold History Of America* was written for the specific purpose of providing a high school textbook for all American schools that would educate students about the real nature of our national situation. With a clear understanding of things as they exist in reality, students will then be in a much better position to go on in life and do something to correct our current downhill course.**

This book is for those who want to know why America is the way it is today, where we went wrong, who are the responsible parties, and what we can do to bring back the American Dream our forefathers and mothers fought so hard to establish and gave their very lives to defend.

Special emphasis is placed throughout the book on the original inhabitants of America, the Native Americans. They lived for thousands of years on this continent in complete harmony and balance with the Earth. With their help we may yet be able to turn things around so that our tomorrows will be something we will all be honored to pass on to the children who are our future generations.



The first 16 parts of Ray Bilger's ongoing research are compiled into the book:

The Untold History Of America, Vol. I.

Available from Wisdom Books & Press

Please see order form on Back Page



thousands of names on them and send them to Washington. Sometimes we'd get a two-line letter back, but usually not. When we would get an answer, it was referred back to the Bureau of Indian Affairs, where it likely went in the wastebasket. Those times are gone; we work in different ways now.

We Indians have been suffering for a long time.... The White men made the treaties and the laws, but they don't want to keep the treaties. The old ones have told me that the White men will eventually have to live by them.

[End quoting]

We can no longer allow fear to be a motivating factor in our relationships with other people. This is an Age of Enlightenment and Understanding we are entering, wherein many people will become consciously aware of the cosmic "battle" between Good and Evil. They will understand The Truth and why we have been lied to for so long, and people will be (and many already are) interested in understanding each other.

We cannot prejudge others—it serves no useful purpose to have preconceived notions as to what others may be like. Although we have been programmed to respond with fear, we can choose to replace that fear with faith—a faith that others are as interested in learning about us as we are interested in learning about them. Imagine how Rolling Thunder might have conducted his presentations had he been able to proceed on this footing. But he needed to learn what he did and, thus, he is now able to share this important lesson with us.

Even though he has endured high-level pressures to keep quiet about things, Rolling Thunder has always been very instrumental in enlightening people about The Truth of what is really happening in our world:

[Quoting]

I was speaking in California the day before Mount Saint Helens blew up. I told a big audience about the volcanos that were going to erupt. When I got home I got a call from a C.I.A. [Central Intelligence Agency] man, and he told me the government is not letting people know about the volcanos and other harm across the country that is on the way. I said, "Yes, but I am."

If I don't see six or seven people get up and walk out at the first part of my talk, then I figure that my talk has had no meaning and no success. Once they leave, the air is cleared, and the people come together as one, and the understanding comes to us all.

[End quoting]

Prior to the arrival of Christopher Columbus and the European immigrants to the North American continent, Indian history and European history shared no common ground.

Since 1492, Indian history and American history have been inextricably linked. But most Indians never recognized British sovereignty over their tribes, and some still do not recognize the sovereignty of the United States. Many tribes today proclaim themselves as sovereign nations, just as they have been for thousands of years.

The policy of assimilation (of trying to get Indians to forego their traditional ways and instead become active, functioning members of the White man's society) has never worked. Assimilation is neither possible nor desirable. Cultural identities among the Indians are deeply rooted and not easily changed, and have already stood the test of time. The rich diversity of cultures that make up the American fabric are a beautiful and healthy mixture. Cooperation and accommodation are surely preferable to incessant conflict or homogenization.

Rolling Thunder shares some thoughts on this matter:

[Quoting]

Back in 1992, the Bureau of Land Management was rounding up Shoshone cattle with helicopters and chasing the Indians across the desert with one of those helicopters. I think it was the day before Thanksgiving. One of the biggest blizzards recorded in one hundred years came and downed the helicopters because the pilots couldn't see where they were going. The blizzard stopped the big trucks that were hauling out the Shoshone cattle and horses.

Of course, I'm not superstitious, it was just a coincidence. But I think that Grandfather heard our drums going and our prayers at that time....

The White man is making a big mistake if he doesn't ask Indians for some of their knowledge. Everything is written down and hidden away because we don't believe in giving something for nothing. Sharing works two ways.

Twenty to thirty years ago we had no White friends at all. The prophecies said that we would someday find our White brothers, but they were not to be the people who signed the treaties and pushed us off our land.

Spiritual gatherings between Whites and Indians are the most important events in maybe one hundred years. It's the first time we've seen large spiritual gatherings that are interested in preserving all Nature. Indians are beginning to be recognized for what we have to offer. Some people actually hunger for our contribution toward preserving Nature.

We are the teachers now. If you come to learn, okay.... When you come among us, respect our customs. We respect other people's customs.

We have the attitude that you're here to learn, and that includes everything.... Let us work together to bring back the spirit of this

land and to heal the wounds of the Mother Earth and to make us spiritually strong.... I am asking that all of you return to Great Spirit's trail....

There was a time when I couldn't point to one White man I'd call my brother. Not one. Now I can call my brothers hundreds I've met and know to be honest. But they are not in politics and they are not in office. I don't want to get involved in politics, but I am interested to the extent that I realize if we're going to have peace, we need to have someone speaking out for the poor people and the Indians.

Don't ever feel guilty unless you're part of the desecration of Mother Earth, unless you got it coming. We're not here to make people feel guilty. We're here to wake you up. We love it when other people start to join with us as one mind, one thought. It's a healing thing because once you're happy—really truly honestly happy—that's part of the healing.

If you've been living a good life and not been part of the stealing of other people's children, if you've not been part of stealing other people's lands, if you've not been ripping off your neighbor, and if you've really been living as a spiritual person, then I can tell you that you won't have anything to worry about. There's no need to be afraid.

The spiritual is always more powerful than the physical.... The time for action and bringing people together and adhering to Great Spirit's law is here and now....

Until people learn to get along among themselves, how can they respect each other? How can they have their own self-respect, keep their treaties, and make peace? The first step in getting well—for nations as well as individuals—is to be honest with oneself.

Before we can have peace in this world, we have to have understanding and compassion. I'd like to see more respect for other people's religions and other people's beliefs. The main thing that has been forgotten in the "civilized" world is respect.

The reason that nations and peoples cannot make peace is because they have lost their roots—many people have lost their contact with Mother Earth and only know how to destroy. Respect for self and everyone else should begin with Mother Earth.

There are ways we can preserve Nature, such as replanting the trees in the West where there are no trees because they have been clear-cut, and there is nothing to hold the soil and stop the floods. This would make lots of work for people, including Native Americans, and help our economy as well as our environment....

I've seen poor people sleeping under bridges and on the streets. People told me they had no home to go to.... I have seen old ladies in New York walking the streets with packs on their backs. I thought they were hitch-hiking, but my New York friends said

that they were old pensioners who didn't have money to pay the rent. I asked about where they sleep, and my friends said they sleep in doorways. And this is the financial capital of the world....

It makes me angry, makes my blood boil, when I see people being abused, thrown out of their homes, because they can't afford to pay rent.... We Indians believe in maintaining our culture, but we don't go over to our neighbor, throw them off their land, and watch them go hungry.... I think that a society that allows this is crummy, shameless, and I think we are all part of it. I'm the worst for allowing these kinds of conditions in my homeland. This is my land, but not my government....

In the old days, when the tribe was travelling and there was hunger, the chief and the medicine man had to eat last after the others had been fed. Now, how would it be if your politicians had such a system? Me and my wife, Spotted Fawn, never saved a dime in our lives.... How could someone save money when someone else just a short distance away, their own people, is starving to death? I know there are some people who could, but I just never got the hang of it....

Do you know why I'm proud to be an Indian? Because even with all this going on, we still don't hate anyone, even when they fought us at a place called Wounded Knee. I've also been on both ends of the gun.

My Grandfather, a traditional chief, was murdered by soldiers and agency police. It's not part of the Indian nature to hate, and it's not the way of the Great Spirit to hold hate and malice against anyone. The fact is, we have helped many people, including non-Indians....

The Great Spirit intended for all of us to be here or we would not be here. But the Great Spirit does intend that we should live in a certain way. No one should hate anyone else, because what affects one affects all. If the White people get hurt, we get hurt....

We all belong here. There's room for everyone. I've heard the propaganda that there are too many people, and from some young people, which disappoints me. This is propaganda, and of all the places I've been, the lies are the worst here. With proper distribution and consideration of Mother Earth, there is plenty for everyone....

Our cause is the same as your cause—to survive, to get back to the spirit again, so that our people can be strong. The main thing I'm doing is bringing a message that peace and economic security are possible. The message I'd like for all people around the world to know is that American Indians are a peaceful people and that we only want to live in brotherhood and peace with all the other people of the Earth....

The battle we are fighting is for all people, and not merely for us Indians. The next thing you know, they will be treating you like an

Indian, stealing your land, stealing your children. You are not going to like it—you are going to scream so that they can hear you a long way off.

But who's gonna help you? I'd like to help you....

I cannot understand why White people continue to harm their own people by dumping harmful chemicals in the water and spraying deadly poisons in the air. Now there's hardly a safe place to swim, much less water fit to drink. The air is filthy too. It just doesn't make sense....

We have much to share, and many things will have to be put back into their proper order for us to survive on this Mother Earth. We are at the edge of terrible times right now. There will be a famine because of weather changes, but the politicians will send food to other people [foreign nations] to help support dictatorships, rather than give it to you. A big revolution will be arranged so that they can pit whoever they can against each other....

Everything turns in circles. If we do good work, it comes back to us, even in our thinking. Every word should be a prayer. If enough people put their minds together as one, there would be no war, no unemployment. There would be peace in the world.

Anyone can be a spiritual person by maintaining internal harmony and compassion. When you maintain internal harmony and compassion, the answers will come to you, you will know what to do to cope with problems and how to apply yourselves to make life better for others. When you meet someone, you should always meet them as a friend, as a brother [or sister]. Think how you can help that person to feel better or get them to smile. People need to feel free to smile and do their own thing, live their own lives.... People should not be free to destroy, but rather to create. In doing so, they will create good feelings and brotherhood....

Our religion says that the land, all of Mother Earth, belongs to the Great Spirit, the Creator, and that humans are only its keepers and trustees, who are allowed to live on the soil and cultivate it. We don't think we own the land, and we certainly don't believe that anybody else can own it either. We say there's room for everyone if we all share as brothers and sisters. We all belong here in this country. We were made to live in a beautiful way.

[End quoting]

We have all been created to learn to live together as one on this Mother Earth. And if we think about history objectively and find out about what we have not been told in our schools or on our televisions, we will see that the forces who have been manipulating all of us have made every effort to keep us hating each other and, thus, divided against each other instead of realizing our true Oneness with one another.

As those manipulating forces lose power and fall away, and we are able to come together again as one people, we need to be prepared to reach out and touch each other. Fortunately for us, our true nature as sentient human beings is to live cooperatively and harmoniously with each other. It is just that we have been lied to for so long about how we must hate each other that it may seem strangely new to experience the Oneness we were all created to share. The healing of Mother Earth and ourselves will come about from Love and Compassion for Mother Earth, for each other, and for all things, not from hate. Hate is what created the situation we have today.

History will attest to the fact that the Indians have consistently and repeatedly made attempt after attempt to live together harmoniously with the White men who first came to this land as strangers. And history will show that the Indians' attempts to establish a peaceful coexistence were repeatedly rebuffed by the White man. This year, 2000, we stand on the threshold of a new millennium, and it is time that people can at last learn to live together as one. The Native American prophecies have proclaimed that this shall be so, or there will be chaos and disaster.

The following is titled *A Call To World Peace* from Chief Arvol Looking Horse, a Lakota Sioux. Although this was delivered in June of 1998, the message is timeless and perhaps even more appropriate today:

[Quoting]

Mitakuye oyasin, [To all my relations,]

My name is Chief Arvol Looking Horse. As the 19th Generation Keeper of the Sacred White Buffalo Calf Pipe, I invite you to attend the Third World Peace And Prayer Day at the Sacred Pipestone quarries in Pipestone, Minnesota on June 21, 1998. Pipestone is the home of the stone from which our Sacred Pipes are created, the place that holds the blood of our ancestors.

The necessity of the gathering was first brought to us in 1994, when the birth of the first White Buffalo Calf signaled the changes that are coming and the fulfilling of the prophecies of the seventh generation. Since then, three more White Buffalo Calves have been born. Their birth relates to our ceremonies and signifies the impact of what we are facing. The prophecies have directed that we pray for four years, at sacred sites, in the four directions, on June 21st of each year.

Our prophecies tell us that we are at the crossroads. We are faced with either chaos and disaster, or we can unite spiritually in peace and harmony. It is time to bring the message of the need for peace throughout the world. As a keeper of the sacred bundle, I ask for prayers for global healing.

Our Mother Earth is suffering. Her wonderful gift of water, trees, and air is being

abused. Her children the two-legged, the four-legged, those that swim, crawl, and fly, are being annihilated. We continuously see these atrocities.

Our relatives, the animal nations, reflect our well-being. What happens to them, happens to us. The buffalo, wolf, salmon, bear, caribou, eagle, and other relatives in this fragile ecosystem are all in danger and suffering. Their voices must be heard. They need our help.

This is a call to all peoples. We ask that all people join us in prayer on June 21, 1998. If you are unable to be with us, we ask that you gather at your own sacred site, wherever the Spirit guides you to pray. To those who can join us, we ask you to bring your stories and

prayers. We make a special call to the wisdom and sacred bundle keepers [*peace pipes are wrapped in 'sacred bundles'*], our storytellers, medicine society knowledge keepers, and peace keepers. We gather so that our future generations may survive through peace and balance.

In our circle of life there is no beginning and no ending. The process of mending the sacred hoop continues. May peace be with you, my relatives.

Mitakuye oyasin,

Chief Arvol Looking Horse


Keeper of the Sacred White Buffalo Calf Pipe

[End quoting]

We can all help to mend the Sacred Hoop of Life if each of us begins each day

with a sincere prayer to the Great Spirit for guidance toward bringing peace among all peoples of Mother Earth. If we effort to do this, and consciously and diligently work toward the fulfillment of the personal instructions we are given, then our prayers will be answered and it shall be so.

When we can once again drink the waters from the rivers and lakes, and when there are no more poor, or homeless, or hungry people, and when we can all smile because we are truly happy, then we will know that the healing is being accomplished and that we are learning to live together as One.

In the next segment of this series we will continue to explore the great wisdom of Native American teachings. 

Kudos From Reader Land

“Thank you so much for running the great article about Dr. Richard Schulze.

He is responsible for saving our lives

with his methodologies of treating cancer.

We cured ourselves using videos that he and Sam Biser have produced for the general public. What a God Send!” — H.S. of CO

“Thank you for your continued sharing of Love and Light through SPECTRUM and all other sharings....

May you know in your hearts that we stand

by your sides in ALL things and ALL ways.” — B. of NY

“Thank you for the lovely card and messages of Love.

My heart is brimming with tears for the joy it brought.” — M. of NY

“Thanks from my heart to yours. May you all be surrounded and bathed within the full Spectrum of the Light of Creation.

As you march onward with His Word, know that you are loved and appreciated.

I hope you All have a specially happy

and peaceFULL Holy'day season this year.” — M. of BC

“The SPECTRUM is a God-send and I truly thank you for your faithfulness to this needed and appreciated ministry.” — B.H. of MN

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Harvard Speech By Charlton Heston: *Winning The Cultural War*

Editor's note: The following gem of a speech is hardly in need of any introduction. The only point worth making is to call your attention to the article elsewhere in this issue of The SPECTRUM on the subject of Mind Control. In this speech is an excellent formula for overcoming the more subtle and widespread methods employed to herd we-the-sheep into the mental corral designed to maintain control over us and dampen the fires of initiative and creativity inherent within every Lighted human.

There is another, related issue addressed within this speech having to do with the central role played by education—especially higher education—in the evolvment or devolvment of the human mind and spirit. Of course the crooks in high places have, for many centuries, carefully controlled this mechanism of mind control—but this is a VERY BIG subject and requires an extensive discussion at some later date. For now, let's just keep in mind the wise admonition which Mark Twain offered almost a century ago: "Never let school interfere with your education!"

2/16/99 CHARLTON HESTON

Speech given at the
Harvard Law School Forum

I remember my son when he was five, explaining to his kindergarten class what his father did for a living: "My Daddy," he said, "pretends to be people".

There have been quite a few of them. Prophets from the *Old and New Testaments*, a couple of Christian saints, generals of various nationalities and different centuries, several kings, three American presidents, a French cardinal, and two geniuses—including Michelangelo.

If you want the ceiling repainted, I'll do my best. There always seem to be a lot of different fellows up here. I'm never sure which one of them gets to talk. Right now, I guess I'm the guy.

As I pondered our visit tonight, it struck me: if my Creator gave me the gift to connect you with the hearts and minds of those great

men, then I want to use that same gift now to reconnect you with your own sense of liberty, your own freedom of thought, your own compass for what is right.

Dedicating the memorial at Gettysburg, Abraham Lincoln said of America: "We are now engaged in a great Civil War, testing whether this nation or any nation so conceived and so dedicated can long endure."

Those words are true again. I believe that we are again engaged in a great civil war, a *cultural* war that's about to hijack your birthright to think and say what resides in your heart. I fear you no longer trust the pulsing lifeblood of liberty inside you—the stuff that made this country rise from wilderness into the miracle that it is.

Let me back up. About a year ago I became president of the National Rifle Association, which protects the right to keep and bear arms. I ran for office, I was elected, and now I serve. I serve as a moving target for the media who've called me everything from "ridiculous" and "duped" to a "brain-injured, senile, crazy old man". I know I'm pretty old, but I sure, thank the Lord, ain't senile.

As I have stood in the crosshairs of those who target *Second Amendment* freedoms, I've realized that firearms are not the only issue. No, it's much, much bigger than that. I've come to understand that a cultural war is raging across our land, in which, with Orwellian fervor, certain acceptable thoughts and speech are mandated.

For example, I marched for civil rights with Dr. King in 1963—long before Hollywood found it fashionable. But when I told an audience last year that White pride is just as valid as Black pride or Red pride or anyone else's pride, they called me a racist.

I've worked with brilliantly talented homosexuals all my life. But when I told an audience that gay rights should extend no further than your rights or my rights, I was called a homophobe.

I served in World War II against the Axis powers. But during a speech, when I drew an analogy between singling out innocent Jews

and singling out innocent gun owners, I was called an anti-Semite.

Everyone I know knows I would never raise a closed fist against my country. But when I asked an audience to oppose this cultural persecution, I was compared to Timothy McVeigh.

From *Time* magazine, to friends and colleagues, they're essentially saying: "Chuck, how dare you speak your mind. You are using language not authorized for public consumption!"

But I am not afraid. If Americans believed in political correctness, we'd still be King George's boys—subjects bound to the British crown.

In his book *The End Of Sanity* Martin Gross writes that "blatantly irrational behavior is rapidly being established as the norm in almost every area of human endeavor. There seem to be new customs, new rules, new anti-intellectual theories regularly foisted on us from every direction.

"Underneath, the nation is roiling. Americans know something without a name is undermining the nation, turning the mind mushy when it comes to separating truth from falsehood and right from wrong. And they don't like it."

Let me read a few examples. At Antioch college in Ohio, young men seeking intimacy with a coed must get verbal permission at each step of the process, from kissing to petting to final copulation—all clearly spelled out in a printed college directive.

In New Jersey, despite the death of several patients nationwide who had been infected by dentists who had concealed their AIDS—the state commissioner announced that health providers who are HIV-positive need not—*need not*—tell their patients that they are infected.

At William and Mary [*College*], students tried to change the name of the school team "The Tribe" because it was supposedly insulting to local Indians, only to learn that authentic Virginia chiefs truly like the name.

In San Francisco, city fathers passed an ordinance protecting the rights of transvestites to cross-dress on the job, and for transsexuals to have separate toilet facilities while undergoing sex change surgery.

In New York City, kids who don't speak a word of Spanish have been placed in bilingual classes to learn their three Rs in Spanish—solely because their last names sound Hispanic.

At the University of Pennsylvania, in a state where thousands died at Gettysburg opposing slavery, the president of that college officially set up segregated dormitory space for Black students.

Yeah, I know, that's out of bounds now. Dr. King said "Negroes", Jimmy Baldwin and most of us on the March said "Black". But it's a no-no now.

For me, hyphenated identities are awkward, particularly “Native-American”. I’m a Native American, for God’s sake. I also happen to be a blood-initiated brother of the Miniconjou Sioux. On my wife’s side, my grandson is a thirteenth generation Native American with a capital letter on “American”. Finally, just last month, David Howard, head of the Washington D.C. office of Public Advocate, used the word “niggardly” while talking to colleagues about budgetary matters. Of course “niggardly” means stingy or scanty. But within days Howard was forced to publicly apologize and resign.

As columnist Tony Snow wrote: “David Howard got fired because some people in public employ were morons who (a) didn’t know the meaning of niggardly, (b) didn’t know how to use a dictionary to discover the meaning, and (c) actually demanded that he apologize for their ignorance.”

What does all of this mean? It means that telling us what to think has evolved into telling us what to say; so telling us what to do can’t be far behind.

Before you claim to be a champion of free thought, tell me: Why did “political correctness” originate on America’s campuses? And why do you continue to tolerate it? Why do you, who are supposed to debate ideas, surrender to their suppression?

Let’s be honest. Who here thinks your professors can say what they really believe? It scares me to death—and should scare you too—that the superstition of “political correctness” rules the halls of reason.

You are the best and the brightest. You—here in the fertile cradle of American academia, here in the castle of learning on the Charles River—you are the cream. But I submit that you, and your counterparts across the land, are the most socially conformed and politically silenced generation since Concord Bridge.

And as long as you validate that, and abide it, you are—by your grandfathers’ standards—cowards.

Here’s another example. Right now, at more than one major university, *Second Amendment* scholars and researchers are being told to shut up about their findings or they’ll lose their jobs. Why? Because their research findings would undermine big-city mayors’ pending lawsuits that seek to extort hundreds of millions of dollars from firearm manufacturers.

I don’t care what you think about guns. But if you are not shocked at that, I am shocked at you. Who will guard the raw material of unfettered ideas, if not you? Who will defend the core value of academia, if you supposed soldiers of free thought and expression lay down your arms and plead “Don’t shoot me!”?

If you talk about race, it does not make you a racist. If you see distinctions between the genders, it does not make you a sexist. If you

think critically about a denomination, it does not make you anti-religion. If you accept but don’t celebrate homosexuality, it does not make you a homophobe.

Don’t let America’s universities continue to serve as incubators for this rampant epidemic of new McCarthyism.

But what can you do? How can anyone prevail against such pervasive social subjugation? The answer’s been here all along. I learned it 36 years ago, on the steps of the Lincoln Memorial in Washington D.C., standing with Dr. Martin Luther King and two hundred thousand people.

You simply disobey. Peaceably, yes. Respectfully, of course. Nonviolently, absolutely. But when told how to think or what to say or how to behave, we don’t. We disobey social protocol that stifles and stigmatizes personal freedom.

I learned the awesome power of disobedience from Dr. King, who learned it from Gandhi, and Thoreau, and Jesus, and every other great man who led those in the right against those with the might.

Disobedience is in our DNA. We feel innate kinship with that disobedient spirit that tossed tea into Boston Harbor, that sent Thoreau to jail, that refused to sit in the back of the bus, that protested a war in Viet Nam.

In that same spirit, I am asking you to disavow cultural correctness with massive disobedience of rogue authority, social directives, and onerous laws that weaken personal freedom.

But be careful—it hurts. Disobedience demands that you put yourself at risk. Dr. King stood on lots of balconies. You must be willing to be humiliated, to endure the modern-day equivalent of the police dogs at Montgomery and the water cannons at Selma. You must be willing to experience discomfort. I’m not complaining, but my own decades of social activism have taken their toll on me.

Let me tell you a story.

A few years back I heard about a rapper named Ice-T who was selling a CD called *Cop Killer* celebrating ambushing and murdering police officers.

It was being marketed by none other than Time-Warner, the biggest entertainment conglomerate in the world. Police across the country were outraged.

Rightfully so—at least one had been murdered. But Time-Warner was stonewalling because the CD was a cash cow for them, and the media were tiptoeing around it because the rapper was Black. I heard Time-Warner had a stockholders’ meeting scheduled in Beverly Hills. I owned some shares at the time, so I decided to attend.

What I did there was against the advice of my family and colleagues. I asked for the floor. To a hushed room

of a thousand average American stockholders, I simply read the full lyrics of *Cop Killer*—every vicious, vulgar, instructional word:

“I got my 12-gauge sawed off. I got my headlights turned off. I’m about to bust some shots off. I’m about to dust some cops off...”

It got worse, a lot worse. I won’t read the rest of it to you. But trust me, the room was a sea of shocked, frozen, blanched faces. The Time-Warner executives squirmed in their chairs and stared at their shoes. They hated me for that.

Then I delivered another volley of sick lyrics brimming with racist filth, where Ice-T fantasizes about sodomizing two 12-year-old nieces of Al and Tipper Gore: “She pushed her butt against my...”

Well, I won’t do to you here what I did to them. Let’s just say I left the room in echoing silence.

When I read the lyrics to the waiting press corps, one of them said, “We can’t print that!”

“I know,” I replied, “but Time-Warner is selling it!”

Two months later Time-Warner terminated Ice-T’s contract. I’ll never be offered another film by Warner, or get a good review from *Time* magazine. But disobedience means you must be willing to act, not just talk.

When a mugger sues his elderly victim for defending herself—jam the switchboard of the district attorney’s office.

When your university is pressured to lower standards until 80% of the students graduate with honors—choke the halls of the Board of Regents.


When an 8-year-old boy pecks a girl’s cheek on the playground and gets hauled into court for sexual harassment—march on that school and block its doorways.

When someone you elected is seduced by political power and betrays you—petition them, oust them, banish them.

When *Time* magazine’s cover portrays millennium nuts as deranged, crazy Christians holding a cross, as it did last month—boycott their magazine and the products it advertises.

So that this nation may long endure, I urge you to follow in the hallowed footsteps of the great disobediences of history that freed exiles, founded religions, defeated tyrants—and yes, in the hands of an aroused rabble in arms and a few great men, by God’s grace, built this country.

If Dr. King were here, I think he would agree.

Thank you. 

*Golden is the rainbow which
shines through and through.
Its ray of hope is the spirit
and the belief in me and you.*

Dr. Len Horowitz's Healing Celebration Remedy

[Continued from Front Page]

especially as he is always well-armed with the most eye-opening documentation to back-up his often shocking claims.

In the event you are unfamiliar with Len Horowitz, D.M.D., M.A., M.P.H., he is a Harvard graduate, independent investigator, and internationally known authority in public health education. He has authored eleven books, including *Emerging Viruses—AIDS & Ebola: Nature, Accident Or Intentional?* and his most recent *Healing Codes For The Biological Apocalypse*.

