The Sepher Yetzirah/ Book Of Jezhira

Introduction

The Sepher Yetzirah, or ‘Book of Formation’, is acknowledged as being one of the most important kabbalistic texts. Its brief note-like style has made it one of the most commented upon works in the field of kabbalah. The concepts contained within it detail the basic acts of creation through the use of the Hebrew letters. It is supposed to be the text which medieval kabbalists used to create a golem. The Mirach Sepher Yetzirah pages contain the text [in English] and a meditation based on the text. The names of the Hebrew letters appear in italics.

Book Of Jezhira

[Chapter 1]

1.1

With thirty two wonderful paths of wisdom Yah - the Lord of Hosts, the God of Israel, the living God, King of the Universe, El Shaddai, merciful and gracious, high and exalted, dwelling in eternity, whose name is Holy, He is lofty and holy - engraved and He created His universe with three books: with letters, with number and with sound [see next chart].

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1 In Jewish folklore, a ‘golem’ [sometimes, as in Yiddish, is pronounced ‘goilem’] is an animated being created entirely from inanimate matter. The name appears to derive from the word ‘gelem’, which means ‘raw material’ [John Grau, 2007].
1.2
Ten Sephiroth of Nothingness and twenty-two formative letters: three Mothers, seven Doubles and twelve Singles\(^2\).

1.3
Ten Sephiroth of Nothingness, the number of ten fingers, five opposite five with a singular covenant exactly in the middle in the circumcision of the tongue and the circumcision of the flesh [see next chart].

\(^2\) Notice how Malkuth, the dense Physical Plane is entirely missing from the Godhead’s original designs in the above chart. It is as if the dense Physical Plane was an ‘add-on’ that should never have been [John Grau, 2007].
1.4
Ten Sephiroth of Nothingness, ten and not nine, ten and not eleven. Understand with wisdom, be wise with understanding. Examine with them and probe from them. Make each thing stand on its essence and make The Creator sit on His Throne.

1.5
Ten Sephiroth of Nothingness: their measure is ten which have no end: a depth of beginning, a depth of end; a depth of good, a depth of evil; a depth of above, a depth of below; a depth of East, a depth of West; a depth of North, a depth of South. A single Master, God faithful King, dominates over them all from His Holy Dwelling until the end of time.

1.6
Ten Sephiroth of Nothingness: their vision is like the "appearance of lightning" [Ezekiel 1:14], their limit has no end. And His Word in them is "running and returning" [Ezekiel 1:24]. They rush to His Command like a whirlwind and prostrate themselves before His Throne.

1.7
Ten Sephiroth of Nothingness: their end is embedded in their beginning and their beginning in their end, like a flame in a burning coal. For the Master is singular, He has no second. And before One, what do you count? [see the following charts].

TEN INTANGIBLE SEFIROTH
"Five opposite Five"
Sefer Yetzirah Chapter 1:3
TEN INTANGIBLE SEPHIROTH
...WHOSE MEASURE IS WITHOUT END
BOOK OF FORMATION 1.5
Ten Sephiroth of Nothingness: stop your mouth from speaking and your heart from thinking. If your heart runs return it to its place. It is therefore written "The Chayot running and returning" [Ezekiel 1:24]. Regarding this a covenant was made.

Ten Sephiroth of Nothingness: One is the Spirit of the Living God. Blessed and praised is the Name of the Life of the Worlds, the Voice Of Breath and Speech, and this is the Holy Breath.

Two: Breath from Spirit. With it He Engraved twenty-two formative letters, three Mothers, seven Doubles, twelve Singles, and One Breath within them.

Three: Water from Breath. With it He Engraved and Carved the twenty-two letters from chaos and void, mire and clay. He Engraved them like a
garden, He carved them like a wall, He Covered them with a roof. He Poured Snow over them and it became Earth [see Job 37:6].

1.12
Four: Fire from Water. With it He Engraved and carved the Throne Of Glory, Seraphim, Ophanim and the Holy Chayot and Ministering Angels. From these three He Founded His dwelling, as it is written, "He makes His angels, His messengers, His Ministers of Flaming Fire" [Psalms 104:4].