Additionally, for those of you with access to the Internet, Dr. Horowitz's website address www.tetrahedron.org contains a wealth of information on disease, viruses, illness, vaccines, and also has important links to other primary sources of cutting-edge information. If you would like to phone Tetrahedron directly to order any of Dr. Horowitz's books, or to inquire for other information, you may do so by dialing 1-888-508-4787, which is also good from Canada.

So, without any further introduction, let me share what Dr. Horowitz had to say during our recent telephone conversation on December 21st:

Martin: I want to focus this almost exclusively on recent developments with viruses throughout the country, and particularly on the prevalence of upper-respiratory problems.

So, let's start with upper-respiratory infections. What do you know about those?

Dr. Horowitz: There IS an extraordinary increase in upper-respiratory infections, that are resistant to antibiotics, that an extraordinary number of people are coming down with.

What seems to be odd to me is that you had this beginning way back. About a year ago this August, was when we started to see emergency rooms from hospitals being filled with upper-respiratory cases and, at the time, it was odd because that wasn't a flu season.

There's been a tremendous amount of speculation that this was associated with the

sprayings and potential release of upper-respiratory pathogens through chem-trails, though there has not been adequate evidence in that realm to definitively show specific microorganisms involved.

[Editor's note: For those of you who may not know what Dr. Horowitz is referring to, he means what most people are calling the mysterious "contrail" sprayings that have been going on all across the country since about August of last year. These are deliberate "emissions" coming out of unmarked (and unacknowledged by air traffic control) jet airplanes.

The emissions don't act anything like the usual jet contrails we've all seen for years, which are part of normal jet airplane exhaust at high/cold altitudes. These odd contrails linger for a long time and frequently spread out into a kind of a diffuse prismatic fog, are generated usually by several aircraft repeatedly crisscrossing the sky like weaving a loose net over a town or larger geographic area, and these spraying events always seem to generate a subsequent rash of illness—particularly upper respiratory and often severe, in both humans and animals, sometimes causing death—within a few days of the observed spraying event.

Sometimes there is noted a "spider web"-like material falling from the sky after such sprayings—onto trees, shrubbery, grass, people walking dogs, etc.—and those who have tried to collect this curious stuff and have it analyzed have routinely met with very persistent and deliberate roadblocks of one variety or another.

Whatever is going on in this regard—all over the country—is being kept a very closely guarded secret from the public. You would think, by now, that at least one of apparently many pilots of such aircraft would have "spilled the beans" on, say, Art Bell's late-night talk-radio program, but so far this project has been a well-kept secret.

Some "experts" of dubious allegiance and credentials have suggested that our government is trying to quietly protect we-the-people against microbiological agents that foreign terrorists might bless us with, through a mass

inoculation of the public. However, whatever is being sprayed is proving to be a sometimes deadly threat to the health of both animals and people and, from the many anecdotal reports, it doesn't seem like any area of the United States has escaped these persistent sprayings.]

But what's pathognomonic almost, of a cover-up and misdeeds on the part of the government, or "shadow-government" if you will, is the fact that they have not stated anything in regard to this sudden increase in upper-respiratory infections. They, typically, take advantage of EVERY opportunity to promote epidemics and induce fear, as well as justify their own existence, by putting out press releases regarding every little outbreak that goes on.

And so, to have a national epidemic of an upper-respiratory infection, ongoing, with virtually no official response from the Centers for Disease Control—it's highly suspicious, if not pathognomonic, of cover-up.

When I contacted, first, the United States Air Force in regard to the chem-trails, that I had even photographed over my own home in northern Idaho, they then referred me to Centers for Disease Control toxicology. There I received a formal letter from the toxicologist stating that, indeed, there is some amount of ethylene dibromide. This is a known human chemical carcinogen that used to be in the unleaded gasoline, but because of its carcinogenicity, was removed. There was, according to his letter, stating some amount of that is in the JP8 jet-fuel being sprayed out of military aircraft, but that there has not been any indication of epidemics associated with it, although no studies have been performed to date.

So, that leaves us questioning: "What is the most likely scenario going on with these upper-respiratory infections?" From my perspective, I have to conclude that it's much like the Russian biological cocktail—a name that, I suspect strongly, came about because of U.S. Government propaganda. This is the concept of mixing together biologicals as well as chemicals—that is, a number of co-factors—to obscure the pathogenic process. That is a well-founded American technique, as well as Russian—well studied—and it appears that this would be an ideal way to induce illnesses that are very difficult to trace, diagnose, and treat.

So, the agent that I believe is most highly implicated in the upper-respiratory infection that we're looking at—this chronic, long-term, maybe weeks or months, type of upper-respiratory illness that many, many people got—they were coughing and hacking for weeks—they went to physicians, they got antibiotics, and maybe they got a little bit better as the antibiotics killed-off secondary bacterial infections, but there was a primary infection that existed, which is why these conditions returned, given a little stress or the elimination

of antibiotics.

The most reasonable explanation, and the most implicated pathogen, is the mycoplasma. And it is titled and patented by Dr. Lo from the Armed Forces Institute of Pathology, under a U.S. Government patent, "a pathogenic mycoplasma". We've reprinted that patent in our new book *Healing Codes For The Biological Apocalypse*.

[Editor's note: See nearby for a reproduction of this most revealing and suggestive patent document from Dr. Horowitz's superbly researched book.]

And when one reviews the patent, one sees Dr. Lo's explanation about this particular **cross between a bacteria and a virus. That's what a micoplasma is.** It has the unique ability to evade the immune system, buries itself deep within the cells and cell nuclei, is thereby very difficult to diagnose and then treat, and

subsequently causes, PRINCIPALLY, an upper-respiratory infection that won't quit.

Furthermore, Dr. Lo's patent, and scientific literature upon which it is based, shows that these upper-respiratory infections and immune-system suppressions are not the only symptoms these infections induce. The entire array of symptoms associated with AIDS is included. And so, Dr. Lo concludes that, far more likely than the AIDS virus, HIV, that is inducing the pneumonias and the cancers unique to AIDS, this pathogenic mycoplasma appears to be the primary initiator.

So really, today, in the new millennium, the science on upper-respiratory infections and viruses has actually shifted to not SINGLE etiological factors, but multiple co-factors, including combinations of bacterias and viruses, as well as chemical co-factors, including toxins

that we are exposed to through contaminated air, food, water, and elsewhere in the environment. That's really the conclusion that I've reached, Rick.

Martin: Now, we have spoken before about the wheat smut and some of the spongi-form fungi.

Dr. Horowitz: Yes.

Martin: Is this related, or is this an entirely separate issue?

Dr. Horowitz: I think it's more a separate issue, and yet it may be related in its origins to, again, the biological weapons developers and National Cancer Institute contractors who we exposed in the book *Emerging Viruses: AIDS & Ebola*, and then, furthermore, in the new book *Healing Codes For The Biological Apocalypse*.

We're looking at, ultimately, a handful of individuals and agencies who have wielded a

[Editor's note: As mentioned in the text of this interview, the following patent reference on the mycoplasma is reprinted from Dr. Leonard G. Horowitz's latest book *Healing Codes For The Biological Apocalypse*.]

Figure 8.2. U.S. Patent On "Pathogenic Mycoplasma" Linked to Autoimmune Diseases

United States Patent [19]		US005242820A	
Lo	[11] Patent Number:	5,242,820	
	[45] Date of Patent:	Sep. 7, 1993	
[54] PATHOGENIC MYCOPLASMA	Lo et al (1989) Fatal Infection of Silvered Leaf Monkeys . . . Am. J Trop Med Hyg 40(4):399-409.		
[75] Inventor: Shyh-Ching Lo, Potomac, Md.	Lo et al (1989) Virus-like Infectious Agent . . . Am J Trop Med Hyg 41(5):586-600.		
[73] Assignee: American Registry of Pathology, Washington, D.C.	Marquart et al (Feb. 1985) Abstract Only Eur J Clin Microbiol 4(1):73-74.		
[21] Appl. No.: 710,361	Hu et al (1990) Gene 93:67-72		
[22] Filed: Jun. 6, 1991			
Related U.S. Application Data			
[63] Continuation-in-part of Ser. No. 265,920. Nov. 2, 1988, abandoned, which is a continuation-in-part of Ser. No. 875,535, Jun. 18, 1986, abandoned.	<i>Primary Examiner</i> —Christine M. Nucker		
	<i>Assistant Examiner</i> —D. R. Preston		
	<i>Attorney, Agent, or Firm</i> —Venable, Baetjer, Howard & Civiletti.		
[51] Int. Cl. ⁵ C12N 5/00; C12N 5/02; C12N 1/00; C12Q 1/70	[57] ABSTRACT		
[52] U.S. Cl. 435/240.2; 435/5; 435/872	The invention relates to a novel pathogenic mycoplasma isolated from patients with Acquired Immune Deficiency Syndrome (AIDS) and its use in detecting antibodies in sera of AIDS patients, patients with AIDS-related complex (ARC) or patients dying of diseases and symptoms resembling AIDS diseases. The invention further relates to specific DNA sequences, antibodies against the pathogenic mycoplasma, and their use in detecting DNA or antigens of the pathogenic mycoplasma or other genetically and serologically closely related mycoplasmas in infected tissue of patients with AIDS or ARC or patients dying of symptoms resembling AIDS diseases. The invention still further relates to a variety of different forms of vaccine against mycoplasma infection in humans and/or animals.		
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variety of new biologicals. Clearly, when Central Intelligence was investigated for its illegal development, testing, and storage of biological weapons, long after the signing of the Geneva Accord, these several organizations were then discussed in Congressional hearings.

For example, the Army Corps of Engineers, during the Central Intelligence Agency's Project MK-Ultra, which was their mind-control and population-control program, clearly reported, as we have documented in *Healing Codes*, using their own declassified documents, their interest in developing fungi that were cited on the same page as crystalline structures that we today understand is the form of the prions/crystals that are linked to Mad Cow Disease and other spongiform encephalopathies, including Creutzfeldt-Jakob Disease in humans.

So you're looking at a massive amount of circumstantial evidence, and related scientific evidence, that SCREAMS that these biologicals, and combinations of toxic co-factors, are not likely coming out suddenly at this time, world-wide, by accident; that the CIA's project MK-Ultra—as we also report in *Healing Codes*, and show in the *Congressional Record* to prove it—had, as one of its components, the CIA's Top Secret Biological Weapons Program, MK-Naomi.

So, in fact, ALL of the biologicals that were developed by Central Intelligence were developed under a general context of population control, including behavior control, mind control, and depopulation.

When one looks at the fungal-linked prion, one sees an agent that is linked to behavior change, to mind manipulation. That is, it induces memory loss, as well as other symptoms of encephalopathy, neurological damage of the brain, as well as, it kills people—depopulation.

Suspicious are its historic links to scientists whose agencies have clearly been linked to intelligence agencies, people like Carlton Gadiusek, the initial investigator of Kuru, which was the first name given to the Mad Cow Disease protein prion.

The fact that Kuru was being investigated by Litton Bionetics Laboratories—the Army's 6th top biological weapons contractor, being overseen by Dr. Robert Gallo—during the early 1970s is highly suspicious.

Dr. Gallo is the scientific fraud who allegedly discovered the AIDS virus in 1984. We learned in my book *Emerging Viruses* that he had actually HELPED TO CREATE these types of viruses, way back in the late '60s and early '70s at Litton, and that the Litton company, during that period, not only was a major military weapons contractor for the Department of Defense, but their president, Roy Ash, was Nixon's alternate for the post he gave Henry Kissinger, who, at the time, was overseeing CIA/FBI and foreign policy as National Security Advisor.

Suddenly now, when you realize it was Kissinger who authored, and then published, the *National Security Memorandum 200*, calling for massive 3rd-world depopulation at the behest of George Bush, who stood up in Congress in 1968 and said that U.S. national security's primary interest is on burgeoning third-world populations, and now, in the 1990s, you see that that early depopulation agenda has shifted to America—wherein the Council on Foreign Relations published *Foreign Affairs Journal*, in March/April issue 1996, again, in a document that we've reprinted in black-and-white in the book *Healing Codes For The Biological Apocalypse*, shows that one out of every two Americans should no longer be here, according to the Rockefeller-directed Military-Medical-Industrial-Complex Commissioners, the "shadow governors", called by other names, including globalists, international banksters, and more.

So, you have to look at what is going on here as, most likely, Genocide, with a capital "G". In essence, genocide is being defined, or has been defined, as "the mass killing of people for political and/or ideological and/or economic gain".

Martin: This next question gets into *Healing Codes*. There are those who believe that sound can be used to heal people, and that particularly certain tones and certain sounds can be used to fracture crystalline viruses. Are there any health practitioners using sound, at this time, that are effective?

Dr. Horowitz: Yes, and actually that gets heavily involved in my new work. In the new year we will be touring the United States doing weekend programs called "Healing Celebrations", and during these we administer these types of technologies, these new bio-resonate technologies—involving sound, light, as well as the basic, traditional spiritual healing practices that blessed Yeshua, Jesus, had initiated.

All of these plagues, and this critical time in human history, had been prophesied. If you've heard me speak in the past, frequently I will ask my audiences: "How many of you have had friends or family over the last several years develop one or more of the great plagues of modern time?" Those plagues are all linked to contaminated vaccines and/or contaminated blood.

The plagues include chronic fatigue, fibromyalgia, lupus, M.S., A.L.S., chronic crippling rheumatoid arthritis, adult and juvenile type-1 diabetes, Krohn's Disease. Then there are the encephalopathies and the childhood injuries, the brain damage and neurological damage associates with autism, and attention deficit, and hyperactivity disorders, and sudden infant death, that have been induced by the vaccines.

And then there's the unique cancers.

And that's not to mention some of the more common things, like asthma, hay fever, allergies, and these chronic, draining, ear infections that the children get because of the vaccines.

Well over 95% of my audience's hands raise; the hands go up when I ask that question. You see, that is simply witnessing to the fulfillment of *Bible* prophecy, as is the next question: "How many of you have had an extraordinary increase in your spiritual sensitivities over the past few months?"

And, Rick, whereas a year and a half, or two years ago, I used to ask that question. And it would only be, maybe, 65% of Christian audiences would raise their hands; now I'm looking at 85% of those audiences raising their hands. And in general audiences, I see about 65%.

So, suddenly you realize there is a spiritual renaissance going on, and at the time that the *Bible* speaks of these great plagues striking, every prophet said that this would herald a spiritual renaissance on this planet, and that Christ's healing ministry would be, virtually, resurrected.

And so, that's what our "Healing Celebrations" are about. And when one considers the recent revelations that God gave to Dr. Barber, that the book *Healing Codes For The Biological Apocalypse* is based on—that is, the electromagnetic frequencies that God uses to create, destroy, and produce miracles—suddenly, now, as prophesized, we've been blessed with extraordinary knowledge, virtually God's technology, for healing.

And that involves what you're asking: electromagnetic frequencies that clearly have the capacity to produce miracles, that clearly have the capacity to shatter virus structures,

**Leonard G. Horowitz,
D.M.D., M.A., M.P.H.
Tetrahedron
206 N. 4th Ave.
Sandpoint, ID 83864**

Order Line: 888-508-4787

**Fax:
208-265-2775**

**Website:
www.tetrahedron.org**

virus crystals, prion-crystals perhaps, and that it's simply God's technology being revealed to man.

So, what's going to be very unique in the "Healing Celebrations" is the fact that, on stage, as we're getting into the *Bible*, we're getting into the healing Word that God gave us, and the instructions that God provided, as we do "hands-on" healing and prayer.

But we're going to have on-stage with us some of the most advanced bioelectric technologies for sound, light, and frequency generators for healing.

So, we're going to be doing laying-on of the hands, we're going to get into the Word, into God's Word; we're going to be articulating that with our lips, which is important, as I'll get into in a minute. And, at the same time, we're going to be making use of the God-given gifts of the technology that utilize God's blessings.

So that's why the areas of, primarily, bioelectric therapies, as well as oxygenation therapies, have been suppressed by the United States Federal Government, the Food and Drug Administration—and their master manipulators, the Rockefellers and their friends, who control the international chemical and pharmaceutical cartel.

The primary reason that they've suppressed this is that not only are they inexpensive, non-patentable, and highly effective, but because it's God's technology, and they're gross Satanists.

Before we finish, I want to mention something about prayer. There's been a recent revelation for me.

Let me share with you the most powerful revelation that I've gotten in recent months that is imperative understanding for people who want to heal themselves, empower their immune systems, and make it into the Messianic Age. This involves the power of prayer, faith, and trust. It involves the issue of God's technology—that is, electromagnetics, and that, simply, is this: when one prays, with faith and trust, the articulated word that comes out of the lips has the capacity, the God-given grace and gift, to impact the electromagnetic matrix of the universe, or what the Christian and Jewish worlds call the Holy Spirit.

The Holy Spirit is, in fact, an electromagnetic matrix of all possibilities, including those Divine. God created every single one of us as Holy Children of God, in His image.

And how did God create? Very clearly it says, in *Genesis*, through the spoken word. Now, as parents, we want to give our children even more than we were blessed with. And that's the same for the Father.

God wanted for us as much as He had, and even more. And so, when He created us in His image, that could also easily be interpreted, not only that we were created in the likeness of the Father, but that we were created through the

use of His imagination.

Just like when, before we create anything, we first imagine it. Before we express what it is that we have in our minds to somebody else for them to understand, we are getting an image internally that we're then articulating through our lips, and then communicating that image to somebody else for their understanding.

Likewise, when God created His children, He instilled in them the capacity to use the spoken word to impact the electromagnetic matrix of the Holy Spirit, which holds the potential to manifest, virtually, anything that is imaginable. And so, currently, the great opportunity and challenge that God wants us to have is the recognition that He, and we together, are going to turn this planet around, and its going to be easy, and its happening already.

All that's virtually required is following His Laws, as was always the case. Every nation that has not followed His Laws has been doomed. The *Bible* makes that very, very clear. Every nation, on the contrary, that abided by His Laws, prospered and was blessed.

Likewise, our own lives can be equally blessed by following His Laws. And, at this extraordinary time in history, when there's so much doom and gloom, and so much sickness and new microbes that induce great plagues, God wants us to know now that we hold the capacity to transcend all of that by just singing His praises and following His Laws.

And that's really my most recent personal revelation. And when one thinks about it, it makes complete sense.

Martin: Sure it does.

Dr. Horowitz: Because how did God create this planet and the universe to begin with? He spoke it into being. So, before there was anything, there was God, and the Word, and the Word is sound, and sound is electromagnetics, and electromagnetics is simply based upon physics and mathematics, and mathematics don't lie.

So suddenly, you're now blessed with realizing that, as a Holy Child of God, the brothers and sisters of blessed Yeshua, the Messiah, that we were given this same access to the Kingdom of God, to the creative potential and power inherent in His Word, and that we have our own lips and our own connection through the Holy Spirit to the Great Creator.

Incredibly, as it is occurring at this time in history, simple humble servants, like myself, are being extraordinarily empowered in their healing ministries, and in their general spiritual ministries. And so that's the great message of the "Healing Celebrations".

The first one is occurring on the first weekend in February in Portland, Oregon. We have several wonderful corporate co-sponsors for the event.

Financially, it is just all falling into place, as it has been Divinely directed. You know, it is said that "Those who are righteous, their steps are ordered by God."

And that's the truth for all of us. I mean, when we're "in the flow", that is, when we're following God's Laws, miracles are happening in our lives. And I thank God for all the great blessings that my family and I have received from folks like you, and all of our supporters nationwide, because this is an extraordinary time in our lives and, I think, in so many of our lives.

Martin: Is there anywhere, in particular, that I can refer our readers to, for more information about healing through sound or tones?

Dr. Horowitz: Yes. We have a couple links on our website to organizations and individuals who deal with that. I would refer you to one of the corporate co-sponsors of Healing Celebrations. His name is Lynn Kenny. He is with a company called BioRay, Inc.

[Editor's note: BioRay produces the sound and light generators based on the work of Royal Raymond Rife. There are 2 different BioRay sound and light generators available: a 200-watt unit, suitable for the average user, at a cost of \$4,500; or a 300-watt unit, with heavier-duty circuits and more power, at a cost of \$6,000. The BioRay sound and light generator includes a mini-tower with electronics, light tube, light stand, light tube holder with fans, and keyboard. It comes with an operator instruction manual, a brief instruction video, frequency charts, and the 335-page Handbook Of Rife Frequency Healing by Nina Silver, Ph.D. The buyer also receives free software updates from BioRay as they become available. Customer purchases their own computer monitor separately and is allowed to deduct \$150 from the purchase

BioRay, Inc.
Lynn Kenny, President
9220 A-1 Parkway East,
Suite 117
Birmingham, AL 35206

Telephone:
(205) 841-6554

Email:
beamray@mailcity.com

price. Prices include all components (except monitor) and shipping within the United States. Contact: BioRay, Inc., 9220 A-1 Parkway East, Suite 117, Birmingham, AL 35206; telephone: 205-841-6554; or send email to the address beamray@mailcity.com if you have computer access to the Internet.]

Lynn, I have found to be one of the most sincere and knowledgeable people in the entire field of Rife technology and electromagnetic resonance therapies. He has developed one of about a half a dozen machines that I have personally tested, and it's difficult for me to endorse any of these machines.

I, personally, use them. I can't proclaim efficacy because of the lack of published scientific evidence that's associated with the suppression of this entire field of research, but I can tell you that, theoretically, and in terms of anecdotal reports, there have been thousands and thousands of people who have claimed benefits.

I think Lynn can, beyond anyone, show you some documented evidence. In fact, I would ask him to show you some of his cases, including chest X-rays of EXTREMELY virulent and invasive lung cancers being eliminated, being resolved, through the use of bioelectrics. So, I would refer you to Lynn.

And then there are other individuals and organizations who we've been working with that are doing some very exciting work. But again, I believe that every individual needs to experiment on their own with these types of non-toxic, very, very low-risk technologies. In fact, the risk of utilizing these machines is extremely low, and certainly the potential benefit is extremely high. And, just like I've been doing, I would recommend other people experiment for themselves on a variety of different machines, just to get their own sense of whether these are helpful.

Martin: Do you have any final remarks?

Dr. Horowitz: I would like to thank everybody—first God, and then all of our supporters over these years. It has been a tremendous joy for me. I want to thank, particularly, the thousands and thousands of people who have put us into their prayers and had their prayer groups contribute to our work and protection.

Editor's note: The following discussion of the relationship of sound and music to healing was prompted by Dr. Horowitz's above comments about this most important subject. We plan to delve more thoroughly into this most interesting healing modality at a later time. For now, the following is offered to simply bring together some interesting thoughts on this subject from the perspective of a professional who has spent many years in this arena. But first, Rick sets the stage with a few suggestions of his own. We can thank Dr. Horowitz for rekindling an interest and

refocusing attention upon a very ancient healing art!

Music, Frequencies And Sound Healing

12/30/99 RICK MARTIN

Some ideas just won't go away. The concept of healing the physical body, as well as the mind, through the use of music and "sound" is one such idea.

There are those in the musical field who have devoted years, even decades, to research, development, understanding, and application of healing through the use of sound and/or music.

One such prominent musician is Steven Halpern. Another is Jonathan Goldman, President of the Sound Healers Association (SHA). SHA, founded in 1982, is a non-profit organization dedicated to research and awareness of the uses of sound and music as therapeutic and transformation modalities. Jonathan Goldman is also author of the book, *Healing Sounds*.

I recently spoke with Jonathan Goldman, who graciously granted permission to reprint here his article titled *Nine Insights Into Sound Healing*. People such as Jonathan Goldman and Steven Halpern are very busy, quietly, behind the scenes, working with people of many nations, introducing their healing sounds into nations, cultures, and homes where they quietly perform their miracles without fanfare.

I recently purchased Steven Halpern & Fabien Maman's 1998 CD called *The Sacred Chorde—Music For Meditation & Healing* and I may honestly report that it, indeed, IS music for meditation and healing. (It is available through Steven Halpern's Inner Peace Music, P. O. Box 2644, San Anselmo, CA 94979-2644. His website www.stevenhalpern.com provides many more details.)

In my discussion with Jonathan Goldman, he advised me that his most recent CD, titled *Chakra Chants*, is absolutely a profoundly potent, healing, sound experience. Just as we are going to press, I have received Goldman's CD titled, *Chakra Chants*. Quoting now from Ethereal Music's catalog, the source for this music [*Suite 300, 12640 West Cedar Drive, Lakewood, CO 80228; telephone: (303) 988-1221 or toll free 1-888-Etherean*]: "Jonathan Goldman has been empowered by the Chant Master of the Dalai Lama's Drepung Loseling Monastery to teach sacred Tibetan overtone chanting. After finding that many of the chakra

resonance recordings available were difficult to listen to, Goldman decided to create a release that didn't rely on computerized sounds of doubtful therapeutic value. The result is eminently listenable; gloriously rich, harmonic sound, ripe with deeply resonant overtone chanting." I may, now, confirm that this description is entirely accurate. The sound, as intended, literally goes right through the body and is very powerful. Jonathan Goldman's other music include: *Trance Tara, Dolphin Dreams, Gateways, Hermetic Harmonics (cassette only), Song of Saraswati (cassette only)*. In addition to sending me *Chakra Chants*, the people at Ethereal Music were also kind enough to send me another CD, titled *Cho Ku Rei*. I cannot speak highly enough for the intensely beautiful harmonics of this CD.

Goldman is currently working on another CD, not yet available, titled *The Missing Chorde*, and he has written a book by the same title. There is a lot of information about Jonathan Goldman and the Sound Healers Association on the Internet, under the general topic of Sound Healing.

Another CD which crossed my path recently, and one that is also profound in its healing potential, is called *Crystal Voices: Sounds Of Light—The Pure Tones Of Crystal Singing Bowls*. (Contact: Crystal Voices at 604-222-0060.)

For those of you interested in experiencing Steven Halpern live, on **January 17** he will be conducting a workshop in San Diego, California titled *Music And Learning: How To Optimize The Results*. For more information, call The Brain Store at 800-325-4769 or send email to: info@brainexpo.com. Steven Halpern will be performing a concert as part of *A Powerful Evening With Neale Donald Walsh* on **February 11** in Santa Monica, California. For more information contact the ReCreation Foundation (541) 482-8806, PMB 1150, 1257 Siskiyou Blvd., Ashland, Oregon, or send email to: recreating@aol.com. In Oakland, California, **April 14-16**, Steven Halpern will be appearing at *The International Attitudinal Healing Conference 2000—Choosing Peace Over Conflict; Choosing Love Over Fear*. For more information contact the International Network for Attitudinal Healing at (888) 222-7205. And then on **April 28-May 3**, Halpern will be appearing at *The 2000 International Conference On Science And Consciousness*, where he will present: *Harnessing The Healing Power Of Music For Personal & Planetary Transformation*. For more information contact (505) 474-0998 or send email to: message@nets.com.

Jonathan Goldman will be presenting the *5th Annual International Healing Sounds Intensive 2000* on July 8-16 (9 days), at Sunrise Ranch, a holistic resort and conference center located in the beautiful Rocky Mountains on 360 acres in rural Northern Colorado. For

information about registering for this event, call (800) 246-9764. The cost for the event is \$995, not including room and board at Sunrise Ranch.