1.13
He chose three letters from among the formatives - aleph, mem, shin - and He set them in His Great Name and with them sealed the six extremities. Five: He Sealed Height, faced upwards and sealed it with yod, he vau; Six: He Sealed Depth, faced downwards and sealed it with he, yod, vau; Seven: He Sealed East, faced straight ahead and sealed it with vau, yod he; Eight: He Sealed West, faced backwards and sealed it with vau, he yod; Nine: He Sealed South, faced to the right and sealed it with yod, vau, he; Ten: He Sealed North, faced to the left and sealed it with he, vau, yod.

1.14
These are the Ten Sephiroth of Nothingness: The Spirit of the Living God, Breath from Spirit, Water from Breath, Fire from Water, up, down, East, West, North, South.

[Chapter 2]

2.1
Twenty two formative letters: three Mothers, seven Doubles, twelve Singles. The three mothers are aleph, mem, shin. Their foundation is a scale pan of merit, a scale pan of liability, and the tongue of decree deciding between them. Three Mothers, aleph, mem, shin. Mem hums, shin hisses, and aleph is the breath of air deciding between them.

2.2
Twenty two formative letters: He Engraved them, He Carved them, He Permutated them, He Weighed them, He Transformed them. And with them He Depicted all that was formed and all that would be formed.

2.3
Twenty two formative letters: He Engraved them with voice, He Carved them with Breath, He Set them in the mouth in five places. Aleph, cheth, he, ayin in the throat; Gimel, yod, kaph, qof in the palate; Daleth, teth, lamed, nun, tau in the tongue; Zayin, samekh, shin, resh, tzaddi in the teeth; Beth, vau, mem, pe in the lips.
2.4
Twenty two formative letters: He Placed them in a circle, like a wall with 231 gates. The circle moves backwards and forwards. A sign of this is: there is nothing in good higher than delight [ayin, nun, gimel], there is nothing in evil lower than plague [nun, gimel, ayin] – [see chart below].

2.5
How did He do this? He Permuted them, weighed them and transformed them. Aleph with all, and all with aleph. Beth with all, and all with beth. They repeat in a cycle and exist in two hundred and thirty-one gates. It emerges that all that is formed and all that is spoken emanates from One Name.

2.6
He Formed substance out of chaos and made non-existence into existence. He Carved great pillars from air that cannot be grasped. This is a sign: He Foresees, Transforms and Makes all that is formed and all that is spoken: One Name. A sign for this is twenty-two objects in one body.

[Chapter 3]

3.1
Three Mothers: aleph, mem, shin. Their foundation is a scale pan of merit and a scale pan of liability, and the tongue of decree deciding between them.
3.2 Three Mothers: aleph, mem, shin. A great mystical secret covered and sealed with six rings. And from them emanated Air, Water and Fire; and from them are born Fathers, and from Fathers, descendants.

3.3 Three Mothers: aleph, mem, shin. He Engraved them, He Carved them. He Permutated them, He Weighed them. He Transformed them, and with them He Depicted: Three mothers aleph, mem, shin in the Universe. Three mothers aleph, mem, shin in the Year. Three mothers aleph, mem, shin in the Body, male and female.

3.4 Three mothers, aleph, mem, shin, in the Universe are Air Water and Fire. Heaven was created from Fire; Earth was created from Water; and Air, from Breath, decides between them.

3.5 Three mothers, aleph, mem, shin, in the year are the hot, the cold and the temperate. The hot is created from Fire; the cold is created from Water; and the temperate, from Breath, decides between them.

3.6 Three mothers, aleph, mem, shin, in the body, male and female, are the head, belly and chest. The head is created from Fire; the belly is created from Water; and the chest, from Breath, decides between them.

3.7 He Made aleph king over Air and He Bound a crown to it and He Combined them one with another. And with them He Formed Air in the Universe, the temperate in the Year, and the chest in the Body. The male with aleph, mem, shin; and the female with aleph, shin, mem.

3.8 He Made mem king over water and He Bound a crown to it and He Combined them one with another. And with them He Formed earth in the Universe, cold in the Year, and the belly in the Body. The male with mem, aleph, shin; and the female with mem, shin, aleph.