To repeat myself, sound healing is a concept whose time has come. Let's read, now, what Sound Healing expert and musician Jonathan Goldman has to say on the subject.

Nine Insights Into Sound Healing

JONATHAN GOLDMAN

Sound and music have been used since ancient times for healing and transformation. Yet there is today a growing re-emergence of interest in this field of sound healing with many different thoughts and ideas about the effects of sonics and their use as a transformative energy. Many of the major questions about sound healing are still unanswered. The following thoughts are just my own and may not be based upon the reality of anyone else. They may, however, prove to be useful insights and considerations for others.

ONE: We are all unique vibratory beings.

To begin, we address the concept that the basic principle of sound healing is that everything is in a state of vibration, including our organs, bones, tissues, etc. If these parts of the body become imbalanced, they may be healed through projecting the proper and correct frequencies back into the body. This works for imbalances and over- or under-activity in the chakras and the energy fields. I believe that this concept is correct.

I merely question whether the various frequencies that have been tabulated by numerous scientists and sound healers as being the frequency for the liver, for example, or the root chakra, are correct.

My reason for questioning this information is that, first, usually none of these frequencies that have been tabulated agree with one another. The second is, do you really believe that you have the same vibratory rate as anyone else?

When I first began this work, nearly fifteen years ago, I was involved in a project researching and investigating the effects of tone upon the chakras. I found dozens of different systems that used different sounds to achieve the same result. How could this be?

I wondered. Later on, I came across the works of different scientists who used different frequencies to achieve the same result (and, I might add, with apparent success).

This led me to create the formula: Frequency + Intent = Healing.

The only commonality in many of these different systems was that the practitioner had

the intent of vibrating or balancing a particular area or field with sound. However, this formula also stemmed from my own work with students, healers, and healees.

It seemed that the more experience I had teaching and showing how to use sound as a transformative modality, the more validation I received that no one and no thing were the same. Which led to my believe that we are all unique vibratory beings, in a constant state of fluidity and flow.

On a cellular level, there may be generic tones for specific organs. However, we may be lacking certain information regarding the proper understanding of this. Along with a frequency for the structure of the organ, there may also be a modulated frequency which is the pulse of the organ (how the organ interacts with the various energy which passes through it—is it slow or fast, etc.?).

The brain, for example, pulses at different frequencies (alpha, beta, delta, theta) but these are not the frequencies of the tissues of the brain. There may be at least two very different types of sonics which influence and affect any organ.

To make the assumption that we are all at the same level of physical, emotional, mental, or spiritual development (and therefore that our chakras all behave the same and resonate to the same frequencies) is rather simplistic.

In Tibet it seems that different chakras receive different mantras as sounds to resonate them, depending upon the level of development of the student. An "Ah" sound, for example, might work for the throat chakra at one level of development, while it might work for the heart chakra at another level.

Years ago, a student of mine found a system for working with sound and the chakras which used the note "C" for the root chakra and went up the chakras diatonically (C, D, E, F, etc.) so that the seventh or crown chakra vibrated to B.

In principle, it was a very neat system, though it did not strike me as being correct for several reasons: First, it seemed that low frequencies affected my root chakra while high frequencies affected my crown. If the diatonic scale system were true, then that would mean that a low B would affect my crown chakra while a very high C would affect my root chakra, which did not seem to be the case. Also, is that note C resonating the root chakra before or after coffee? Early in the morning or late at night? Before or after meditation? It well may be that these activities and ingestions affect the frequency rate, not only of our physical body, but also of the chakras and the etheric fields.

So, to the question: "Do I believe we all resonate to the same frequency?" I answer, "No! I do not." I believe we are all unique and different vibratory beings with different frequencies for our body, brain, and energy centers. And these frequencies can change.

TWO: Because of the uniqueness of the human vibratory rate and the uniqueness of our response to music, it is difficult to accurately test the effects of music upon the human body and energy fields.

One of the most effective measurements for testing the effects of music upon the body is kinesiology, a method of muscle testing. While highly trained practitioners of kinesiology can sometimes determine profound insights, kinesiology is a very difficult and specific tool if the practitioner is not skilled or clear about its purpose. It is necessary that the persons doing the testing be well trained in the various subtleties of kinesiology, and that they be extremely clear, with nothing to prove when doing the testing. Thus, one sometimes questions the results of kinesiological testings, particularly involving music, if the person doing the testing has anything to prove.

Here is one final thought on using kinesiology to check for the positive or negative effects of music. If a practitioner checks a patient while the music is on, both parties will be influenced by the music and the results are not balanced nor accurate. However, if one of the persons wears headphones while listening to the music, it is speculated that headphones actually add their own influence into the kinesiological testing and change the results. The ultimate answer would be to use a machine that used the same amount of pressure each time. However, while such a machine does exist, it is not commonly found nor used.

THREE: The energy inherent on recordings may be as important as the sound reproduction of the recording.

As we move more and more into audiophile consciousness, with the advent of high-tech recording and playback equipment, a certain bias is developing which insists that for recorded music to be beneficial, it must be well recorded, without any distortion. There is an aspect of truth in this. "Clean", clear music, without distortion, etc., is very nice to our ears. It's great in fact, and I prefer it to poorly recorded sounds. But let's face it, clean music isn't necessarily therapeutic. If one believes that there is an energy form (we'll call it "intent" for this purpose) outside the actual frequency range of the music, then something else is also going on when we listen to music.

Have you ever heard a poorly recorded "bootleg" of a fabulous concert that absolutely sent you soaring when you heard it, then when you heard the same song released on the album that was clean and clear, it did nothing for you? I have. I have a number of recordings of chanting from various spiritual masters on which the fidelity is questionable. But the energy inherent in these recordings is marvelous and somehow the healing or

transformative energies are still transmitted through the sounds.

If someone is so biased that they cannot bypass the audio fidelity of a recording, I have no doubt that these people will not allow themselves to access the energy inherent on poorly recorded cassettes and discs. This may be a problem unique unto the individual and not inherent in the actual recording. Let us not bias others with our own biases. It certainly qualifies and quantifies what's good and bad for us.

FOUR: No one recorded sound medium is better than another.

This brings us to the insight of whether analog recordings (cassettes and record albums) are more beneficial than digital recordings (or vice versa). The sonic jury is still out on this. No one knows. No doubt, both analog and digital are very different and, no doubt, they both can have positive results.

When kinesiology was first used as a method of testing the effects of music, it really seemed that digital was not beneficial. At the time, this may have been true. The early digital recordings sounded different: they were clear, but cold. Some people would develop headaches while listening to them. Still later, as digital continued to develop, I found people who believed that digital recording created sounds that were not beneficial to the cells of the body or auric field. There may be truth to this. It is difficult to accurately test the effects of music.

More recently, a friend of mine who is a fine musical magician suggested that I was anti-digital because I was afraid of new technology. "Once you stop being afraid, you'll be able to work with digital and synthesized, sampled sounds as a sonic form that can be worked with (and influenced) like any other sound." His words rang true. "Besides" he added "digital is working with quartz-based technologies and you know how you love to work with quartz crystals." I listened to my friend's advice and began to incorporate some digital and synthesized sampling technologies in my work. For example, during the recording of *Angel Of Sound*, I utilized both analog and digital studio techniques. In addition, during the recording, I consciously asked Shamael, the Angel of Sacred Sound, to come into the recording (regardless of whether it was analog or digital). From all reports, the Angel is there.

One last thing: Some purists tend to think of analog as being a purer sound than digital. More real. Conceptually, this is true, until you add all the other elements of recording and playback to this. When you take an analog recording, such as a cassette, and play it back through a transistorized system (which most of us have), that analog signal is significantly changed. The sounds that come out of the

systems are no more "real" than anything else. Prerecorded music is in some way altered and changed from what it originally was. Therefore, no one recorded sound medium is really better than another.

FIVE: All tunings from different instrument have healing potential.

Many people believe that only harmonically related tunings are healing. Without getting too technical, let me say that the tunings of keyboards are, for the most part, tempered tunings. This means that the natural harmonically related intervals and ratios of different notes, when played together, are changed and different. On a piano, the ratios are logarithmically related, not harmonically. They don't possess the naturally occurring ratios that are a part of the harmonic series. Blame it on Bach, if you like, since he pioneered equal tempered music. It did change the intervals on the keyboard, but it also allowed players to be able to change keys without hitting "bad" notes.

There are those who feel that only music which has harmonically related intervals, created either by the voice or by instruments that are not equal tempered, have therapeutic value. As the author of a book which focuses on harmonics, I understand this belief, though it doesn't resonate with me as being true. Too many people have received healings, experienced transformations, and generally had wonderful times listening to music that was created by instruments such as the piano, which uses equal temperaments. One cannot denigrate these healing experiences by proclaiming that tunings must be harmonically related to be healing.

SIX: Both intent and frequency create the transformation experience.

In my book *Healing Sounds* and in the workshops which I teach, I focus a lot of energy and thought on the importance of intention: the energy behind the sound. I point out how important intention is in the healing process. Never, however would I say that intention is the only thing. Remember: Frequency + Intent = Healing.

It's not just one or the other. As the saying goes: "The road to hell is paved with good intentions." As another writer pointed out, the path between conception and execution can be quite distant. If, for example, I want to calm someone and I shout in their ear, my intent may be one thing, but the actual sound I make may be quite another thing and create quite a different effect.

Intentionality is extremely important and something that needs to be worked on consciously and consistently by sound-healing practitioners. Frequency is equally important

and not to be ignored. We need to be aware of the psychophysiology of sound, how we use sound, and how sounds affects us. We are vibratory beings, and different sounds will resonate and influence us, unless we get to a level of attunement practiced by certain masters.

Perhaps it is regarding this ideal level of mastery and attunement where most people get confused. Few of us have achieved this vibratory level or the clearness of intent inherent in it. Usually, we are working at a level where we still need to clear ourselves when we're working with projecting intention. Just having a desire to be clear doesn't mean we're there yet.

Probably when one has reached a mastership of clarity, where one can truly project Divine intention—the difference between "Thy will" and "My will"—one can make any sound and have a desired effect. However, this is not often the case.

It's important, as we go through our spiritual evolutionary process when working with sound, to become aware of the effects of the sounds that we are projecting, as well as our proposed intentionality. It is the only way.

SEVEN: Sound is subtle.

We still live in the old paradigm of "more is better" and particularly that louder and longer is better. However, when working with sound, the volume, duration of frequency, and the effect of the sound are not necessarily interrelated.

We all know about how loud volumes can cause hearing loss. Also, in terms of physiological response, loud sounds do have specific and not particularly therapeutic effects. They trigger the "fight or flight" response, release adrenaline, raise heart beat, respiration, and brain-wave activity, and may interfere with immunological functions.

There are therapists, for example, who use music played at very high volumes to elicit certain responses. This is valid, but we must remember that this is a specific use of music for a specific purpose.

It may be that, when working with sound, loud volumes actually have less ability to make those changes down at a molecular level than do soft, gentle sound. Very loud sounds may be too overpowering to achieve a desired and long-lasting effect, merely passing through the body without creating change. So, louder is not better, and neither is longer necessarily better.

While we may still have a "more is better" consciousness, this is not necessarily true in terms of sound. A frequency or tone may be effective when listened to or chanted for a brief period, but the effects may nullify or even become adverse over too long a period of time.

There may be a minimum amount of sound duration that is necessary to make changes in the physical, emotional, mental, or spiritual

body. Some sound-healing practitioners say that five minutes is needed for a tone to really make change. Others say ten, and others, twenty minutes. There are some sound practitioners who have people sound or listen to music for many hours.

Since we are all unique vibratory beings, I believe it differs from individual to individual. I certainly have observed extraordinary changes in individuals who have received sound for only a couple of minutes or less.

With the various sonic equipment and recordings that are now available which create specific sounds, there may be people who will be sounding or listening to a particular frequency all day long. Depending upon the individual and their needs, this may be fine, or it may not be healthful. More is not necessarily better, and with sound, too much can possibly be debilitating to the nervous system or other systems of the physical and etheric bodies. Balance is an extraordinarily important aspect of any transformative or healing work, and principles of balance should be applied to sound.

EIGHT: Sound and light/color are different forms of energy.

This thought may be quite controversial for some who believe light and sound are the same. No one really knows. My belief is that sound and light are related, but they are not the same. One way to look at this relationship is through the harmonic series. Harmonics are the notes created from a fundamental tone which display universal principles of whole number ratios. A note vibrating at 100 cycles per second will affect any note that is a harmonic of this. This means a note vibrating twice as fast at 200 cycles per second, a note vibrating three times as fast at 300 cycles per second, and so on. This is the sonic equivalent of the ancient Hermetic Principle: "As above, so below."

We can therefore conceptually take that 100 cycles per second note, and say it is harmonically related to a note at 1 million cycles per second. However, this does not mean it is the same note nor will it necessarily have the same effect.

What has happened with the sound-as-light phenomenon is that mathematical scientists have either taken the frequency of a note and then doubled it forty times, until this frequency is within the same range as a particular color of light, or taken the frequency of a color and halved it forty times until this frequency is within the same range as a sound. Then these scientists have said "This is that." It may be, but no one has actually turned a sound into light.

Different colors have been assigned to different notes, with devices like light organs, but it's still all theoretical. No one has been able to take one sound frequency and jump it up forty octaves, without relying on putting it into different instruments or computers which,

of course, change the natural process of a sound wave.

It may be that, as a frequency enters a different energy state (sound would have to turn into many different types of energy, such as heat, before it became light), the frequency goes through a conversion process and the mathematics are very different. As energy is transduced, the math may become much more complicated than we know. The simple doubling process may not be relevant.

My thoughts are that sound and light are complementary energy forms, but not necessarily the same. Assigning specific colors to specific tones may be an oversimplification of a process we do not yet understand. It may be that we can encode any color upon any frequency. This is another idea that I wanted to share with you, as long as we're on the subject. No one really knows the answers to this insight at this time.

NINE: All music potentially has therapeutic qualities.

Many people believe that only New Age music is healing, or whatever type of music you want to substitute for "New Age". This gets into the same conundrum I experienced many years ago when I first began this sojourn into sound. Everybody wanted me to talk about how rock 'n' roll was the devil's music and bad. I wouldn't. It is my belief that any music, depending upon the time, the place, and the need of the individual, can have therapeutic effects. It is not that any music will have therapeutic effects, but that it can, if it is correct for the individual.

Knowledge of the psycho-acoustic effects of sound is helpful here. Certain sounds will often create similar physiological responses in many people. Slow pulsed music, for example, will have a tendency to slow down our heart rate, respiration, and brain waves. Often, fast music will have the opposite effect. If it's three o'clock in the morning, I'm tired and driving home from a party, and I put on a piece of deeply relaxing music, what happens? I become even drowsier and such music would probably be extremely hazardous to my driving. However, if I were to play some loud, up-tempo music, most likely it would stimulate me, keep me awake, and under those conditions be quite therapeutic.

This is not the same situation if it's three in the morning and I'm trying to find music to help me sleep. Very different responses required. Very different types of music are needed.

Knowing how you want to use music is extremely important, as is understanding the potential psychological and physiological effects that are inherent in the music. Slow pulsed New Age music is excellent, of course, for relaxation, but it's not ideal for dancing. Yet, if

dancing (and the extraordinary energy release found by dancing) is desired, slow New Age music is not ideal.

What is your purpose for using a specific piece of music? Is it for meditation, guided imagery, dance, deep recollection, or for emotional release?

Realizing that every type of music has the ability to resonate with us on many different levels, it is possible that any type of music can have positive results. We should be open-minded about all music and the possible transformative and therapeutic results that can occur from it.

One of the best ways of working with music is to create a musical prescription for yourself. Find out what types of music you respond to best.

What specific music makes you feel joyful?

What music makes you feel sad?

Write down the different music that elicits different responses, and use this music when you want to create a feeling or a mood. No one piece of music will affect everyone the same way, especially when it comes to our emotional responses to music. You cannot expect someone else to have the same experiences as you do with any music. However, frequently, with our own experiences, if we have had a specific emotional response to listening to particular music, we will have a similar response when listening to that music again.


When working with others, you must find out what music works best for them in order to help create their musical prescription. It may be possible that a person is blocked from enjoying certain types of music because the sounds resonate with imbalances within them.

For example, one time a student could not listen to very low sounds, particularly those produced by chanting Tibetan monks. This was a response to a blockage in the lower chakras. Once this person was able to acknowledge the situation and open to the resonances created by the deep sounds, the blockages disappeared and they were able to release the imbalances. It was quite a transformational experience.

This story illustrates how it is possible to find music that we really dislike, which can actually be useful in helping us to encounter and heal imbalanced aspects of ourself.

My final suggestion is to allow the potentiality of healing to occur in every piece of music. Music can reach into aspects of our psyche that we may not have a clue even exist.

There are people working solely with classical music, or "sacred" music, or New Age music. The reality is that all forms of music, from rock, to country, to jazz, to all the world musics that are now available to us, may have the potential of reaching further into our bodies, minds, and souls to initiate healing and transformation.

Be open to all possibilities. You can never know what may transpire until you have tried. 

The Unnerving Truth About Mind Control

“Forewarned Is Forearmed”

Editor's note: If you want to start an argument at a dinner party, just bring up the subject of mind control.

Some people cannot even admit susceptibility to the subtle persuasion tricks of the Madison Avenue marketing machinery which dictate clothes styles and so many other things we “just have to have” or we're not cool. For these people, the idea of any more direct and invasive kinds of mind control are simply beyond comprehension.

However, for many ones who are attracted to read this newspaper, the subject of mind control is neither something new nor something at all difficult to accept or see operating everywhere. Rather, it is a subject of great interest—especially from the point of view that “forewarned is forearmed” and thus mind control loses a lot of its effectiveness when one understands what is going on.

We have been looking for some time for an outlay of information which would be helpful both as a well-rounded source of information on mind control, as well as something which you could share with friends who have at least a somewhat open mind to the possibility. Let's put it this way: while we DON'T necessarily want to create overly heated arguments at the dinner party, we DO want to liven things up a bit with intelligent, well-documented discussion that the head-in-the-sand crowd can't easily shoot down.

Well, all of a sudden several excellent resources “just came together” and crossed our path recently. We are sharing these with you here.

The first source is the same one that brought you “Red Tide: The Chinese Communist Targeting Of America” in the last issue of The SPECTRUM. This is the publication called The News Monitor, No. 19, Volume 5/5, which got to us by mysterious means and carries no date nor any other contacting information, though it is always our desire and policy to give credit where credit is due—if we have the information to do so.

Some clues within this particular Monitor publication suggest it is from the later part of

1997 and originates from Australia. In their masthead is the statement: “Political correctness is the marketing name for mind control.” If you go to actor and longtime activist Charlton Heston's speech to Harvard Law School, elsewhere in this issue of The SPECTRUM, you will find quite a bit of agreement with that wise counsel.

The News Monitor divided their excellent article into two parts, as is clearly noted when you read along, though it appears to be written by one person. The author, however, remains a mystery.

Meanwhile, the second source is not at all shy about publicity. She is Judy Wall, who wrote two superbly documented articles about mind control, first published in the RESONANCE newsletter. She is the Editor and Publisher of that newsletter of the Bioelectromagnetics Special Interest Group of the Mensa (high I.Q.) Society. These articles then appeared in an edited format in two different issues of NEXUS magazine—a resource all SPECTRUM readers should pay attention to for good information on a wide variety of topics (NEXUS Magazine, 2940 E. Colfax Ave. #131, Denver, CO 80206; phone: 1-888-909-7474).

Judy's first article, from the November-December 1998 NEXUS, picks up where the News Monitor's author leaves off—with questions about strange behaviors associated with the Persian Gulf war. She continued her excellent investigation with a sobering array of issues in a second article, from the October-November 1999 issue of NEXUS, wherein the mind-control threat to our civil liberties is examined in greater detail. Her documentation of sources of information is particularly commendable in a subject area such as this, so prone to hysteria and denial. According to NEXUS, Judy Wall can be contacted at: RESONANCE, 684 County Road 535, Sumterville FL 33585 USA; phone: 352-793-8748.

Again, remember that “forewarned is forearmed” where the subtle tricks of mind control are involved!

MIND CONTROL

(PART 1)

There are powerful and largely secret organisations which are funded by the international bankers that are interested in mind control. As Illuminati leader, Adam Weishaupt once stated “If you can control the head, you control the rest of the man.”

EARLY HISTORY

As anyone who cares to investigate the matter will discover, the international bankers, with their links to the petrochemical companies and the “military-industrial complex”, have profited handsomely from all the major wars of this century and have gained virtual control of all the nations of the Earth through their astronomical indebtedness, much incurred during times of war.

Prior to World War I, The Royal Institute for International Affairs (RIIA) in England did a study at Wellington House to develop techniques to condition the public into supporting war. The project was headed by Lord Northcliff, newspaper publisher, Lord Rothmore, and British intelligence MI-6 member, Arnold Toynbee; American “specialists” Walter Lippmann and Edward Bernays also attended these “brainstorming sessions”.

After a six-month study, they determined that about 87% of the population formed opinions without using critical rational processes. The English people were then subjected to such sophisticated propaganda that they were soon willing to send their sons to die in the fields of Flanders by the thousands.

The same techniques were used on the American public preceding every major war in this century. The RIIA set up a sister organisation in the United States, known as the Council on Foreign Relations [CFR], largely funded by the Federal Reserve Bank which has become the real governing power of the United States today.

The CFR later organised the United Nations, which is destined to be the “New World Order's” world government.

Many of the US Presidents since F.D. Roosevelt, many Senators and Congressmen, and many highly placed military figures are members of the CFR or its sister organisation, the Trilateral Commission [TC]. CFR members manage all the major news wire services. There are 24 CFR members on the *New York Times* staff. And every national TV news anchor-person is a member of the CFR. This can be easily verified by examining a CFR membership list.

Propaganda continues to this day. Preceding the recent Desert Storm war, the propaganda level in the news media was

cranked up several levels and was quite obvious to all but those with uninformed or untrained minds [would that still be 87%?].

CHEMICAL MIND-CONTROL

After World War II, British MI-6 leader Lord Carrington convinced the American president Harry Truman to establish the Central Intelligence Agency [CIA]. The secret Treaty of Fort Hunt which granted amnesty to former Nazi war criminals was negotiated between the first CIA director, Allen Dulles, and former Nazi SS intelligence leader, Reinhard Ghelen. Under "Operation Paper Clip" many former Nazi SS officers and doctors were brought into the United States. A large percentage of these were employed by the CIA (some sources state as high as 50% of the early CIA employees were Paper Clip Nazis).

The CIA has had a long interest in mind control. In the 1960s, in their project MK-ULTRA, the CIA ordered thousands of kilos of pure LSD from Sandoz Laboratories in Switzerland to do chemical mind-control experiments! The CIA Technical Services Staff [TSS] decided that LSD could be used to obtain information from enemy agents and prisoners of war and could be used against the enemy on the battlefield.

Large-scale LSD tests were conducted on American soldiers at Aberdeen Proving Ground in Maryland; Fort Benning, Georgia; Fort Leavenworth, Kansas; Dugway Proving Ground, Utah; Fort Bragg, North Carolina; and Fort McClellan, Alabama. Some deaths and many lawsuits resulted from this military LSD testing, often on unwitting subjects in the 1960s.

During World War II, German scientists discovered that prisoners of war became more docile and obedient when trace amounts of sodium fluoride was placed in their drinking water. Apparently this poison selectively lulls brain cells in the portion of the brain that does independent thinking and tends to resist authority. Soon the Russians were also treating the drinking water of their prisoners of war with trace amounts of sodium fluoride.

Malathion was also developed by the Nazi government as a chemical warfare neurotoxin, but it was determined to be too dangerous to be used on the battlefield (but not too dangerous to aerial spray the Los Angeles area's civilians for YEARS).

[Editor's note: *Not just the Los Angeles area, but large segments of the San Francisco Bay Area were aerial-sprayed at night by helicopter brigades in approximately the early 1980s, with malathion, to supposedly combat the so-called "Mediterranean fruit fly" which had appeared all of a sudden out of nowhere and threatened to ruin many fruit crops. If your car was parked outside without a cover, you risked a ruined paint finish—and that was*

the least of the possible hazards of these large-scale, indiscriminate sprayings over entire towns!]

While the practice of fluoridating drinking water has been outlawed in most European countries, the State of California has recently enacted legislation to require all municipalities to treat their drinking water with sodium fluoride. Also the State of California apparently doesn't share the former Nazi government's concern about the dangers of malathion in their incessant war against the "Medfly" [*what the "Mediterranean fruit fly" came to be called*].

ELECTRONIC IMPLANTS

Dr. José Delgado was hired by the CIA to do experimentation with miniaturised electronic implants. In a speech recorded in the February 24, 1974 edition of the *Congressional Record*, No. 26, Vol. 118, Dr. Delgado had this to say:

"We need a program of psychosurgery for political control of our society. The purpose is physical control of the mind. Everyone who deviates from the given norm can be surgically mutilated.

"The individual may think that the most important reality is his own existence, but this is only their personal point of view. This lacks historical perspective.

"Man does not have the right to develop their own mind. This kind of liberal orientation has great appeal. We must electrically control the brain. Someday armies and generals will be controlled by electric stimulation of the brain."

The uninformed may think this sounds like science fiction, but in the May 17, 1965 issue of the *New York Times*, Dr. Delgado had reportedly successfully connected electronic implants to the motor nervous system of a bull and could stop the charging bull in its tracks by radio control. In another report, Dr. Delgado had surgically implanted a cat with an electronic implant which could transmit everything the cat was seeing and hearing to a nearby TV monitor. Who would ever suspect the cat was a "surveillance bug"?

Well, considering the tremendous advances in large-scale integrated circuits, electronic implants have come a long way since the 1960s.

Some electronic implants are smaller than a grain of rice and can be injected into the subject via a hypodermic needle. A recent law was passed in Los Angeles that any lost pets picked up by the pound had to be injected with a telemetry implant before being released.

These telemetry implants are electromagnetically connected to the Global Positioning Satellite [GPS] system so that, if the pet is ever lost again, they can be immediately located by GPS monitors.

Similar implants are now placed into newborn children at many hospitals. The

selling point to the parents is that the children can be easily located if they ever become lost.

Ronald Kane, Vice President of CUBIC corporation, a major manufacturer of implantable chips, while remarking on the chips' profitability, has said: "If we had our way, we'd implant a chip behind everyone's ear in the maternity ward."

Similarly, the Desert Storm troops were implanted with telemetry chips so that their positions could be located on the field of battle to assist in rescue operations and minimise "friendly fire" casualties.

THE I.B.M. 2020 NEURAL IMPLANT

But, in view of the early work of Dr. Delgado for the CIA, the question remains what else might these electronic implants be capable of doing? Some idea might be gained from excerpts of a confidential memo covertly obtained in October, 1995 from: INTELLI-CONNECTION, A Security Division of IBM, 1200 Progress Way, Armonk, New York 11204:

"CONFIDENTIAL, LIMITED DISTRIBUTION ONLY, LEVEL COMMUNICATION, 2020 NEURAL CHIP IMPLANT....

"Federal regulations do not yet permit testing of implants on prisoners, but we have entered into contractual testing of our product. We have also had major successes in privately owned sanatoriums with implant technology....

"In California, several prisoners were identified as members of a security threat group, EME, or Mexican Mafia. They were brought to the health services unit at Pelican Bay and tranquilised with advanced sedatives developed by our Cambridge, Massachusetts laboratories.

"The implant procedure takes about 60-90 minutes, depending on the experience of the technician. We are working on a device that will reduce that time by as much as 60%. The results of implants on 8 prisoners yielded the following:

"Implants served as surveillance monitoring devices for threat-group activity. Implants disabled two subjects during an assault on correctional staff. Universal side effects in all 8 test subjects revealed that when the implant was set to 116 MHz, all subjects became lethargic and slept an average of 18-22 hours per day. All subjects refused recreation periods for 14 days during the 116 MHz test evaluation....

"Each subject was monitored for aggressive activity during the test period, and the findings are conclusive that 7 out of the 8 test subjects exhibited no aggression, even when provoked. Each subject experienced only minor bleeding from the nose and ears, 48 hours after the implant, due to initial adjustment. Each subject had no knowledge of the implant for the test period, and each implant was retrieved under

the guise of medical treatment.

“The security windfall from the brief test period was tremendous. Security officials now know several strategies employed by the EME that facilitate the transmission of illegal drugs and weapons into their correctional facilities.... In Massachusetts, the Department of Corrections has already entered into high-level discussions about releasing certain offenders to the community with the I.B.M. 2020 neural chip implants....”

[Editor's note: It would be wise for those UFO researchers out there chasing exotic, aliens-did-it theories for "abductions", which frequently involve the discovery of just these kinds of implants in the victims, to begin to look a little closer to home planet shenanigans for their answers. How convenient to blame aliens and thereby deflect attention away from the TRUE culprits! Unfortunately, those researchers on the right track frequently experience life-ending "accidents" while those blathering nonsense remain well-funded and regulars on the conference lecture circuits.]

ELECTROMAGNETIC MIND-CONTROL

(PART 2)

Mind control can be used with limited success via the methods discussed in the first part of this article, i.e., media propaganda, mind-altering drugs and chemicals, and miniaturised electronic implants. However, these methods require the intended victims to first be subjected to these various modalities. The Illuminati organisations [NSA, CIA, MI-6, KGB] saw greater possibilities in using electronic technology for mind control.

In the 1930s, Russian scientist Dr. L.L. Vasiliev, experimentally proved that electromagnetic radiation can stimulate the brain.

The infamous Russian “Lida Machine” used during the Korean War put out a 10 Hz ELF signal that made prisoners of war more susceptible to interrogation.

In the 1970s, the Russians were experimenting with low-level microwave radiation on US embassy personnel working in the Moscow embassy. The US ambassador developed a leukemia-like disease, suffered bleeding from the eyes, and suffered chronic headaches.

The CIA knew of and monitored this microwave testing on US embassy personnel under a project code-named “Pandora” for a 10-year period before informing the embassy personnel. Later, Project Pandora data was turned over to the Defense Advanced Research Projects Agency [DARPA] while US personnel at the Moscow embassy were awarded a 20% hardship allowance because of their unhealthy microwave radiation exposure.

DARPA and Livermore Laboratories have developed a “brain bomb” which used microwaves to incapacitate the minds of soldiers in the field of battle. Some of these “nonlethal weapons” are tested at Los Alamos National Laboratories in New Mexico.

Dr. Raw Adey, formerly of the Brain Research Center at the University of Southern California, worked on Project Pandora and demonstrated that a 147 MHz microwave carrier, modulated by a 16 Hz ELF signal, would cause a release of calcium ions from brain tissue at power densities as low as 0.8 milliwatts per centimeter. This would have the effect of impairing brain memory processes.

[Editor's note: Without going into the details here, does anyone care to speculate upon what may be happening to people's health with the widescale use of cellular (and other portable) telephones—and the towers which support that system????!! Let's just say it might be prudent to be especially cautious about the newer, smaller cellular phones where the antenna is positioned within a few inches of the skull during use.]

The CIA was also interested in the work of a Professor Anthony Deutsch of New York University. Deutsch had discovered that the use of radio waves could cause the brain to produce excessive acetylcholine, which would interfere with memory processes. The CIA took Professor Deutsch's work further in the 1970s, combining it with biofeedback techniques and refined “Electronic Dissolution Of Memory” [EDOM] into a process that could selectively, electronically erase portions of a person's memory. Operatives sent out on highly secret missions could have their whole memory of the secret mission erased with EDOM, but retain all their other memories.

THE NEUROPHONE

In his book *Pyramid Power*, Patrick Flanagan describes his invention of the Neurophone, which allows deaf people to hear. The Neurophone uses an electromagnetic carrier oscillating at about forty thousand cycles per second, amplitude modulated with the audio signal to be heard by the deaf subject. The signal is fed to conducting ear pads on both sides of the brain. The emotional state of the subject will cause the brain receiver frequency to drift slightly from 40 kHz, so the Neurophone has to be tuned before the sounds can be heard inside the head.

With the Neurophone that I have tested in Sedona in 1988, the electrodes could be held in the hands, or anywhere on the body, and the sounds could still be heard inside the head.

In his book *Beyond Pyramid Power* Patrick Flanagan describes an experiment where he places copper screening in the ceiling and below the floor, creating a capacitor in a room.

The Neurophone carrier signal is then

applied to the upper and lower plates of this room capacitor through an Automatic Frequency Control [AFC] circuit which automatically tuned the 40 kHz carrier to the resonant frequency of the brain of whoever entered the room.

He then could modulate the Neurophone carrier wave with music, walk into this experimental room, and hear music inside his head. He later noted that whenever two persons were in this experimental room, they could start trading each other's thoughts. He didn't care to elaborate any further on this fascinating subject in his book. About that time, the Neurophone patent (# 3,393,279) that he had obtained from the US patent office was placed under a National Security freeze, and he was forbidden to disclose any more about the Neurophone. After long and expensive litigation, the National Security freeze on the Neurophone was finally lifted.

I'm sure that the CIA studied the Neurophone technology thoroughly and has developed means to electromagnetically create “voices” inside a person's head and use electromagnetic telepathy as part of their Radio Hypnotic Intercerebral Control [RHIC] experimentation.

Another interesting area is the highly classified military intelligence Remote Mind-Control Technology [RMCT] under project names like “Scangate”, “Grill Flame”, “Center Lane”, “Sun Streak”, and “Stargate”.

Here, the technology uses complex computer analysis of human brain-wave patterns to decode them into thoughts, emotions, and motor-control functions. Target subjects could then be remotely manipulated with highly directional microwave MASER transmissions, ELF modulated by highly sophisticated computer-synthesised signals. Their brain functions could be monitored by interrogative RMCT MASERS.

There is not enough space to go into a full report on the subject of mind control in this short article. A good book on the subject of *Remote Mind-Control Technology* is available from: INFORMATION UNLIMITED, P.O. Box 716, Amherst, NH, 03031-0716 USA.

One large, secret, government electromagnetic mind-control project using a SAGE radar antenna was carried out at decommissioned Fort Hero near Montauk, Long Island, from 1979 to 1983. Part of the testing was done on the unsuspecting citizens of the city of Montauk. A series of books about this *Montauk Project*, written by Preston Nichols (who worked on the project) and Peter Moon, is available from Sky Books, Box 769, Westbury, NY 11590-0104 USA.

Electronic mind-control technology has even been commercialised. One interesting company is Consumertronics. Among other things they market Neurophone devices to electronically transmit your thoughts into another person's

mind, and electronic devices to jam and neutralise mind-control attacks.

SCALAR ELECTROMAGNETICS

Thomas Bearden, Lt. Col. (retired) and former NSA consultant, has written several books describing Scalar Electromagnetics. Scalar Electromagnetics was first experimented with by Nikola Tesla and later secretly developed by the US at Los Alamos National Laboratories and by the Soviets at secret remote locations in the USSR.

Scalar Electromagnetics can penetrate conducting mediums like sea water and Electro-magnetic Pulse [EMP]-hardened military sites. Scalar Electromagnetics can be weaponised and is part of the SDI research and development program. Scalar Electromagnetics can also be used to trigger earthquakes and control the weather.

Although Thomas Bearden doesn't claim that Scalar Electromagnetics can be used for mind control, he does claim that it can be used to transmit biological effects [*such as broadcasting viruses or other illnesses to small or large, targeted populations*], can make the human unconscious, and can cause death in high enough fields. Since Thomas Bearden had taken national security secrecy oaths, he is very careful to reference all of his writings to already published scientific work, in order to avoid possible imprisonment. Because of this precaution, his writings are well documented.

HAARP

Last year *Popular Science* published an article on the HAARP project near Fairbanks Alaska [refer to our *News Monitor* No. 16, Volume 5/2, pp. 1-7, for a basic introduction to this High-Frequency Active Auroral Research Program—HAARP. - Ed.]. According to *Popular Science*, the High-Frequency Active Auroral Research Program will be capable of weather control, detecting underground military installations, submarine communication, and total disruption of normal electromagnetic communications on a world-wide basis—in short, all of the things Thomas Bearden claims for “Scalar Electromagnetics”.

Since Scalar Electromagnetics can be converted back into normal electromagnetics by using interference or nonlinear phenomena—the two halves of the human brain can act as a nonlinear interferometer. Therefore, all electromagnetic mind-control technology can be converted to a “Scalar Electromagnetics” mind-control technology. Then there is virtually no place to hide since scalar waves can penetrate the Earth itself.

According to Preston Nichols, there are two important “window frequencies” in mind control: 1080 MHz, a subharmonic of DNA, and 435 MHz, the window to human

consciousness. Both frequencies are found in the HAARP signal—which means both mind control and genetic manipulation on a world-wide scale could very likely be part of a secret agenda of the HAARP project.

During the Desert Storm war, many new weapons systems were tested on the field of battle—some unreported and highly classified.

As our [US] troops were advancing, black Sky Hawk helicopters equipped with advanced electronics flew over the enemy bunkers without firing their [visible] weapons. Soon, thousands of enemy troops streamed out of the bunkers, their hands held high in the air as a sign of surrender.

Why did these battle-hardened soldiers surrender in hoards without the least sign of resistance? Could they possibly have been the target of electronic mind-control weapons?

* * *

Military Use Of Mind-Control Weapons

by Judy Wall

NEXUS magazine
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PSY-OPS WEAPONRY USED IN THE PERSIAN GULF WAR

For years, rumors have persisted that the United States Department of Defense has been engaged in research and development of ultra-sophisticated mind-altering technology. Confirmation of this came to me recently in the form of two ITV News Bureau Ltd (London) wire service bulletins. [1]

The March 23, 1991 newsbrief, “High-Tech Psychological Warfare Arrives In The Middle East”, describes a US Psychological Operations (PsyOps) tactic directed against Iraqi troops in Kuwait during Operation Desert Storm. The maneuver consisted of a system in which subliminal mind-altering technology was carried on standard radio-frequency broadcasts. The March 26, 1991 newsbrief states that among the standard military planning groups in the center of US war planning operations at Riyadh was “an unbelievable and highly classified PsyOps program utilising ‘silent sound’ techniques”.

The opportunity to use this method occurred when Saddam Hussein's military command-and-control system was destroyed. The Iraqi troops were then forced to use commercial FM radio stations to carry encoded commands, which were broadcast on the 100 MHz frequency. The US PsyOps team set up its own portable FM transmitter, utilising the same frequency, in the deserted city of Al Khafji. This US transmitter overpowered the local Iraqi station.

Along with patriotic and religious music, PsyOps transmitted “vague, confusing, and contradictory military orders and information”.

Subliminally, a much more powerful technology was at work: a sophisticated electronic system to “speak” directly to the mind of the listener, to alter and entrain his brainwaves, to manipulate his brain's electroencephalographic (EEG) patterns and artificially implant negative emotional states—feelings of fear, anxiety, despair, and hopelessness. This subliminal system doesn't just *tell* a person to feel an emotion, it *makes* them feel it; it implants that emotion in their mind. [2]

I noticed that the ITV wire service was from outside the United States. Readers of *RESONANCE* may recall that in the Electromagnetic Weapons Timeline in issue no. 29, reference is made to the documentary video *Waco: The Big Lie Continues*, which contained video footage of three EM weapons. This segment of the film was from the British Broadcasting Corporation (BBC). I wondered if there was any significance to this.

At the library I pulled up back issues of my local newspaper for the same time-period of the Gulf War to see what the American wire services had said, if anything, about the use of this special PsyOps weapon. There was nothing said about it directly, but three news articles seemed related. In a news release from Associated Press during the same timeframe of the Gulf War truce, I read:

“The American pilot who shot down the second Iraqi warplane in 48 hours said Friday that continued Iraqi flights suggested that US warnings were not filtering down to Iraqi pilots.... He said he hopes Saddam gets the message now. ‘It's really too bad that these people have to die for their unwillingness to heed our warnings.... What I really think is, they don't communicate down to the people,’ he said. ‘If they have a communications problem, I suggest they fix it.’” [3]

That may have been coincidence but two earlier news articles, dated March 1, 1991, apparently have a common origin with the ITV news bulletin. The first article [4] tells us that approximately 100 members of the US 101st Airborne Division, fluent in Arabic, talked the enemy into surrendering. These soldiers rode in the Apache helicopter gunships that were involved in the longest helicopter-borne assault in history. They told the Iraqi troops that they would be slaughtered if they didn't give up.

“They got the point” one soldier is quoted as saying.

This all sounds very unremarkable, except when you read the editor's note: “The following dispatch was subject to US military censorship.” Now why would they want to censor such a mundane tactic, except out of embarrassment that the US Army fighting forces had fallen to the level of a cheer-leading

squad—in which case they would have nixed the thing entirely?

But upon re-reading the article, we may pick out certain key phrases (emphasized in italics):

“He [the soldier interviewed] was one of dozens of Arabic speakers that played a *key role* in the allied ground attack against Iraq, and part of an attempt by the US Army to use finesse, *intelligence work* and tactics to complement brute strength.”

If we fill in the missing blanks with such descriptions as “the megaphone was used to direct psychoacoustic frequencies that engaged the neural networks of the enemy’s brain, causing him to think any thought and feel any emotion that the Americans chose to lay on him”, then it starts to make sense. And it would no longer seem so surprising that one soldier could *talk* 450 enemy soldiers into surrendering. The possibilities are there, and, as the next article [5] documents, that is exactly what happened. Iraqi troops gave up *en masse*.

***We quote: “They were surrendering in droves, almost too fast for us to keep up with...”; “...two Iraqi majors, both brigade commanders, who gave up their entire units...”; and “...one of them gave up to an RPV [remotely piloted vehicle]. Here’s this guy with his hands up, turning in a circle to give himself up to a model airplane with a camera in it.”

Irrational? Not if there was also a voice being beamed into his head from that little flying toy, saying, “Give up, give up!” Otherwise, how do we account for the editor’s note at the beginning of the article: “The following is based on pool dispatches that were subject to military censorship.” Without that note, we could smugly think that the Iraqi soldiers were cowards or crazy, but why censor *that* idea?

MIND CONTROL WITH SILENT SOUNDS

The mind-altering mechanism is based on a subliminal carrier technology: the Silent Sound Spread Spectrum (SSSS), sometimes called “S-squad” or “Squad”. It was developed by Dr. Oliver Lowery of Norcross, Georgia, and is described in US Patent #5,159,703: “Silent Subliminal Presentation System”, dated October 27, 1992.

The abstract for the patent reads:

“A silent communications system in which nonaural carriers, in the very low or very high audio-frequency range or in the adjacent ultrasonic frequency spectrum are amplitude- or frequency-modulated with the desired intelligence and propagated acoustically or vibrationally, for inducement into the brain, typically through the use of loudspeakers, earphones, or piezoelectric transducers. The

modulated carriers may be transmitted directly in real time or may be conveniently recorded and stored on mechanical, magnetic, or optical media for delayed or repeated transmission to the listener.”

According to literature by Silent Sounds, Inc., it is now possible, using supercomputers, to analyse human emotional EEG patterns and replicate them, then store these “emotion signature clusters” on another computer and, at will, “silently induce and change the emotional state in a human being”.

Silent Sounds, Inc. states that it is interested only in positive emotions, but the military is not so limited. That this is a US Department of Defense project is obvious.

Edward Tilton, President of Silent Sounds, Inc., says this about S-squad in a letter dated December 13, 1996:

“All schematics, however, have been classified by the US Government and we are not allowed to reveal the exact details.... We make tapes and CDs for the German Government, even the former Soviet Union countries! All with the permission of the US State Department, of course.... The system was used throughout Operation Desert Storm (Iraq) quite successfully.”

The graphic illustration, “Induced Alpha-To-Theta Biofeedback Cluster Movement”, which accompanies the literature, is labelled #AB 116-394-95 UNCLASSIFIED” and is an output from “the world’s most versatile and most sensitive electroencephalograph (EEG) machine”. It has a gain capability of 200,000 as compared to other EEG machines in use which have gain capability of approximately 50,000. It is software-driven by the “fastest of computers” using a noisenuencing technology similar to that used by nuclear submarines for detecting small objects underwater at extreme range. [6]

The purpose of all this high technology is to plot and display a moving cluster of periodic brainwave signals. The illustration shows an EEG display from a single individual, taken of left and right hemispheres simultaneously. The readout from the two sides of the brain appear to be quite different, but in fact are the same (discounting normal left/right brain variations).

CLONING THE EMOTIONS

By using these computer-enhanced EEGs, scientists can identify and isolate the brain’s low-amplitude “emotion signature clusters”, synthesize them, and store them on another computer. In other words, by studying the subtle characteristic brainwave patterns that occur when a subject experiences a particular emotion, scientists have been able to identify the concomitant brainwave pattern and can now duplicate it. “These clusters are then placed on

the Silent Sound™ carrier frequencies and will silently trigger the occurrence of the same basic emotion in another human being!”

SYSTEM DELIVERY AND APPLICATIONS

There is a lot more involved here than a simple subliminal sound system. There are numerous patented technologies which can be piggybacked individually or collectively onto a carrier frequency to elicit all kinds of effects.

There appear to be two methods of delivery with the system. One is direct microwave induction into the brain of the subject, limited to short-range operations. The other, as described above, utilizes ordinary radio and television carrier frequencies.

Far from necessarily being used as a weapon against a person, the system does have limitless positive applications. However, the fact that the sounds are subliminal makes them virtually undetectable and possibly dangerous to the general public.

In more conventional use, the Silent Sounds Subliminal System might utilize voice commands, say, as an adjunct to security systems. Beneath the musical broadcast that you hear in stores and shopping malls may be a hidden message which exhorts against shoplifting. And while voice commands alone are powerful, when the subliminal presentation system carries cloned emotional signatures, the result is overwhelming.

Free-market uses for this technology are the common self-help tapes, positive affirmation-relaxation-meditation tapes, as well as methods to increase learning capabilities.

In a medical context, these systems can be used to great advantage to treat psychiatric and psychosomatic problems. As a system for remediating the profoundly deaf, it is unequalled. (Promises, promises. This is the most common positive use touted for this technology over the past 30 years. But the deaf are still deaf, and the military now has a weapon to use on unsuspecting people with perfectly normal hearing.)

OFFICIAL DENIALS

In fact, the US Government has denied or refused to comment on mind-altering weapons for years. Only last year, *US News & World Report* ran an article titled “Wonder Weapons”—basically a review of the new so-called “non-lethal” or “less-than-lethal” weapons. [7] Not one word about S-squad, although the technology had been used six years earlier!

Excerpts from the article read:

“Says Charles Bernard, a former Navy weapons-research director: ‘I have yet to see one of these ray-gun things that actually works....’”; and “‘DARPA (Defense Advanced

Research Projects Agency) has come to us every few years to see if there are ways to incapacitate the central nervous system remotely' Dr. F. Terry Hambrecht, head of the Neural Prostheses Program at NIH, told *US News*, 'but nothing has ever come of it' he said. 'That is too science-fiction and far-fetched.'

It may sound "science fiction and far-fetched" but it is not. However, that is just what the powers-that-be want you to believe, so as to leave them alone in their relentless pursuit of—what?

The idea behind non-lethal weapons is to incapacitate the enemy without actually killing them, or, in the case of riot control or hostage situations, to disable the participants without permanent injury, preferably without their knowing it. The electromagnetic mind-altering technologies would all fall into this class of weapons, but since they are all officially non-existent, who is to decide when and where they will be used?

And why should selected companies in the entertainment industry reportedly be allowed access to this technology, when the very fact of its existence is denied to the general public?

As recently as last month [February], this stonewall approach of total denial or silence on the subject still held fast, even toward committees of the US Congress!

The Joint Economics Committee, chaired by Jim Saxton (R-NJ), convened on February 25, 1998 for the "Hearing On Radio Frequency Weapons And Proliferation: Potential Impact On The Economy". Invited testimony included statements by several authorities from the military:

- Dr. Alan Kehs, of the US Army Laboratories, discussed the overall RF threat.
- Mr. James O'Bryon, deputy director of operational testing and director of live fire testing for the Office of Secretary of Defense at the Pentagon, discussed the role of live fire testing and how it plays a role in testing military equipment with RF weapons.
- Mr. David Schriener, Principal Engineer of Directed Energy Studies with Electronic Warfare Associates and recently retired as an engineer with a naval weapons testing facility, talked about the difficulty in building an RF weapon and about the terrorist threat.
- Dr. Ira Merritt, Chief of Concepts Identification and Applications Analysis Division, Advanced Technology Directorate, Missile Defense and Space Technology Center, Huntsville, Alabama, discussed the proliferation of RF weapons, primarily from the former Soviet Union.

Although these statements gave information of technical interest, they are perhaps more important for the information they did not give: information on the existence of radio-frequency weapons that directly affect the human brain and nervous system.

KGB PSYCHOTRONICS

This technology did not spring up overnight. It has a long history of development and denials of development—by the US Government and probably half of the other governments of the world as well.

We know that the former Soviet Union was actively engaged in this type of research. In a previous article we reported that during the 1970s the Soviet KGB developed a Psychotronic Influence System (PIS) that was used to turn soldiers into programmable "human weapons". The system employed a combination of high-frequency radio-waves and hypnosis. The PIS project was begun in response to a similar training scheme launched in the US by President Carter, according to Yuri Malin, former security adviser to USSR President Gorbachev. [8]

In my Electromagnetic Weapons Timeline [9] I covered a period of 60 years of interest and development in EM weapons—information gathered from the many articles and news clippings sent in by readers of *RESONANCE*. In my article on synthetic telepathy [10] I traced the development of the "voice in your head" technology dating back to 1961, all my references coming from the open scientific literature.

POWER OF THE MILITARY-INDUSTRIAL COMPLEX

Jan Wiesemann has written an apt description of the situation which now exists in the United States, about the "forces that be" and how the situation came about:

"During the Cold War the United States not only engaged in a relatively open nuclear arms race with the Soviet Union, but also engaged in a secret race developing unconventional weapons. As the intelligence agencies (which prior to the Second World War had merely played a supporting role within the government) continued to increase their power, so did the funds spent on developing techniques designed to outsmart each other.

"And as the US intelligence community began to grow, a secret culture sprang about which enabled the intelligence players to implement the various developed techniques to cleverly circumvent the democratic processes and institutions....

"Like many other democracies, the US Government is made up of two basic parts: the elected constituency, i.e., the various governors, judges, congressmen and the President; and the unelected bureaucracies, as represented by the numerous federal agencies.

"In a well-balanced and correctly functioning democracy, the elected part of the government is in charge of its unelected bureaucratic part, giving the people a real voice in the agenda set by their government.

"While a significant part of the US Government no doubt follows this democratic principle, a considerable portion of the US Government operates in complete secrecy and follows its own unaccountable agenda which, unacknowledged, very often is quite different from the public agenda." [11]

Jan goes on to quote one of the United States' most popular war heroes: Dwight D. Eisenhower, who served as Supreme Commander of Allied Forces during World War II and was later elected 34th President of the United States. In his farewell address to the nation in 1961, President Eisenhower said:

"We have been compelled to create a permanent armaments industry of vast proportions. Added to this, three and a half million men and women are directly engaged in the defense establishment. We annually spend on military security more than the net income of all United States corporations.

"This conjunction of an immense military establishment and a large arms industry is new in the American experience. The total influence—economic, political, even spiritual—is felt in every city, every state house, every office of the federal government. We recognize the imperative need for this development. Yet we must not fail to comprehend its grave implications. Our toil, resources, and livelihood are all involved; so is the very structure of our society.

"In the councils of government, we must guard against the acquisition of unwarranted influence, whether sought or unsought, by the military-industrial complex. The potential for the disastrous rise of misplaced power exists and will persist. We must never let the weight of this combination endanger our liberties or our democratic processes."

INTERNATIONAL CONCERNS OVER NEW WEAPONS

The United Nations was established in 1945 with the aim of "saving succeeding generations from the scourge of war". In 1975 the General Assembly considered a draft first proposed by the Soviet Union: "Prohibition Of The Development And Manufacture Of New Types Of Weapons Of Mass Destruction And New Systems Of Such Weapons".

In 1979 the Soviet Union added a list of some types of potential weapons of mass destruction:

1. Radiological weapons (using radioactive materials) which could produce harmful effects similar to those of a nuclear explosion;
2. Particle beam weapons, based on charged or neutral particles, to affect biological targets;
3. Infrasonic acoustic radiation weapons;
4. Electromagnetic weapons operating at certain radio-frequency radiations which could have injurious effects on human organs. [12]

In response, the US and other Western nations stalled. They gave a long, convoluted reason, but the result was the same.

In an article entitled "Non-Lethal Weapons May Violate Treaties" [13] the author notes that the Certain Conventional Weapons Convention [14] covers many of the non-conventional weapons—"those that utilize infrasound or electromagnetic energy (including lasers, microwave or radio-frequency radiation, or visible light pulsed at brainwave frequency) for their effects".

Harlan Girard, Managing Director of the International Committee Against Offensive Microwave Weapons, told me he believes the strategy behind the government's recent push for less-than-lethal weapons is a subterfuge. The ones that are now getting all the publicity are put up for scrutiny to get the public's approval. The electromagnetic mind-altering technologies are not mentioned, but would be brought in later under the umbrella of less-than-lethal weapons.

These weapons were recently transferred from the Department of Defense over to the Department of Justice. Why? Because there are several international treaties that specifically limit or exclude weapons of this nature from being used in international warfare.

In other words, weapons that are barred from use against our country's worst enemies (notwithstanding the fact that the US did use this weapon against Iraqi troops!) can now be used against our own citizens, by the local police departments, against such groups as peaceful protestors of US nuclear policies.