3.9 He Made shin king over fire and He Bound a crown to it and He Combined them one with another. And with them He Formed Heaven in the Universe, hot in the Year, and the head in the Body. The male with shin, aleph, mem; and the female with shin, mem, aleph.
4.1

4.2
Seven doubles: *beth*, *gimel*, *daleth*, *kaph*, *pe*, *resh*, *tau*. Their foundation is wisdom, wealth, seed, life, dominance, peace and grace.

4.3
Seven doubles: *beth*, *gimel*, *daleth*, *kaph*, *pe*, *resh*, *tau*, in speech and in transposition. The opposite of wisdom is folly; the opposite of wealth is poverty; the opposite of seed is desolation; the opposite of life is death; the opposite of dominance is subjugation; the opposite of peace is war; the opposite of grace is ugliness.

4.4
Seven doubles: *beth*, *gimel*, *daleth*, *kaph*, *pe*, *resh*, *tau*. Up and down, East and West, North and South, and the Holy Palace exactly in the centre supports them all.

4.5
Seven doubles: *beth*, *gimel*, *daleth*, *kaph*, *pe*, *resh*, *tau*. Seven and not six, seven and not eight. Examine with them and probe with them. Make each thing stand on its essence and make The Creator sit on His Base.

4.6 Seven doubles: *beth*, *gimel*, *daleth*, *kaph*, *pe*, *resh*, *tau*, of Foundation. He Engraved them, He Carved them; He Permuted them, He Weighed them; He Transformed them and with them He Formed: Seven planets in the Universe; Seven days in the Year; Seven gates in the Body, male and female.

4.7
Seven planets in the Universe: Saturn, Jupiter, Mars, Sun, Venus, Mercury, Moon. Seven days in the Year: the seven days of the week. Seven gates in the Body, male and female: two eyes, two ears, two nostrils, and the mouth.

4.8
He Made the letter beth king over Wisdom and He Bound a crown to it. And He Combined one with another and with then He Formed: the Moon
in the Universe; Sunday in the year; the right eye in the body, male and female.

4.9
He Made the letter gimel king over Wealth and He Bound a crown to it. And He Combined one with another and with then He Formed: Mars in the Universe; Monday in the year; the right ear in the Body, male and female.

4.10
He Made the letter daleth king over Seed and He Bound a crown to it. And He Combined one with another and with then He Formed: the Sun in the Universe; Tuesday in the year; the right nostril in the Body, male and female.

4.11
He Made the letter kaph king over Life and He Bound a crown to it. And He Combined one with another and with then He Formed: Venus in the Universe; Wednesday in the year; the left eye in the Body, male and female.

4.12
He Made the letter pe king over Dominance and He Bound a crown to it. And He Combined one with another and with then He Formed: Mercury in the Universe; Thursday in the year; the left ear in the Body, male and female.

4.13
He Made the letter resh king over Peace and He Bound a crown to it. And He Combined one with another and with them He Formed: Saturn in the Universe; Friday in the year; the left nostril in the Body, male and female.

4.14
He Made the letter tau king over Grace and He Bound a crown to it. And He Combined one with another and with then He Formed: Jupiter in the Universe; the Sabbath in the year; the mouth in the Body, male and female.

4.15
Seven doubles: beth, gimel, daleth, kaph, pe, resh, tau. With them were engraved: seven [Super-] Universes, seven firmaments; seven lands, seven seas; seven rivers, seven deserts; seven days, seven weeks; seven years, seven sabbaticals, seven jubilees and the Holy Palace. Therefore, He Made sevens beloved under all the heavens.

4.16
Two stones build two houses; three stones build six houses; four stones build twenty-four houses; five stones build one hundred and twenty houses; six stones build six hundred and twenty houses; seven stones
build five thousand and forty houses. From here go and calculate that which the mouth cannot speak and the ear cannot hear.

[Chapter 5]

5.1
Twelve Singles: he, vau, zayin, cheth, teth, yod, lamed, nun, samekh, ayin, tzaddi, qof. Their foundation is speech, thought, motion, sight, hearing, action, coition, smell, sleep, anger, taste, laughter.