TOWARDS GLOBAL MIND CONTROL

The secrecy involved in the development of the electromagnetic mind-altering technology reflects the tremendous power that is inherent in it. To put it bluntly, whoever controls this technology can control the minds of men—all men.

There is evidence that the US Government has plans to extend the range of this technology to envelop all peoples, all countries. This can be accomplished, is being accomplished, by utilising the nearly completed HAARP project [15,16] for overseas areas, and the GWEN network now in place in the US. The US Government denies all this. [Editor's note: Remember that this was written in early 1998 before the HAARP project was fully operational. Heaven only knows what all is being broadcast to attempt to affect us mentally and physically now, almost two years later! Keep in mind that HAARP is only one of many disguised broadcasting centers functioning around the world. It is certainly of value to focus on HAARP, as an example of a general technology at work, but it would be a gross oversight to ignore, say, the many cellular

telephone towers all over the globe which are capable of performing similar mental and physical conditioning, if not necessarily on such a high-powered scale as is HAARP.]

Dr. Michael Persinger is a Professor of Psychology and Neuroscience at Laurentian University, Ontario, Canada. You have met him before in the pages of *RESONANCE* where we reported on his findings that strong electromagnetic fields can affect a person's brain.

"Temporal lobe stimulation" he said "can evoke the feeling of a presence, disorientation, and perceptual irregularities. It can activate images stored in the subject's memory, including nightmares and monsters that are normally suppressed." [17]

Dr Persinger wrote an article a few years ago titled "On The Possibility Of Directly Accessing Every Human Brain By Electromagnetic Induction Of Fundamental Algorithms". [18] The abstract reads:

"Contemporary neuroscience suggests the existence of fundamental algorithms by which all sensory transduction is translated into an intrinsic, brain-specific code. Direct stimulation of these codes within the human temporal or limbic cortices by applied electromagnetic patterns may require energy levels which are within the range of both geomagnetic activity and contemporary communication networks. A process which is coupled to the narrow band of brain temperature could allow all normal human brains to be affected by a subharmonic whose frequency range at about 10 Hz would only vary by 0.1 Hz."

He concludes the article with this:

"Within the last two decades a potential has emerged which was improbable, but which is now marginally feasible. This potential is the technical capability to influence directly the major portion of the approximately six billion brains of the human species, without mediation through classical sensory modalities, by generating neural information within a physical medium within which all members of the species are immersed.

"The historical emergence of such possibilities, which have ranged from gunpowder to atomic fission, have resulted in major changes in the social evolution that occurred inordinately quickly after the implementation. Reduction of the risk of the inappropriate application of these technologies requires the continued and open discussion of their realistic feasibility and implications within the scientific and public domain."

It doesn't get any plainer than that. And we do not have open discussion because the US Government has totally denied the existence of this technology.

ACKNOWLEDGEMENTS

I would like to give special thanks to: Jan

Wiesemann for sending the Silent Sounds™ statement and patents which were the keystone of this article; Mike Coyle, whose computer search turned up many more related patents; Harlan Girard, who has provided numerous official government documents; and to the many who have provided newsclippings and articles, moral and financial support to *RESONANCE*, without which we'd have ceased publication long ago.

ABOUT THE AUTHOR

Judy Wall is Editor and Publisher of *RESONANCE*, the newsletter of the Bioelectromagnetics Special Interest Group.

FOOTNOTES

1. Jan Wiesemann of Germany sent me a copy of a letter from Silent Sounds, Inc., which directed the reader to their computer website. The ITV news item and EEG graph can be seen there, along with other material, if the government has not shut them down.

2. Silent Sounds, Inc. website is <<http://www.mindspring.com/~silent>>.

3. Leder, Edith M.: "Allies Blast 2nd Jet", Associated Press, *The Daily Commercial*, Leesburg, FL, USA, March 23, 1991.

4. Pomfret, John: "Linguists Fought Battles Using Megaphones", Associated Press, *The Daily Commercial*, March 1, 1991.

5. Cray, David: "Soldiers Recount Most Memorable Iraqi Surrenders", Associated Press, *The Daily Commercial*, March 1, 1991.

6. This sounds like the Cray supercomputer—one of which, incidentally, is located at the University of Alaska where it is used by the Department of Defense in conjunction with HAARP. Source: Begich and Manning: *Angels Don't Play This HAARP*, pp.99-100; see footnote 15.

7. Pasternak, Douglas: "Wonder Weapons", *US News & World Report*, July 7, 1997, pp.38-46.

8. "KGB Used PIS To Program Soldiers", *RESONANCE*, no.30, March 1996, p.29. Source: *Fortean Times*, no.83, p.13; item quoting a TV program about the Psychotropic Influence System (PIS), broadcast by ARD, Germany, May 1995.

9. Wall, Judy: "Electromagnetic Weapons", *RESONANCE*, no.29, May 1995, pp. 27-33.

10. Wall, Judy: "Synthetic Telepathy", *RESONANCE*, no.29, May 1995, pp.17-26.

11. Wiesemann, Jan: "Unwitting Political Assassins: Clandestine Methods And Techniques Applied By US Intelligence To Covertly Manipulate Unwitting Individuals To Carry Out Or Participate In Political Assassinations" (Masters Thesis), International Relations, University of Birmingham, UK.

12. *The United Nations And Disarmament, 1945-1985*, United Nations publication, 1985,

sales no. E.8S.IX.6, pp. ix, 115. Thanks to Cheryl Welsh, of Citizens Against Human Rights Abuses, for a copy of this information via Harlan Girard.

13. Rosenberg, Barbara Hatch: "Non-Lethal Weapons May Violate Treaties", *The Bulletin Of The Atomic Scientists*, September-October 1994, pp.44-45.

14. Rosenberg gives the full name of this treaty as "Convention On Prohibition Or Restriction Of The Use Of Certain Conventional Weapons Which May Be Deemed To Be Excessively Injurious Or To Have Indiscriminate Effects".

15. Begich, Nick, PhD and Jeane Manning: *Angels Don't Play This HAARP: Advances In Tesla Technology*, 1995, Earthpulse Press, PO Box 201393, Anchorage, AK 99520 USA. See also *RESONANCE*, no. 30, pp.9-22.

16. HAARP is the acronym for High-Frequency Active Auroral Research Project.

17. "Earthquakes May Affect Brain", *RESONANCE*, no. 29, p.35.

18. Persinger, M.A.: "On The Possibility Of Directly Accessing Every Human Brain By Electromagnetic Induction Of Fundamental Algorithms", *Perceptual And Motor Skills*, June 1995, vol. 80, pp.791-799.

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Aerial Mind-Control The Threat To Civil Liberties

by Judy Wall

Editor/Publisher, of *RESONANCE*
(the newsletter of the Bioelectromagnetics
Special Interest Group of
American Mensa Ltd.)

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USAF COMMANDO SOLO: AERIAL MIND-CONTROL BROADCASTS

The United States Air Force uses aerial mind-control broadcasts against civilian populations as well as enemy troops. Some of these actions against civilians are done with the intent of influencing public opinion and the outcome of elections.

In a previous article ["Military Use Of Mind-Control Weapons", *NEXUS* magazine, October-November 1998], we examined mind-control technology, especially that utilizing Silent Sounds™, in which radio-frequency broadcasts carry subliminal patterns that entrain the listener's brainwaves into a pre-selected emotional state. According to ITV wire service reports, this technology was used during Operation Desert Storm in 1991, as part of the US Psychological Operations (PsyOps) directed

against Iraqi troops. [1,2]

To the Desert Storm offensive we can now add several other incidents. Alex Horvat, editor of *The Probe*, calls to our attention the 1998 video *Exotic Weapons Of Mass Control*, produced by Bob Fletcher.

"The excerpt played on Fletcher's video is from TLC (The Learning Channel) and clearly states that Commando Solo was used in Haiti for what was called Operation Uphold Democracy. As the general populace was violently opposed to Aristide and most in favor of his ouster, it took nearly a year of this clandestine counter-programming to get them to change their minds.... Instead of butchering a population physically, we can now manipulate them mentally, virtually enslaving their thoughts with a criss-cross pattern of flights by an EC-130 (which is just a C-130 heavily laden with electronic hardware)." [3]

We were not at war with the citizens of Haiti, yet the U.S. Government directed military weapons against this friendly, or at least neutral, civilian population. The U.S. Government sanctioned the "rigging" of the Haitian election by mental control of the people, programming them to cast their votes for the Americans' favored candidate. And they had the nerve to call it "Operation Uphold Democracy". Some sense of humor! Stalin would have loved it. Hitler would have loved it. Why is the U.S. Government doing this? Who is behind this flagrant violation of civil liberties? Is it the U.S. Central Intelligence Agency (CIA), which has a long history of interfering in foreign government politics? Or has this become standard military procedure?

The rationale is always the same: "to make the world safe for democracy". Yet what is democracy if not freedom? Freedom to think your own thoughts; freedom to express your own opinions; freedom to vote for the candidate of your own choice.

Fletcher's video also mentions that the same technology was used against the Bosnia population for a week to influence their election. [4] This was probably done during Operation Joint Guard in 1995. [5]

The questions arise: If they have used mind-control broadcasts against foreign civilian populations to influence elections, will they use them against American citizens—or have they already? What other countries may be the recipients of this innovative technology?

Just what is this EC-130E Commando Solo? The United States Air Force has helpfully published a Fact Sheet that describes the Lockheed-built aircraft. [6] This 1995 bulletin states that the "unit flyaway cost" is more than US \$100 million each, and that there are eight in the inventory. Its primary function is "psychological operations broadcasts". The crew consists of four officers (pilot, copilot, navigator, control chief/EWO) and seven enlisted members (flight engineer, loadmaster,

five mission crew).

According to the Fact Sheet:

"Air Force Mission: Commando Solo conducts psychological operations and civil affairs broadcast missions in the standard AM, FM, HF, TV and military communications bands. Missions are flown at maximum altitudes possible to ensure optimum propagation patterns. The EC-130 flies during either day or night scenarios with equal success, and is air refuelable. A typical mission consists of a single-ship orbit which is offset from the desired target audience. The targets may be either military or civilian personnel.

"Secondary missions include command and control communications counter-measures (C3CM) and limited intelligence gathering.

"Air Force Features: Highly specialized modifications have been made to the latest version of the EC-130. Included in these modifications are enhanced navigation systems, self-protection equipment, and the capability of broadcasting color television on a multitude of worldwide standards throughout the TV VHF/UHF ranges....

"Air Force Background: Air National Guard EC-130 aircraft flown by the 193rd Special Operations Group were deployed to both Saudi Arabia and Turkey in support of Desert Storm. Their missions included broadcasts of 'Voice of the Gulf' and other programs intended to convince Iraqi soldiers to surrender.

"The EC-130 was originally modified using the mission electronic equipment from the EC-121, known at the time as the Coronet Solo. Soon after the 193rd SOG received its EC-130s, the unit participated in the rescue of US citizens in Operation Urgent Fury, acting as an airborne radio station informing those people on Grenada of the US military action.

"Volant Solo, as the mission is now known, was instrumental in the success of coordinated psychological operations in Operation Just Cause, again broadcasting continuously throughout the initial phases of the operation...."

Operation Just Cause? This is another propaganda name, applied to the U.S. invasion of Panama to take out that country's leader, General Noreiga, the CIA's erstwhile partner in drug smuggling. Apparently the General had made someone mad—how else to account for the massive invasion of this tiny tourist country? To wit: "A superpower whipped the poop out of 10% of the police force of a Third World nation. You are supposed to be able to do that. It was done well, and I credit those who did it. But it is important that we draw the right lessons from it", according to an anonymous US Marine. [7]

Our Commander-in-Chief had another point of view: "...the roll call of glory, the roster of great American campaigns—Yorktown,

Gettysburg, Normandy, and now Panama.”—President George Bush, March 1990. [8]

MILITARY PSYOPS AGAINST CIVILIANS

In a phone call to the USAF Special Operations Command Public Affairs Office, I questioned the legitimacy of using these subliminal broadcasts against civilian populations. [9]

I was told that it was all perfectly legal, having been approved by the U.S. Congress (!). It may be okay by Congress, but I sincerely doubt that it would be approved by the recipient populations.

That conversation also elicited more information concerning the Commando Solo units. For instance, the Air National Guard of the individual states in the U.S. can also operate Commando Solo aircraft, should the Governor of a state request assistance. That means the PsyOps mind-control technology can be directed against U.S. citizens.

The Commando Solo aircraft have participated in the following missions—possibly more, as the early missions of Volant Solo 1 were not known to the spokesperson:

- Operation Urgent Fury (Grenada, Oct-Nov 1983, Jan-Jun 1985);
- Operation Just Cause (Panama, late December 1989);
- Operation Desert Shield (Kuwait, Iraq, from August 1990);
- Operation Desert Storm (Saudi Arabia, Turkey, Iraq, 1991);
- Operation Uphold Democracy (Haiti, 1994-1995);
- Operation Joint Guard (part of a UN operation in Bosnia-Herzegovina, 1995);
- Operation Desert Thunder (part of a UN operation in Iraq);
- Operation Desert Fox (Iraq, 2 to 3 days in December 1998).

Other countries are known to have a similar aircraft, but the PR officer declined to identify them, suggesting that I check out *Jane's Defence Weekly* for such information. Not having access to that particular publication, I searched through my copy of *Jane's Radar And Electronic Warfare Systems 1993-94*. [10] The Commando Solo unit was not listed, but a browse through the book was informative as to the numerous types of electronic offense and defense systems available. These include stationary and mobile land units (many housed in large trucks), shipboard and airborne models, as well as space-based technology. If the military is spending US \$100 million per airborne unit (times eight, we're talking US \$800 million here), I think it is safe to assume that they have tried out mind-control equipment with less expensive, roving land units (trucks), but use the airplanes to cover

wider areas and hard-to-reach locations of the world.

And I might add, we can assume that they have tried out the efficacy of this mind-control technology. Even the US military would not waste \$800 million on something unless it has been proven to work, and work effectively, even under the adverse situation of military combat. This is an important point.

The initial research into mind control in the USA was conducted under the auspices of the CIA. The flagrant abuse of human rights in experimenting on unsuspecting persons was based on the supposition that the veracity of experiments would be compromised if a subject knew that he was participating in an experiment. In the case of mind-control technology, this supposition might very well be true. But that does not justify its use—or so said the Nürnberg Code, the tenets of which were used as a legal basis to prosecute Nazi scientists for war crimes. However, the US seems to have excused its own military and scientific community from adhering to that Code. [11]

MANIPULATING MIND AND BODY BY SATELLITE

The next logical step in mind control would be to incorporate this technology into satellite communications. Since other countries are known to have similar capabilities, there could occur a situation in which electronic mind-control warfare is waged against a civilian population, receiving conflicting mental manipulation from both sides. What would be the mental state of individuals so targeted? Would it cause a rise in mental aberrations and schizophrenia? And what are the limits of mind manipulations? Can people be forced to commit suicide? Can physical ailments or psychosomatic illnesses be induced?

A March 1990 report from Bosnia-Herzegovina in the former Yugoslavia suggests the latter may have already happened. The report concerns 2,990 ethnic Albanians who were admitted to hospitals with complaints of lung and skin problems for which doctors could find no physical cause. [12]

It is not a far step from manipulating a person's emotional state to influencing bodily functions. Indeed, much of the literature documenting microwave effects on biological systems deals with precisely this phenomenon. In fact, studies of the physical effects of microwave exposure (including radio frequencies) generally preceded studies of mental effects.

A meeting sponsored by *Defense & Foreign Affairs* and The International Strategic Studies Association was held in Washington DC in 1983. High-level officials from many countries met for this conference. They discussed psychological strategies related to government

and policymaking. A summary of the agenda reads: “The group will be discussing the essence of future policymaking, for it must be increasingly clear to all that the most effective tool of government and strategy is the mind.... If it's any consolation to the weapons-oriented among defense policymakers, the new technologies of communications—satellites, television, radio, and mind-control beams—are ‘systems’ which are more tangible than the more philosophically-based psychological strategies and operations.

“But we should make no mistake; it will be the ‘psychologically based’ systems which determine the world's fate in coming years: the condition of the minds of populations and leaders. And we should not ignore the fact that the USSR [this was in 1983] is working on electronic systems to ‘beam’ messages directly into the brain. What good, then, are conventional systems if these types of weapons are not countered? And, on a more basic level, what good is a weapon system if public opinion or political constraints prohibit its deployment?” [13]

It is obvious that they found the answer to that last question. If the public does not know about a weapon system, it cannot prohibit its deployment. This is the situation that applies to mind-control technology.

MIND CONTROL AGAINST “POTENTIAL” ENEMIES

The US military is aware that certain actions or procedures may not be acceptable to the American public. Metz and Kievit express these concerns in their paper “The Revolution In Military Affairs And Conflict Short Of War”: [14]

“The use of new technology may also run counter to basic American values. Information age—and, in particular, information warfare—technologies cause concerns about privacy.... American values also make the use of directed-energy weapons...morally difficult, perhaps unacceptable. The advantage of directed-energy weapons over conventional ones is deniability. Against whom is such deniability aimed?... Deniability must be aimed at the American people.”

Later they state: “We must decide whether innovative military capabilities are, in fact, acceptable and desirable. That can only happen through open debate. The military must be a vital participant, but not the sole one.”

But there has been no open debate.

On July 21, 1994, the US Department of Defense proposed that non-lethal weapons be used not only against declared enemies, but against anyone engaged in activities that the DOD opposed. That could include almost anybody and anything. Note that the mind-control technology is classified under non-lethal weapons. [15]

A 1998 news item states that US Air Force General John Jumper “predicts that the military will have the tools to make potential enemies see, hear, and believe things that do not exist” and that “The same idea was contained in a 15-volume study by the USAF Scientific Advisory Board, issued in 1996, on how to maintain US air and space superiority on the battlefields of the 21st century”. [16,17]

It seems that, in military parlance, a “prediction” means: “Don’t be surprised when you find out we’ve already got this, but it’s classified and we can’t admit to it just yet.”

Notice that General Jumper predicts that mind-control technology will be used against *potential* enemies. The military and government agencies may apply this term to any group or individual they perceive as a threat to their own interests. Potential enemies may be counter-culture individuals, those of opposing political viewpoints, economic or financial competitors, biological undesirables, etc. It is part of the military agenda to identify potential threats so as to be prepared to meet them. Experience has shown that the US Government (the CIA and FBI, for example) has moved against these people or groups, slandering, harassing, even killing them, without adequate cause or legal sanction.

A weapon that can be used in secret lends itself to abuse by unethical individuals in positions of power. The military and secret services have shown themselves often to be lacking in ethical constraints. After all, the job of the military *is* war; it *is* killing people; and so, just how this is accomplished may be considered irrelevant. Lesser evils, like mind control, pale by comparison.

Of course, it can be argued that it is far more humane to brainwash a person via mind-control technology than it is to torture or kill them. Others vehemently deny this. They’d rather be dead than a mental slave to Big Brother! That is what revolutions are about. And if I recall correctly, that is the idea behind the US *Bill of Rights*.

EUROPEAN PARLIAMENT WARNS OF DANGERS

Awareness of the existence of mind-control technology, and hence its dangers and possibility for misuse, seems to be more prevalent in Europe than in other areas. The European Parliament recently passed a “Resolution On Environment, Security, And Foreign Policy”. [18] This document includes these articles:

“23. Calls on the European Union to seek to have the new ‘non-lethal’ weapons technology and the development of new arms strategies also covered and regulated by international conventions....

“27. Calls for an international convention introducing a global ban on all developments

and deployments of weapons which might enable any form of manipulation of human beings.”

The United States will ignore these resolutions, of course, as it has other EP requests; for example, as mentioned in the same document:

“24. Considers HAARP (High Frequency Active Auroral Research Project) by virtue of its far-reaching impact on the environment to be a global concern and calls for it’s legal, ecological, and ethical implications to be examined by an international independent body before any further research and testing; regrets the repeated refusal of the United States Administration to send anyone in person to give evidence to the public hearing or any subsequent meeting held by its competent committee into the environmental and public risks connected with the HAARP programme currently being funded in Alaska....”

One of HAARP’s potential uses is as a communications system. The military officially acknowledges two communications-related applications: (1) to replace the existing Extremely Low Frequency (ELF) submarine communications system now operating in Michigan and Wisconsin; (2) to provide a way to wipe out communications over an extremely large area, while keeping the military’s own communications systems working. [19]

As we have seen, the mind-control subliminal messages are carried on radio-frequency broadcasts. The HAARP facility could be used to broadcast global mind-control messages, or such messages could simply be inserted into existing systems.

Dr. Igor Smirnov, of the Institute of Psycho-correction in Moscow, says in regard to this technology: “It is easily conceivable that some Russian ‘Satan’, or let’s say Iranian [or any other ‘Satan’], as long as he owns the appropriate means and finances, can inject himself [intrude] into every conceivable computer network, into every conceivable radio or television broadcast, with relative technological ease, even without disconnecting cables. You can intercept the [radio] waves in the aether and then [subliminally] modulate every conceivable suggestion into it. If this transpires over a long enough time period, it accumulates in the heads of people. And eventually they can be artificially manipulated with other additional measurements, to do that which this perpetrator wants [them to do]. This is why [such technology] is rightfully feared.” [20]

A WORLDWIDE MIND-CONTROL MISSION

To return to the USAF Fact Sheet, it concludes: “In 1990 the EC-130 joined the newly formed Air Force Special Operations Command and has since been designated Commando Solo, with no change in mission. This one-of-a-kind aircraft is consistently improving its capabilities. The next few years should see continued

enhancements to the EC-130 and its worldwide mission.”

FOOTNOTES

1. Wall, Judy: “Military Use Of Mind Control Weapons”, *NEXUS*, Oct-Nov 1998.

2. “Psychological Operations” are defined as: “Planned operations to convey selected information and indicators to foreign audiences to influence their emotions, motives, objective reasoning, and ultimately the behavior of foreign governments, organizations, groups, and individuals. The purpose of psychological operations is to induce or reinforce foreign attitudes and behavior favorable to the originator’s objectives. Also called PsyOps.” From “Joint Doctrine For Information Operations”, Joint Publication 3-13, 9 October 1998. Thanks to Harlan Girard of the International Committee on Offensive Microwave Weapons (PO Box 58700, Philadelphia PA 19102-8700, USA) for the excerpt.

3. Horvat, Alex: “Commando Solo”, *The Probe*, vol. 4, no. 1, Winter 1998/99, p.44; available from PO Box 905, St. Peters, MO 63376, USA.

4. Fletcher, Bob: *Exotic Weapons Of Mass Control*; video available from *The Probe* (see 3 above), or Global Insights, A675 Fairview Dr. #246, Carson City NV, 89701, USA; telephone: 1-800-729-4131.

5. An item of interest is that the US had a new type of aerial reconnaissance plane positioned over the former Yugoslavia from July 14, 1995, about six months before the US officially intervened. The 10-million-dollar unmanned saucer-shaped spy craft is nicknamed “Dark Star”. Information from *C-Com (Classified Communications)* 3(12), December 1995; Erich A. Aggen, Jr., (editor), citing *CE Chronicles* nos. 1 and 2 and *Raising Awareness* newsletter.

6. Fact Sheet, dated March 1995. The address on the publication is: AF Special Operations Command Public Affairs Office, 100 Bartley Street, Hurlburt Field, FL 32544-5273, USA. They no longer supply printed copies, but you can access the document at the www.hurlburt.af.mil website address.

7. Morrison Taw, Jennifer: “Operation Just Cause: Lessons For Operations Other Than War”, Rand Corp., 1996, p. vii; quoting from “Some Questions Whether The US Is Ready For LIC”, *Navy News And Undersea Technology*, August 27, 1990, p.7.

8. Morrison Taw, Jennifer: *ibid.*, p.1.

9. Telephone conversation of February 26, 1999, with AF Special Operations Command Public Affairs Office; voice (850) 884-5515, email: <paprhode@hqafsoc.afoc.af.mil>.

10. Blake, Bernard (ed.): *Jane’s Radar And Electronic Warfare Systems 1993-94*, Jane’s Information Group Inc., 1340 Braddock Place, Suite 300, Alexandria VA 22314-1651, USA; also Jane’s Information Group, Sentinel House,

163 Brighton Road, Coulsdon, Surrey CR5 2NH, UK.

11. (a) "US Nullifies Nuremberg Law", *Earth Island Journal*, Winter 1996-97. (b) Hightower, Jim: "Unregulated Experiments On Humans", *New Times*, June 19-25, 1997, cites Stolberg, Sheryl Gay: "Unchecked Research On People Raises Concern On Medical Ethics", *New York Times*, May 14, 1997. (c) See "Ban On Medical Experiments Without Consent Is Relaxed", *New York Times*, November 5, 1996, p.1; copy available for 50 cents from David Park Books, 3456 17th St., San Francisco CA 94110. (d) Also see Senator John Glenn's Bill S-193, "Human Research Subjects Protection Act of 1997", *Congressional Record*, US Senate, January 22, 1997. (e) "In 1994, a congressional subcommittee found up to 500,000 Americans between 1940 and 1974 were endangered by secret defense-related tests including radiation experiments, mustard gas, LSD, and biological agents." See *Pitch Weekly*, April 17-23, 1997.

12. Schaefer, Paul: "Experimentation And Warfare", article citing *The Kansas City Star*, between March 25 and 31, 1990.

13. Summary, The Perth Corporation, *Defense & Foreign Affairs*, November 1983.

14. Metz, Steven and James Kievit: "The Revolution In Military Affairs And Conflict Short Of War", US Army War College, Carlisle Barracks, PA 17013-5050, USA, pp. 15-16 and 29. [See also Krawczyk, Glenn: "Big Brother's Recipe For 'Revolution In Military Affairs'", *NEXUS*, June-July 1995.]

15. Schaefer, Paul: "Psyops: Invisible Warfare", *Zuni Mountain Citizen* (precise date unknown, late 1998/early 1999), p.5.

16. "Microwave Weapons", *Microwave News*, March/April 1998; Louis Slesin (editor), citing *Aviation Week*, March 9, 1998.

17. Same article as above, citing *Microwave News*, January/February 1997.

18. "Environment, Security, And Foreign Affairs", Resolution A4-0005/99, Minutes of 28/01/99, Provisional Edition, European Parliament. For copy, thanks to Grattan Healy, Advisor on Energy & Research, Green Group in the European Parliament, LEO 2C35, Rue Wiertz Straat, B-1047 Bruxelles, Belgium, email: <ghealy@europarl.eu.int>.

19. For more information on HAARP, see Begich, Nick and Jeane Manning, *Angels Don't Play This HAARP*, Earthpulse Press, PO Box 201393, Anchorage AK 99520, USA; telephone: 907-249-9111.

20. From a German documentary: "Geheimes Russland: Moskau—Die Zombies der roten Zaren" ("Secret Russia: Moscow—The Zombies of the Red Czars") aired on German TV network ZDF on December 22, 1998. Script translation by Jan Weisemann. The full text is to be published in *RESONANCE*, no. 35.