5.2
Twelve Singles: he, vau, zayin, cheth, teth, yod, lamed, nun, samekh, ayin, tzaddi, qof. Their foundation is the twelve diagonal boundaries: the upper East, the North East, the lower East; the upper South, the South East, the lower South; the upper West, the South West, the lower West; the upper North, the North West, the lower North. They extend to infinity, and it is they that are the boundaries of the Universe [see chart below].
5.3
Twelve Singles: he, vau, zayin, cheth, teth, yod, lamed, nun, samekh, ayin, tzaddi, qof. Their foundation is that He Engraved them, Carved them, Permutated them, Weighed them, and Transformed them. And with them He Formed: twelve constellations in the Universe; twelve months in the Year; and twelve directors in the Body, male and female.

5.4
Twelve constellations in the Universe: Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, Pisces.

5.5
Twelve months in the Year: Nissan [1st = spring/April], Iyar, Sivan, Tamuz, Av, Elul, Tishrei, Cheshvan, Kislev, Tevet, Shevat, Adar.

5.6

5.7
He Made the letter he king over speech and He Bound a crown to it and He Combined one with another. And with them He Formed: Aries in the Universe; Nissan in the Year; and the right foot in the Body, male and female. He Made the letter vau king over thought and He Bound a crown to it and He Combined one with another. And with them He Formed: Taurus in the Universe; Iyar in the Year; and the right kidney in the Body, male and female. He Made the letter zayin king over motion and He Bound a crown to it and He Combined one with another. And with them He Formed: Gemini in the Universe; Sivan in the Year; and the left foot in the Body, male and female.

5.8
He Made the letter cheth king over sight and He Bound a crown to it and He Combined one with another. And with them He Formed: Cancer in the Universe; Tamuz [4th month] in the Year; and the right hand in the Body, male and female. He Made the letter teth king over hearing and He Bound a crown to it and He Combined one with another. And with them He Formed: Leo in the Universe; Av in the Year; and the left kidney in the Body, male and female. He Made the letter yod king over action and He Bound a crown to it and He Combined one with another. And with them He Formed: Virgo in the Universe; Elul in the Year; and the left hand in the Body, male and female.
5.9
He Made the letter **lamed** king over coition [sexual union] and **He** Bound a crown to it and **He** Combined one with another. And with them **He** Formed: Libra in the Universe; Tishrei [7th month] in the Year; and the gall bladder in the Body, male and female. **He** Made the letter **nun** king over smell and **He** Bound a crown to it and **He** Combined one with another. And with them **He** Formed: Scorpio in the Universe; Cheshvan [11th month] in the Year; and the intestines in the Body, male and female. **He** Made the letter **samekh** king over sleep and **He** Bound a crown to it and **He** Combined one with another. And with them **He** Formed: Sagittarius in the Universe; Kislev [8th month] in the Year; and the stomach in the Body, male and female.

5.10
**He** Made the letter **ayin** king over anger and **He** Bound a crown to it and **He** Combined one with another. And with them **He** Formed: Capricorn in the Universe; Tevet in the Year; and the liver in the Body, male and female. **He** Made the letter **tzaddi** king over taste and **He** Bound a crown to it and **He** Combined one with another. And with them **He** Formed: Aquarius in the Universe; Shevat [11th month] in the Year; and the colon in the Body, male and female. **He** Made the letter **qof** king over laughter and **He** Bound a crown to it and **He** Combined one with another. And with them **He** Formed: Pisces in the Universe; Adar [leap-year] in the Year; and the spleen in the Body, male and female. **He** Made them like a trough **He** Arranged them like a wall **He** Set Them up like a battle.
6.1
These are the three Mothers aleph, mem, shin. And from them emanated
three Fathers, and they are Air, Water and Fire. And from the Fathers,
descendants. Three Fathers and their descendants, and seven planets and
their hosts, and twelve diagonal boundaries. A proof of this, true witness
in the Universe, Year, Body, and a rule of twelve, a rule of seven, and a
rule of three. He Set them in the Teli, the Cycle and the Heart.

6.2
Three Mothers, aleph, mem, shin. Air, water and fire. Fire is above,
Water is below, and Air of Breath is the ruler that decides between them.
A sign of this is that Fire supports Water. Mem hums, shin hisses, and
aleph is the breath of air that decides between them.

6.3
The Teli in the Universe is like a king on his throne; the cycle in the year
is like a king in the province; the heart in the body is like a king in war.
6.4 "Also God Made one opposite the other" [Ecclesiastes 7:14] Good opposite evil, evil opposite good; Good from good, evil from evil; Good defines evil, and evil defines good; Good is kept for the good ones, and evil is kept for the evil ones.

6.5 Three: each one stands alone, one acts [as] an advocate, one acts as an accuser, and one decides between them. Seven: three opposite three, and one is the ruler standing between them. Twelve stand in war: three love, three hate; three give life, three kill. Three love: the heart and the ears; Three hate: the liver, the gall, and the tongue; three give life: the two nostrils and the spleen; three kill: the two orifices and the mouth. And God Faithful King rules over them all from His Holy Habitation until the end of time. One on three; three on seven; seven on twelve; and all are bound, one to another.

6.6 These are the twenty two letters with which engraved Ebyeh, Yah, YHVH Elohim, YHVH, YHVH Tzabaot, Elohim Tzabaot, El Shaddai, YHVH Adonai. And with them He Made Three Books; and with them He Created His Universe; and He Formed with them all that was ever formed, and all that will ever be formed.

6.7 And when Abraham our father, may he rest in peace, looked, saw, understood, probed, engraved and carved, he was successful in creation, as it is written, "and the souls that they had made in Haran" [Genesis 12:5]. Immediately there was revealed to him The Master Of All, may His Name Be Blessed Forever. He placed him in His Bosom, Kissed him on the head, and He Called him "My friend Abraham" [Isaiah 41:8]. He Made a covenant with him and with his children after him forever, as it is written, "And he believed in The Lord; and he counted it to Him for righteousness" [Genesis 15:6]. He Made with him a covenant between the ten fingers of His Hands - this is the covenant of the tongue, and between the ten toes of His Feet - this is the covenant of circumcision. And He Bound the 22 letters of the Torah to His Tongue and He Revealed to him His Mystery: He Drew them in water, He Purified them with fire, He Stirred them with Breath, He Burned them with the seven planets, He Directed them with the twelve signs of the Zodiac.
[Basic Meditation]

The main tool of the Kabbalist is a diagram known as ‘The Tree of Life’. Developed by spiritual alchemists during the Middle Ages, the tree was designed to make the complicated teachings easier to work with. The ten sephiroth on the tree represent accumulations of archetypal energies [the word "sephirah" means "vessel"]. Vessels of energy lying across from one another in the tree balance each other. There are twenty-two different Tarot paths between the Sephiroth and each is symbolized by a card from the major arcana. There are also three vertical arrangements [called "pillars"] in the tree, as well various triads of energy relationships. Creation began as a lightning bolt entering through the top of the tree, and our return to The Godhead is represented by the path of a serpent winding its way up from the ground through branches of the tree. A ‘Tree Of Life’ chart is employed to organize the teachings in an easy-to-remember visual form and also serve as a focus of meditation.

The Sepher Yetzirah [Book Of Jezihra] describes the basic forces of creation – the twenty two letters of the Hebrew alphabet. It assigns to each letter a number of attributes relating to time, space and the human body. The following meditation can be used to restore the harmony of the original creation both within ourselves and in the wider universe. The meditation starts with a short section which is very much like the Lesser Pentagram Ritual of Hermetic kabbalah but which is based on a traditional Jewish prayer.