21. Reed, Chris: *Lockheed C-130 Hercules And Its Variants*, Schiffer Publishing Ltd, Atglen, PA, 1999. ☺

RA: Humble Messenger Of *The Law Of One* Knowing Our Karmic Past May Help Us Understand The Present

Editor's note: In the November 2, 1999 issue of The SPECTRUM, Commander Hatonn brought to our attention some earlier communications that he and others of the "Confederation of Planets in Service of Infinite Source" were responsible for bringing forth in the early 1980s, called The Ra Material.

Here we are reprinting two sessions from the first book, in a series of five, titled: The Ra Material: An Ancient Astronaut Speaks. This material builds on each of the earlier sessions and it is not easy to select sessions that are "stand alone" without the need to reference earlier information. The following is a segment of that material which we feel you might find interesting.

As the back cover of Book I states: "Almost twenty years of experimental work with telepathy led to the 'breakthrough' contact recorded in this book." This body of information covers a broad range of subjects. And as the back cover puts it, this information includes answers to questions such as: "Who are the ancient astronauts? Why did they first come to Earth? Why are they returning now? What part did they play in building the great monuments of antiquity? What part did they play in the formation of present and earlier civilizations? With what other beings do we share our universe? And where does the Earth fit into the cosmic scheme of things?"

The "questioner" is Don Elkins; the "instrument" (the one in trance, bringing forth the messages from Ra) is Carla Rueckert. A third member of the small team, who was always present during the sessions, was Jim McCarty, who contributed energy necessary for the contact to be made. There was an apparent multiplication of energy between the three that enabled the Ra contact to occur, and each of these three played a vital role in bringing forth The Ra Material.

Those of you interested in obtaining the five books which comprise The Ra Material can do so through the following source: L/L Research Publications, P.O. Box 5195, Louisville, KY, 40255-0195; phone/fax: 502-245-6495. They also have Internet access via the website address www.llresearch.org wherein is more

complete ordering information. These ones do not accept credit cards. They offer a number of publications besides the five Ra volumes. All of the Ra volumes cost \$11.50 each to produce. Any donations above this minimum cost is greatly appreciated and is used to keep their material in print and fund future projects, and is tax deductible.

One final matter to take note of is the way the Ra entity insists upon frequent identification. Many of the spiritual messages presented in these pages and collected in the series WISDOM OF THE RAYS: The Masters Teach emphasize that same point, and the Higher Authors/Teachers responsible for those messages are very clear in their identifications and very willing to provide same whenever there is a question.

When a receiver gets sloppy in this regard is when dark entities slip onto the airwaves and derail the presentation of Lighted information. This is an important lesson to keep in mind as many ones effort toward improving their own personal connections to Higher Teachers and Guides, as the Lighted Messengers frequently urge each of us to do.

SESSION 9 January 27, 1981

RA: I am Ra. I greet you in the Love and the Light of our Infinite Creator. We communicate now.

QUESTIONER: The healing exercises that you gave us are of such a nature that it is best to concentrate on a particular exercise at a certain time. I would like to ask what exercise that I should concentrate on tonight?

RA: I am Ra. Again, to direct your judgment is an intrusion upon your space/time continuum distortion called future. To speak of past or present within our distortion/judgment limits is acceptable. To guide rather than teach/learn is not acceptable to our distortion in regards to teach/learning. We, instead, can suggest a process whereby each chooses the first of the exercises given in the order in which we gave them, which you, in your discernment, feel is not fully appreciated by

your mind/body/spirit complex.

This is the proper choice, building from the foundation, making sure the ground is good for the building. We have assessed for you the intensity of this effort in terms of energy expended. You will take this in mind and be patient, for we have not given a short or easy program of consciousness learn/teaching.

QUESTIONER: The way that I understand the process of evolution is that our planetary population has a certain amount of time to progress. This is generally divided into three 25,000-year cycles. At the end of 75,000 years the planet progresses itself. What caused this situation to come about with the preciseness of the years in each cycle?

RA: I am Ra. Visualize, if you will, the particular energy which, outward flowing and inward coagulating, formed the tiny realm of The Creation governed by your Council of Saturn. Continue seeing the rhythm of this process. The living flow creates a rhythm which is as inevitable as one of your timepieces. Each of your planetary entities began the first cycle when the energy nexus was able, in that environment, to support such mind/body experiences. Thus, each of your planetary entities is on a different “cyclical schedule” as you might call it. The timing of these cycles is a measurement equal to a portion of intelligent energy.

This intelligent energy offers a type of clock. The cycles move as precisely as a clock strikes your hour. Thus, the gateway from intelligent energy to intelligent infinity opens regardless of circumstance on the striking of the hour.

QUESTIONER: The original, first entities on this planet—what was their origin? Where were they before they were on this planet?

RA: I am Ra. The first entities upon this planet were Water, Fire, Air and Earth.

QUESTIONER: Where did the people who are like us, who were the first ones here, where did they come from? From where did they evolve?

RA: I am Ra. You speak of third-density experience. The first of those to come here were brought from another planet in your solar system, called by you the Red Planet, Mars. This planet’s environment became inhospitable to third-density beings. The first entities, therefore, were of this race, as you may call it, manipulated somewhat by those who were guardians at that time.

QUESTIONER: What race is that, and how did they get from Mars to here?

RA: I am Ra. The race is a combination of the mind/body/spirit complexes of those of your so-called Red Planet and a careful series of genetical adjustments made by the guardians of that time. These entities arrived, or were preserved, for the experience upon your sphere by a type of birthing which is non-reproductive, but consists of preparing genetic material for

the incarnation of the mind/body/spirit complexes of those entities from the Red Planet.

QUESTIONER: I assume from what you are saying that the guardians transferred the race here after the race had died from the physical as we know it on Mars. Is that correct?

RA: I am Ra. This is correct.

QUESTIONER: The guardians were obviously acting within an understanding of the Law of One in doing this. Can you explain the application of the Law of One in this process?

RA: I am Ra. The Law of One was named by these guardians as the bringing of the wisdom of the guardians in contact with the entities from the Red Planet, thus melding the social memory complex of the guardian race and the Red Planet race. It, however, took an increasing amount of distortion into the application of the Law of One from the viewpoint of other guardians, and it is from this beginning action that the quarantine of this planet was instituted, for it was felt that the free will of those of the Red Planet had been abridged.

QUESTIONER: Were the entities of the Red Planet following the Law of One prior to leaving the Red Planet?

RA: I am Ra. The entities of the Red Planet were attempting to learn the Laws of Love, which form one of the primal distortions of the Law of One. However, the tendencies of these people towards bellicose actions caused such difficulties in the atmospheric environment of their planet that it became inhospitable for third-density experience before the end of its cycle. Thus, the Red Planet entities were unharvested and continued in your illusion to attempt to learn the Law of Love.

QUESTIONER: How long ago did this transfer occur from the Red Planet to Earth?

RA: I am Ra. In your time this transfer occurred approximately 75,000 years ago.

QUESTIONER: 75,000 years ago?

RA: I am Ra. This is approximately correct.

QUESTIONER: Were there any entities of the form that I am now—two arms, two legs—on this planet before this transfer occurred?

RA: I am Ra. There have been visitors to your sphere at various times for the last four million of your years, speaking approximately. These visitors do not affect the cycling of the planetary sphere. It was not third-density in its environment until the time previously mentioned.

QUESTIONER: Then there were second-density entities here prior to approximately 75,000 years ago. What type of entities were these?

RA: I am Ra. The second density is the density of the higher plant life and animal life which exists without the upward drive towards the infinite. These second-density beings are of

an octave of consciousness just as you find various orientations of consciousness among the conscious entities of your vibration.

QUESTIONER: Did any of these second-density entities have shapes like ours—two arms, two legs, head, and walk upright on two feet?

RA: I am Ra. The two higher of the sub-vibrational levels of second-density beings had the configuration of the biped, as you mentioned. However, the erectile movement which you experience was not totally effected in these beings who were tending towards the leaning forward, barely leaving the quadrupedal position.

QUESTIONER: Where did these beings come from? Were they a product of evolution as understood by our scientists? Were they evolved from the original material of the Earth that you spoke of?

RA: I am Ra. This is correct.

QUESTIONER: Do these beings then evolve from second density to third density?

RA: I am Ra. This is correct, although no guarantee can be made of the number of cycles it will take an entity to learn the lessons of consciousness of self which are the prerequisite for transition to third density.

QUESTIONER: Is there any particular race of people on our planet now who were incarnated here from second density?

RA: I am Ra. There are no second-density consciousness complexes here on your sphere at this time. However, there are two races which use the second-density form. One is the entities from the planetary sphere you call Maldek. These entities are working their understanding complexes through a series of what you would call karmic restitutions. They dwell within your deeper underground passageways and are known to you as “Bigfoot”.

The other race is that being offered a dwelling in this density by guardians who wish to give the mind/body/spirit complexes of those who are of this density at this time “appropriately engineered physical vehicles” as you would call these chemical complexes, in the event that there is what you call nuclear war.

QUESTIONER: I didn’t understand what these vehicles or beings were for that were appropriate in the event of nuclear war.

RA: I am Ra. These are beings which exist as instinctual second-density beings which are being held in reserve to form what you would call a gene pool in case these body complexes are needed. These body complexes are greatly able to withstand the rigors of radiation which the body complexes you now inhabit could not do.

QUESTIONER: Where are these body complexes located?

RA: I am Ra. These body complexes of the second race dwell in uninhabited deep

forest. There are many in various places over the surface of your planet.

QUESTIONER: Are they Bigfoot-type creatures?

RA: I am Ra. This is correct, although we would not call these Bigfoot, as they are scarce and are very able to escape detection. The first race is less able to be aware of proximity of other mind/body/spirit complexes, but these beings are very able to escape due to their technological understandings before their incarnations here. These entities of the glowing eyes are those most familiar to your peoples.

QUESTIONER: Then there are two different types of Bigfoot. Correct?

RA: I am Ra. This will be the final question.

There are three types of Bigfoot, if you will accept that vibratory sound complex used for three such different races of mind/body/spirit complexes. The first two we have described.

The third is a thought-form.

QUESTIONER: I would like to ask if there is anything that we can do to aid the instrument's comfort.

RA: I am Ra. This instrument will require some adjustment of the tender portions of her body complex. The distortions are due to the energy center blockage you would call pineal.

I leave you in the Love and the Light of the One Infinite Creator. Go forth, therefore, rejoicing in the Power and the Peace of the One Creator. Adonai.

SESSION 10 January 27, 1981

RA: I am Ra. I greet you in the Love and Light of the Infinite Creator. I communicate now.

QUESTIONER: I think that it would clarify things for us if we went back to the time just before the transfer of souls from Maldek to see how the Law of One operated with respect to this transfer and why this transfer was necessary. What happened to the people of Maldek that caused them to lose their planet? How long ago did this event occur?

RA: I am Ra. The peoples of Maldek had a civilization somewhat similar to that of the societal complex known to you as Atlantis in that it gained much technological information and used it without care for the preservation of their sphere, following to a majority extent the complex of thought, ideas, and actions which you may associate with your so-called negative polarity or the service to self. This was, however, for the most part, couched in a sincere belief/thought structure which seemed to the perception of the mind/body complexes of this sphere to be positive and of service to others. The devastation that wrecked their biosphere and caused its disintegration resulted from what you call war.

The escalation went to the furthest extent of the technology this social complex had at its disposal in the space/time present of the then

time. This time was approximately 705,000 of your years ago. The cycles had begun much, much earlier upon this sphere due to its relative ability to support the first-dimensional life forms at an earlier point in the space/time continuum of your solar system. These entities were so traumatized by this occurrence that they were in what you may call a social complex knot or tangle of fear. Some of your time passed. No one could reach them. No beings could aid them.

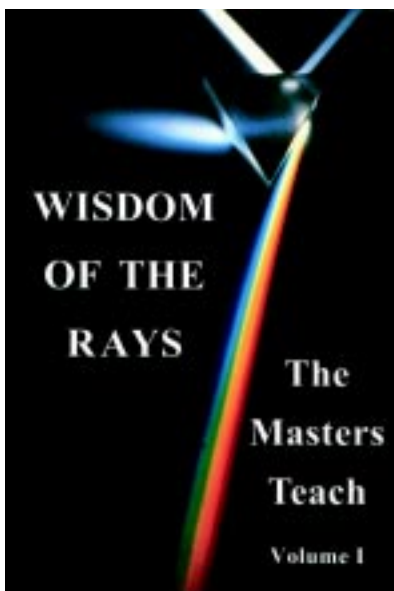
Approximately 600,000 of your years ago, the then-existing members of the Confederation were able to deploy a social memory complex and untie the knot of fear. The entities were then able to recall that they were conscious. This awareness brought them to the point upon what you would call the lower astral planes where they could be nurtured until each mind/body/spirit complex was able to finally be healed of this trauma to the extent that each entity was able to examine the distortions it had experienced in the previous life/illusion complex.

After this experience of learn/teaching, the group decision was to place upon itself a type of what you may call karma alleviation. For this purpose they came into incarnation within your planetary sphere in what were not acceptable human forms. This then they have been experiencing until the distortions of destruction are replaced by the desire for a less distorted vision of service to others. Since this

Wisdom Of The Rays: The Masters Teach

The expansive yet compassionate nature of the messages delivered in *WISDOM OF THE RAYS: The Masters Teach* not only challenges those already firmly committed upon the spiritual path, but also provides a serious first step to help ones who are just awakening to (and inquiring about) the magnificent Spiritual Transformation now sensed by many to be in progress upon this planet.

Volume I & Volume II



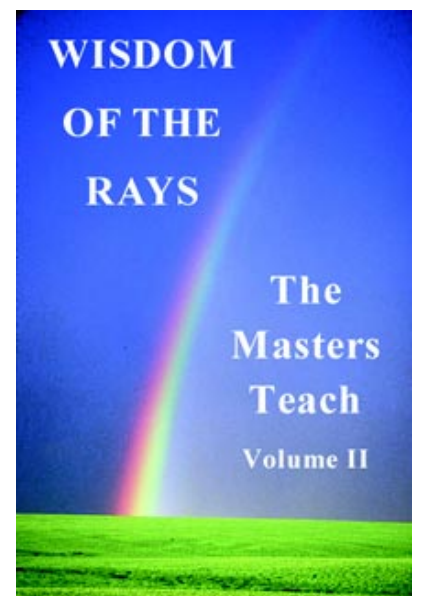
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(From the Back Cover of *Wisdom of The Rays: The Masters Teach*; Volume 1)

(See Back Page for ordering information)



Preface by
Dr. Edwin M. Young
(500 pages)

was the conscious decision of the great majority of those beings in the Maldek experience, the transition to this planet began approximately 500,000 of your years ago, and the type of body complex available at that time was used.

QUESTIONER: Was the body complex available at that time what we refer to as the ape body?

RA: I am Ra. That is correct.

QUESTIONER: Have any of the Maldek entities transformed since then? Are they still second-density now, or are some of them third-density?

RA: I am Ra. The consciousness of these entities has always been third-density. The alleviation mechanism was designed by the placement of this consciousness in second-dimensional physical-chemical complexes which are not able to be dexterous or manipulative to the extent which is appropriate to the working of the third-density distortions of the mind complex.

QUESTIONER: Have any of the entities moved on now, made a graduation at the end of a cycle and made the transition from second-density bodies to third-density bodies?

RA: I am Ra. Many of these entities were able to remove the accumulation of what you call karma, thus being able to accept a third-density cycle within a third-density body. Most of those beings so succeeding have incarnated elsewhere in The Creation for the succeeding cycle in third density. As this planet reached third density, some few of these entities became able to join the vibration of this sphere in third-density form. There remain a few who have not yet alleviated through the mind/body/spirit coordination of distortions the previous action taken by them. Therefore, they remain.

QUESTIONER: Are these the Bigfoot that you spoke of?

RA: I am Ra. These are one type of Bigfoot.

QUESTIONER: Then our human race is formed of a few who originally came from Maldek and quite a few who came from Mars. Are there entities here from other places?

RA: I am Ra. There are entities experiencing your time/space continuum who have originated from many, many places, as you would call them, in The Creation, for when there is a cycle change, those who must repeat then find a planetary sphere appropriate for this repetition. It is somewhat unusual for a planetary mind/body/spirit complex to contain those from many, many various loci, but this explains much, for you see, you are experiencing the third-dimension occurrence with a large number of those who must repeat the cycle. The orientation, thus, has been difficult to unify, even with the aid of many of your teach/learners.

QUESTIONER: When Maldek was destroyed, did all the people of Maldek have

the fear problem or were some advanced enough to transfer to other planets?

RA: I am Ra. In the occurrence of planetary dissolution, none escaped, for this is an action which rebounds to the social complex of the planetary complex itself. None escaped the knot or tangle.

QUESTIONER: Is there any danger of this happening to Earth at this time?

RA: I am Ra. We feel this evaluation of your planetary mind/body/spirit complexes' so-called future may be less than harmless. We say only the conditions of mind exist for such development of technology and such deployment. It is the distortion of our vision/understanding that the mind and spirit complexes of those of your people need orientation rather than the "toys" needing dismantlement, for are not all things that exist part of The Creator? Therefore, freely to choose is your own duty.

QUESTIONER: When graduation occurs at the end of a cycle, and entities are moved from one planet to another, by what means do they go to a new planet?

RA: I am Ra. In the scheme of The Creator, the first step of the mind/body/spirit/totality/beingness is to place its mind/body/spirit complex distortion in the proper place of Love/Light. This is done to ensure proper healing of the complex and eventual attunement with the totality/beingness complex. This takes a very variable length of your time/space. After this is accomplished, the experience of the cycle is dissolved and filtered until only the distillation of distortions in its pure form remains. At this time, the harvested mind/body/spirit/totality/beingness evaluates the density needs of its beingness and chooses the more appropriate new environment for either a repetition of the cycle or a moving forward into the next cycle. This is the manner of the harvesting, guarded and watched over by many.

QUESTIONER: When the entity is moved from one planet to the next, is he moved in thought or by a vehicle?

RA: I am Ra. The mind/body/spirit/totality/beingness is one with The Creator. There is no time/space distortion. Therefore, it is a matter of thinking the proper locus in the infinite array of time/spaces.

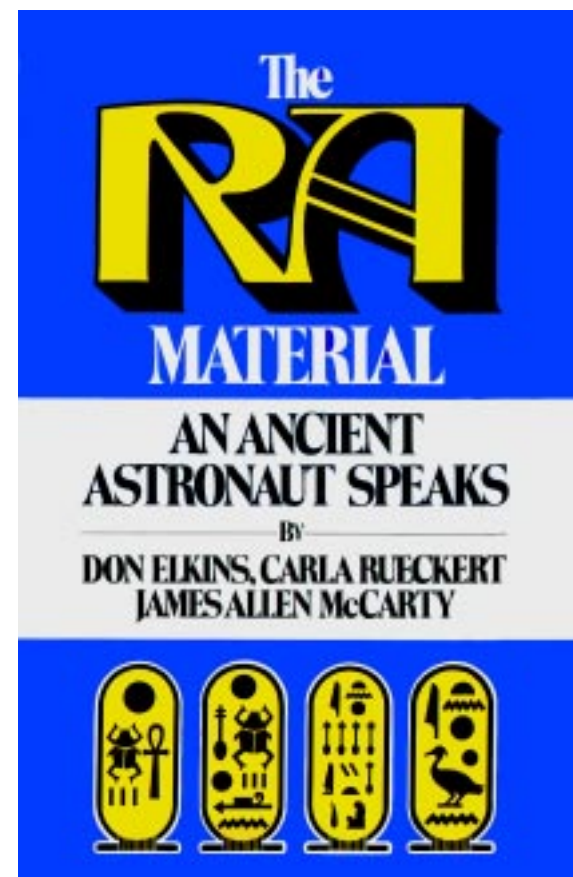
QUESTIONER: While an entity is incarnate in this third density at this time, he may either learn unconsciously without knowing what he is learning, or he may learn after he is consciously aware that he is learning in the ways of the Law of One. By the second way of learning consciously, it is possible for the entity to greatly accelerate his growth. Is this correct?

RA: I am Ra. This is correct.

QUESTIONER: Then although many entities are not consciously aware of it, what they really desire is to accelerate their growth, and it is their job to discover this while they are incarnate. Is it correct that they can accelerate their growth much more while in the third density than in between incarnations of this density?

RA: I am Ra. This is correct. We shall attempt to speak upon this concept.

The Law of One has as one of its primal distortions the free-will distortion, thus each entity is free to accept, reject, or ignore the mind/body/spirit complexes about it and ignore



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The Creation itself. There are many among your social memory complex distortion who, at this time/space, engage daily, as you would put it, in the working upon the Law of One in one of its primal distortions; that is, the ways of love. However, if this same entity, being biased from the depths of its mind/body/spirit complex towards Love/Light, were then to accept the responsibility for each moment of the time/space accumulation of present moments available to it, such an entity can empower its progress in much the same way as we described the empowering of the call of your social complex distortion to the Confederation.

QUESTIONER: Could you state this in a little different way—how you empower this call?

RA: I am Ra. We understand you to speak now of our previous information. The call begins with one. This call is equal to infinity and is not, as you would say, counted. It is the cornerstone. The second call is added. The third call empowers or doubles the second, and so forth—each additional calling doubling or granting power to all the preceding calls. Thus, the call of many of your peoples is many, many-powered and overwhelmingly heard to the infinite reaches of The One Creation.

QUESTIONER: For the general development of the reader of this book, could you state some of the practices or exercises to perform to produce an acceleration toward the Law of One?

RA: I am Ra.

Exercise One: This is the most nearly centered and useable within your illusion complex. The moment contains love. That is the lesson/goal of this illusion or density. The exercise is to consciously see that love in awareness and understanding distortions. The first attempt is the cornerstone. Upon this choosing rests the remainder of the life-experience of an entity. The second seeking of love within the moment begins the addition. The third seeking empowers the second, the fourth powering or doubling the third. As with the previous type of empowerment, there will be some loss of power due to flaws within the seeking in the distortion of insincerity. However, the conscious statement of self, to self, of the desire to seek love, is so central an act of will that, as before, the loss of power due to this friction is inconsequential.

Exercise Two: The universe is one being. When a mind/body/spirit complex views another mind/body/spirit complex, see The Creator. This is a helpful exercise.

Exercise Three: Gaze within a mirror. See The Creator.

Exercise Four: Gaze at The Creation which lies about the mind/body/spirit complex of each entity. See The Creator.

The foundation or prerequisite of these

exercises is a predilection towards what may be called meditation, contemplation, or prayer. With this attitude, these exercises can be processed. Without it, the data will not sink down into the roots of the tree of mind, thus enabling and ennobling the body and touching the spirit.

QUESTIONER: I was wondering about the advent of the civilizations of Atlantis and Lemuria, when these civilizations occurred, and where did they come from?

RA: I am Ra. This is the last question of this working. The civilizations of Atlantis and Lemuria were not one but two. Let us look first at the Mu [Lemurian] entities.

They were beings of a somewhat primitive nature, but those who had very advanced spiritual distortions. The civilization was part of this cycle, experienced early within the cycle at a time of approximately 53,000 of your years ago. It was a helpful and harmless place which was washed beneath the ocean during a readjustment of your sphere's tectonic plates through no action of their own. They sent out those who survived and reached many places in what you call Russia, North America, and South America. The Indians [Native Americans] of whom you come to feel some sympathy in your social complex distortions are the descendants of these entities. Like the other incarnates of this cycle, they came from elsewhere. However, these particular entities were largely from a second-density planet which had some difficulty, due to the age of its sun, in achieving third-density life conditions. This planet was from the galaxy Deneb.

[Editor's note: Deneb is number nineteen on a list of the brightest stars in the night sky and forms a part of the figure called the Northern Cross which spans a large section of the Milky Way and, in turn, forms part of a larger constellation known as Cygnus, or the Swan; Deneb positions the tail of the Swan and means "the tail" in Arabic. Deneb is very white and seems brighter than it actually is because it is so large, being 25 times more massive and 60,000 times more luminous than our Sun. Light from it takes about 1400 years to reach us. You can imagine how many planets (and life on those planets) is possible around such a luminous powerhouse as Deneb!]

The Atlantean race was a very conglomerate social complex which began to form approximately 31,000 years in the past of your space/time continuum illusion. It was a slow growing and very agrarian one until approximately 15,000 of your years ago. It reached quickly a high technological understanding, which caused it to be able to use intelligent infinity in an informative manner. We may add that they used intelligent energy as well, manipulating greatly the natural influxes of the indigo or pineal ray from divine or infinite energy. Thus, they were able to create

life forms. This they began to do instead of healing and perfecting their own mind/body/spirit complexes, turning their distortions toward what you may call negative.

Approximately 11,000 of your years ago, the first of the, what you call, wars caused approximately forty percent of this population to leave the density by means of disintegration of the body. The second and most devastating of the conflicts occurred approximately 10,821 years in the past according to your illusion. This created an Earth-changing configuration and the large part of Atlantis was no more, having been inundated. Three of the positively-oriented of the Atlantean groups left this geographical locus before that devastation, placing themselves in the mountain areas of what you call Tibet, what you call Peru, and what you call Turkey.

Do you have any brief questions before we close this meeting?

QUESTIONER: Only one, other than what we can do to make the instrument more comfortable. I would like to have your definition of galaxy, the word "galaxy" as you have used it.

RA: I am Ra. We use the term known to your people by the sound vibration "galaxy". We accept that some galaxies contain one system of planetary and solar groups. Others contain several. However, the importance of the locus in infinite time/space dimensionality is so little that we accept the distortion implicit in such an ambiguous term.

QUESTIONER: Then the nine planets and Sun which we have here in our system, would you refer to that as a galaxy?

RA: I am Ra. We would not.


QUESTIONER: How many stars would be approximately in a galaxy?

RA: I am Ra. It depends upon the galactic system. Your own, as you know, contains many, many millions of planetary entities and star bodies.

QUESTIONER: I was just trying to get to the definition that you were using for galaxy. You mentioned a couple of times the term galaxy in reference to what we call a planetary system and it was causing some confusion.

Is there any way that we can make the instrument more comfortable?

RA: I am Ra. This instrument could be made somewhat more comfortable if more support were given the body complex. Other than this, we can only repeat the request to carefully align the symbols used to facilitate this instrument's balance. Our contact is narrow-banded, and thus the influx brought in with us must be precise.

I am Ra. I leave you in the Love and the Light of The One Infinite Creator. Go forth, therefore, rejoicing in the Power and Peace of The One Creator. Adonai. 

The Mechanism Behind An Upcoming Major Global Economic Crisis

Editor's note: For those of you who are not already familiar with Nick Guarino, let's just say he is probably one of the most astute—if not THE most astute—Wall Street watcher and economic advisor in America.

Nick has, for a long time, published a newsletter called The Wall Street Underground (1144 Booth Street, Kansas City, KS, 66103; phone: 913-342-6400). It is loaded with gems of down-to-Earth insight and common sense about the often crazy financial shenanigans going on around the world—and especially close to home at our own premier "insane asylum" for such antics in New York City.

When something truly outrageous or time-sensitive happens, Nick also publishes, usually by email and fax, a quick-turnaround service called a Wall Street Underground Special Report. The following is from this latter service and is SO important that it MUST be shared with as wide an audience as possible at this time.

As Nick points out, it will surely be the small, honest investor, who is saving for retirement or a child's college tuition, who will be most hurt in the trap that has been set—not the big players who are in on the scam.

Nick stops short of using the words "purposeful conspiracy" but regular readers of this newspaper will easily be able to connect the dots in that respect. Nothing happens by accident, especially where ever-more-tight control of we-the-people is concerned. And how better to control than through the fear and paralysis of financial devastation. It is certainly a time to act carefully and wisely in navigating the financial arenas, since all are laden with traps purposely set.

We would like to sincerely thank "M", who

is a longtime reader and most gracious supporter of The SPECTRUM, for alerting us to this most important financial information about a situation which will likely cause serious problems as we enter the first few months of the new year. As "M" said, with great empathy, maybe this news will save some of you (and your assets) from the ticking bomb purposely engineered to explode just as ones begin to let down their guard about Y2K.

12/14/99 NICK GUARINO

The Fed's incredible action that:

1. Lit insanity into the stock market;
and
2. Will crash the market and economy
early in the New Year.

Some critical information has just come to light that you need to know.

I've been screaming about the grossly overvalued stock market for some time. I said it has to end in wipeout. In October, the market started to aggressively move down. The market fell over 1300 points, and touched just under 10,000. Then it miraculously stopped its slide.

At that time, we recommended you use stops to control your positions as the stock market rallied back. Unfortunately, we did not recommend you get out of all your positions and take profits on the lows, as we have done in the past. So you did not make any money either.

The decision was simple. The market was collapsing. The economy was red hot. The Fed was raising rates.

It appeared to be a rally-back. But now it has turned into another leg up in this wild bull market. As you'll see in this report, this one is unlike any leg up any market has ever experienced. That is why we have made no further recommendations. We are waiting for the market to blow itself out.

Before you kick yourself in the butt, or me either, this did not occur because the public decided they wanted more stocks. It did not occur because of any new paradigm. It occurred because of a key event you and I did not know at the time.

The Fed opened the floodgates. They swamped the market with hundreds of billions of new dollars. For reasons I will explain in just a moment, they made the biggest money supply increases in history.

Thanks to leveraging, those hundreds of billions have turned into trillions. They are rolling the dice in Wall Street's final, out-of-control, insane feeding frenzy—all on borrowed money from the Federal Reserve.

But that is only half the story. The Fed did not add permanent liquidity to the system, like it usually does. This money is being put into the system TEMPORARILY. It has to be returned, starting in January.

You may have noticed that every week, for the past few months, I've posted the money supply figures. The U.S. money supply is making its biggest increases ever, by far. By year's end, the M3 money supply—the broadest measure of money in the U.S.—will have skyrocketed by a stunning \$1 trillion.

All this money has come from the Fed. It has poured into the stock market, and driven valuations to even bigger, absurd, record highs. It has lit the incredible insanity of the blow-off top we're now seeing.

Why would the Fed do such a crazy thing? Their job is to smooth the excesses in the system. They are supposed to flatten the peaks and fill the valleys—certainly not ignite the biggest bubble stock market the world has ever seen.

The answer is that the Fed is at cross purposes. On the one hand, they talk about the runaway, out-of-control stock market, and the red-hot U.S. economy. They even aggressively raise interest rates. All because they fear runaway consumer spending and out-of-control job growth will spark inflation.

At the exact same time, behind the scenes, the Fed has manufactured the biggest increases in money supply in history. That is the most inflation-creating event of all. And it's global. Central banks the world over have worked with the Fed, and done the same. This started earlier this year to a minor extent, but has been out of control since October. Now I am seeing the biggest infusion of cash into the system ever.

The Fed had targeted money supply growth of 3% to 5% for 1999. That was their stated target range. But money supply growth will hit 20%+ this year. Never in U.S. history has the Fed pumped so much money into the economy—not in times of peace, of war, or of financial crisis—especially not during the hottest economy ever. This is the stuff hyper-inflation is made of. Even worse, it's

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1144 Booth Street
Kansas City, KS, 66103
phone: 913-342-6400

about to create an economic tragedy that could bring down the entire U.S. financial system.

Again, the question is “Why?” Why are they taking such incredible risks? In October the Fed knew the stock market was going to crash. They decided to postpone that event for exactly one reason. Here is that reason.

High-level sources tell me the Fed is deeply concerned about Y2K. I’m on record that Y2K is not a problem. And it’s not—for the U.S. But the Fed has information that third-world countries in Asia, Africa, and Latin America may have a bigger problem than they are letting on.

So the world’s major central banks have all agreed to pump vast amounts of money (liquidity) into the world economy. From Tokyo and Beijing, to London and New York, the world has seen the greatest amount of money creation ever. The U.S. has led the way. The printing presses are running ahead at full speed.

Now, remember: there is no such thing as free money. Otherwise everyone would be fabulously wealthy.

Suppose Bill and Hillary Clinton decided to get rid of poverty in America. How? By giving \$1 million to every person in America on welfare. They do this by having the Fed create the money out of thin air, just like it’s doing now.

Overnight, poverty would seem to be wiped out. It would be one hell of a party. The U.S. economy would seem to boom, as this largesse worked its way through the system. Poor people would be like super-lottery winners. They would buy new homes, cars, consumer goods. The economy would prosper, at least for a time, like it is now.

Only one problem: The Fed just printed this money. There is nothing to justify it. No real wealth to back it up. And after the newfound prosperity passes, that enormous money creation would have to be drained out of the system. Otherwise we would end up with hyper-inflation.

Hyper-inflations in the past have started just like we are seeing now. Central banks create too much money. They do this in the mistaken belief they can bail out some kind of crisis—in this case Y2K—a crisis no one is even sure will really happen.

There *ARE* welfare recipients of this insane money creation—none other than our friends collectively known as Wall Street. Actually, not just Wall Street, but also Tokyo, London, Mexico City, Sao Paolo, Paris, and Berlin. This is why stock markets around the world are rallying. They are putting-in record highs on record volume—with no other justification than everyone wants to play in the casino.

One thing and one thing only caused this stampede: The Fed’s huge money creation has gone, in great part, to stock market manipulators. Wall Street is gorging itself

on the easy money from the Fed. That’s why the market has gone insane.

You might have noticed that the combined volume on the NYSE and the NASDAQ has nearly doubled. Until recently, that volume was averaging around 1.5 billion shares a day. An incredible number by itself. Now, in this insanity, volume is close to hitting 3 billion shares a day. Total shares in some companies are turning over five times in a single day.

Reason is, the stock market runs on cash—and the Federal Reserve is flooding the markets with cash. That cash “easy money” has got to find a home. The stock market is it.

The *type* of cash they are adding makes this even more dangerous. Let me explain.

The Fed creates different kinds of money. Usually the Fed adds money to the system by buying U.S. Treasury Securities. These are called “coupon passes”. They permanently add money to the U.S. economy. The Fed prints money to buy U.S. government securities. It gives that new money to the banking system which, because of leverage, expands it over and over again. You see, Fed money is high-powered, concentrated money. In essence, the banks add water, and \$1 billion becomes \$10 billion, \$20 billion, or even more.

This time the Fed is not buying Treasuries. It is using instruments called “repurchase agreements” or repos. Repos again multiply the amount of the money geometrically. But there is a key difference: Repos are loans. Unlike coupon passes, repos have a strict time limit on them. When the time limit is up, they drain the money back out.

The repos the Fed is using now have changed. They last 30 to 90 days. Before, they were overnight to 2 days, and no more than 15 days. Repos have to be repaid with interest.

In other words, the Fed is not putting permanent reserves into the system. This money that is fueling the Wall Street drunken orgy has to come back out. And very soon. Starting in mid-January, ending in March, it must all be paid back.

A huge amount of this money is being loaned to short-term traders on Wall Street. It is fueling the insanity you are seeing in the markets. In essence the Fed has created this last leg of the great bubble. They have brought on the very event they warned about, and did not want to happen.

So Y2K WILL wipe out the stock market after all. But not for the reasons anyone thought. Y2K will wipe out the stock market because of the incredible amount of liquidity the Fed put in the financial system to prevent a Y2K meltdown. These repo agreements guarantee a stock market wipeout when the money comes back out. And, starting in mid-January, it must come back out.

You and I are not crazy. We expected the

market to collapse in October. Sheer weight and exhaustion started to bring it down. But the Fed made an incredible mistake. They decided *NOT* to face a Y2K crisis and a stock market crash at the same time. They pumped in this incredible amount of money. That postponed the crash for a few months, until after the millennium passed. Y2K first, then a stock market wipeout.

Now the Fed has two options. Number one, they can leave the huge money they’ve created in the system. They can do that by issuing more repos. That will touch off hyper-inflation. It will destroy the financial system and the stock market. Number two, they can take out this money. This will collapse the stock market. They hope that, by doing this, they can spare the banking system.

Actually, they have no choice. If the Fed leaves the money in, this red-hot and out-of-control economy generates inflation at a rate never seen before. The stock market collapses anyway. And the financial system comes down with it.

The Fed is a creature of the banking system, not the stock market. Their number-one goal is to save the financial system. So if guaranteeing an even bigger stock market bubble—and then wipeout—is the price they must pay to try and preserve the financial/banking system, that’s what they will do—which means next year America enters its biggest economic slowdown ever. Guaranteed. And the stock market collapses. Guaranteed. These events will take place as the repos expire and the Fed removes the incredible amount of money it provided.

But there’s more: The Fed has to also slow the economy. That means they have to raise interest rates, as well as drain the excess money the repos created. Wall Street and the U.S. economy are about to receive both barrels of a double-barreled shotgun blast between the eyes.

The Fed was hoping Wall Street would discipline itself, knowing the money would have to come back out. Instead, Wall Street went on a buying spree, such as has never been seen before. I can tell you for a fact that the Fed’s plans are the following: first, get through Y2K; avoid a financial panic that any kind of liquidity crisis the world over could cause.

After the first few weeks in January, that fear should pass. Then the Fed will drain this excess liquidity out of the system. The other central banks around the world will drain the excess money they created. The huge amounts of short-term money will be paid back.

Remember: this money was only *LOANED* to the system. It is not permanent. Market players who borrowed this immense money leveraged it to play casino games on Wall Street. They will have to sell stock to get the cash to pay their loans back.

This market is already teetering on the edge

of a cliff. It won't take a lot of selling to push it over.

This will be going on in every major stock market and central bank the world over—and most importantly, in the U.S.

This has to be the most insane action ever taken by the world's central bankers. On the one hand, they are warning that the markets are grossly overvalued; they are raising interest rates to cool off the craziness. At the exact same time, they also flood the system with money because of Y2K.

This huge money creation has gone to hedge funds, day traders, big Wall Street firms, investment bankers, even big bank proprietary trading desks. They are leveraging it even more—with options, futures, and derivatives. They have created the biggest party ever seen in the financial markets, as the millennium ends. Early in the new year, the party is over. Without a doubt, it is time to pay the piper.

My worst nightmare has now occurred. The runaway bubble market turns into an insane feeding frenzy that ends in a wipeout—all because the Fed misjudged the situation. In fact, they have dropped gasoline on a raging forest fire.


This gets back to the original analogy about Bill and Hillary erasing poverty by making millionaires out of everyone on welfare. Suppose they did that—with one caveat: At the end of 90 days, the welfare recipients have to give the money back. How many would be able to do that?

It would be one hell of a party—for 90 days. Then payback day would come. Things would get very ugly. That's what is happening right now.

Where is the money going to come from to pay back the loans? Someone has to get burned. Who do you think that will be? Ma and Pa Mutual Fund Holder, and Joe Day Trader. Remember: the Fed will still have to raise interest rates. Along with the repos expiring, this is the one-two punch that decks this market.

There you have it. The stock market crash that started in October was postponed till the beginning of the new year. Greenspan was so concerned about a Y2K collapse that he was willing to pay the price of an even bigger, runaway, out-of-control stock market in the interim—and hope against all hope that they can somehow bring down the stock market slowly.

Oh, by the way, have a Merry Christmas. Come the new year, it will be a much different world out there. Be ready for the biggest stock market wipeout in history. I'm sorry we did not get the wipeout in October like we figured. But, to make it up to you, the Fed will stage an even bigger wipeout in the new year.

This is truly the last fat Christmas America will see for many years in the future. This is the last hurrah. 

On The Rev. Jesse Jackson And His Role In The Murder Of Dr. Martin Luther King, Jr. Unspoken Details, Part I

Editor's note: The following quite interesting report is receiving wider-than-usual circulation around various "conspiracy"-oriented Internet websites and came to our attention through our News Desk editor, Dr. Al Overholt. Considering the names and events which Skolnick does not hesitate to specifically target, there is much for the serious investigator to pursue here. For more information on this and related subjects, see the websites <skolnick@ameritech.net>, <www.skolnicksreport.com>. Stay tuned for Part Two of this intriguing outlay when it becomes available—IF it becomes available!

12/11/99 SHERMAN H. SKOLNICK

Over a period of more than four decades, my associates and I have learned a lot about two activities in particular: About reporters and journalists in the mass media. And about various movements and persons supposedly promoting equal rights.

Self-taught in law and legal research, but not comfortable to become a member of the Bar, I became widely known in the 1960s. In Illinois, in the federal courts, I brought and won a whole series of voting cases to re-do malapportioned voting districts. Some voting districts had 50% more people than other districts, diluting their vote. Although not an attorney, I was grudgingly allowed to represent the entire class of aggrieved voters. Because of various court hearings, I was often, for a minute or so, on the evening TV local news.

I constantly risked jail for so-called "contempt of court". Why? I often put the judges' financial corruption in their faces in court. I documented, for example, how the Chief District Judge, in one of my numerous voting cases, was an official of a so-called "foundation" set up as a money laundry by a known hoodlum, and thus the Chief Judge was subject to blackmail. (The Albert Parvin Foundation, of which a U.S. Supreme Court Justice, William O. Douglas, was the President.)

When I confronted the Chief Judge in court,

he had two court bailiffs suddenly grab my wheelchair and try to turn it upside down. This was witnessed by 18 news reporters in court for the voting case. Their stories about this, if any, never got on the air or in print. My suit against the bailiffs for assault and battery was torpedoed by the banker-judges in Chicago's federal appeals court. They alleged in their published ruling (Skolnick vs. Guadagno et al.) that the law does not permit damage cases against court personnel.

I became known as "Mr. One Man, One Vote"—a take-off on the slogan for reapportionment. In those days this type of case required a special three-judge panel in the U.S. District Court. With such cases, I tied up 24 judges, more than all they had in the courthouse. The judges were sore at me.

Media types, who I got to know by way of such cases, seeing I am an independent, surviving on a shoe-string, and not tied to corporate interests, confided in me. In effect, I became their "Father Confessor". They knew I would risk jail but would never give out their identity in their lifetime. They communicated with me on the sly, sometimes at an out-of-the-way, all-night eatery. I found out and fingered:

1. A CBS network bigshot with a sideline of illegally selling babies from Europe to couples in the U.S. who could not have children.

2. An NBC network vice-president in the dope traffic. Hushed up, it was publicly instead blamed on a lower-level technician who was railroaded into prison as a scapegoat.

3. Hot items reporters are working on which they know endanger their jobs and their career in the media. They knew and know that, off the record, I will aid them in some way.

4. The buying and selling of TV jobs. One TV reporter with a three-year contract said he cannot be fired, but was. "I bought my job; it is mine, dammit! Don't you know of a lawyer that will sue?" He thus protested to me. Sensitive to his plight, I quietly told him such suits are not allowed, being against Public Policy—sort of like a bankrobber himself robbed by corrupt police on the way from the

stick-up; he cannot sue for theft.

As I found out from him and others, it is a widespread media policy: you have to pay 15% up front, in cash, of the first year's contract. One-third goes to the union business agent. One-third goes to the "celebrity" lawyer specializing in arranging such deals. (I fingered six such lawyers in Chicago.) And one-third of the bribe goes to the station manager or news director. The IRS is well aware of all this, but uses the details as blackmail to get the mass media to say nice things about America's fearful Gestapo, the IRS.

In 1988 I got into a big ruckus with *60 Minutes'* CBS program boss Don Hewitt by confronting him with the details. His team vowed to keep me off the air forever and to shut me up. (Without public access cable TV, I would not be seen "on the air".)

An honest, hard-hitting reporter, Ted Smart, who I knew from NBC's Chicago outlet, WMAQ-TV, Channel 5 confided to me: "I got the goods, Sherman. I can prove it. The FBI was implicated in the assassination of Dr. King." I responded by saying: "Ted, it's a death warrant and you know it. Cool it." My pal, Ted Smart, was murdered on the night before July 4, 1970. Another journalist, Louis Lomax, on the track of the same data, was murdered about three weeks later.

Playing an evil role as to the murder of Dr. King and its aftermath, was Rev. Jesse Jackson. He falsely claimed he had been up on the motel balcony and that Dr. King died in his arms.

In 1975, Barbara Reynolds, a reporter for the *Chicago Tribune*, wrote a book about Rev. Jackson called *The Man, The Myth, And The Movement*. It was loaded with eye-opening details. It surely painted Jesse as a charlatan and scoundrel—such as the tricks he used to reportedly put the arm on local businesses, and the tricks he used to replace Dr. King. Some claim the reputed Dr. King's blood on Jesse's shirt was actually chicken blood.

As the book was coming out, I spoke to Barbara Reynolds. She met me at a restaurant near Tribune Tower. She kept looking apprehensively at the door. "Jesse is going to run me out of this town. I can't stay here anymore" she told me. Someone came to the door and looked right at her. Frightened, she fled our table. Three weeks after the publication of her book, it was withdrawn. I have one of the few copies of the original book.

In the early 1990s, Barbara Reynolds finally went public with what happened to her and her long-suppressed book. The Establishment had been plainly protecting their man, Rev. Jackson. She told of her plight while on the *Tony Brown's Journal* TV program. About that time her book was reissued, but not widely mentioned.

A former U.S. Justice Department official,

who once held a key position, responded to my questions about the Rev. Jesse Jackson. "I examined Jesse's secret file, locked up in our office. I shouldn't be talking about this" he leaned over and spoke in a low voice. "It was a stack of paper several feet high" he added. Impatient, I asked "So what did it show?" And he confirmed what I found out from other sources over the years: "Jesse has been an FBI informant most of his adult life." "So he's a government fink" I added. "Absolutely. My boss knew and I knew it" he said as he cut-off the discussion.

Starting about 1970, my associates and I became very knowledgeable about the financial dirty business of Rev. Jackson. We had volunteered as consultants to a group made up of 25,000 would-be home owners, Afro-Americans. They called themselves the South Side Contract Buyers League.

In those years, mortgage companies "red-lined" certain neighborhoods, such as where Blacks lived. No mortgages were to be issued in such areas. So, desperate to live in their own home instead of an apartment, the Blacks were forced to buy "on contract". An examination of the area and the contracts showed the Blacks were paying TWICE THE MARKET PRICE for the homes they were occupying. It was blatant racial discrimination.

The South Side Contract Buyers League had an office a few feet away from Jesse Jackson's office, which was an abandoned movie theater. For a while, Jesse paid no attention to them. He failed their repeated requests for aid. The Buyers League members organized a payment boycott.

One morning the Cook County Sheriff, Joe Woods (brother of Rose Mary Woods, Nixon's secretary who reportedly doctored-up the mysterious 18-1/2 minute Watergate tape) was set to evict Buyers League members, all at once, for engaging in a payment boycott. For that purpose, the Sheriff arranged with the phone company and the electric company to shut-off the entire area so Blacks would have no lights and could not communicate with each other about the mass eviction. Residents in the area who were not even members of the group also had their phones and electric all cut off. After the eviction, the whole area looked like a war zone: Household goods were scattered on the street; fronts of houses were crashed in; windows and doors were smashed all around the house.

The leaders of the Buyers League found out that my associates and I were investigating and researching the lawyers who sold them out in court, the banker-judges trying to control the Blacks and such. So I was invited to be the guest speaker at a huge mass meeting in a large church. There were about 650 people packed in there. I detailed to them the dirty financial forces and public officials who were their sworn enemies, and what I suggested be done.

As I continued to make suggestions and show up at most every session in court, Rev. Jesse Jackson pulled a trick on the leaders of the Buyers League, to get them falsely jailed. He had a group of ruffians, he called "Black Men Moving", who filled up the courtroom and shouted slogans and would not be still, and stood next to the leaders of the Buyers League. Instead of blaming Jesse, who was present, the judge arrested the leadership and had them locked-up in the basement of the courthouse. At that point, Jesse crossed the street to the mayor's office, apparently to work a deal to take over the Buyers League now that the leaders were jailed.

A group of Buyers League women showed up as I was sitting in front of Jesse in the mayor's outer office. I said, "Rev. Jackson, you do not represent the Buyers League". Jesse must have thought I was just another wilted, foolish "liberal", and snarled at me and shouted, "What are you doing here, White face?" Although angered about how he was trying to psych me out with Black-White slogans, I simply said, "Rev. Jackson, the leaders have told me that you repeatedly refused to help them. Why?"

Jesse went into the mayor's inner office as the women, by now alarmed, pounded on the mayor's office door. "Jesse, come out of there! YOU are NOT our leader!" they screamed at the door. As Jesse came out, he walked past me, and with a vicious look, turned to me, "I am going to get you for this!" Little if anything about this was mentioned in print or on the air. But my confronting Jesse on his trick apparently got the Buyers League leaders released from the court basement jail.

The various strategies that I suggested resulted in the Buyers League members being issued mortgages at *HALF* the price of the contracts. That is, a mortgage for the true, not inflated, value of the homes.

Resentment built up, however, against Rev. Jesse Jackson in the Black community. Well-informed Black businesspeople began meeting me on the sly. I became an authority on Jesse's rise to be a multi-millionaire. We compiled files with details. The Federal Government apparently gave him a 16-room house to live in, in a swank neighborhood not far from the University of Chicago. The pressfakers often said Jesse lives in the "ghetto". They never showed a picture of his mansion.

Jesse reportedly owned a private garbage truck business, Cross City Scavengers. The traditional mafia apparently made a deal with him, allowing him to horn in on their trade. They reportedly allowed him to empty off his garbage trucks in dumps under the control of the mob.

Jesse reportedly shook down a major food-store chain in Chicago, claiming "discrimination". They apparently set him up in numerous businesses as a pay-off, concealed

from the IRS. He reportedly got a major interest in a dairy that supplied—now get this—grade “B” milk instead of grade “A”, foisted by strong-arm methods on certain stores and restaurants. He likewise used his gangster-like methods to reportedly force his orange juice company products on various stores.

As a mobster-type shakedown, Jesse began marching his troops on a near lakefront restaurant that had a Black cook who was quite satisfied, well paid, and had no grievance. Jesse demanded the restaurant owner use his Grade “B” milk, which the owner refused. Jesse demanded that the owner use Jesse’s garbage removal services at TWICE THE RATE PER BARREL as charged by others in the industry. Jesse demanded that the restaurant use his pesticide services.

The restaurant owner told me how he got rid of Jesse’s shakedown. He matter-of-factly pointed out: “The owner of this building where I lease space for my restaurant is a known hoodlum. He threatened to have Jesse’s office bombed. You know, gangster versus gangster—stay out of my territory, you understand?” That ended the problem. A gangster firm itself took over the restaurant later and the nearby motel.

A downtown bank which had Jesse’s secret accounts interested me: Amalgamated Bank and Trust. They are a long-time, highly-political, reputed mob front. At great risk to themselves and their jobs, some of the bank clerks, on the sly, informed us of how Jesse pulls up in his Rolls Royce, is taken downstairs by a bank Director especially assigned to reportedly hide Jesse’s transactions, and everyone who works at that bank is warned that they see nothing.

A small, elite team of federal agents were interested in all these financial rackets. About 1972, using our numerous details and witnesses, they got Rev. Jesse Jackson indicted on federal criminal charges of massive tax evasion and extortion done in the name of human rights. Jesse’s cronies reportedly paid \$850,000 to the Nixon White House to secretly quash the indictment. The money reportedly was conveyed through an Indiana GOP National Committeeman. The Chief Federal Prosecutor, set to proceed with the prosecution, was forced out of his office.

I and two friends of mine in the media came to a secret meeting. A former member of the elite federal team ticked off to us how they got Jesse indicted, how he corruptly squelched the charges, and how the matter was covered up. One of the media people got himself a good job with the *Wall Street Journal* and never wrote what he found out. (Do some get their jobs by blackmailing others?) The other reporter, from the ABC network, died in a sabotaged plane crash enroute to a Middle-East assignment. His friends are mad how he was steered onto that doomed plane.

And I dare mention all of this.


In session 1975-76 was the House Subcommittee on Assassinations, delving into the murders of President Kennedy and Dr. King. A staff member who I knew told me of records they had which will be locked up and not included in the Subcommittee’s report. The records show, he said, that the FBI hand-picked Rev. Jesse Jackson to replace Dr. King *BEFORE* King was assassinated *BY THE FBI*, and that Dr. King opposed the Viet Nam war and was threatening to interfere with U.S. foreign policy.

Dr. King, in a speech he made exactly one year prior to his death, said he planned to go to Viet Nam to tell Black GIs they should not be killing Yellow-skinned people in someone else’s civil war. The staff member led me to understand that the records take the position that Rev. Jesse Jackson is acceptable to federal agencies like the FBI and CIA, and Dr. King, perceived as a national security risk, was not. These bombshell disclosures will not be publicly divulged for thirty years, he told me.

So, was the late Ted Smart, a murdered reporter, correct? What did Louis Lomax, another

murdered reporter, find out?

Oh, so you’re naive and you think reporters are only murdered in Mexico and Third World countries? Is Barbara Reynolds correct in her book? Rev. Jesse Jackson has plenty to consider and plenty to conceal. Reports are circulating that a key Chinese witness is set to testify that the Clinton White House demanded he come up with several million dollars from Beijing, for the political ambitions of Jesse’s son, Jesse Jackson, Jr., a U.S. Congressman from Chicago’s south side. Junior, before becoming a Congressman, worked for the mafia-linked Hotel Workers Union. When grilled on this, on a radio show, Jesse Jr. said he never heard of the mobster who headed the Union for which Junior worked. Yet Junior was paid \$59,000 a year as an alleged “organizer”. Some contend Junior performed little, if any, work.

The bottom line: was reputed FBI stool pigeon, Rev. Jesse Jackson, complicit in the murder of Dr. King, whose position Jesse coveted? Stay tuned. More details in further stories on this subject. 

What Are Some Clues For Truly Finding *Your* Purpose?