[The Meditation]

1. Face East
2. Say:
   “In the Name of YHVH, God of Israel:
   may Michael be at my right,
   Gabriel at my left,
   Uriel before me
   and Raphael behind me;
   and above my head the presence of God”

3. Spend a few minutes alternately concentrating on the sounds:
   Shhhhhhh…
   and
   Mmmmmmm…

5. Project *Dalet* to the East. Form the Sun

6. Project *Beth* to the South. Form the Moon

7. Project *Rosh* to the West. Form Saturn

8. Project *Gimel* to the North. Form Mars

9. Project *Kaph* above. Form Venus

10. Project *Pe* below. Form Mercury

11. Project *Tau* in the centre. Form Jupiter

12. Meditate on the letters as they are assigned to the various orifices in the head:

   *Dalet* in the right nostril,
   *Beth* in the right eye, *Rosh* in the left nostril,
   *Gimel* in the right ear,
   *Kaph* in the left eye,
   *Pe* in the left ear,
   *Tau* in the mouth.

13. Project *He* to the upper East. Form Aries in the Universe.

14. Project *Vau* to the North East. Form Taurus in the Universe
14. Project Vau to the North East. Form Taurus in the Universe

15. Project Zayin to the lower East. Form Gemini in the Universe

16. Project Cheth to the upper South. Form Cancer in the Universe

17. Project Teth to the South East. Form Leo in the Universe

18. Project Yod to the lower South. Form Virgo in the Universe

19. Project Lamed to the upper West. Form Libra in the Universe

20. Project Nun to the South West. Form Scorpio in the Universe

21. Project Samekh to the lower West. Form Sagittarius in the Universe

22. Project Ayin to the upper North. Form Capricorn in the Universe

23. Project Tzaddi to the North West. Form Aquarius in the Universe

24. Project Qof to the lower North. Form Pisces in the Universe.

25. Meditate on the letters as they are assigned to the various parts of the body:

   He in the right foot,
   Vau in the right kidney,
   Zayin in the left foot,
   Cheth in the right hand,
   Teth in the left kidney,
   Yod in the left hand,
   Lamed in the gall bladder,
   Nun in the intestine,
   Samekh in the stomach,
   Ayin in the liver,
   Tzaddi in the colon,
   Qof in the spleen.
You can spend as little or as much time on this meditation as you see fit, though taking time with the visualisations will make the effects more powerful.

[The Hebrew Letters]

**The Hebrew Letters Are The Building Blocks Of Creation**

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<th>Cheth Fence</th>
<th>Sound</th>
<th>che</th>
<th>Value</th>
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<tbody>
<tr>
<td>Universe</td>
<td>Cancer</td>
<td>Time</td>
<td>Tamuz</td>
<td>Body</td>
<td>Right hand</td>
</tr>
<tr>
<td>Sense</td>
<td></td>
<td></td>
<td>Sight</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Name</td>
<td>Sound</td>
<td>Teth + Serpent</td>
<td>te</td>
<td>Value</td>
<td></td>
</tr>
</tbody>
</table>
|--------------|-------|---------------|----|----------|---
| Universe     | Leo   | Time          | Av | Body     | Left kidney |
| Sense        | Hearing |                |    |          |   

| Name         | Sound | Yod + Hand    | yo | Value    |   
|--------------|-------|---------------|----|----------|---
| Universe     | Virgo | Time          | Elul | Body    | Left hand |
| Sense        | Action |                |    |          |   

| Name         | Sound | Kaph + Palm of the hand | ka | Value |   
|--------------|-------|-------------------------|----|-------|---
| Universe     | Venus | Time                    | Wednesday | Body | Left eye |
| Quality      | Life/death |                |    |       |   

22 09 10 20
<table>
<thead>
<tr>
<th>Name</th>
<th>Sound</th>
<th>La</th>
<th>Value</th>
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</thead>
<tbody>
<tr>
<td>Universe</td>
<td>Libra</td>
<td>Tishrei</td>
<td>Body</td>
<td>Gall bladder</td>
</tr>
<tr>
<td>Sense</td>
<td>Coition</td>
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<table>
<thead>
<tr>
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<th>Sound</th>
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<tbody>
<tr>
<td>Universe</td>
<td>Water</td>
<td>Winter</td>
<td>Body</td>
<td>Stomach</td>
</tr>
<tr>
<td>Element</td>
<td>Water</td>
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<thead>
<tr>
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<th>Sound</th>
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<th>Value</th>
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</thead>
<tbody>
<tr>
<td>Universe</td>
<td>Scorpio</td>
<td>Cheshvan</td>
<td>Body</td>
<td>Intestines</td>
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<tr>
<td>Sense</td>
<td>Smell</td>
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### 60