1/1/00 HATONN

Good evening, my friend. It is I, Gyeorgos Ceres Hatonn, come in Service to the Radiant One Light of Creator Source—*The One Light*. Be at peace.

All is continuing to unfold in perfection. Allow for the many distractions of day-to-day living to pass through your experience. Hold not your focus upon those things that you find upsetting, but rather look toward the good that can be borne from the experience itself. Use each emotionally charged experience as the opportunity for which it is intended—an experiential catalyst for growth.

If the situation is emotionally frustrating to you, then it is indeed YOU who have been afforded an experience wherein you are being challenged to remain in a state of connectedness (through the inner heart connection to Source) despite the apparent dichotomy of the situation. Remember always that YOU, along with all fellow cohabitants of your current experience, ARE ONE WITHIN THE WHOLENESS OF

CREATOR.

Those who appear to be casting stones at you are, in actuality, casting stones at themselves, though by their own actions they show that they do not yet see or understand this basic Truth. Be the wayshower by setting an example.

If you find yourself quick to anger, then be as diligent to forgive yourself for allowing your inner connection to Source to be temporarily “broken”. Actually the inner connection to Source cannot be broken, but rather diminished rapidly, and to such a great extent that it quickly moves out of the frequency range of conscious perception. From the conscious perspective of the individual who experiences same, the net effect is a disconnect from the nurturing and balancing Guidance forever being offered to you.

Perhaps a useful perspective to hold onto would be to view one another as players in a play who have agreed to “PLAY” the various roles so that you ones can generate amongst yourselves the many contrasting ideas and beliefs so as to intentionally spark great thought-provoking debates and thus bring

forth newness of experience and thought.

There is truly nothing that you ones can do for which you cannot be forgiven. In every case, Creator understands PERFECTLY all aspects of your challenge and knows that you are each created in PERFECTION. It is YOU who are always the last to forgive self. Creator never views your experiences as anything that needs to be forgiven, for He knows you will find your way back into balance.

Your current growth environment is created in Perfection. As a whole it is constantly seeking and achieving balance within Creator's Perfection.

You cannot fail in the experience of "life". No matter how "bad" your life experience may seem to be, you will naturally choose to re-enter the "game" so that you may continue to experience the newness of growth and thereby perfect the inner balance that is innate in all of Creator's creations.

Let us move from this subject. Though this first portion of this writing is fully intended for the one who sits and pens this message, we see that it has general value to many ones who will be reading this message. We ask that it be left in this writing. We now move on to another topic.

Your world, according to its present accepted calendar system, has moved into a new century, as well as a new millennium. This calendar is, in a relative sense, arbitrary in nature. The celestial cycles of movement through what you ones term "space" is of a much more significant nature than is your present calendar system. Let not the printed numbers on a page distract you from getting your mission completed.

Many a new reader may be asking: "What exactly is this 'mission' of which you speak?"

Each one's "mission" is unique to the individual experiencing, and yet there are similar aspects that will result in quite parallel paths for some. Each of the Ground Crew members who come forth, do so freely and in an effort to be of service to those who call out to God for assistance and understanding.

You each have an innate desire to help others, and yet you also inevitably find yourselves in need of assistance. When you go within and seek inner Guidance, and then use the gift given to help another to recognize (remember) their inner connection to Source, you have in some way performed your chosen duty/responsibility that you have set forth to do.

The "mission", in a general sense, is one of Light infusion into the planetary consciousness. The term "Light" can be replaced with the term "Love" in this last statement. Light (with a capital "L") is used herein as a symbolic representation of true understanding and conscious awareness of origin from Creator Source, versus the opposite, which would be darkness, or more simply, ignorance.

There is a very real challenge that you ones face. It is, as has been previously stated, that there are those ones who are desperately trying to keep the masses of the planet in a deliberate state

of ignorance (darkness) concerning their true Lighted origin and their unlimited creative potential which derives from that Source.

These suppressive ones are most often referred to as the "elite controllers" of your world. These ones effort, through a large array of tricks resting upon mind control, to keep the masses in a defocused state of confusion and fear, as these controllers, in essence, usurp the freedom of the masses—all the while trying to maintain the illusion of freedom.

You who are awakened enough to realize the "game" being played are not as susceptible to the mind-numbing tactics that these "negative" elements are trying to foist upon the masses, and therefore YOU are often viewed as a very big threat. Thus there will come the accusations and ridicule from those who are being constantly programmed to reject ideas of conspiracy, of the true nature of your vast spiritual heritage, and thus of the knowledge that will help them to set themselves free from the "trap" of ignorance.

This complete picture offers to you a very real challenge. This challenge is a perfect opportunity for you ones to experience wherein you will build within yourselves a great desire to inform, question, and thereby change the "status-quo".

This is, to a great extent, why you chose to incarnate into the physical, rather than stay in the Higher Dimensions—from which most of you come who are drawn to this publication and thus to reading messages such as this. By coming into the physical format, you are able to—that is, you are given or have earned the right to—effect the desired change (upward shift in awareness) that would not otherwise be ethically possible from a non-interference point of view from the Higher Dimensional perspective.

YOU EACH *CHOSE* THIS MISSION! Along with that choice you accepted, knowingly, that you may very well become part of the planetary karmic experience wherein you may have to continue with same until you have balanced out any "energy ridges" or entanglements you may have created while serving as a member of what we have come to call, through this source, Ground Crew.

Regardless of the distractions that you will inevitably experience along your current journey—especially as a result of the threat you represent to the so-called "elite controllers" and to the dark, satanic, higher-dimensional forces who overshadow these third-dimensional elite—we of the Hosts of God, in Service to *The One Light*, suggest that you ones keep the largest perspective that you can hold in conscious thought regarding the nature of your involvement and purpose at this time.

We monitor you ones closely and we see that one of the larger distractions you ones seem to have is the wanting to know what YOUR "purpose" is. Your purpose is in alignment with those actions you take that resonate deep within you as "being truly satisfying". In other words, you can know your purpose by the very nature of

your honest inner response. How do you feel when you see someone mistreat an animal or small child? Based on your feeling, do you think that this is in alignment with YOUR purpose in life? How do you feel when you interact with another and add value or understanding to their life? Is this, based on your deep feeling response, more in alignment with who you are and what you feel to be important and useful? Perhaps this is the nature and direction of YOUR purpose!

Do not be confused or distracted by wants and desires of a superficial, dishonest, or transient nature. For example: "I think my purpose is to sit on the beach in Hawaii and watch the waves come in. After all, I feel good sitting there!"

Oh? For how long?

Do you FEEL, down deep, a growing and satisfying sense of purpose from your actions? ALL chosen paths have the potential of being contributory to the larger, en-Light-ening educational mission underway on this planet. However, it would be wise to allow for flexibility and changes in plans, and to deep-down HONESTLY recognize that what you really *wanted* (which is different from what you necessarily *needed*) was, in this example, a temporary rest!

When you are on track with your "purpose" there will always be an inner sense of satisfaction experienced, for your soul-being is more fully brought into the arena of conscious awareness as a natural result of the increase in your vibratory rate. YOUR PURPOSE WILL ALWAYS, IF YOU ARE GROUND CREW, BE OF A NATURE TO BE OF SERVICE TO OTHERS. You will innately teach this by your words, thoughts, and actions.

It should be noted here that often, when ones begin to become more fully aware of their purpose and start actively pursuing those endeavors that are in alignment with their purpose, there will be a seemingly bumpy road manifest. Family members are often a great challenge to overcome, and will in many cases cause a struggle within the Lightworker's heart.

How do you step outside the mental conditioning of those who have, in most cases, been the ones reinforcing the limiting beliefs and ideas on you, possibly since you were born? How do you do this without being labeled a cult member, a sadist, a dupe, or such? These are very trying situations that will, in all likelihood, cause you great inner conflict.

All ones wish to be accepted for who they are and not judged harshly for thinking "differently" than does the "status-quo". For most of you, you did not choose to enter your current environment so that you could be molded and conform to it. Rather, you entered into this environment to creatively express your understanding, love, and compassion in such a manner as to become one who LIBERATES the thinking of those who are "stuck" and restless, searching for that "something more" that is seemingly missing yet just outside of

their conscious awareness.

You have all been there at one time or another, and you know that to help liberate another, who is asking, from their own ignorance—and thus help them to connect with that “something” (their inner connectedness to ALL through the Love and Light of Creator Source) that had seemingly been eluding them—is immensely satisfying within, as there will inevitably come a great energy surge as a fellow co-creator comes into the greater understanding of the vastness of who they really are.

You each are on an evolutionary path that will inevitably “bump into” experiences that will challenge any areas of incomplete or erroneous understanding. Often these errors will seem small and insignificant. However, no truly lasting structure will ever be built upon an unstable foundation.

Often ones will seemingly reach a “plateau” wherein little or no movement, in terms of growth, is perceived. There are several factors that may cause such a condition to persist. At the heart will always be an error in personal belief regarding an unresolved personal issue that one believes to be resolved, but in fact has only been ignored, tucked away, dismissed somehow as a “non-issue”.

In such circumstances your Guides will often try to assist you in creating experiences wherein you will be caused to again look at this area of incomplete understanding or non-resolve. This often occurs when it is determined, at a higher level of consciousness, that your current level of understanding will not safely support the next level of responsibility with its required level of understanding.

Incomplete issues often manifest as energy blockages in the various energy centers of the body. These blockages must, in most cases, be cleared prior to the next level of awakening, for there comes with each level of awakening a greater ability to flow the Infinite Potentials of Creator’s Love and Light. To continue without the proper alignment of the energy centers would cause great harm to the physical apparatus, and thus, in many cases, illness would result, and in extreme cases the physical apparatus would cease to function altogether.

[Editor’s note: The writing elsewhere in this paper from Violinio St. Germain addresses in more detail this important issue of energy blockages and their clearing.]

Many are teetering on the edge of awakening to a new, higher level of awareness, but still have personal issues left unresolved that, unless dealt with in a conscientious and loving manner, will only serve as a stumbling block. Look for those things that you may be carrying around for years, such as the broken heart resulting from a “lost” loved one. Or anything that sort of just “sits there” because you can’t seem to find that which gives you resolve on the issue.

Often these things will be those which you

carry around with you for years as a grudge, self pity, guilt, anger or such. Often we see you ones becoming quite comfortable with your pain, until it seems to just become a part of who you are, while you, for all intents and purposes, accept it, and in some cases nurture same through elaborate justifications to self.

Some actually equate the pain of such experiences with the “reality” of being alive. This is much like ones who would say “Pinch me so I know I’m not dreaming.” Do you use heart pain in order to prove that you are indeed alive? Do you feel guilty if you are not continually punishing yourself for past mistakes?

These are far more common experiences among Ground Crew members than many of you may want to believe. If you perceive that you have hurt another, then please forgive yourself and realize that you needed the experience in one way or another. Eventually it will, if viewed properly, serve as a springboard for future growth—often in an area in which you did not realize you were lacking in understanding.


Remember the wise words of the Master Teacher: “Forgive those who trespass against us.”

But also remember to forgive yourself, if YOU are the one who has “trespassed” against self.

Keep in mind that ALL ARE ONE, and “What you do to the least of mine, so too have you done unto me.” Bottom line: learn to truly forgive YOURSELF and any others whom you perceived have hurt you, and then you will inevitably be helping all parties to heal and move on. In doing so, you will be opening doors of opportunity to further be of service to humanity, your planet, and all of the seen and unseen participants in the learning environment in which you now find yourself.

I am Gyeorgos Ceres Hatonn, come in Service to Creator Source—*The One Light* from which ALL LIFE extends forth and makes up The Creation and all of its Infinite opportunities to explore.

I freely serve the greater Will of Creator, recognizing my own will is thus served in harmony, balance, and great joy. May you each find *your* purpose, and thus find similar fulfillment.

In Light and Love—blessings and peace to you all! Salu. 

Forgiveness Is The Key To Transformation

1/2/00 GERMAIN

Good evening, my scribe. It is I, Violinio St. Germain, come in Service to *THE* One Light—Creator Source. I come as a representative of the Violet Ray, the Ray of Transmutation and Transformation. Be at peace and be still, for all is well within the perfection of the evolutionary cycles of the Infinite Creation.

Your current planetary cycle is coming to a completion. With every completion of a cycle there is always change, as the old gives way to the new, and there is the subsequent rebirth into yet another cycle experience. Your world is nearing the end of a current MAJOR cycle in terms of celestial movement, as well as concerning planetary and personal growth.

For many this will not be recognized as having significance because the masses are still, for the most part, in a slumber-like condition of hypnotic distraction. For those who have awakened to the greater perceptual understanding, these times are being recognized as a tremendous opportunity to both prepare for and take the next step forward in the

evolutionary growth of the soul.

This time would be most appropriately referred to as a time of “graduation” from one school grade-level to the next. Only those who have diligently prepared (studied) will be ready to take the next step forward. Those who are in need of still more experiential learning in the third-dimensional classroom will naturally find it necessary to continue elsewhere in a similar environment that you ones recognize as the physical environment.

The most prominent factor left to be dealt with, for the majority of you ones who will be reading this message, is the continuing upward frequency shifts that are well underway. This single one factor is the greatest external catalyst for facilitating forward spiritual growth that can be experienced in the physical.

The frequencies of Light (Love) that are now bathing your planet are but the fringes of what is coming. This time in which you are now experiencing is a “warm-up” period wherein you are afforded the opportunity to acclimatize prior to the larger shifts that are coming. As you ones continue to adapt, there

will naturally come to your attention any and ALL emotional blockages that have not yet been resolved.

It is now recommended that all of you regularly spend quiet time in meditation, deep personal thought, or whatever terminology you feel comfortable with in describing the introspective process of self examination. Examine with humility all of your thoughts, beliefs, and ideas—especially those that trigger within you emotional pain of any sort—such as: apathy, grief, guilt, sorrow, shame, frustration, anger and so forth. Any such emotional condition that you can truly view as a CHRONIC condition should be looked at the closest. Forgive me for being blunt here, but **YOU ARE, IN EVERY SUCH CASE, PUNISHING YOURSELF!**

Whether it be a rough childhood, a broken marriage, a lost loved one or so forth, I recommend that you stop reliving the past pain and realize that it is now time to forgive yourself and others so that you can effect the healing that you deserve, and thereby remove the blockages that these emotional energy “ridges” tend to cause.

These blockages are restrictions that cut off the natural flow of energy to you and through you. These types of emotional blockages are far more responsible for the various forms of cancer that have become so prevalent in your world than are any and all of the dietary, genetic, or chemical considerations combined.

The physical manifestation of “dis-ease” always comes as a result of emotional blockage and the subsequent constriction of the nurturing Life Force energy that would otherwise flow to the affected part of the body. There is a great effort underway at this time, by we of the Lighted Realms dedicated to helping those who send out the call for assistance, to stress the importance of FORGIVENESS and the role it plays in both healing and spiritual growth in general.

Forgiveness is, for the majority of you, THE KEY to the self-imposed shackles that you have placed upon yourselves. Your future will be greatly affected by your understanding and application of this basic Truth.

For many of you, forgiveness is not as simple as just saying “I’m sorry” and then all is well. True forgiveness will come when one can look at the situation that is the source of chronic emotional distress or discomfort and recognize the value in the experience for self as well as for others. Perhaps the experience served as a focusing mechanism that helped you to define for yourself what is NOT a productive path to follow. Thus it may have helped you to eliminate one of your choices and therein allow you to be able to better focus on what is right for you.

Do you have a tendency to hold a grudge, anger, grief, etc.? If so who are you helping

by doing so? Who is likely to become angry or upset from you holding such low-frequency emotionally-charged memories? Is such an act truly serving you and helping you to survive, or is it an energy-depleting action you take?

Learn to ask yourself these sorts of tough questions. BUT MORE IMPORTANTLY LEARN TO HONESTLY ANSWER THESE SAME QUESTIONS FOR YOURSELF!

Is something that another did to you in the past worth holding onto emotionally, so much that you miss a rare opportunity for making what would be considered, by many, a quantum leap forward in terms of growth and understanding? Regardless of your perceptions, current level of understanding, and justifications that seem so important, YOU are responsible for ALL of your emotional responses, reactions, reasonings, and their subsequent manifestations in your life. Only YOU can take steps towards understanding these sources of blockages—and thus, by so doing, modify, change, or even erase the emotional impact associated with them.

Talking about these sorts of things is a proven method of helping to relieve the emotional charge and bring about understanding. Perhaps equally important is being the one who *listens* while allowing another the opportunity to dissipate their emotional charges. This is always done more effective if the one listening can refrain from making judgmental suggestions, such as commonly start with the phrase: “If I were you I would ...”. This sort of evaluation should be left up to the one who is trying to find their own answers. A good listener will ask simple questions that will help the other to focus rationally upon various aspects of the emotionally-charged situation.

These might be questions like: When did this happen? How old were you then? (A 60-year-old person reliving the traumas of a 12-year-old can be quite revealing and sometimes cause startling realizations on the part of the one still looking for sympathy.) How many years has it been since this happened? Where there any other similar experiences in your life to the one you have just described? (Looking for patterns can be very effective to help ones to see for themselves a history of chronic self-punishment.)

Please do not go out and seek to counsel another. Allow the other to find you. The other must truly trust you in order to freely open-up to you. Be quick to recognize when this happens, for it will in most cases be quite unscheduled and unannounced.

If you have things that you would like to “get off your chest” (and thus unclog the heart energy center), then seek out one you feel comfortable with and politely ask them for some of their time.

Together you each can help one another to find the forgiveness within yourself and for yourself. In doing so you will be casting off

the anchors that tend to keep your emotional frequency from rising to the level where it would naturally “float” in your present environment.

These upward frequency shifts bathing your planetary environment will naturally enable the greater activation of the higher energy centers in the one who is relatively free from blockages in the lower energy centers—and thus is well grounded in both worlds, the spiritual and the physical. This is to say that you will find greater and greater numbers of ones who are having increased numbers of premonitions, intuitions, and other “psychic” types of experiences. This is quite natural and to become commonplace within the environment that is emerging.


For now, the transformation process is of primary concern. Great numbers of the ones now incarnate on your planet are struggling with these preliminary changes in frequency. Many are simply struggling to control the inner surges of emotional energy so as to not “blow their stack” in a manner of speaking.

I tell you now it is far better, in the long run, to blow-off the steam than it is to continue to suppress these emotional surges. You may not feel comfortable doing so, but if you feel you have no other avenue of venting, it is better than the long-term effect of suppressing the energy. Often these sorts of emotional surges are the result of (or compounded by) previous events wherein suppression of the emotional energy was your chosen solution.

If such an outburst has been part of your recent past, then use that situation as a focusing mechanism wherein you may look at what was going on inside of you, so that you might be able to more fully understand the true mechanism behind what ignited the emotional surge. With careful and diligent searching, you will find insights into the nature of the self-torture you may be chronically subjecting yourself to.

Once you recognize and understand the cause of such outbursts, all you need to do is forgive yourself and anyone else who may seem to bear responsibility in creating the experience that led to the unnatural behavior on your part. (“Unnatural” in that it is quite unnatural, from the perspective of your Higher-Knowing Self, to linger in any emotional state other than pure Love.) Again, forgiveness is the key to transformation.

May you find within these words the inner recognition of the intent towards helping you ones to find the inner peace, understanding, and most importantly, Joy that you are innately looking to find and to maintain.

I am Violinio St. Germain, come in Service to *The One Light* and to all of you whom this message reaches out to. Blessings and peace to all of you who diligently seek; it is through your heart that you will find what you are seeking. Salu. 



Do you know what a rainbow is? Yes, a beautiful bow of colors in the sky. Do you know what a warrior is? A warrior is a brave person. One who has courage instead of being afraid. Now let me ask you a question: Do you love animals or hate animals? Do you love trees or hate trees? Do you love people or hate people? Do you love the rainbow or hate the rainbow? Well, if you love animals and trees, people and rainbows, then maybe you are a "Warrior of the Rainbow".

Prophecy "Warriors Of The Rainbow"

There was an old lady from the Cree tribe named "Eyes of Fire" who prophesied that one day, because of the White man's or Yo-ne-gis' greed, there would come a time when the fish would die in the streams, the birds would fall from the air, the waters would be blackened, and the trees would no longer be—mankind as we would know it, would all but cease to exist.

There would come a time when the keepers of the legend stories, culture rituals, and myths, and all the ancient tribal customs would be needed to restore us to health. They would be mankind's key to survival; they were the "Warriors of the Rainbow".

There would come a day of awakening when all the peoples of all the tribes would form a New World of Justice, Peace, Freedom, and recognition of the Great Spirit.

The "Warriors of the Rainbow" would spread these messages and teach all peoples of the Earth or "Elohi". They would teach them how to live the "Way of the Great Spirit". They would tell them of how the world today has turned away from the Great Spirit and that is why our Earth is sick.

The "Warriors of the Rainbow" would show the peoples that this Ancient Being (the Great Spirit) is full of Love and Understanding, and teach them how to make the Earth or Elohi beautiful again.

These Warriors would give the people principles or rules to follow to make their path right with the world.

These principles would be those of the Ancient Tribes.

The Warriors of the Rainbow would teach the people of the ancient practices of Unity, Love, and Understanding. They would teach of Harmony among people in all four corners of the Earth.

Like the Ancient Tribes, they would teach the people how to pray to the Great Spirit with love that flows like the beautiful mountain stream, and flows along the path to the ocean of life.

Once again, they would be able to feel joy in solitude and in councils.

They would be free of petty jealousies, and love all mankind as their brothers—regardless of color, race, or religion.

They would feel happiness enter their hearts, and become as one with the entire human race.

Their hearts would be pure and radiate warmth, understanding, and respect for all mankind, Nature, and the Great Spirit.

They would once again fill their minds, hearts, souls, and deeds with the purest of thoughts.

They would seek the beauty of the Master of Life—the Great Spirit!

They would find strength and beauty in prayer and the solitudes of life.

Their children would once again be able to run free and enjoy the treasures of Nature and Mother Earth, free from the fears of toxins and destruction, wrought by the Yo-ne-gi and his practices of greed.

The rivers would again run clear, the forests be abundant and beautiful, the animals and birds would be replenished. The powers of the plants and animals would again be respected, and conservation of all that is beautiful would become a way of life.

The poor, sick, and needy would be cared for by their brothers and sisters of the Earth.

These practices would again become a part of their daily lives.

The leaders of the people would be chosen in the old way—not by their political party, or who could speak the loudest, boast the most, or by name-calling or mud-slinging, but by those whose actions spoke the loudest.

Those who demonstrated their love, wisdom, and courage, and those who showed that they could and did work for the good of all, would be chosen as the leaders or Chiefs.

They would be chosen by their quality and not the amount of money they had obtained. Like the thoughtful and devoted Ancient Chiefs,

they would understand the people with love, and see that their young were educated with the love and wisdom of their surroundings.

They would show them that miracles can be accomplished to heal this world of its ills, and restore it to health and beauty.

The tasks of these "Warriors of the Rainbow" are many and great.

There will be terrifying mountains of ignorance to conquer and they shall find prejudice and hatred.

They must be dedicated, unwavering in their strength, and strong of heart. They will find willing hearts and minds that will follow them on this road

of returning Mother Earth to beauty and plenty—once more.

The day will come, it is not far away.

The day that we shall see how we owe our very existence to the people of all tribes who have maintained their culture and heritage,

those who have kept the rituals, stories, legends, and myths alive. It will be with this knowledge, the knowledge that they have preserved,

that we shall once again return to harmony with Nature, Mother Earth, and mankind. It will be with this knowledge that we shall find our "Key to our Survival".

This is the story of the "Warriors of the Rainbow" and this is my reason for protecting the culture, heritage, and knowledge of my ancestors.

I know that the day "Eyes of Fire" spoke of—will come!

I want my children and grandchildren to be prepared to accept this task, the task of being one of the "Warriors of the Rainbow".

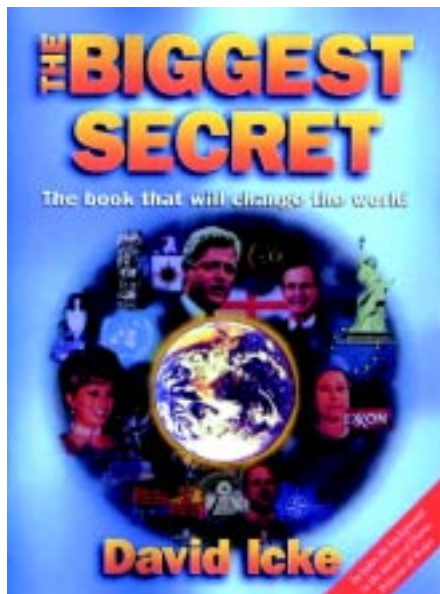
Lelanie Fuller Stone "The Cherokee Lady" relates the above story that her grandmother told her when she was a young girl.

[Editor's note: The above is from the website <http://www.geocities.com/Heartland/Acres/5472/>]

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The Biggest Secret

by David Icke



The long awaited NEW RELEASE by David Icke. The Blockbuster of all Blockbusters!! With Stunning information never before released on the murder of Diana, Princess of Wales.

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The Biggest Secret is a unique book and is quite rightly dubbed "The book that will change the world." No one who reads it will ever be the same again.

ISBN: 0-9526147-66

The Reptilian Agenda

Parts I & II

David Icke has produced two amazing videos with the Zulu "sanusi" or shaman, Credo Mutwa, who reveals astonishing information which, until now, was only available to the highest initiates of the African shaman tradition.

He has had attempts on his life and endless threats in an effort to silence him right up to the recording, but, as Credo says, "The world must know this—and know it now."

He reveals how a shapeshifting reptilian race (the "Chitauli" to Africans) has controlled humanity for thousands of years and how their bloodlines are in the positions of royal, political and economic power today.

Credo Mutwa supports all the themes outlined in *The Biggest Secret* and adds his own unique knowledge and experience of travelling Africa for nearly 80 years.

These videos will re-write the UFO/extraterrestrial story in a way that will blow your mind. UFO researchers have ignored Africa and therefore ignored one of the greatest sources of knowledge on the planet.

While people still argue over Roswell and the extraterrestrial beings apparently found there, African tribes-people have been interacting with these ET "gods" for thousands of years, sometimes eating them, as Credo Mutwa did on one occasion with unforgettable consequences.

Credo has not only seen dead "greys" many times, he has seen them examined behind their "grey" exterior and he knows exactly what they really look like—and it is nothing like we think!

"This is the most amazing man it has ever been my honor to meet—a genius—and the importance of these videos is simply beyond words". — David Icke

After making these videos, Credo was visited by two people from Cape Town who offered him 50,000 rand and a house anywhere in South Africa he would like to name if he would agree to never speak to David Icke again and never have anything to do with him. Credo's reply can be imagined!

Amazing Confirmation that a reptilian extraterrestrial race controlled the world for thousands of years

the reptilian agenda

part one

"the most astonishing man it has been my honour to meet."

David Icke talks with the Zulu Shaman Credo Mutwa



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