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<tr>
<th>Name</th>
<th>Samekh Prop</th>
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<tbody>
<tr>
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<td>Saggitarius</td>
<td>Time</td>
<td>Kislev</td>
<td>Body</td>
<td>Stomach</td>
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<tr>
<td>Sense</td>
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<td>Sleep</td>
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### 70

<table>
<thead>
<tr>
<th>Name</th>
<th>Ayn Eye</th>
<th>Sound</th>
<th>o</th>
<th>Value</th>
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</thead>
<tbody>
<tr>
<td>Universe</td>
<td>Capricorn</td>
<td>Time</td>
<td>Tevet</td>
<td>Body</td>
<td>Liver</td>
</tr>
<tr>
<td>Sense</td>
<td></td>
<td></td>
<td>Anger</td>
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### 80

<table>
<thead>
<tr>
<th>Name</th>
<th>Pe Mouth</th>
<th>Sound</th>
<th>pe/phe</th>
<th>Value</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Universe</td>
<td>Mercury</td>
<td>Time</td>
<td>Thursday</td>
<td>Body</td>
<td>Left ear</td>
</tr>
<tr>
<td>Quality</td>
<td></td>
<td></td>
<td>Dominance/subjugation</td>
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### 90

<table>
<thead>
<tr>
<th>Name</th>
<th>Tzaddi</th>
<th>Sound</th>
<th>tz</th>
<th>Value</th>
<th>90</th>
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</thead>
<tbody>
<tr>
<td>Universe</td>
<td>Aquarius</td>
<td>Time</td>
<td>Shevet</td>
<td>Body</td>
<td>Colon</td>
</tr>
<tr>
<td>Sense</td>
<td>Taste</td>
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### 100

<table>
<thead>
<tr>
<th>Name</th>
<th>Qof Back of head</th>
<th>Sound</th>
<th>qo</th>
<th>Value</th>
<th>100</th>
</tr>
</thead>
<tbody>
<tr>
<td>Universe</td>
<td>Pisces</td>
<td>Time</td>
<td>Adar</td>
<td>Body</td>
<td>Spleen</td>
</tr>
<tr>
<td>Sense</td>
<td>Laughter</td>
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### 200

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<thead>
<tr>
<th>Name</th>
<th>Resh Head</th>
<th>Sound</th>
<th>re</th>
<th>Value</th>
<th>200</th>
</tr>
</thead>
<tbody>
<tr>
<td>Universe</td>
<td>Saturn</td>
<td>Time</td>
<td>Friday</td>
<td>Body</td>
<td>Left nostril</td>
</tr>
<tr>
<td>Quality</td>
<td>Peace/war</td>
<td></td>
<td></td>
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</table>
End Note: I’d like to see all you readers out there making some use of the ‘Fire Letters’ that were used to make the Seven Evolving Super-Universes by the God-head.

And by this I mean, for example, if you see a news-paper story about a draught then I’d like you all to draw the ‘Fire Letter’ for Water [see above] over either a map or the words of the news-paper story you are reading.

As a second example you will note that there are attributions in the ‘Fire letters’ to correspond with parts of the human body. And so, we can also use these ‘Fire Letters’ for healing purposes. So, if you read a news-paper story about someone suffering, for example, from a spleen condition, then I’d like you to draw the ‘Fire Letter’ for spleen [see above] over the words of the story you are reading about them.

There are many more uses that these All Powerful ‘Fire Letters’ can be put to. And so please think of your own examples, and make use of this
system by checking the ‘Fire Letter’ attributions above, and by thinking of your own uses that they can be put to.

Always remember, we are not ‘abstractly’ or ‘academically’ discussing methods of ushering in the New Age we all earnestly seek. We are USING the techniques we discover, which is a far better thing [John Grau].

Brought To You By ‘The One That Was Jonah’
Have a Nice Day

http://www.signoffjonah.co.uk